



# VIRGINIA WOMEN'S LACROSSE

3 NATIONAL CHAMPIONSHIPS | 28 CONSECUTIVE NCAA CHAMPIONSHIP APPEARANCES  
5 ACC TITLES | 130 ALL-AMERICANS



@UVAWomensLax



**GAME 4**  
**VIRGINIA AT LIBERTY**  
**LYNCHBURG, VA**  
**FEBRUARY 18, 2026, 4 PM**



**LIBERTY FLAMES (0-2)**

**HEAD COACH**

Kelly Nangle (12th season)  
Career Record (at Liberty): 119-130 (103-112)

**#24 VIRGINIA CAVALIERS (0-3)**

**HEAD COACH**

Sonia LaMonica (3rd season)  
Career Record (at Virginia): 174-115 (27-15)

**SERIES AT A GLANCE**

All-Time Series: 2-0 | Last meeting: 2/7/25, UVA Win 20-5 | First meeting: 2/9/24

Last UVA win: 2/7/25 | Last Liberty Win: N/A | Streak: W2

**2026 STATISTICAL LEADERS**

**GOALS**

**#4 Jenna DiNardo**  
7 Goals (2.33 per game)

**ASSISTS**

**#16 Madison Alaimo**  
9 Assists (3.00 per game)

**POINTS**

**#16 Madison Alaimo**  
13 Points (4.33 per game)

**GROUND BALLS**

**#5 Kate Galica**  
10 Ground Balls

**CAUSED TURNOVERS**

**#5 Kate Galica**

9 Caused Turnovers

**DRAW CONTROLS**

**#5 Kate Galica**

14 Draw Controls (4.66 per game)

**GOALKEEPING**

**#26 Mel Josephson**

0-2, 15.00 GAAvg, .375 Save Percentage

**#34 Elyse Finnelle**

0-1, 13.00 GAAvg, .316 Save Percentage

**CAVALIER NOTES**

- Virginia returns its top four goal scorers from last season and six of its top seven. The Cavaliers also return their leader in the draw circle (Kate Galica) and their assist leader (Madison Alaimo) from last year
- Junior attacker **Madison Alaimo** is second in the ACC and 14th in the nation in assists per game (3.00). She is 8th in the ACC in points per game (4.33)
- Alaimo comes into the game with 94 career assists, needing nine assists to move into a tie for sixth place with Lauren Aumiller (2003). She needs six assists to reach 100 in her career
- Alaimo had five points in the Maryland game, with three goals and two assists
- Junior midfielder **Kate Galica** is second in the ACC and 29th in the nation in caused turnovers (2.67)
- With her 14 draw controls this season, Galica has moved up to third on UVA's career draw control list. She is 11 shy of moving into a tie for second with Maggie Jackson (2016-19)
- Last season's leading scorer, junior attacker **Jenna DiNardo**, leads the team in the early going in goals with seven. She has scored hat tricks in each of the last two games. DiNardo scored 53 goals last season with 13 games of three or more goals scored
- DiNardo has scored at least one goal in each of her last 15 games dating back to March 15 of last season
- After not scoring in the opener against Navy, junior attacker **Addi Foster** scored a combined six goals in the Richmond and Maryland games (4 vs UR and 2 vs MD). Foster had at least one point in every single game last season, finishing with 41 goals, 16 assists for 57 points
- Sophomore **Gabby LaVerghetta** has made the most of her move to the starting line-up with four goals this season. LaVerghetta came off the bench in 14 games last season, scoring 13 goals

**2026 SCHEDULE/RESULTS**

Overall: 0-3 | ACC: 0-0  
Home: 0-2 | Away: 0-1 | Neutral: 0-0

DATE	OPPONENT	TIME
Fri. Feb. 6	<b>#16 NAVY</b>	L, 12:10
Weds. Feb. 11	<b>RICHMOND</b>	L, 12:11
Sat. Feb. 14	at #6 Maryland	L, 17:9
Weds. Feb. 18	at Liberty	4 pm
Sun. Feb. 22	at #5 Notre Dame*	4 pm
<b>Sat. Feb. 28</b>	<b>#2 STANFORD*</b>	<b>12 pm</b>
Weds. Mar. 4	at #25 Pitt*	2 pm
Sun. Mar. 8	at Florida State*	12 pm
<b>Weds. Mar. 11</b>	<b>#9 PRINCETON</b>	<b>5 pm</b>
Sat. Mar. 14	<b>#8 CLEMSON*</b>	4 pm
Sat. Mar. 21	<b>#13 SYRACUSE *</b>	2 pm
<b>Weds. March 24</b>	<b>#22 JAMES MADISON</b>	<b>6 pm</b>
Sat. Mar. 28	at Louisville*	12 pm
<b>Fri. Apr. 3</b>	<b>#1 NORTH CAROLINA*</b>	<b>6 pm</b>
<b>Sat. Apr. 11</b>	<b>#6 BOSTON COLLEGE*</b>	<b>1 pm</b>
Thur. Apr. 16	at Virginia Tech*	6 pm

**ACC TOURNAMENT**

Wed. April 22	Quarterfinals^	TBD
Fri. April 24	Semifinals^	TBD
Sun. April 26	ACC Championship^	TBD

**NCAA TOURNAMENT**

Fri. May 8	First Round	TBD
Sun. May 10	Second Round	TBD
Thurs. May 14	Quarterfinals	TBD
Fri. May 22	Final Four&	TBD
Sun. May 24	NCAA Championship&	TBD

Home games in **BOLD CAPS**

+ Scott Stadium

\* ACC matches

^ Charlotte, N.C.

& Chicago, Ill.

**NCAA CHAMPIONSHIP HISTORY**

**National Championships**

1991 • 1993 • 2004

**Semifinal Appearances**

1986 • 1987 • 1991 • 1992 • 1993 • 1994 • 1996

1998 • 1999 • 2003 • 2004 • 2005 • 2007 • 2014

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## CAVALIER CAPTAINS

- Senior defenders **Lara Kology** and **Nicole Cruthirds** are this year's captains

## PRESEASON PLAYER ACCOLADES

- Junior midfielder **Kate Galica** has been named a preseason First Team All-American by both USA Lacrosse Magazine and Inside Lacrosse. She is also ranked as No. 5 in the 50 Players to Watch by Inside Lacrosse. She earned preseason All-ACC recognition as both a midfielder and draw specialist
- Junior attackers **Madison Alaimo** and **Jenna DiNardo** were also both ranked in the 50 Players to Watch by Inside Lacrosse at No. 37 and No. 50, respectively.
- Alaimo was named a Second Team Preseason All-American by USA Lacrosse and was also voted to the preseason All-ACC team at attack
- DiNardo was named at Third Team Preseason All-American
- Alaimo and Galica are on the Preseason Watch List for the Tewaaraton Award

## SISTER ACT

- The Cavaliers have two sets of sisters on the team
- Twins **Livy and Gabby LaVerghetta** are beginning their second seasons with the team. Gabby is on attack with Livy in the midfield
- Freshman **Raleigh Foster** joins her sister, junior **Addi Foster**, on attack this season for the Cavaliers

## LOCAL FLAVOR

- The Cavaliers have five players with Charlottesville ties on the team this season
- Sisters **Addi and Raleigh Foster** are from Charlottesville, graduating from St. Anne's-Belfield
- Freshman **Blair Fox** is originally from Malvern, Pa., but she attended and graduated from St. Anne's-Belfield
- Freshman midfielder Delaney Poindexter is from Charlottesville, graduating from The Covenant School
- Sophomore defender **Juliana Murphy** is from Charlottesville, graduating from Western Albemarle

## REMEMBERING ZOE PONGO

- In December, head coach Sonia LaMonica announced the signing of a very special recruit to the team, Zoe Pongo. Zoe was a midfielder on a club team in Calgary, Alberta, Canada, and a normal high-school senior at All Saints High School up until July 2025 when she was diagnosed with stage 4 rhabdomyosarcoma, a soft tissue cancer that had metastasized in her bones.
- [Check out Zoe's full story here](#)
- She passed away on December 17 surrounded by her family

## 2025 ACC MIDFIELDER OF THE YEAR

- Kate Galica** was named the 2025 ACC Midfielder of the Year. Galica is the first Cavalier to earn a positional player of the year conference accolade since the ACC split the previous Player of the Year award into separate honors. In 2012, the conference started awarding Offensive and Defensive Player of the Year. In 2017, the ACC began voting for the Attacker of the Year, Midfielder of the Year and Defender of the Year. In 2024, a fourth award, the Goalkeeper of the Year, was added.
- Peggy Boutilier (1998) and Amy Appelt (2004) both earned the ACC Player of the Year award when it was the sole award

## 2025 USA LACROSSE ALL-AMERICANS

- In the first All-America honors to be announced this season, **Kate Galica** was named to the second team
- Madison Alaimo** was named an honorable mention

## 2025 ALL-ACC

- Attacker **Madison Alaimo** and midfielder **Kate Galica** were named to the First Team
- Attacker **Jenna DiNardo** was named to the Second Team
- This is the first time any have been named to the All-ACC team. All three were named to the 2024 All-ACC Freshman Team with Galica voted the ACC Freshman of the Year

## NCAA I WOMEN'S LACROSSE POLLS

IWLCA COACHES POLL	INSIDE LACROSSE	USA Lacrosse Magazine
1. North Carolina	1. North Carolina	1. North Carolina
2. Stanford	2. Maryland	2. Stanford
3. Maryland	3. Stanford	3. Maryland
4. Northwestern	4. Notre Dame	4. Princeton
5. Notre Dame	5. Northwestern	5. Notre Dame
6. Boston College	6. Princeton	6. Colorado
7. Johns Hopkins	7. Clemson	7. Northwestern
8. Clemson	8. Boston College	8. Johns Hopkins
9. Princeton	9. Johns Hopkins	9. Michigan
10. Florida	10. Michigan	10. Clemson
11. Navy	11. Navy	11. Boston College
12. Michigan	12. Florida	12. Navy
13. Syracuse	13. Syracuse	13. Florida
14. UPenn	14. Yale	14. Penn
15. Yale	15. Colorado	15. Syracuse
16. Stony Brook	16. Penn	16. Yale
17. Denver	17. Army	17. Stony Brook
18. Colorado	18. Stony Brook	18. Penn State
19. Loyola	19. Loyola	19. Denver
20. Duke	20. Pitt	20. Pitt
21. Army	21. Penn State	
22. James Madison	22. Denver	
23. Penn State	23. Duke	
<b>24. Virginia</b>	24. James Madison	
25. Pittsburgh	25. Harvard	

## 2026 VIRGINIA WEEK-BY-WEEK

Week	IWLCA	IL	USA
Preseason	10	8	7
Feb. 9	12	15	12
Feb. 16	24	NR	RV
Feb. 23			
March 2			
March 9			
March 16			
March 23			
March 30			
April 6			
April 13			
April 20			
April 27			
May 4			

## 2026 ACC PRESEASON POLL

No.	Team	Points
1.	North Carolina	169
2.	Boston College	153
3.	Stanford	143
<b>4.</b>	<b>VIRGINIA</b>	<b>118</b>
5.	Clemson	111
6.	Duke	107
7.	Syracuse	104
8.	Notre Dame	80
9.	Virginia Tech	63
10.	Pitt	50
11.	Louisville	36
12.	Florida State	27
13.	California	22

Syracuse wins the tiebreaker and earns the No.

## UVA IN THE IWLCA RANKINGS

- Virginia is one of five programs in the NCAA to be ranked at least once in every year of the IWLCA Coaches Poll. The poll was created in 1988, with Dartmouth, Maryland, Penn State and Princeton joining Virginia as the only programs to be nationally ranked every year.
- Of those five programs, Virginia is the only program to be ranked in every week of the IWLCA coaches poll, a span of 295-straight polls.
- Of those 295 polls, the Cavaliers have been ranked among the top-10 in the nation on 250 occasions, the second-most among all NCAA programs.
- The Cavaliers have spent 15 weeks ranked No. 1, including the entire 1993 season
- Virginia debuted at No. 7 in the inaugural coaches poll on March 19, 1988. While the Cavaliers have climbed to a No. 1 ranking, the farthest they have ever fallen was to No. 24 on Feb. 16, 2026. Virginia has only spent six weeks ranked outside the top-15.

## MULTIPLE GOAL GAMES

Name, Pos.	2026 2+	2026 3+	Career 2+	Career 3+
#4 Jenna DiNardo	2	2	29	20
#5 Kate Galica	1		21	16
#15 Addi Foster	2	1	16	10
#16 Madison Alaimo	1	1	9	5
#7 Payton Sfreddo			3	1
#23 Alex Reilly			3	
#43 Gabby LaVergetta	2		5	
#33 Katie Campel			2	
#2 Jayden Piraino			1	1
#40 Devon Gogerty			1	
#6 Cady Flaherty	1		1	

## COMPARISONS

	UVA	LIBERTY
<b>SHOT STATISTICS</b>		
Goals-Shot attempts	30-73	13-40
Goals scored per game	10.00	6.50
Shot pct.	.411	.325
Shots on goal-Attempts	59-73	29-40
SOG pct.	.808	.725
Shots/Game	24.3	20.0
Assists	17	7
Free position Made-Att	8-14	2-8
Free position pct.	.571	.250
<b>GOAL BREAKDOWN</b>		
Total Goals	30	13
Free-position	8	2
Unassisted	13	6
Overtime	0	0
<b>SAVES</b>		
41	16	
<b>OPPONENT GOALS</b>		
41	15	
<b>GROUND BALLS</b>		
44	49	
<b>DRAW CONTROLS</b>		
28	18	
<b>TURNOVERS</b>		
33	49	
<b>CAUSED TURNOVERS</b>		
28	40	
<b>CLEARSES</b>		
42-45	37-43	
Clear percentage	.933	.860

## MULTIPLE ASSIST GAMES

Name, Pos.	2026 2+	2026 3+	Career 2+	Career 3+
#16 Madison Alaimo	3	2	24	15
#4 Jenna DiNardo			9	3
#15 Addi Foster			3	1
#5 Kate Galica			1	
#7 Payton Sfreddo			1	

## RE-WRITING THE RECORD BOOK

### Draw Controls - Career

1. Aubrey Williams(2021-23) ..... 332
2. Maggie Jackson (2016-19) ..... 301
3. **Kate Galica (2024-25)** ..... **290**
4. Brittany Kalkstein (2007-10) ..... 287
5. Courtney Swan (2012-15) ..... 272

### Assists- Career

1. Morgan Schwab (2021-24) ..... 159
2. Lindsay Sheehan (1984-86) ..... 129
3. Amy Appelt (2002-05) ..... 115
4. Maggie Jackson (2016-19) ..... 108
5. Ashley McCulloch (2006-09) ..... 105
6. Lauren Aumiller (2000-03) ..... 103
7. **Madison Alaimo (2025-pres)** ..... **94**
8. Casey Bocklet (2013-15) ..... 83

### Draw Controls - Single Season

1. **Kate Galica (2025)** ..... **179**
2. Aubrey Williams (2022) ..... 149
3. Aubrey Williams (2023) ..... 143
4. Brittany Kalkstein (2010) ..... 97
- Maggie Jackson (2018) ..... 97
- Kate Galica (2024)** ..... **97**

### Draw Controls - Single Game

1. **Kate Galica (4/16/25 vs VT)** ..... **17**
2. Aubrey Williams (2/27/22 vs. Stanford) ..... 15
- Aubrey Williams (4/5/23 at VCU) ..... 15
- Kate Galica (3/1/25 at Cal)** ..... **15**
5. Aubrey Williams (3/9/22 vs. Richmond) ..... 14
6. Aubrey Williams (2/18/23 at Princeton) ..... 13
7. Aubrey Williams (3/20/22 vs. JMU) ..... 12
- Kate Galica (4x)** ..... **12**

### Assists - Single Season

1. Lindsay Sheehan (1986) ..... 66
2. Morgan Schwab (2024) ..... 61
3. **Madison Alaimo (2025)** ..... **58**
4. Morgan Schwab (2023) ..... 49
5. Lindsay Sheehan (1985) ..... 43
6. Amy Appelt (2005) ..... 38

## CONSECUTIVE GAMES WITH A GOAL

Name	Streak	Goals During Streak	Streak Started
#4 Jenna DiNardo	15	40	March 15, 2025
#15 Addi Foster	2	6	Feb. 11, 2026
#16 Madison Alaimo	2	4	Feb. 11, 2026
#42 Livy LaVergetta	1	1	Feb. 14, 2026

## CONSECUTIVE GAMES WITH A POINT

Name, Pos.	Streak	G-A-P During Streak	Streak Started
#4 Jenna DiNardo	15	40-20-60	March 15, 2025
#43 Gabby LaVergetta	3	4-2-6	Feb. 6, 2026
#6 Cady Flaherty	3	3-1-4	Feb. 6, 2026
#16 Madison Alaimo	3	10-3-13	Feb. 6, 2026
#15 Addi Foster	2	6-1-7	Feb. 11, 2026
#42 Livy LaVergetta	1	1-0-1	Feb. 14, 2026

## HEAD COACH SONIA LAMONICA



### 6 Conference Coach of the Year Awards (5x CAA, 1x ACC) 8 NCAA Tournament Appearances (2 at UVA) 4 CAA titles

Sonia LaMonica was named as the head coach of the Virginia Cavaliers on July 5, 2023, after serving as the head women's lacrosse coach at Towson for 13 seasons and one season at Mt. Saint Mary's.

LaMonica enters her third season in charge of the Cavalier program in 2026 owning an all-time coaching record of 174-112.

She started her tenure with the Cavaliers by being named the ACC Co-Coach of the Year in her first season, winning nine of her first 10 games of the season—Virginia's best start to a campaign since the 2007 national runner-up season. The Cavaliers would go on to stockpile some of the

best wins of any team in the country including a road victory over No. 4 Notre Dame, and emphatic dispatching of No. 7 James Madison at home, and a thrilling overtime win over No. 3 Boston College on senior day.

Virginia went 6-3 in ACC play matching a single season program-high for wins in conference play while taking down the likes of Boston College for the first time in eight seasons. The pair of wins over opponents ranked in the top-four marked the first time Virginia accomplished such a feat in nine seasons. The Cavaliers would eventually avenge their regular-season loss to North Carolina with a 13-12 victory in the ACC quarterfinals—their first win over UNC since the 2014 season. UVA reached the ACC Semifinal before falling to Syracuse.

The Cavaliers earned the fifth overall seed in the NCAA Women's Lacrosse Championship, its highest since the 2008 season when Virginia was seeded fourth. The Cavaliers earned the right to host the first two rounds of the tournament for the first time since the 2019 season. The first round featured a 21-6 dispatching of LIU in which Virginia set a program record for most goals scored in an NCAA tournament game. The Cavaliers fell to No. 10 Florida in the second round of the championship.

LaMonica was named ACC Co-Coach of the Year, sharing the honor with former collegiate teammate Acacia Walker-Weinstein of Boston College. Five Cavaliers were named to the All-ACC teams while three were named to the All-Freshman team including ACC freshman of the Year Kate Galica.

LaMonica picked up right where she left off in 2025, once again guiding her team to a 5-seed in the NCAA Tournament and home-hosting rights. Her young squad, led by mainly sophomores, played well beyond their years with Galica being voted the ACC Midfielder of the Year, the first player in program history to earn the honor. The team advanced to the second round of the NCAA Championship, finishing with a 12-7 record.

Prior to coming to Charlottesville, LaMonica led Towson to seven NCAA Tournament appearances and four Colonial Athletic Association (CAA) Tournament Championships, being named the CAA Coach of the Year five times.

Towson finished first or second in the CAA in 10 of her 14 seasons at the helm and made nine CAA tournament championship game appearances, including six-straight. LaMonica has coached six players to All-America honors and has had numerous All-CAA and All-Region honorees.

LaMonica consistently challenged her teams with tough schedules against top-ranked opponents. Towson finished .500 or better in 12 of the 14 seasons she oversaw the program, with one of the two being cut short due to the pandemic.

A native of Darlington, South Australia, LaMonica was named the 10th head coach in the history of the Towson women's lacrosse program after the 2010 season. She returned to lead the Tigers after a one-year stint as the head coach at Mount St. Mary's.

As the Mountaineers' head coach, LaMonica led Mount St. Mary's to an 8-9 record in 2010 and a berth in the Northeast Conference (NEC) semifinals. She coached five players who earned All-NEC honors.

Prior to becoming the Mountaineers' head coach, LaMonica spent two seasons as a member of Missy Doherty's staff at Towson and helped the Tigers win a pair of Colonial Athletic Association (CAA) championships.

Before joining the Tigers' staff, LaMonica was an assistant coach at the University of Denver, helping the Pioneers to a 15-5 record during the 2006 season. She coached the Mountain Pacific Sports Federation (MPSF) Player and Rookie of the Year along with three all-conference selections and the program's first IWLCA All-West/Midwest region honoree.

LaMonica also served as head coach of the Women's Professional Lacrosse League's (WPLL) Baltimore Brave. LaMonica led the Brave to the league championship in 2019 and guided the team to the title game in the inaugural season a year earlier.

In addition to her success as a coach, LaMonica is a member of the Australian National Team. She helped Australia win the gold medal at the 2005 World Cup Championship and a silver medal at the 2009 World Cup Championship. In the summer of 2013, LaMonica played a key role in helping Australia earn a bronze medal at the World Cup Championship in Canada.

Named to the 2005 IFWLA All-World Team, she was also a member of the U-19 Australian National Team that won the silver medal at the 1999 World Championships and was also the recipient of the U21 South Australian Sportswoman of the Year award.

A 2003 graduate of Maryland, LaMonica was a three-year starter for the Terrapins. She earned first team All-America honors and was a candidate for the Tewaaraton Trophy during her senior season after leading Maryland to the Atlantic Coast Conference (ACC) championship. A team captain during her senior season, she was a member of three ACC championship teams and helped the Terrapins win the 2000 and 2001 NCAA titles.

LaMonica scored 111 goals in her college career, including 49 goals as a senior, along with 55 assists. Formerly Sonia Judd, LaMonica is married to former Maryland men's lacrosse standout Michael LaMonica. The couple resides in Crozet, Va., with their sons, Luca and Bodhi and daughter, Marley, with Michael serving as an assistant coach for the Cavaliers.

### LAMONICA CAREER COACHING RECORD

Year	Team	Overall	Conf.	Conf. Finish	NCAA Tournament
2010	Mt. Saint Mary's	8-9	6-3	Semifinal	-
2011	Towson	11-7	6-1	Final	-
2012	Towson	16-4	7-0	Champions	First Round
2013	Towson	10-9	6-1	Champions	First Round
2014	Towson	11-8	4-1	Champions	First Round
2015	Towson	9-9	3-3	Final	-
2016	Towson	16-4	5-1	Champions	Second Round
2017	Towson	12-7	4-2	Final	First Round
2018	Towson	16-5	5-1	Final	Second Round
2019	Towson	7-10	5-1	Semifinal	-
2020*	Towson	2-4*	*	*	*
2021	Towson	9-9	0-4	Semifinal	First Round
2022	Towson	9-8	5-1	Final	-
2023	Towson	11-7	5-2	Final	-
2024	Virginia	15-5	6-3	Semifinal	Second Round
2025	Virginia	12-7	5-4	Quarterfinal	Second Round
2026	Virginia	0-3	0-0		
<b>Career</b>		<b>174-115</b>			
<b>Virginia Record</b>		<b>27-15 (11-7 ACC)</b>			

\*Season canceled due to COVID-19 Pandemic

## 2026 SEASON STATS

### All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	0-3	0-2	0-1	0-0
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	0-3	0-2	0-1	0-0

DATE	OPPONENT	SCORE	ATT.
02/06/2026	Navy	L, 12-10	0
02/11/2026	Richmond	L, 12-11	0
02/14/2026	at Maryland	L, 17-9	1,478
TEAM STATISTICS		VIRGINIA	OPP
SHOT STATISTICS			
Goals-Shot attempts	30-73	41-87	
Goals scored per game	10.00	13.67	
Shot pct.	.411	.471	
Shots on goal-Attempts	59-73	62-87	
SOG pct.	.808	.713	
Shots/Game	24.3	29.0	
Assists	17	30	
Free position made-Att	8-14	5-14	
Free position pct.	.571	.357	
GOAL BREAKDOWN			
Total Goals	30	41	
Free-position	8	5	
Unassisted	13	11	
Overtime	0	0	
GROUND BALLS	44	42	
DRAW CONTROLS	28	46	
TURNOVERS	33	40	
CAUSED TURNOVERS	28	22	
CLEARSES	42-45	45-51	
Clear Pct.	.933	.882	
PENALTIES			
Red Cards	0	0	
Yellow Cards	6	7	
Green Cards	16	6	
Total	0	0	
Minutes	28:00	20:00	
ATTENDANCE			
Total	0	1,478	
Dates/Avg per date	2/0	1/1478	
Neutral Site #/Avg	0/0	-	

##	PLAYER	GP	G	A	PTS	SH	GB	DC	TO	CT
16	Madison Alaimo	3	4	9	13	11	1	0	6	0
41	Fiona Allen	3	0	1	1	1	0	0	1	0
17	Finley Barger	1	0	0	0	0	0	0	0	0
9	Sophia Conti	3	0	0	0	0	7	0	1	2
3	Kate Demark	3	0	0	0	0	2	0	0	4
4	Jenna Dinardo	3	7	2	9	18	1	8	5	2
34	Elyse Finnelle	3	0	0	0	0	6	0	0	0
6	Cady Flaherty	3	3	1	4	4	0	0	0	0
15	Addi Foster	3	6	1	7	12	0	0	2	0
5	Kate Galica	3	2	1	3	11	10	14	7	9
26	Mel Josephson	2	0	0	0	0	3	0	0	0
13	Carly Kennedy	1	0	0	0	0	1	0	0	1
36	Lara Kology	3	0	0	0	0	2	1	1	1
43	Gabby Laverghetta	3	4	2	6	6	3	0	1	0
42	Livy Laverghetta	3	2	0	2	3	1	1	2	0
14	Abby Musser	3	0	0	0	0	1	0	1	1
23	Alex Reilly	3	1	0	1	5	2	2	2	2
11	Megan Rocklein	1	0	0	0	0	1	0	1	0
8	Alexandra Schneider	3	0	0	0	1	0	0	0	3
7	Payton Sfreddo	3	1	0	1	1	3	1	1	1
25	Corey White	2	0	0	0	0	0	0	0	0
<b>Totals</b>		<b>3</b>	<b>30</b>	<b>17</b>	<b>47</b>	<b>73</b>	<b>44</b>	<b>28</b>	<b>33</b>	<b>28</b>
<b>Opponents</b>		<b>3</b>	<b>41</b>	<b>30</b>	<b>71</b>	<b>87</b>	<b>42</b>	<b>46</b>	<b>40</b>	<b>22</b>
##	GOALIE	GP	MIN	GA	GAAVG	SAVES	PCT	W-L-T		
34	Elyse Finnelle	3	120:00	26	13.00	12	.316	0-1-0		
26	Mel Josephson	2	60:00	15	15.00	9	.375	0-2-0		
<b>Totals</b>		<b>3</b>	<b>180:00</b>	<b>41</b>	<b>13.67</b>	<b>21</b>	<b>.339</b>	<b>0-0-0</b>		
<b>Opponents</b>		<b>3</b>	<b>180:00</b>	<b>30</b>	<b>10.00</b>	<b>29</b>	<b>.492</b>	<b>0-0-0</b>		
GOALS BY PERIOD				1	2	3	4	OT	TOTAL	
Virginia				7	9	6	8	0	30	
Opponents				9	16	11	5	0	41	
SAVES BY PERIOD				1	2	3	4	OT	TOTAL	
Virginia				9	5	5	2	0	21	
Opponents				4	10	9	6	0	29	
SHOTS BY PERIOD				1	2	3	4	OT	TOTAL	
Virginia				17	19	18	19	0	73	
Opponents				29	26	21	11	0	87	
SHOTS ON GOAL				1	2	3	4	OT	TOTAL	
Virginia				9	15	12	10	0	46	
Opponents				16	17	12	7	0	52	

## 2026 SEASON STATS

### Virginia

### Team Stats

GAMES	GOALS	ASSISTS	GOALS-PER GAME	SHOTS-PER GAME	SHOT %
3	30	17	10.00	24.33	41.1

SCHEDULE SUMMARY		
Overall (Pct.)		0-3 (.000)
Conference (Pct.)		0-0 (.000)
Streak		Lost 3
Home		0-2
Away		0-1
Neutral		0-0
RECENT GAMES		
Feb 6	Navy	L, 12-10
Feb 11	Richmond	L, 12-11
Feb 14	at Maryland	L, 17-9

STATISTICS CATEGORY	OVERALL	CONF
Games	3	-
Goals	30	-
Assists	17	-
Goals-per game	10.00	0.00
Shots	73	-
Shots-per game	24.33	-
Shooting percentage	41.1	0.0
Shots on goal	59	-
Shots on goal percentage	80.8	0.0
Free position goals-shots	8-14	0-0
Free position percentage	57.1	0.0
Ground balls	44	-
Draw controls	28	-
Draw controls per game	9.33	-
Turnovers	33	0
Caused turnovers	28	-
Clears	42-45	0-0
Goals against	41	-
Goals-against average	13.67	-
Saves	21	-
Save percentage	33.9	0.0
Home Attendance	0	-
Home Attendance average	0	-

## 2026 SEASON STATS

# Player Stats

FIELD PLAYERS																										
NO.	NAME	YR	POS	GP	GS	G	A	PTS	FPG-FPS	GB	DC	TO	CT	SH	SH%	SOG	SOG%	FO	YC	RC	GC	PEN				
16	Madison Alaimo	Jr	A	3	3	4	9	13	3-3	1	0	6	0	11	36.4	9	81.8	0	0	0	2	0				
41	Fiona Allen	So	A	3	0	0	1	1	0-0	0	0	1	0	1	0.0	0	0.0	0	0	0	0	0	0			
9	Sophia Conti	So	M	3	3	0	0	0	0-0	7	0	1	2	0	-	0	-	1	0	0	0	0	0			
3	Kate Demark	Jr	D	3	3	0	0	0	0-0	2	0	0	4	0	-	0	-	5	0	0	0	0	0			
4	Jenna Dinardo	Jr	A	3	3	7	2	9	2-7	1	8	5	2	18	38.9	16	88.9	3	1	0	2	0	0			
34	Elyse Finnelle	Sr	GK	3	1	0	0	0	0-0	6	0	0	0	0	-	0	-	0	0	0	0	0	0	0		
6	Cady Flaherty	Fr	M	3	0	3	1	4	2-2	0	0	0	0	4	75.0	4	100.0	0	0	0	2	0	0	0		
15	Addi Foster	Jr	A	3	3	6	1	7	1-1	0	0	2	0	12	50.0	11	91.7	0	1	0	1	0	0	0		
5	Kate Galica	Jr	M	3	3	2	1	3	0-1	10	14	7	9	11	18.2	7	63.6	4	0	0	3	0	0	0		
26	Mel Josephson	Sr	GK	2	2	0	0	0	0-0	3	0	0	0	0	-	0	-	0	0	0	0	0	0	0		
13	Carly Kennedy	So	M	1	0	0	0	0	0-0	1	0	0	1	0	-	0	-	0	0	0	0	1	0	0		
36	Lara Kology	Sr	D	3	3	0	0	0	0-0	2	1	1	1	0	-	0	-	2	1	0	1	0	0	0		
43	Gabby Laverghetta	So	A	3	3	4	2	6	0-0	3	0	1	0	6	66.7	4	66.7	3	0	0	3	0	0	0		
42	Livy Laverghetta	So	M	3	0	2	0	2	0-0	1	1	2	0	3	66.7	3	100.0	1	0	0	0	0	0	0		
14	Abby Musser	So	D	3	3	0	0	0	0-0	1	0	1	1	0	-	0	-	0	1	0	0	0	0	0		
23	Alex Reilly	So	M	3	3	1	0	1	0-0	2	2	2	2	5	20.0	3	60.0	4	2	0	1	0	0	0		
11	Megan Rocklein	Fr	M	1	0	0	0	0	0-0	1	0	1	0	0	-	0	-	0	0	0	0	0	0	0		
8	Alexandra Schneider	Jr	D	3	3	0	0	0	0-0	0	0	0	3	1	0.0	1	100.0	4	0	0	0	0	0	0	0	
7	Payton Sfreddo	So	M	3	0	1	0	1	0-0	3	1	1	1	1	100.0	1	100.0	0	0	0	0	0	0	0	0	
<b>Totals</b>				3	3	30	17	47	8-14	44	28	33	28	73	41.1	59	80.8	27	6	0	16	0	0	0	0	
<b>Opponent</b>				3	3	41	30	71	5-14	42	46	40	22	87	47.1	62	71.3	23	7	0	6	0	0	0	0	
GOALKEEPERS																										
NO.	NAME	YR	POS	GP	GS	MIN		GA	GAA	SV	SV%	WIN	LOSS	TIE	WIN %											
34	Elyse Finnelle	Sr	GK	3	1	120:00		26	13.00	12	31.6	0	1	0	0.0											
26	Mel Josephson	Sr	GK	2	2	60:00		15	15.00	9	37.5	0	2	0	0.0											
<b>Totals</b>				3	3	180:00		41	13.67	21	33.9	0	0	0	0.0										-	
<b>Opponent</b>				3	3	180:00		30	10.00	29	49.2	0	0	0	0.0										-	

CRO (First Last) | CRO (Last, First)

2026 Stats  
Virginia High/Low Analysis (as of Feb 16, 2026)  
All games

**Virginia INDIVIDUAL GAME HIGHS**

<b>Points</b>	5	Foster, Addi vs. Richmond (02/11/2026)
	5	Alaimo, Madison at Maryland (02/14/2026)
<b>Goals</b>	4	Foster, Addi vs. Richmond (02/11/2026)
	3	Dinardo, Jenna vs. Richmond (02/11/2026)
<b>Assists</b>	4	Alaimo, Madison vs. Navy (02/06/2026)
	3	Alaimo, Madison vs. Richmond (02/11/2026)
<b>Shots</b>	8	Dinardo, Jenna at Maryland (02/14/2026)
	8	Foster, Addi vs. Richmond (02/11/2026)
<b>Shots on goal</b>	8	Dinardo, Jenna at Maryland (02/14/2026)
	7	Foster, Addi vs. Richmond (02/11/2026)
<b>Saves</b>	8	Finnelle, Elyse at Maryland (02/14/2026)
	7	Josephson, Mel vs. Navy (02/06/2026)
<b>Ground Balls</b>	5	Galica, Kate vs. Richmond (02/11/2026)
	4	Galica, Kate at Maryland (02/14/2026)
<b>Draw Controls</b>	6	Dinardo, Jenna vs. Richmond (02/11/2026)
	6	Galica, Kate vs. Navy (02/06/2026)
<b>Caused Turnover</b>	3	Galica, Kate vs. Navy (02/06/2026)
	3	Galica, Kate vs. Richmond (02/11/2026)

### Virginia GAME HIGHS

<b>Points</b>	17		Richmond (02/11/2026)
	16		Navy (02/06/2026)
<b>Goals</b>	11		Richmond (02/11/2026)
	10		Navy (02/06/2026)
<b>Assists</b>	6		Navy (02/06/2026)
	6		Richmond (02/11/2026)
<b>Shots</b>	28		Richmond (02/11/2026)
	24		at Maryland (02/14/2026)
<b>Shot percent</b>	.476	(10 - 21)	Navy (02/06/2026)
	.393	(11 - 28)	Richmond (02/11/2026)
<b>Shots on goal</b>	22		at Maryland (02/14/2026)
	21		Richmond (02/11/2026)
<b>On goal percent</b>	.917	(22 - 24)	at Maryland (02/14/2026)
	.762	(16 - 21)	Navy (02/06/2026)
<b>Saves</b>	9		Navy (02/06/2026)
	8		at Maryland (02/14/2026)
<b>Ground Balls</b>	16		Navy (02/06/2026)
	15		Richmond (02/11/2026)
<b>Turnovers</b>	12		Navy (02/06/2026)
	11		at Maryland (02/14/2026)
<b>Caused turnovers</b>	11		Navy (02/06/2026)
	10		at Maryland (02/14/2026)

### Virginia GAME LOWS

<b>Points</b>	14		at Maryland (02/14/2026)
	16		Navy (02/06/2026)
<b>Goals</b>	9		at Maryland (02/14/2026)
	10		Navy (02/06/2026)
<b>Assists</b>	5		at Maryland (02/14/2026)
	6		Navy (02/06/2026)
<b>Shots</b>	21		Navy (02/06/2026)
	24		at Maryland (02/14/2026)
<b>Shot percent</b>	.375	(9 - 24)	at Maryland (02/14/2026)
	.393	(11 - 28)	Richmond (02/11/2026)
<b>Shots on goal</b>	16		Navy (02/06/2026)
	21		Richmond (02/11/2026)
<b>On goal percent</b>	.750	(21 - 28)	Richmond (02/11/2026)
	.762	(16 - 21)	Navy (02/06/2026)
<b>Saves</b>	4		Richmond (02/11/2026)
	8		at Maryland (02/14/2026)
<b>Ground Balls</b>	13		at Maryland (02/14/2026)
	15		Richmond (02/11/2026)
<b>Turnovers</b>	10		Richmond (02/11/2026)
	11		at Maryland (02/14/2026)
<b>Caused turnovers</b>	7		Richmond (02/11/2026)
	10		at Maryland (02/14/2026)

## 2026 Stats

### Virginia Game-by-Game Goals-Assists-Points (as of Feb 16, 2026)

#### All games

OPPONENT	DATE	SCORE	# 3 - DEMARK, KATE	# 4 - DINARDO, JENNA	# 5 - GALICA, KATE	# 6 - FLAHERTY, CADY	# 7 - SFREDDO, PAYTON	# 8 - SCHNEIDER, ALEXANDRA
			12-10	L	0 - 0 - 0	1 - 0 - 1	2 - 0 - 2	2 - 0 - 2
Navy	Feb 06	12-10	L	0 - 0 - 0	1 - 0 - 1	2 - 0 - 2	2 - 0 - 2	1 - 0 - 1
Richmond	Feb 11	12-11	L	0 - 0 - 0	3 - 1 - 4	0 - 1 - 1	1 - 0 - 1	0 - 0 - 0
at Maryland	Feb 14	17-9	L	0 - 0 - 0	3 - 1 - 4	0 - 0 - 0	0 - 1 - 1	0 - 0 - 0

OPPONENT	DATE	SCORE	# 9 - CONTI, SOPHIA	# 11 - ROCKLEIN, MEGAN	# 13 - KENNEDY, CARLY	# 14 - MUSSER, ABBY	# 15 - FOSTER, ADDI	# 16 - ALAIMO, MADISON
			0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0
Navy	Feb 06	12-10 L	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	0 - 4 - 4
Richmond	Feb 11	12-11 L	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	4 - 1 - 5	1 - 3 - 4
at Maryland	Feb 14	17-9 L	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	0 - 0 - 0	2 - 0 - 2	3 - 2 - 5

## CAREER HIGHS

### MADISON ALAIMO

Points: 11, LIU, May 09, 2025  
Goals: 4, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024  
Assists: 9, LIU, May 09, 2025  
Shots: 5, 6 times  
Ground balls: 5, Princeton, 02/17/24; Princeton, Feb 17, 2024  
Draw controls: 1  
Caused turnovers: 3, at VCU, Apr 02, 2025

### JENNA DINARDO

Points: 8, Duke, Mar 15, 2025  
Goals: 5, James Madison, 03/20/24; James Madison, Mar 20, 2024  
Assists: 4, Duke, Mar 15, 2025  
Shots: 11, Liberty, 02/07/2025  
Ground balls: 2, Stanford, Feb 22, 2025  
Draw controls: 7, LIU, May 09, 2025  
Caused turnovers: 3, Stanford, Feb 22, 2025

### CADY FLAHERTY

Points: 2 Navy, Feb. 6, 2026  
Goals: 2, Navy, Feb. 6, 2026  
Assists: 1, Navy, Feb. 6, 2026  
Shots: 2, Navy, Feb. 6, 2026

### ADDI FOSTER

Points: 6, Liberty, 02/07/2025  
Goals: 4, Richmond, Feb. 11, 2026, Virginia Tech, Apr 16, 2025  
Assists: 4, Liberty, 02/07/2025  
Shots: 6, at James Madison, Mar 19, 2025; LIU, May 09, 2025  
Ground balls: 5, Pittsburgh, Mar 22, 2025  
Draw controls: 1, 4 times  
Caused turnovers: 2, multiple

### KATE GALICA

Points: 6, at VCU, Apr 02, 2025  
Goals: 4, 5 times  
Assists: 2, at VCU, Apr 02, 2025  
Shots: 9, Duke, Mar 15, 2025; at Syracuse, Mar 29, 2025  
Ground balls: 5, Richmond Feb. 11, 2026  
Draw controls: 17 [1st], Virginia Tech, Apr 16, 2025  
Caused turnovers: 3, multiple

### DEVON GOGERTY

Points: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024  
Goals: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024  
Assists: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024  
Shots: 3, Richmond, 03/06/24; Richmond, Mar 6, 2024  
Ground balls: 1, Pittsburgh, 03/16/24; vs Boston College, Apr 22, 2025; Pittsburgh, Mar 16, 2024  
Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024  
Caused turnovers: 1, Liberty, 02/07/2025; at VCU, Apr 02, 2025

### GABBY LAVERGHETTA

Points: 3, Navy, Feb. 6, 2026  
Goals: 2, multiple  
Assists: 1, several  
Shots: 4, Pittsburgh, Mar 22, 2025; LIU, May 09, 2025  
Ground balls: 2, Pittsburgh, Mar 22, 2025  
Caused turnovers: 1, Duke, Mar 15, 2025

### LIVY LAVERGHETTA

Points: 2, Virginia Tech, Apr 16, 2025  
Goals: 2, Virginia Tech, Apr 16, 2025  
Shots: 3, Virginia Tech, Apr 16, 2025

### ALEX REILLY

Points: 2, multiple  
Goals: 2, multiple  
Shots: 5, at North Carolina, Mar 08, 2025  
Ground balls: 2, vs Boston College, Apr 22, 2025; LIU, May 09, 2025  
Draw controls: 4, vs Maryland, Apr 09, 2025  
Caused turnovers: 2, Liberty, 02/07/2025

### PAYTON SFREDDO

Points: 3, at James Madison, Mar 19, 2025  
Goals: 3, at James Madison, Mar 19, 2025  
Assists: 2, Louisville, Apr 05, 2025  
Shots: 4, multiple  
Ground balls: 7, at James Madison, Mar 19, 2025  
Draw controls: 7, vs Boston College, Apr 22, 2025  
Caused turnovers: 2, Pittsburgh, Mar 22, 2025

### COREY WHITE

Points: 1, multiple  
Goals: 1, multiple  
Shots: 2, NAVY, Feb 26, 2025; Pittsburgh, Mar 22, 2025  
Ground balls: 1, 9 times  
Draw controls: 2, LIU, May 09, 2025  
Caused turnovers: 1, 4 times

### GOALKEEPERS

#### ELYSE FINNELLE

Saves: 14, vs North Carolina, May 10, 2024  
Ground balls: 4, twice  
Caused turnovers: 2, vs Colgate, March 14, 2023

#### MEL JOSEPHSON

Saves: 13, at North Carolina, Mar 08, 2025  
Ground balls: 7, Stanford, Feb 22, 2025  
Draw controls: 1, Boston College, Apr 13, 2024  
Caused turnovers: 1, 5 times

## 2026 ROSTER/BREAKDOWN

No.	Name	Cl.	Pos.	Ht.	Hometown/High School/Previous School
2	Jayden Piraino	So.	Attack	5-6	Dix Hills, N.Y./Half Hollow Hills East
3	Kate Demark	Jr.	Defense	5-6	Darien, Conn./Darien High
4	Jenna Dinardo	Jr.	Attack	5-5	Corning, N.Y./Corning Painted Post High
5	Kate Galica	Jr.	Midfield	5-8	Wayne, Pa./Conestoga High
6	Cady Flaherty	Fr.	Midfield	5-7	Massapequa, N.Y./Sacred Heart Academy
7	Payton Sfreddo	So.	Midfield	5-11	Rye, N.Y., Sacred Heart Greenwich (Conn.)
8	Alexandra Schneider	Jr.	Defense	5-8	Manhasset, N.Y./Manhasset High
9	Sophia Conti	So.	Midfield	5-7	Babylon, N.Y./Babylon Junior Senior High
10	Raleigh Foster	Fr.	Attack	5-8	Charlottesville, Va./St. Anne's-Belfield
11	Megan Rocklein	Fr.	Midfield	5-4	Lake Forest, Ill./Lake Forest High
12	Annabell Adams	Fr.	Attack	5-6	Darien, Conn./Darien High
13	Carly Kennedy	So.	Midfield	5-3	Denver, Co./Regis Jesuit
14	Abby Musser	So.	Defense	5-6	Alexandria, Va./St. Stephens & St. Agnes
15	Addi Foster	Jr.	Attack	5-9	Charlottesville, Va./St. Anne's Belfield School
16	Madison Alaimo	Jr.	Attack	5-7	Wantagh, N.Y./Wantagh High
17	Finley Barger	Sr.	Midfield	5-8	Fallston, Md./Notre Dame Preparatory School
19	Willy Willmott	Sr.	Defense	5-8	Memphis, Tenn./Oregon Episcopal/Hutchison School
20	Olivia Bruno	Sr.	Defense	5-9	Victor, N.Y./Victor
21	Blair Fox	Fr.	Midfield	5-7	Malvern, Pa./St. Anne's-Belfield (Va.)
22	Allie Trukenbrod	Fr.	Defense	5-6	Wilmette, Ill./New Trier High
23	Alex Reilly	So.	Midfield	5-6	Fort Washington, Pa./Springside Chestnut Hill Academy
25	Corey White	Jr.	Midfield	5-8	Chevy Chase, Md./Stone Ridge School of the Sacred Heart
26	Mel Josephson	Sr.	Goalkeeper	5-6	Sea Bright, N.J./The Lawrenceville School
27	Alexia Giannakopoulos	Fr.	Defense	5-3	Manhasset, N.Y./Manhasset Secondary School
28	Juliana Murphy	So.	Defense	5-8	Charlottesville, Va./Western Albemarle
30	Delaney Poindexter	Fr.	Midfield	5-5	Charlottesville, Va./The Covenant School
32	Nicole Cruthirds	Sr.	Defense	5-4	Alexandria, Va./St. Stephen's and St. Agnes School
33	Katie Campel	Sr.	Attack	5-10	Greenland, N.H./Bishop Guertin High
34	Elyse Finnelle	Gr.	Goalkeeper	5-8	Deale, Md./Florida
35	Addie Schaeffer	Fr.	Midfield	5-6	Webster, N.Y./Webster Thomas High
36	Lara Kology	Sr.	Defense	5-6	Chatham, N.J./Chatham High
37	Lily Spyredes	Sr.	Attack	5-8	Boca Raton, Fla./Pine Crest School
40	Devon Gogerty	Sr.	Midfield	5-5	Mendham, N.J./Oak Knoll School
41	Fiona Allen	So.	Attack	5-5	Hinsdale, Ill./Saint Ignatius College Prep
42	Livy LaVergnetta	So.	Midfield	5-0	Baltimore, Md./Garrison Forest
43	Gabby LaVergnetta	So.	Attack	5-4	Baltimore, Md./Garrison Forest
55	Serena Reiter	Fr.	Goalkeeper	5-5	Highlands Ranch, Colo./ThunderRidge

**Head Coach:** Sonia LaMonica (Maryland '03) third season

**Assistant Coach:** Michael LaMonica (Maryland '02), third season

**Assistant Coach:** Shanna Brady (Maryland '15), 1st season

**Assistant Coach:** Shanna Brady (Maryland '15), 1st season

**Assistant Coach:** Kady Glynn (Loyola '19), 1st season

### BREAKDOWN BY...

CLASS	
Freshman	10
Sophomore	10
Junior	7
Senior	9
Grad/Fifth	1

STATE	
New York	10
Virginia	7
Maryland	5
New Jersey	3
Pennsylvania	3
Illinois	3
Connecticut	2
Colorado	2
Florida	1
New Hampshire	1
Tennessee	1

### ALPHABETICAL

12 Annabell Adams	Attack
16 Madison Alaimo	Attack
41 Fiona Allen	Attack
17 Finley Barger	Midfield
20 Olivia Bruno	Defense
33 Katie Campel	Attack
9 Sophia Conti	Midfield
32 Nicole Cruthirds	Defense
3 Kate Demark	Defense
4 Jenna Dinardo	Attack
34 Elyse Finnelle	Goalkeeper
6 Cady Flaherty	Midfield
15 Addi Foster	Attack
10 Raleigh Foster	Midfield
21 Blair Fox	Midfield
5 Kate Galica	Midfield
27 Alexia Giannakopoulos	Defense
40 Devon Gogerty	Midfield
26 Mel Josephson	Goalkeeper
13 Carly Kennedy	Midfield
36 Lara Kology	Defense
43 Gabby LaVergnetta	Attack
42 Livy LaVergnetta	Midfield
28 Juliana Murphy	Defense
14 Abby Musser	Defense
2 Jayden Piraino	Attack
30 Delaney Poindexter	Midfield
23 Alex Reilly	Midfield
55 Serena Reiter	Goalkeeper
11 Megan Rocklein	Midfield
35 Addie Schaeffer	Midfield

### PRONUNCIATIONS

Alaimo	uh-LIE-mo
Barger	BAR-jer
Cruthirds	Crew-thirds
Raleigh Foster	RAY-lee
Gogerty	GO-gerty
Lara Kology	LAIR-uh coe-LOE-gee
Piraino	PER-an-OH
Sfreddo	seh-FRED-do
Willy	WHY-Lee
Sonia	SAWN-yuh
LaMonica	La-MAHN-ih-kah

## 2026 VIRGINIA WOMEN'S LACROSSE BROADCAST ROSTER



**2**

**JAYDEN PIRAINO**  
So. | Attack  
Dix Hills, N.Y.



**3**

**KATE DEMARK**  
Jr. | Defense  
Darien, Conn.



**4**

**JENNA DINARDO**  
Jr. | Attack  
Corning, N.Y.



**5**

**KATE GALICA**  
Jr. | Midfield  
Wayne, Pa.



**6**

**CADY FLAHERTY**  
Fr. | Midfield  
Massapequa, N.Y.



**7**

**PAYTON SFREDDO**  
So. | Midfield  
Rye, N.Y.



**8**

**ALEXANDRA SCHNEIDER**  
Jr. | Defense  
Manhasset, N.Y.



**9**

**SOPHIA CONTI**  
So. | Midfield  
Babylon, N.Y.



**10**

**RALEIGH FOSTER**  
Fr. | Attack  
Charlottesville, Va.



**11**

**MEGAN ROCKLEIN**  
Fr. | Midfield  
Lake Forest, Ill.



**12**

**ANNABELL ADAMS**  
Fr. | Attack  
Darien, Conn.



**13**

**CARLY KENNEDY**  
So. | Midfield  
Denver, Colo.



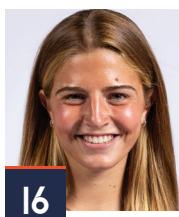
**14**

**ABBY MUSSER**  
So. | Defense  
Alexandria, Va.



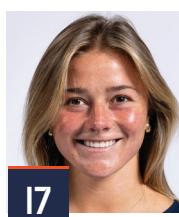
**15**

**ADDI FOSTER**  
Jr. | Midfield  
Charlottesville, Va.



**16**

**MADISON ALAIMO**  
Jr. | Attack  
Wantagh, N.Y.



**17**

**FINLEY BARGER**  
Sr. | Midfield  
Fallston, Md.



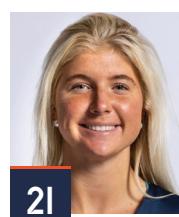
**19**

**WYLY WILLMOTT**  
Sr. | Defense  
Memphis, Tenn.



**20**

**OLIVIA BRUNO**  
Sr. | Defense  
Victor, N.Y.



**21**

**BLAIR FOX**  
Fr. | Midfield  
Malvern, Pa.



**22**

**ALLIE TRUKENBROD**  
Fr. | Defense  
Wilmette, Ill.



**23**

**ALEX REILLY**  
So. | Midfield  
Fort Washington, Pa.



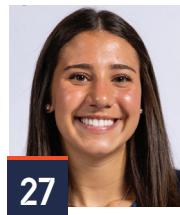
**25**

**COREY WHITE**  
Jr. | Midfield  
Chevy Chase, Md.



**26**

**MEL JOSEPHSON**  
Sr. | Goalkeeper  
Sea Bright, N.J.



**27**

**ALEXIA GIANNAPOULOS**  
Sr. | Defense  
Manhasset, N.Y..



**28**

**JULIANNA MURPHY**  
So. | Defense  
Charlottesville, Va.



**30**

**DELANEY POINDEXTER**  
Fr. | Midfield  
Charlottesville, Va.



**32**

**NICOLE CRUTHIRDS**  
Sr. | Defense  
Alexandria, Va.



**33**

**KATIE CAMPBEL**  
Sr. | Attack  
Greenland, N.H.



**34**

**ELYSE FINNELLE**  
Gr. | Goalkeeper  
Deale, Md.



**35**

**ADDIE SCHAEFFER**  
Fr. | Midfield  
Webster, N.Y.



**36**

**LARA KOLGY**  
Sr. | Defense  
Chatham, N.J..



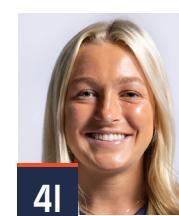
**37**

**LILY SPYRIDES**  
Jr. | Attack  
Boca Raton, Fla.



**40**

**DEVON GOGERTY**  
Sr. | Midfield  
Mendham, N.J.



**41**

**FIONA ALLEN**  
So. | Attack  
Hinsdale, Ill.



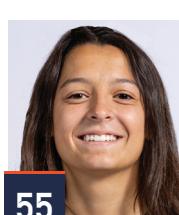
**42**

**LIVY LAVERGHETTA**  
So. | Midfield  
Baltimore, Md.



**43**

**GABBY LAVERGHETTA**  
So. | Attack  
Baltimore, Md.



**55**

**SERENA REITER**  
Fr. | Goalkeeper  
Highlands Ranch, Co.



**SONIA LAMONICA**  
Head Coach.



**MICHAEL LAMONICA**  
Assistant Coach



**SHANNA BRADY**  
Assistant Coach/Defensive Coordinator



**KADY GLYNN**  
Assistant Coach/Goalkeepers.