VIRGINIA

Cavalier Track & Field/Cross Country
2025-26 Fact Book

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SCHOOL FACTS

Location	Charlottesville, Va.
Founded	1819 (by Thomas Jefferson)
Enrollment	26,149 (17,496 undergraduates)
Interim President	Paul G. Mahoney
Nickname	Cavaliers
Colors	Orange and Blue
Conference	ACC
Athletics Director	Carla Williams
Executive Assoc. AD/SWA	Armani Dawkins

TRACK & FIELD INFORMATION

Director of Track and Field and Cross Country/Associate Athletics Director for Administration

Vin Lananna	coachvin@virginia.edu
	(434) 243 - 1067

Assistant Coaches

Trevor Dunbar	tdunbar@virginia.edu
Joelle Amaral	coachjoelle@virginia.edu
Brandon Amo	bvt2pq@virginia.edu
Derek Rousseau	jmm9xt@virginia.edu
David Hood	doh2jw@virginia.edu
Ethan Robinson	coachrobinson@virginia.edu

Office Location:	Harrison Olympic Sports Center
Home Facility for Cross Country:	Panorama Farms
Home Facility for Track & Field:	Lannigan Field

MEDIA INFORMATION

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(Track & Field/Cross Country Contact)

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2025-26 MEN'S ROSTER

Name	Yr.	Events	Hometown (High School/Previous School)
Henry Acorn	Fr.	Cross Country/Distance	Kansas City, Mo. /Rockhurst High School
Will Anthony	Sr.	Cross Country/Distance	Whitby, Poriua, New Zealand/Scots College
Billy Atkinson	Gr.	Cross Country/Distance	Manhattan Beach, Calif. / Mira Costa HS
Adam Balewicz	So.	Cross Country/Distance	Bolton, Mass. / Nashoba Regional High School
Nick Bendtsen	Gr.	Cross Country/Distance	Wolcott, Conn. / Wolcott High School / Princeton
Aidan Cox	Jr.	Cross Country/Distance	Northwood, N.J. / Coe Brown Academy
Kendric Curry	Fr.	Jumps	Glenn Allen, Va. / Highland Springs High School
Mark Cyr	So.	Throws	San Juan Capistrano, Calif. / St. Margaret's Episcopal
Will Daley	Gr.	Cross Country/Distance	Denver, Colo. / East Denver / Dartmouth
Keyandre Davis	Sr.	Throws	Bigstone Gap, Va. / USC Upstate
Peter Djan	Sr.	Sprints	Woodbridge, Va. / Potomac Senior HS
James Donahue	Sr.	Cross Country/Distance	Reading, Mass./Belmont Hill School
Cayden Dyer	Jr.	Cross Country/Distance	Loveland, Ohio / Loveland
Harry Economon	Fr.	Sprints	Clifton, Va. / James Robinson High School
Tyler Edson	Jr.	Middle Distance	Sykesville, Md. / Liberty High School / UMBC
Anders Felts	Fr.	Sprints	Charlottesville, Va. / Western Albermarle High School
James Ford	So.	Middle Distance	Auckland, New Zealand / Kings College
David Frasier	Sr.	Combined	Chesapeake, Va./IMG Academy
Brett Gardner	Gr.	Cross Country/Distance	Frankfort, Ill. / Lincoln-Way east / NC State
Jacob Garnett	Jr.	Sprints	Midlothian, Va. / James River High School / VMI
Josiah Gomes	Fr.	Throws	Belmont, Mass. / Belmont High School
Gage Gose	Jr.	Sprints/Hurdles	Lander, Wyo. / Lander Valley
Isaiah Hewton	So.	Jumps	Dumfries, Va. / Potomac Senior High School
Caleb Holman	So.	Jumps	Charleston, S.C. / West Ashley High School
Andrew Jones	Gr.	Cross Country/Distance	Gainesville, Ga. / North Hall
Alex Leath	Jr.	Middle Distance	Vestavia Hills, Ala. / Vestavia Hills
Kayden Lightner	Fr.	Middle Distance	Pittsburgh, Pa. / North Hills High School
Jaden Lyons	Sr.	Sprints	Freeport, N.Y./Kellenberg Memorial
Gary Martin	Sr.	Cross Country/Distance	Warminster, Pa./Archbishop Wood
Lincoln Massaro	Fr.	Jumps	Danvers, Mass./ Saint John's Prep
Jayden McKenn	So.	Throws	Coal Twp., Pa. / Shamokin Area High School / Ursinus
Brenden McMahon	Fr.	Cross Country/Distance	Basking Ridge, N.J. / Ridge High School
Garrett McNeil	Fr.	Jumps	Huffman, Texas / IMG Academy
Eric Moore	Fr.	Cross Country/Distance	Huntsville, Ala. / Huntsville High School
Richard Moreno	Sr.	Cross Country/Distance	Los Angeles, Calif. / Loyola HS of LA / Dartmouth
Nathan Mountain	Gr.	Cross Country/Distance	Cincinnati, Ohio / St. Xavier
Jeremiah Nubbe	Sr.	Throws	Yelm, Wash. / Rainer High School / Texas
Dan O'Brien	Gr.	Cross Country/Distance	Lynchburg, Va. / Virginia Episcopal School / Princeton
Liam Paneque	Fr.	Jumps	Demarest, N.J. / NV - Demarest High School
Charles Perry	So.	Cross Country/Distance	Mobile, Ala. / UMS-Wright
Myles Plummer	Sr.	Middle Distance	Franklin Park, N.J./Union Catholic
Nikolaos Polychroniou	Gr.	Throws	Athens, Greece / USA
Sam Rodman	Gr.	Cross Country/Middle Distance	Bealeton, Va. / Liberty High School / Princeton
Justin Rogers	Sr.	Pole Vault	Hershey, Pa./Hershey HS
Brock Schenck	So.	Throws	Bordentown, N.J. / Bordentown Regional High School
Jonathan Seyfert	Fr.	Cross Country/Middle Distance	Stony Brook, N.Y. / Ward Melville High Schools
Will Sheets	Fr.	Cross Country/Distance	Covington, Ky. / Covington Catholic
Henry Sullivan	Sr.	Combined	Crozet, Va./Western Albemarle
Alexander Valencia	So.	Cross Country/Middle Distance	Westfield, N.J. / Westfield High School
Justin Wachtel	Gr.	Cross Country/Distance	Forsyth, Ga. / Mary Persons
Evans White	Sr.	Sprints	Lorton, Va. / South County
Harrison Witt	Gr.	Cross Country/Distance	Highland Ranch, Colo. / Mountain Vista / Princeton
Jimmy Wischusen	So.	Cross Country/Distance	Cranford, N.J. / Union Catholic High School

Note: For bio information on UVA team members, visit their web page on VirginiaSports.com

2025-26 WOMEN'S ROSTER

Name	Yr.	Events	Hometown (High School/Previous School)
Sadie Adams	Fr.	Cross Country/Distance	Crozet, Va. /The Covenant School
Sarah Akpan	Sr.	Sprints	Houston, Texas / Houston Stratford
Sophia Akpan	Sr.	Sprints/Hurdles	Houston, Texas / Houston Stratford
Amanda Boateng	So.	Sprints	Woodbridge, Va. / Freedom High School
Aryana Boostani	Sr.	Sprints	San Diego, Calif. / Cathedral Catholic
Theresa Breckley	So.	Throws	Culpeper, Va. / Culpeper High School
Gillian Bushee	Jr.	Cross Country/Distance	Herndon, Va. / Herndon
Hannah Byrd-Lightner	Fr.	Jumps	Moorestown, N.J. / Moorestown High School
Cassie Callis	Fr.	Jumps	Nashville, Tenn. / Lipscombe Academy
Adelaid Caron	Fr.	Throws	Woonsocket, R.I. / Woonsocket High School
Kerrigan Chaney	Fr.	Cross Country/Distance	Roanoke, Va. / North Cross School
Abby Faith Cheeseman	Fr.	Cross Country/Distance	Bell Buckle, Tenn. / The Webb School of Bell Buckle
Aiza Corbacho	Fr.	Throws	Madrid, Spain
Tori Daniels	Jr.	Sprints	Valley Stream, N.Y. / Valley Stream South
Tatum David	Jr.	Cross Country/Distance	Olney, Ill. / Olney (Richland County)
Cate DeSousa	Jr.	Cross Country/Distance	Oceanport, N.J. / Red Bank Catholic
Katie Dorsey	Sr.	Cross Country/Distance	Wilmington, Del. / Padua Academy
Brooke'Lyn Drakeford	Jr.	Sprints/Hurdles	Piscataway, N.J. / Piscataway
Christiana Ellina	Sr.	Throws	Paphos, Cyprus / FIU
Mary Ellen Eudaly	Sr.	Cross Country/Distance	Tampa, Fla. / Cambridge Christian HS / Arkansas
Ma'Khi Falkuay	Jr.	Sprints	Austin, Texas / Akins High School / Houston / Texas St.
Ariel Fletcher	Jr.	Sprints/Hurdles	Virginia Beach, Va. / Tallwood
Grace Flynn	Jr.	Jumps	Suffolk, Va. / Nansemond River
Suzie Kennelly	So.	Throws	Auckland, New Zealand / Kings College
Stella Kermes	So.	Cross Country/Distance	Waxhaw, N.C. / Cuthbertson High School
Lola Kolawole	Jr.	Sprints	Whitefish Bay, Wis. / Whitefish Bay
Bree Lumpkin	Gr.	Throws	Avon Lake, Ohio / Avon Lake HS / Walsh
Brooke Lumpkin	Gr.	Throws	Avon Lake, Ohio / Avon Lake HS / Walsh
Amelia Maughan	Sr.	Cross Country/Distance	Chapel Hill, N.C. / Chapel Hill
Abigail Meckes	Sr.	Javelin	Leighton, Pa. / Lehighton Area HS
Drew Muller	So.	Cross Country/Distance	Grand Rapids, Mich. / East Grand Rapids High School
Tatum Olesen	So.	Cross Country/Distance	Atherton, Calif.
Katie Payne	Fr.	Cross Country/Distance	Wilmington, Del. / Tatnall High School
Sarah Peer	So.	Cross Country/Distance	Westlake, Ohio / Westlake High School
Janae Profit	Sr.	Throws	Dunwoody, Ga. / St. Pius X Catholic
Ava Rice	Fr.	Sprints	Haymarket, Va. / Battlefield High School
Celia Rifaterra	Sr.	Jumps	Spain / FIU
Maya Rollins	So.	Sprints	Ann Arbor, Mich. / Ann Arbor Pioneer HS
Samantha Romano	Sr.	Pole Vault	Glen Allen, Va. / Glen Allen
Charlotta Sandkulla	Fr.	Throws	Vaasa, Finland / Vora Samgymnasium / Nora University of Applies Sciences
Laila Simpson	So.	Sprints	Fairfax, Va. / Fairfax High School
Grace Smith	So.	Jumps	Atlanta, Ga. / Westminster School / USC
Elsa Spoor	Jr.	Combined	New Vernon, N.J. / Chatham
Clark Stewart	Jr.	Cross Country/Distance	Mountain Brook, Ala. / Mountain Brook
Kaela Swift	So.	Sprints	Brooklyn, N.Y. / Medgar Evans College Prep High School
Carly Tarentino	Gr.	Jumps	Clark, N.J. / A.L. Johnson
Madison Towsend	Fr.	Jumps	Atlanta, Ga. / Westminster School
Libby White	Jr.	Jumps	Scotland / AYR Seaforth
Ella Woehlcke	So.	Cross Country/Distance	Collegeville, Pa. / Mount Saint Joseph High School

Note: For bio information on UVA team members, visit their web page on VirginiaSports.com

VIN LANANNA

DIRECTOR OF TRACK & FIELD AND CROSS COUNTRY
ASSOCIATE ATHLETICS DIRECTOR

- Seventh season at Virginia
- ACC Outdoor Coach of the Year (Men '24 '26, Women '25)
- USTFCCCA Southeast Region Indoor Coach of the Year (Men '25)
- USTFCCCA Southeast Region Cross Conutry Coach of the Year (Men '25)
- 3 ACC Outdoor Conference Team Title at Virginia (Men '24 '26, Women '25)
- 1 ACC Cross Country Conference Team Title at Virginia (Men '25)
- 49 Individual All-Americans at Virginia (2 Relay)
- 3 Individual NCAA Champions at Virginia
- 1 Relay NCAA Champion at Virginia
- 32 Individual ACC Champions at Virginia
- 1 ACC Relay Champions at Virginia

Vin Lananna was named the Director of Track and Field and Cross Country/Associate Athletics Director for Administration in September of 2019, joining the Cavaliers as one of the most respected and successful track and field and cross country coaches in the country.

For his contributions to the sport of track & field/cross country, Lananna was honored with the 2025 USATF Legend Coach Award and the annual Robert Giegengack Award as the 2025 recipient presented by USA Track and Field (USATF). He also earned the annual Robert Giegengack Award.

The 2026 outdoor track & field season proved successful for the Cavaliers as the men won the second ACC Outdoor Championships team title in three years scoring a total of 110 points. The championship title was led by individual champions in Brett Gardner (3000mSC), Jeremiah Nubbe (HT) and Justin Wachtel (10,000m). Men's middle distance/distance tallied 61 of the total 110 points as the Cavaliers went 1-2 in the steeplechase and 10,000m. Virginia notched a total of 30 All-ACC accolades between both the men's and women's team. For another oustanding season, Lananna was named the Men's ACC Outdoor Coach of the Year.

At the NCAA Outdoor Championships, Virginia brought home 14 All-America honors including 4 first team honorees. Gary Martin recorded his highest career finish at the outdoor championships with a third place finish in the 1500m. Jeremiah Nubbe continued to impress on the natiional stage with a fourth place finish in the hammer throw. Christiana Ellina and Brett Gardner finished sixth and seventh in the women's javelin and men's 3000m steeplechase. Known for dominance in the steeplechase, Nate Mountain headlined the regular season clocking the NCAA No.3 all-time mark of 8:11.92 at the Virginia Challenge.

The 2025-26 indoor track & field season was highlighted by 22 All-ACC and 10 All-America honors. Top Cavalier finishers at the NCAA Indoor Championships include Jeremiah Nubbe weight throw runner-up, and Keyandre Davis and Gary Martin with fourth place finishes in the weight throw and mile. At the ACC Indoor Championships, Martin defended his title in the men's 3000m and finished runner-up in the 5000m. Martin was named to The Bowermand Watchlist for the third and fourth time in his career for his impressive performances. The Virginia men finished third as a team at the ACC Indoor Championships with 72 points and 12th at the NCAA Indoor Championships with 18 points. Twenty-three of the 72 points were socred in the men's weight throw alone. Eleven Cavaliers earn podium spots at ACC Indoors including Gillian Bushee (5000m), Tatum David (mile), Anders Felts (DMR), Alex Leath (DMR), Gary Martin (3000m, 5000m), Nate Mountain (5000m), Jeremiah Nubbe (WT), Elsa Spoor (Pent.), Nikolaos Polychroniou (WT), Justin Wachtel (DMR), and Harrison Witt (DMR).

The 2025 Cross Country season did not disappoint for the Cavaliers as the men's team won the fifth ACC Cross Country team title in program history scoring a total of 61 points to narrowly beat Syracuse in second place with 65 points. Gary Martin finished runner-up in the men's 8k race to lead four Cavaliers to All-ACC honors including Brett Gardner, Nate Mountain and Justin Wachtel. The women's team finished fifth as Tatum David and Gillian Bushee earned All-ACC accolades. Both men's and women's teams qualified for the NCAA Cross Country Championships through at-large bid selections after third and fourth place team finishes at the NCAA Southeast Regional at Panorama Farms.

At the NCAA Cross Country Championships, Martin recorded a new personal best time to finish seventh overall and earn his second consecutive cross country All-America honors. For the second straight year, Martin recorded the highest individual finish by a Virginia man at the NCAA meet after a 13th place finish a year ago. The Virginia men recorded a seventh place team finish with a total of 303 points for the second highest team finish in program history and the highest since 1984. The Virginia women finished 24th with a total of 558 points. Lananna was named USTFCCCA Southeast Region Men's Coach of the Year for an outstanding fall season.

The Virginia women's track & field team won the 2025 ACC Outdoor Championship for the first time since 1987 and just the sixth time in program history. The Cavaliers scored a total of 93 points and brought home four ACC Champions including Margot Appleton (1500m), Christiana Ellina (JT), Celia Rifaterra (HJ) and Jenny Schilling (10,000m). Appleton won her third consecutive 1500m crown while Schilling won her first ACC title in her ACC Outdoor debut. Rifaterra led a 1-2 finish by the Cavaliers as Carly Tarentino finished runner-up. At the NCAA Outdoor Championships, Appleton finished runner-up in the 1500m while Schilling earned honorable mention honors. On the men's side Gary Martin and Will Daley garnered All-America accolades. Martin finished fourth in the 1500m while Daley finished 13th in the 5000m.

The outdoor season included Appleton recording the fourth fastest time in collegiate history over 1500m clocking 4:05.68 and the women's distance medley relay (DMR) team of Tatum David, Ariel Fletcher, Annie Jackson and Appleton won the College Women's Championships of America wheel at the Penn Relays combining efforts to run the third fastest time in collegiate history (10:42.16). For an outstanding season, Lananna was named the Women's ACC Outdoor Coach of the Year.

The 2024-25 indoor season proved successful as the Cavalier men finished second and the women fourth in the team standings at the ACC Indoor Championships. Distance duo of Wes Porter and Martin earned spots on the podium. Martin won the 3000m and finished third in the 5000m while Porter secured the bronze in the mile. On the women's side, Appleton the mile and finished third in the 3000m while Sophie Atkinson earned second team honors in the 5000m. Under Lananna's direction, the Virginia men's distance medley relay (DMR) team of Alex Sherman, Conor Murphy, Martin and Porter broke the NCAA, ACC, program, Randal Tyson facility, and Arkansas Qualifier meet records clocking 9:14.19. The same quartet went on to win the first NCAA

Indoor title in the event in program history. Lananna also led Martin to a record setting year including breaking the NCAA record in the indoor 1500m (3:33.41), running the second fastest time in collegiate history in the mile (3:48.82) and a runner-up finish in the 3000m at the NCAA Indoor Championships. Lananna led the Cavalier men to a sixth-place team finish at the 2025 NCAA DI Indoor Championships, the best finish on the men's side in program history and Lananna garnered UST-FCCCA Southeast Region Men's Coach of the Year.

In the fall of 2024, the Virginia men's and women's cross country teams garnered much success on the course including two All-Americans and one ACC Individual Champion. The season was highlighted by 2024 ACC Performer of the Year, Gary Martin. The junior became just the third Virginia man to win the ACC individual title at the Championships alongside Ryan Foster (2008) and Emil Keineking (2009, 2010). Martin smashed the School Record and ACC Championship Record clocking 22:17.6 for 8k. He went on the garner All-American honors with a 13th place finish at the NCAA Championships along with Margot Appleton who crossed the line in 18th place to also earn accolades. Both Appleton and Martin earned to their first All-American status in cross country.

Lananna led both men's and women's programs to automatic bids to the NCAA Cross Country Championships where the women finished 14th and the men in 21st place overall. At the ACC Championships, both programs finished fourth while Gary Martin ran away with the individual victory on the men's side. The Cavaliers racked up five All-ACC selections including Will Anthony, Nate Mountain, Jenny Schilling, Appleton and Martin. Success on the course did not stop there as the Virginia men won the NCAA Southeast Regional with four All-Southeast Region honorees including Andrew Jones, Anthony, Martin and Mountain. The women recorded a runner-up finish while also tallying four All-Region accolades including Sophie Atkinson, Gillian Bushee, Appleton and Schilling.

Another highlight this season was Martin's performance at the Panorama Farms Invitational. For the 8k race, Martin recorded the fifth fastest time ever on the course to secure the win. Not far behind was Anthony recording the 20th fastest time on the course in Earlysville, Va.

The 2023-2024 track & field season was record setting for the Cavaliers. The Virginia men won the first ACC Outdoor Conference Championships team title (outright) scoring a total of 107 points. Nate Mountain won back-to-back gold medals in the men's 3000 meter steeplechase followed by teammate Yasin Sado who won the silver, leading the Cavaliers to go 1-2 in the event for the second straight year. At the NCAA Outdoor Championships, the Virginia men finished inside the top-10 as a team scoring a total 26 points to finish eighth overall. Shane Cohen won the the NCAA 800 meter title in a blistering 1:44.97 to become just the second collegiate athlete to record a sub-1:45 time for 800 meters this season. Mountain raced his way to a NCAA runner-up performance in the men's 3000 meter steeplechase pulling along his teammate in Sado to a seventh place finish. Jacob Lemmon and Wes Porter also earned first team All-American honors finishing fourth and sixth in the discus and 1500 meters.

Both Virginia men's and women's team finished in the top three as a team at the ACC Outdoor Championships as the women finished third scoring a total 74 points. Margot Appleton won back-to-back gold medals in the women's 1500 meter run before going on to earn the silver medal in the women's 5000 meters. Appleton earned first team All-American honors at the NCAA Outdoor Championships with her fourth place finish in the women's 5000 meters. At the ACC Outdoor Championships, 24 All-ACC accolades were earned by the Cavaliers between men and women.

The Cavaliers are known for showing up each time they step on the track and the 2024 Penn Relays was a prime example. The 4x1500m relay team of Will Anthony, Gary Martin, Wes Porter and Yasin Sado etched their name in the record books recording the No.2 time in collegiate history and No.4 time in the world. The quartet clocked 15:52.30 to dip under the previous collegiate record and set the Virginia record in the event.

The Indoor season was highlighted by the men's and women's distance medley relay (DMR). The men's team of of Alex Leath, Wes Porter, Alex Sherman and Yasin Sado finished third at the NCAA Indoor Championships for the best finish by the Cavaliers since a sixth place finish in 2015. Continuing to show their depth, the relay team of James Donahue, Shane Cohen, Jaden Lyons and Wes Porter won gold at the ACC Indoor Championships. A third contingent of Cavaliers including Gary Martin, Alex Leath, Conor Murphy and Alex Sherman combined efforts to record the No.4 time all-time collegially and set the Virginia record with their time of 9:18.95. At the time, this was the best time in the ACC and second best in the NCAA. Gary Martin ran the fastest split in the NCAA that weekend clocking 3:51.94 for 1600 meters.

The Virginia women also impressed in the DMR as the quartet set the program record three times in a single season. Margot Appleton, Alahna Sabbakhan, Caroline Timm and Anna Workman started the season setting the record at 10:55.4. Before the group of Maggie Hock, Appleton, Sabbakhan and Workman lowered the record running 10:52.22. When it mattered most, Appleton, Hock, Sabbakhan and Workman showed up and recorded the third school record of the season at 10:50.58 to finish runner-up at the ACC Indoor Championships. At the ACC Indoor Championships, 10 Hoos earned first team All-ACC honors while 13 earned second team All-ACC accolades between both men's and women's teams.

The 2023 cross country season was a landmark campaign for the Cavalier program. In the fall of 2020, just more than a year after Lananna's arrival, the NCAA announced that Virginia would host the 2023 NCAA Division I Men's and Women's Cross Country Championships, marking the first time it would do that since 1987 when the meet was run at the Foxfield Course. Over 30 years latter, the meet returned to Charlottesville and was met with extraordinary excitement from the local community. The meet sold out with approximately 5,000 tickets distributed as an enthusiastic crowd provided an exceptional backdrop to a pair of tightly contested races.

Both Virginia's men's and women's teams qualified for the NCAA Championships for the second-consecutive season—marking the first time both programs made the field in back-to-back years since the 2014 and 2015 championships. Virginia's path to the championships was a difficult one. The Cavaliers hosted a pair of the nation's toughest meets at their home course including the Virginia Invitational, and XC23 Pre-National. That strength of schedule proved a major factor as both Cavalier teams qualified for the championships via at-large selections, the first time both programs have done that in the same season since 2006.

Virginia's indoor campaign in 2023 saw three student-athletes earn All-American status at the NCAA Championships where Owayne Owens placed third in the triple jump with a personal-best mark, Margot Appleton finished fourth in the women's mile, and Conor Murphy took sixth in the men's mile.

Seven Virginia records were broken over the course of the season including the men's and women's DMR, women's 3000m (Margot Appleton), men's 5000m (Derek Johnson), men's mile (Conor Murphy),

women's 800m (Esther Seeland) and Alix Still (Pentathlon).

The highlight of Virginia's regular season in 2023 took place at Boston University's David Hemery Valentine Invitational when five different milers on the men's side broke four minutes in the mile on the same day (Conor Murphy, Wes Porter, Gary Martin, Nate Mountain, James Donahue). Murphy set the Virginia record at 3:55.24 while Gary Martin set the UVA freshman record at 3:56.83. Just one day prior, Esther Seeland set the Virginia 800m record at 2:03.43.

The 2022 cross country season was highlighted by an impressive showing from the Virginia women. After placing third at the ACC Championships and earning an at-large bid to the NCAA Championships in Stillwater, Oklahoma, the team raced to a ninth-place finish marking the fifth time the women's program has cracked the top-10 and accomplished the feat for the first time since the 2013 season. The Virginia men qualified automatically for the championships thanks to their second-place finish at the Southeast Regional Championships and placed 22nd overall at the NCAA meet.

In the 2022 outdoor season the Cavalier men recorded their highest finish since the 2017 season and their third-best finish all-time as the Hoos took 14th place with 18 points.

The season was highlighted by junior Claudio Romero who won the NCAA discus title, the first men's individual title since the 2017 season. The NCAA and ACC Champion was named the ACC Men's Field Athlete of the Year becoming just the third Virginia competitor to garner the honor. Two weeks later, Ethan Dabbs claimed the javelin title at the USTF Outdoor Championships following a second-place finish at the NCAA Championships. The UVA men and women saw 6 competitors finish with All-American honors. The Hoos combined for two individual All-American honors as well as the women's DMR squad at the NCAA Indoor Championships.

The Virginia men placed third at the ACC Championships for the second-consecutive season marking the sixth time in seven years that the Hoos have finished in the league's top three. The Cavalier women placed seventh at the outdoor championships where Maria Deaviz took the shot put title.

The UVA had two champions at the ACC indoor meet where the women finished fifth while the men placed 10th.

Virginia's Rohann Asfaw and Derek Johnson each picked up all-region honors during the 2021 cross country campaign.

In his second season at the helm, Lananna saw the UVA women tied for 16th at the NCAA Outdoor Championships, the program's best finish since 1983. Combined with the men's finish (28th), it is the best overall program showing at the NCAA Championships in program history.

The season's highlight was graduate student Michaela Meyer winning the 800-meter championship at the NCAA Championships, the first individual title in the women's program's history. Meyer went on to be named the ACC's Scholar-Athlete of the Year.

At the NCAA Outdoor Championships, eight women earned All-America status in 12 events while five men did the same. UVA had three women earn All-American status at the Indoor championships, the most since 2011.

The UVA women finished third at the ACC Indoor Championships to record their best result in 26 years. UVA won seven ACC Outdoor individual titles and two indoor championships. UVA sent 36 competitors to the NCAA East Preliminary Championships, the most in program history.

In his first season at the helm of the UVA track and field and cross country teams, the Cavalier men made their 17th NCAA Cross Country Championship appearance, earning the automatic berth to the national meet with a first-place finish at the NCAA Southeast Regional Championships. All five of UVA men's scoring runners earned All-Southeast Region honors for their performance at the regional meet.

The 2020 team received an at-large invitation to the Championships held in 2021.

During his first indoor season, five Cavaliers earned All-America honors for qualifying for the NCAA Indoor Championships as Jada Seaman and Khyasia Caldwell qualified in the women's long jump, Jordan Scott and Owayne Owens qualified in the men's triple jump, and Brenton Foster qualified in the men's high jump. Scott led the NCAA in the triple jump, capturing the 17th-best all-time jump by a performer in NCAA history. His leap of 17.20m (55'10.25") set an ACC and UVA record. Scott was named the USTFCCCA Southeast Regional Field Athlete of the Year, the ACC Field Athlete of the Year, and the ACC Field Athlete of the Meet.

The men's team finished third at the ACC Championships, with four Cavaliers winning ACC titles. The men's team set five school records during the season. On the women's side, Seaman and Caldwell finished 1-2 at ACCs in the long jump. The women's team set four UVA records during the season.

During the 2021 indoor season, the Cavalier women posted their best finish (third) at the ACC Championships since 1995. A total of nine Cavalier individuals and one relay team earned All-ACC honors during the meet, the most ever for the program since the championship started in 1987.

Owens won the ACC triple jump crown and went on to earn first-team All-America honors at the NCAA Championships where he placed sixth. Seaman repeated as the conference long jump champ and placed 12th at the NCAA meet. Sprinter Halle Hazzard also earned first-team All-America accolades at the NCAAs with an eighth-place showing in the 60-meter dash.

Building highly-successful programs has been a big part of Lananna's impact on the sport.

Under his direction, the teams at Stanford and Oregon combined to win 11 NCAA team championships and produced numerous NCAA individual champions, conference champions, and Olympic medalists. He has led teams to 42 conference championships for three-plus decades as a head coach.

A five-time NCAA cross country coach of the year, Lananna was inducted into the United States Track and Field and Cross Country Coaches Association's Hall of Fame in 2012.

In his last collegiate head coaching stint, Lananna led the Oregon program for seven seasons (2005-12). During his tenure, Oregon won six NCAA titles (2007-08 men's cross country, 2009 men's indoor track and field, 2010-11-12 women's indoor track and field) and 13

conference titles (2006-07-08 men's cross country, 2007-08-09-10-11-12 men's track and field, 2009-10-11-12 women's track and field). He also coached several Olympians and numerous NCAA and Pac-12 event champions.

Lananna was named the 2012 Pac-12 men's and women's coach of the year for the third time at Oregon and was previously honored as the 2007 and 2008 national men's cross country coach of the year. He also served as Team USA's head coach for the 2011 IAAF World Championships and was the co-chair for both the 2008 and 2012 U.S. Olympic Team Trials, hosted at Oregon's Hayward Field.

Following his resignation as the director of track and field and cross country in September of 2012, Lananna remained a member of the Ducks' athletic administration as an associate athletic director, a position he held since coming to Eugene in 2005. He acted as the department's sport supervisor for track and field.

Renowned for his ability to develop talent, Lananna's reputation as an exceptional coach was secured during his tenure as director of track and field at Stanford from 1992 to 2003. In his time on The Farm, Lananna built one of the nation's elite programs. His cross country and track and field teams claimed five NCAA team championships, 35 top-10 NCAA finishes, and 22 NCAA individual titles. The 2000 men's track and field team won the school's first outdoor title since 1934. The Cardinal men and women also won 17 Pacific-10 Conference team titles and 45 individual conference crowns in addition to 15 West Regional cross country championships.

As the Stanford head coach, Lananna received three national coach of the year cross country honors, nine West Region Cross Country Coach of the Year awards, 10 Pacific-10 Cross Country Coach of the Year honors, and two Pacific-10 Track and Field Coach of the Year awards. He also served on the NCAA Track and Field Committee from 2001-03. In 2004, Lananna traveled to Greece as an assistant coach for Team USA at the Olympic Games in Athens. He has also served as an assistant coach at the 1999 Track and Field World Championships and as head coach in the 1990 and 1996 World Championships and 1994 World Junior Championships in cross country.

While working for the Cardinal, Lananna was a co-founder of the Nike Farm Team for professional middle-distance and distance runners and helped organize the University's efforts to host the 2002 and 2003 USA Outdoor Championships and an annual IAAF Grand Prix meet.

Between his coaching stints at Stanford and Oregon, Lananna served as athletic director and physical education professor at Ohio's Oberlin College for two years (2003-2005).

Throughout his career, Lananna has been a guiding force for developing track and field in the United States outside his official duties as a collegiate head coach.

From its inception in 2008 until his resignation as president in 2018, he was involved in the direction and leadership of TrackTown USA, a non-profit organization committed to setting a standard of excellence in the sports of track and field and running by hosting premier events, creating a supportive environment for elite athletic performances and improving facilities.

While working at Oregon and for TrackTown USA, he helped to lead the organization of the 2014 IAAF World Junior Championships, the 2015 USA Track & Field Outdoor Championships, the 2016 IAAF World Indoor Championships, and three Olympic Trials (2008, 2012 and 2016). He also played a significant role in Oregon being selected as the site for seven NCAA Track & Field Championships (2010, 2013-2018) and the 2009 and 2011 USATF Championships.At Oregon, he helped establish and oversee Oregon Track Club Elite, the professional branch of the Oregon Track Club. Based in Eugene, it has produced an impressive number of Olympic medal winners, world champions and American champions under his direction.

Lananna was instrumental in the two-year renovation of Oregon's historic Hayward Field, which has been the site for numerous national competitions, including the 2021 and 2022 NCAA Outdoor Track and Field Championships.

In 2016, he was elected the president of USA Track and Field.

Lananna has an impressive resume coaching U.S. competitors on the world stage. He was the men's track and field coach for the 2016 Olympic Games in Rio de Janeiro after previously serving as the men's head coach at the 2011 IAAF World Championships in Daegu, South Korea, men's distance coach at the 2004 Olympic Games in Athens, Greece, and U.S. distance coach at the 1999 World Championships in Seville, Spain. He served as the United States head coach for the 1990 IAAF World Cross Country Championships and 1996 IAAF World Cross Country Championships. Lananna led the East team to a track and field title at the 1990 U.S. Olympic Festival.

Lananna arrived at Stanford after serving as assistant athletic director and head coach for cross country and track and field at Dartmouth. In 12 seasons with the Big Green, Lananna's teams won five Heptagonal Track & Field titles and eight straight Heptagonal Cross Country titles. His cross country teams appeared in the NCAA Championships 12 consecutive times, including two runner-up finishes (1986 and 1987). He was named the NCAA Coach of the Year in 1986.

His coaching career began in 1975 when Lananna was named head coach of cross country at his alma mater, C.W. Post, in Greenvale, NY. As an athlete (1971-75), he ran cross country and track and field and was captain of the 1974 team that finished fourth in the NCAA Division II Championships. He obtained his undergraduate degree from C.W. Post in 1975 in history and psychology.

Lananna received his master of arts degree from Long Island University in 1989. He and his wife, Elizabeth, have two sons – Brian and Scott – who are graduates of Dartmouth.

Lananna's NCAA Team Championships
2012 – Oregon Women's Indoor Track & Field
2011 – Oregon Women's Indoor Track & Field
2010 – Oregon Women's Indoor Track & Field
2009 – Oregon Men's Indoor Track & Field
2008 – Oregon Men's Cross Country
2007 – Oregon Men's Cross Country
2002 – Stanford Men's Cross Country
2000 – Stanford Men's Outdoor Track & Field
1997 – Stanford Men's Cross Country
1996 – Stanford Men's Cross Country
1996 – Stanford Women's Cross Country

TREVOR DUNBAR

ASSOCIATE HEAD COACH

- Fifth season at Virginia

Trevor Dunbar joined the Virginia coaching staff in the spring of 2021 as an assistant coach for distance runners and was promoted to Associate Head Coach in September of 2025. He spent the previous season as an assistant coach at California where he coached the Golden Bears' distance competitors. Prior to that, he worked for two seasons at Florida State as an operations assistant with the distance program.

The 2026 outdoor track & field season proved successful for the Cavaliers as the men won the second ACC Outdoor Championships team title in three years scoring a total of 110 points. The championship title was led by individual champions in Brett Gardner (3000mSC), Jeremiah Nubbe (HT) and Justin Wachtel (10,000m). Men's middle distance/distance tallied 61 of the total 110 points as the Cavaliers went 1-2 in the steeplechase and 10,000m. Virginia notched a total of 30 All-ACC accolades between both teams with the men accounting for 19 honors.

At the NCAA Outdoor Championships, Virginia brought home 14 All-America honors including 4 first team honorees. Gary Martin recorded his highest career finish at the outdoor championships with a third place finish in the 1500m. The Virginia men finished 19th with a total fo 13 points at the NCAA meet. Known for dominance in the steeplechase, Nate Mountain headlined the regular season clocking the NCAA No.3 all-time mark of 8:11.92 at the Virginia Challenge. Mountain was part of the third 1-2 finish in the men's steeplechase at the ACC Championships as he finished second to teammate Brett Gardner this season.

The Cavalier men's distance group turned in impressive performances during the 2025-26 indoor track & field season. Dunbar led five Cavaliers to All-America honors and three to All-ACC accolades. Gary Martin earned first team All-America honors with a fourth place finish in the mile at the NCAA Indoor Championships after defending his title in the 3000m and finishing runner-up in the 5000m at the ACC Indoor Championships. Nate Mountain earned the bronze in the 5000m and finished fourth in the 3000m at the ACC Indoor Championships. The men's distance medley relay team were ACC runners-up and went on to finish ninth at the NCAA Indoor Championship. Throughout the season, the Cavalier men's distance crew notched nine program top 10s. The Virginia men finished third as a team at the ACC Indoor Championships with 72 points.

The 2025 Cross Country season did not disappoint for the Cavaliers as the men's team won the fifth ACC Cross Country team title in program history scoring a total of 61 points to narrowly beat Syracuse in second place with 65 points. Gary Martin finished runner-up in the men's 8k race to lead four Cavaliers to All-ACC honors including Brett Gardner, Nate Mountain and Justin Wachtel. Both men's and women's teams qualified for the NCAA Cross Country Championships through at-large bid selections after third and fourth place team finishes at the NCAA Southeast Regional at Panorama Farms.

At the NCAA Cross Country Championships, Martin recorded a new personal best time to finish seventh overall and earn his second consecutive cross country All-America honors. For the second straight year, Martin recorded the highest individual finish by a Virginia man at the NCAA meet after a 13th place finish a year ago. The Virginia men recorded a seventh place team finish with a total of 303 points for the second highest team finish in program history and the highest since 1984.

Another strong season in 2024-25 for the Cavalier was highlighted by indoor distance medley (DMR) relay NCAA Champions, four All-Americans, an ACC Champion and three All-ACC honors. The DMR team of Wes Porter, Alex Sherman, Conor Murphy and Gary Martin broke the the NCAA, ACC, Virginia, Randal Tyson facility, and Arkansas Qualifier meet records with a time of 9:14.19. The quartet went on to win the NCAA Indoor title for the first time in program history. Martin continued to shine, finishing runner-up in the 3000m at the NCAA Indoor Championships and fourth at the NCAA Outdoor Championships. The junior also won the ACC Indoor title in the 3000m breaking the ACC Championship record and the bronze medal in the 5000m. At the Millrose Games, Martin recorded the second fastest time in collegiate history in the mile at 3:48.82 before breaking the NCAA record in the indoor 1500m 3:33.41.

Other season highlights include Will Daley earning second team All-America honors in the men's 5000m in his NCAA Outdoor debut. Along with Martin, Porter won the bronze medal in the mile at the ACC Indoor Championships. Under Dunbar's direction, All-ACC honorees include Justin Wachtel, Martin and Porter.

The 2024 Cross Country season proved successful for the Cavalier distance men. Gary Martin led the way winning the ACC Cross Country Championships individual title in Championship Record time (22:17.6) as well as being named ACC Performer of the Year for his performance. Earlier in the season, Martin recorded the fifth fastest time for the 8k course at the Panorama Farms Invitational. Will Anthony was also in the top 20 fastest times on the the course (20th).

TREVOR DUNBAR

The team combined efforts to finish fourth overall at the ACC Championships and 21st at the NCAA Championships. Under Dunbar's leadership, Martin earned his first All-American honors in cross country with a 13th place finish at the NCAA Championships.

Dunbar led three Cavaliers to All-ACC honors including Nate Mountain, Anthony and Martin as well as four athletes to All-Southeast Region accolades including Andrew Jones, Anthony, Martin and Mountain. Also achieving success was Justin Wachtel as he garnered ACC Performer of the Week honors for his season opening win at the Spider Alumni Open.

The Virginia men put together a record setting 2023-2024 season. The 2024 outdoor season saw the teams first (outright) ACC Men's Championships team title in program history scoring a total of 107 points.The team went on to finish eighth at the Outdoor NCAA Championships with 26 points and led by five First Team All-Americans and three honorable mention. Dunbar qualified eight athletes in four events for the NCAA. Dunbar's athletes were responsible for 69 of the men's total 107 points and six medals to win the men's ACC Outdoor title. Furthermore, five athletes including Shane Cohen, Gary Martin, Nate Mountain, Yasin Sado and Wes Porter qualified for their first US Olympic Team Trials.

At the NCAA Outdoor Championships, Shane Cohen became just the third Virginia athlete to win the 800m NCAA title clocking personal-best 1:44.97. In thrilling fashion, Cohen became only the second colligate athlete to run sub 1:45 for 800m. Cohen finished third at the ACC Outdoor Championships.

Throughout the season, Nate Mountain (8:20.68) and Yasin Sado (8:27.13) led the country in the men's 3000mSC. The two went on to finish first and second at the ACC Outdoor Championships with Mountain winning back-to-back ACC gold medals. At the NCAA Outdoor Championships, Mountain finished runner-up while Sado finished seventh. Gary Martin and Wes Porter asserted their dominance in the men's 1500m from finishing second and third at the ACC Outdoor Championships to qualifying for the NCAA Outdoor Championships where Porter went on to finish sixth.

Trevor Dunbar joined the Virginia coaching staff in the spring of 2021 as an assistant coach for distance runners. He spent the previous season as an assistant coach at California where he coached the Golden Bears' distance competitors. Prior to that, he worked for two seasons at Florida State as an operations assistant with the distance program.

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Will Anthony also had a strong season earning the silver medal in the 10,000m (29:18.80) and bronze medal in the 5000m (13:40.17). In his first outdoor season, Anthony qualified to the NCAA Outdoor Championships in the men's 10,000m.

The men's 4xMile team of Will Anthony, Gary Martin, Yasin Sado and Wes Porter made history at the 2024 Penn Relays. The quartet recorded the fourth-fastest time in the world, second-fastest time in NCAA history and a Virginia school record for the 4xMile race clocking 15:52.30. The Cavaliers were just one of three collegiate teams to dip under 16 minutes for the relay and surpass the collegiate record in the event.

The 2023-2024 Indoor season saw the Virginia men finishing seventh as a team at the ACC Indoor Championships with 50.5 points. The season was highlighted by the men's distance medley relay team of Wes Porter, Alex Sherman, Alex Leath and Yasin Sado finishing third at the Indoor NCAA Championships after the quartet of Shane Cohen, James Donahue, Jayden Lyons and Wes Porter won gold at the ACC

TREVOR DUNBAR

Indoor Championships.

Putting on a show at the ACC Indoor Championships, Gary Martin earned silver in the mile and bronze in the 3000m. The final of the men's mile at the ACC Championships was comprised of four Cavaliers including James Donahue, Gary Martin, Nate Mountain and Wes Porter. Martin qualified for his first NCAA Indoor Championships where he went on to record the fourth fastest qualifying time to the final. This is the second season with more than one Cavalier running sub-4 in the mile on the same day- Nate Mountain (3:58.16), Will Anthony (3:58.39) and Wes Porter (3:58.85) andd then Yasin Sado (3:55.93), Wes Porter (3:58.57) and James Donahue (3:58.83).

The Cavalier distance medley relay team put on a show at the Arkansas Qualifier recording fourth-fastest time in collegiate history and setting the Virginia school record. The group of Gary Martin, Alex Leath, Alex Sherman and Conor Murphy clocked 9:18.95 with Martin running the fastest split in the NCAA that weekend with 3:51.94 for 1600 meters.

During the 2023 Cross Country season, the Cavalier men finished third at the ACC Championships scoring 77 points before finishing inside the top-25 scoring 512 points for 22nd at the NCAA Championships. Three men in Will Anthony, Nate Mountain and Yasin Sado earned USTFCCCA All-Southeast Region while four men in Gary Martin, Anthony, Mountain and Sado garnered All-ACC accolades.

Virginia hosted the NCAA Cross Country Championships in 2023 for the first time since the 1987 season. The 2023 Cross Country Championships were just the fourth NCAA Championship event hosted at UVA with a sold out the crowd of 6,723 fans in attendance. Both men's and women's teams qualified for the NCAA Championships in back-to-back seasons for the first time since 2014-2015.

The Virginia distance runners put together an impressive campaign which saw many highlights throughout the 2022-2023 year including a spectacular team performance at Boston University's David Hemery Valentine Invitational. Five Cavalier milers (Conor Murphy, Gary Martin, Wes Porter, Nate Mountain, James Donahue) broke the prestigious four-minute barrier on the same day. Of those two, Conor Murphy broke a 41-year-old Virginia record running 3:55.24 while Gary Martin set a Virginia freshman record with his time of 3:56.83. The UVA milers would go on to put five milers (Wes Porter, James Donahue, Jack Eliason, Nate Mountain and Gary Martin) through to the field of 10 in the finals at the ACC Championships. Virginia took 13 points from the event with Porter leading the Hoos with his third-place finish.

Conor Murphy went on to qualify for the NCAA Championships in the mile where he placed sixth overall to earn first-team All-American honors for the first time in his career. The junior also placed second at the ACC Indoor Championships with a personal-best time of 1:47.33.

The Cavaliers distance medley relay team was phenomenal as well throughout the season as they broke the Virginia record twice including a time of 9:23.71 which ranked as No.7 on the all-time program list when it was run. Virginia ranked 15th on the NCAA DMR list at the end of the season missing qualification for the national championships by three places.

The 2022 cross country season was an improvement for the Virginia men. After placing sixth at the ACC Championships, the Cavaliers were led by Justin Wachtel and Derek Johnson to a second-place finish at the NCAA regional meet to secure automatic qualification to the NCAA Championships. The Cavaliers would finish 22nd overall at the NCAA Championships in Stillwater, Oklahoma. Justin Wachtel, Yasin Sado and Wes Porter garnered All-ACC honors while Wachtel, Derek Johnson, Yasin Sado, Rohann Asfaw and Will Anthony made All-Southeast Region.

In Dunbar's first indoor campaign he helped to oversee the development of an impressive squad of men's mile runners as the Cavaliers made up four of the ten qualifiers for the finals of the men's mile at the ACC Championships (Wes Porter, Nate Mountain, Yasin Sado, Ka'eo Kruse). The Cavalier men also placed fifth in the distance medley relay.

In his first season on Grounds, Dunbar helped steeplechaser Derek Johnson to some remarkable achievements. After earning all-ACC honors, he went on to run a school-record 8:32.95 in the NCAA finals to earn first-team All-America honors thanks to a seventh-place finish. Two days later at the TrackTown Qualifier, he improved that mark down to 8:27.72 to make the Olympic Trials. His season came to an end in the Olympic Trials qualifying round, where he finished 15th overall in 8:32.97.

Dunbar's coaching resume includes a year of experience as a volunteer assistant at Boston University in 2018-19. He previously served as a volunteer coach at his alma mater – Oregon – from 2014 to 2016.

At Virginia, Dunbar is reunited with his collegiate coach – Vin Lananna – from the start of his career at Oregon. He helped the Ducks to a pair of NCAA track & field championships (2014), grabbing five All-American honors while establishing collegiate-bests of 3:38.38 in the 1,500-meters, 7:51.55 in the 3,000-meters, 13:26.90 in the 5,000-meters and 28:52.39 in the 10,000-meters.

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A native of Kodiak, Alaska, his decorated running career includes seven high school state championships and multiple state records. He spent his first two collegiate seasons at the University of Portland, where he earned two cross country All-American honors while competing for the Pilots (2009-11) before transferring to Oregon where he graduated with a degree in business administration.

As a professional runner, Dunbar first ran representing Nike Inc. (2014-17) before moving on to the Boston Athletic Association (B.A.A.) in 2018, running both at national and international competitions. Dunbar has represented Team USA both in cross country and on the track.

JOELLE AMARAL DUNBAR

ASSISTANT TRACK AND FIELD/CROSS COUNTRY COACH (DISTANCE)

- Fourth season at Virginia

Joelle Amaral Dunbar joined the Virginia program in the fall of 2022 to coach the middle-distance and distance runners for the Cavaliers. She came to UVA after serving as an assistant at Eastern Kentucky from 2019-2022.

The 2026 outdoor track & field seaason led by none other than Tatum David. The junior finished third in the 1500m at the ACC Outdoor Championships and honorable mention accolades in her NCAA Outdoor Championships debut. She also competed in the 5000m at the ACC Championships and earned second team All-ACC honors. Under Amaral Dunbar's direciton, five women's distance runners qualified for the NCAA East First Round including four women in the 1500m and Gillian Bushee in both the 5000m and 10,000m.

The 2025-26 indoor track & field season was highlighted by Gillian Bushee and Tatum David's All-ACC and All-America performances. Bushee earned the broze in the 5000m and David earned the bronze in the mile at the ACC Indoor Championships. David went on to earn second team All-America honors in the mile at the NCAA Indoor Championships. The women's distance crew added their names or improved spot on the Virginia top 10 list.

The Virginia women finished fifth at the 2025 ACC Cross Country Championships led by Gillian Bushee and Tatum David as both earned All-ACC accolades. The Cavaliers finished fourth at the NCAA Southeast Regional hosted by Virginia at Panorama Farms and earned an at-large bid to the NCAA Cross Country Championships. Continuing the strong season, Bushee and David earned All-Region honors for their performance as well as Stella Kermes earned the first All-Region honors of her career. Amaral Dunbar coached the women's team to a 24th place finish at the NCAA Cross Country Championships.

In 2025, Amaral led the Cavalier distance women to a record setting season as Margot Appleton and Jenny Schilling advanced to the NCAA Outdoor Championships. Appleton finished runner-up in the women's 1500m to earn first team All-American honors and garnered second team All-America accolades in the 5000m as well. In her NCAA Outdoor debut, Schilling earned honorable mention All-America honors in the women's 10,000m. At the ACC Outdoor Championships, Appleton won her third straight 1500m crown while Schilling brought home the gold medal in the 10,000m. Both women earned All-ACC first team honors.

Outdoor season highlights include the Cavalier contingent of Tatum David, Ariel Fletcher, Annie Jackson and Appleton winning the first Penn Relays wheel in the Championships of America Distance Medley Relay (DMR) in the third fastest time in collegiate history (10:42.16). At the Raleigh Relays, Appleton recorded the fourth fastest time in the 1500m clocking 4;05.68. The Cavalier women won the ACC Outdoor title for the first time since 1987 scoring and just the sixth team title in program history, scoring a total of 93 points.

The 2024-25 indoor season was highlighted by Appleton's mile, 5000m double at the NCAA Indoor Championships where the senior earned second team All-America honors in both events. At the ACC Indoor Championships, Appleton won the women's mile competition breaking the ACC Championships record and facility record in the event. She also earned the bronze medal in the 5000m.

Amaral led many women to personal best times and spots on the Virginia top 10 list. At the David Hemery Valentine Invitational, Tatum David, Stella Kermes, Tatum Olesen and Appleton all notched impressive marks in the mile. Appleton broke the school record running the sixth fastest time in collegiate history at 4:25.03. David (4:32.04) added her name to the record books at No.3 all-time while Kermes (4:41.33) and Olesen (4:44.82) rank third and fourth among freshman in program history.

The 2024 cross country season was highlighted my Margot Appleton's All-American performance and the women's team top 20 (14th) finish at the NCAA Championships. Appleton earned her first All-American honors in cross country crossing the line in 18th place, leading the Cavalier women to a top 15 team finish. At the ACC Championships, the Hoos finished fourth led by Appleton and Jenny Schilling

Under Amaral's leadership, two Cavaliers in Appleton and Schilling garnered All-ACC accolades while four athletes notched All-Southeast Region honors including Sophie Atkinson, Gillian Bushee, Appleton and Schilling. Success for the Hoos did not stop there as Tatum David earned ACC Freshman of the Week honors.

The 2024 outdoor track and field season proved a successful one for the Virginia distance runners. The Virginia women finished third as a team at the ACC Outdoor Championships earning a total of 74 points with the women's distance group being responsible for 27 points. Margot Appleton won the Outdoor ACC 1500m crown for the second straight year as well as bringing home the bronze medal in the women's 5000m run. Appleton went on to finish fourth in the 5000m at the Outdoor NCAA Championships. Another stellar season for Appleton under Amaral earning her second All-American and All-ACC First Team honors in as many years. Also garnering All-ACC accolades was Camryn Menninger and Caroline Timm. Menninger ran a big personal best of 34:11.41 in the women's 10,000m at the conference championships to take fourth place. Timm finished fifth in the women's 1500m with a new personal best of 4:14.96 at the ACC Championships.

At the Penn Relays, Cavalier distance runners made a statement in both men's and women's distance relay events. The women's 4x1500m relay team of Margot Appleton, Tatum David, Esther Seeland and Anna Workman set the Virginia record in the event clocking 17:08.05 . The distance medley relay team of Margot Appleton, Alahna Sabbahkan, Esther Seeland and Anna Workman also set a program record combining efforts to record a time of 10:48.55.

JOELLE AMARAL DUNBAR

The Virginia distance runners put together a record setting 2023-24 indoor season including breaking six program records, earning five All-American and seven All-ACC honors. This season alone, the women's distance medley relay team took down the Virginia program record in the event three times. Alahna Sabbahkan, Caroline Timm, Anna Workman and Margot Appleton were the first to break the record in 10:55.45 at the Penn State National Open. Next, the quartet of Maggie Hock, Workman, Sabbahkan and Appleton bested the record by three second clocking 10:52.22 at the David Hemery Valentine Invitational. The same four of Hock, Workman, Sabbahkan and Appleton went on to smash their own record winning the silver medal at the Indoor ACC Championships in 10:50.58 and earn All-ACC accolades. Their time qualified for the 2024 Indoor NCAA Championships where the relay team earned second team All-American honors.

Margot Appleton took down the Virginia record in her first mile race of the year with a blazing 4:30.87 to rank as high as fourth in the NCAA and ultimately qualify for the Indoor NCAA Championships. Appleton broke her own school record in Boston, Mass. finishing fifth in 4:29.07 to earn first team All-American honors and become the first Virginia women's mile to finish in the top-five in the event at the Indoor NCAA Championships in back-to-back seasons. At the Indoor ACC Championships, Appleton ran a new personal-best 8:57.53 to break the Virginia program record and bring home the silver medal. Also at the ACC Championships, Jenny Schilling ran an impressive 16:02.57 for 5000m to finish third earning the bronze medal. In the mile, Anna Workman led her preliminary heat wire to wire before finishing third in the ACC clocking 4:39.37 alongside teammate Caroline Timm who scored in fifth place with a time of 4:40.84. Amaral guided Appleton, Workman and Timm to earn All-ACC honors.

The 2023 Cross Country season saw a 15th place team finish for the women at the NCAA Cross Country Championship on the Cavaliers home course, Panorama Farms. Virginia's top performer was Jenny Schilling, who completed the 6,000-meter course in 20:06.4 to garner All-American honors. Schilling shaved more than six seconds off her previous time from this year's pre-nationals race, which was also held at Panorama Farms.

The Virginia women finished third at the ACC Cross Country Championships for the second-consecutive year with a total of 82 points. Margot Appleton (19:44.5) led the team for the 6k race placing fifth overall followed by Jenny Schilling (20:04.6), Caroline Timm (20:20.3) and Anna Workman (20:21.9). Schilling, Timm and Anna Workman were all named to the All-ACC team.

The 2023 Outdoor season saw an impressive run from Margot Appleton. Appleton qualified for the NCAA East Preliminary round in the 1500m and 5000m where she secured her spot at the 2023 Outdoor NCAA Championships. After advancing to the quarterfinals for the first time in her career, Appleton made the most of her opportunity running a well-executed race to secure the third of five automatic qualifying places running 4:14.54. Her performance marked the first time Appleton had qualified for the NCAA Outdoor Championships while set to make her third appearance at an NCAA Championship meet during the 2022-23 athletic season. At the ACC Outdoor Championships, Appleton ran personal-best 4:08.96 to win her first Outdoor ACC title in the event.

Sophie Atkinson was another Cavalier to book a ticket to the NCAA Championships after placing eighth overall in the 10,000 meters. Atkinson entered as the east semifinal round as the 39th seed then posted a personal-best time of 33:53.56 to surge into eighth and secure her qualifying position. She became the first Cavalier to qualify for the NCAA Championships in the 10,000 meters since 2016 when Cleo Boyd placed ninth at the meet.

Anna Workman and Eshter Seeland also qualified to the quarterfinal round. Workman posted the fifth-fastest qualifying time running personal-best 4:18.82. In the quarterfinals, she bettered her time once more posting 4:14.65 – just .37 seconds off the final time qualifier for the NCAA Championships. Workman ranks seventh all-time at Virginia in the 1500m. In her second appearance at the NCAA east preliminary meet, Workman qualified for the NCAA quarterfinal round for the first time in her career. Seeland clocked 4:19.80 for the eighth-fastest qualifying time.

The 2023 indoor season marked more progress for the Cavaliers. Margot Appleton led the way with an impressive campaign in both the mile and the 3000m. She hit a personal-best mile time of 4:33.82 at the David Hemery Valentine Invitational which would eventually qualify her for the NCAA Championships where she finished fourth to earn first team All-American honors as the lowest seed in the competition. Appleton also broke the Virginia 3000m record on two occasions setting the mark at 9:04.17 finishing fourth at the ACC Indoor Championships.
The Cavalier DMR team also set a Virginia record running 10:55.94 at the ACC Championships in a fourth-place finish. The squad had also run a time of 11:02.00 at the JDL DMR Invitational during the regular season. The converted time of 10:54.99 missed qualification for the NCAA Championships by less than a second.

In her first season at Virginia, Amaral guided the Cavalier women to an impressive season on the cross country course. After a third-place finish at the ACC Championships, Virginia earned an at-large bid to the NCAA Championships where the placed ninth overall. The performance was the first top-10 finish since the 2013 season and just the fifth all-time.

At Eastern Kentucky, Amaral helped lead Ahmed Jaziri to the Colonels' first-ever NCAA title in the 3,000-meter steeplechase and helped Laura Taborda become the first woman in EKU history to qualify for the NCAA Championships in the same event. In all, Amaral helped guide the Colonels to three conference championships in cross country. She also coached the distance runners to a total of 10 individual conference titles and three All-American honors across indoor and outdoor track and field seasons in her time at EKU.

JOELLE AMARAL DUNBAR

Amaral began her coaching career at Kentucky, serving as a graduate assistant from 2017-2019. She served as an assistant coach to the distance runners and handled operations for the cross country team.

A native of Randolph, N.J., Amaral earned her undergraduate degree from Washington in communication studies with a minor in nutritional sciences. She earned a master's degree in kinesiology and health promotions from Kentucky.

BRANDON AMO

ASSISTANT TRACK AND FIELD COACH (THROWS)

- Third season at Virginia
- USTFCCCA Southeast Region Men's Assistant Coach of the Year (Indoor '26)

Brandon Amo arrives in Charlottesville ahead of the 2023-24 season following an impressive season as an assistant at Harvard in 2022-23.

The throws group success continued into the 2026 Outdoor track & field season which was highlighted by five All-Americans, 10 All-ACC and one ACC Outdoor Champion. Jeremiah Nubbe led the way winning the ACC Outdoor Championships and finishing fourth at the NCAA Outdoor Championships in the hammer throw. Also in the men's hammer, Nikolaos Polychroniou finished third at the ACCs and ninth 10th at NCAAs. Cale Ayers also contribued to the groups dominant perforfmance with a fourth place finish at ACCs and 17th place finish at NCAAs. The throws group scored 29 of the Virginia men's ACC Outdoor Championships team title winning 110 points run.

On the women's side, Christiana Ellina earned first team All-America honors in the women's javelin with a sixh place finish. Ellina also won the event at the ACC Outdoor meet. Under Amo's direction, Charlotta Sandkulla turned in an impressive first year including a third place finish in the hammer at the ACC Outdoor championships and qualification to the NCAA East First Round where she finished 11th. Sandkulla owns both the indoor weight throw and the outdoor hammer throw school records.

The Cavaliers throws squad turned in another impressive season during the 2025-26 indoor track & field campaign. The season was highlighted by Jeremiah Nubbe finishing runner-up at the NCAA Indoor Championships in the men's weight throw with a program record mark of 24.29m/79-8.25. Including Nubbe, three Cavaliers made the weight throw final and earned All-America honors including Keyandre Davis (4th) and Nikolaos Polychroniou (9th). Scoring a total of 27 points between the men and women at the ACC Indoor Championships, Amo led four athletes to All-ACC honors including Charlotta Sandkulla (WT), Davis, Nubbe, and Polychroniou. Twenty-three of the points scored were in the men's weight throw, led by Polychorniou's gold and Nubbe's silver medal performances. Sandkulla also broke the school record in the women's weight throw with her mark of 20.48m/57-2.25. The event group earned a No. 1 NCAA event group ranking for much of the season as Davis, Nubbe and Polychroniou held spots in the NCAA top 10 rankings. For his efforts, Amo was named the Southeast Region Men's Assistant Coach of the Year by USTFCCCA.

The 2024-25 season proved successful for the Cavalier throwers as Amo led three to All-America honors including Keyandre Davis (HT), Annika Kelly (HT) and Estel Valeanu (DT), and five to All-ACC accolades including John Fay (HT), Christiana Ellina (JT), Davis (HT), Kelly (HT) and Valeanu (SP, DT). At the ACC Outdoor Championships, Ellina won the women's javelin competition, leading the charge as the Cavaliers went three-for-three to the final. Valeanu notched second team All-ACC honors in the shot put and discus throw. Over the course of the season, Kelly broke the Virginia record in the women's hammer throw three times. On the men's side, Davis brought home the silver medal throwing the No.5 mark in school history in the hammer throw.

The indoor season was highlighted by Jeremiah Nubbe and his fourth place finish in the weight throw at the NCAA Indoor Championships to earn first team All-America honors. Nubbe won the ACC Indoor Championship title in the weight throw followed by his teammate, Davis, winning the bronze in the weight throw. Virginia throwers that earned All-ACC honors include John Fay (WT), Brooke Lumpkin (SP), Davis (WT) and Nubbe (WT).

During his first year in Charlottesville, Amo led three throwers to NCAA Outdoor appearances. Jacob Lemmon finished sixth in the

men's discus throw to earn First Team All-American honors while John Fay and Janae Profit earned Honorable Mention accolades for their performances in the men's hammer throw and women's shot put. Amo led a contingent of Cavaliers to All-ACC honors as Jacob Lemmon earned the silver medal in the discus and John Fay garnered bronze in the hammer throw to earn First Team status. Brooke Lumpkin (SP), Janae Profit (SP) and Tyler Zawatski (JT) garnered Second Team All-ACC honors with their performance at the conference meet.

The Virginia men won the first ACC Championship team title for the first time outright in program history scoring a total 107 points before going on to finish eighth as a team at the NCAA Outdoor Championships with 26 points.

During his only season in Cambridge, Amo led Kenneth Ikeji and Stephanie Ratcliffe to a sweep of the NCAA hammer throw titles as each set collegiate-leading marks in the process. In all, Amo led three Crimson throwers to first-team All-American honors as Estel Valeanu placed sixth in the discus.

Under the direction of Amo, the Crimson throwers were a crucial piece of Harvard's sweep of the 2023 Ivy League team titles. The Harvard women's throwers accounted for 51 points from their events while the men racked up a total of 40. Between both men and women, Amo's throwers secured six gold medals at the conference championships.

Amo competed as a thrower at Rhode Island where he graduated with a degree in biological sciences and kinesiology in 2018. At Rhode Island, Amo was the 2018 A-10 Champion in the hammer throw and a two-time A-10 champion in the weight throw (2017, 2018). He was also the conference runner-up in the weight throw in 2016.

In addition to his coaching resume within the NCAA, Amo also founded the RISE Athletics developmental program, through which he has coached athletes of all different ages with the primary goal of helping young throwers achieve their goals of competing at the collegiate level. Through his involvement with the program, Amo has had the opportunity to work with USA trials qualifiers as well as Olympic qualifiers.

DEREK ROUSSEAU

ASSISTANT TRACK AND FIELD COACH (SPRINTS, JUMPS)

- First season at Virginia

Derek Rousseau joined the Virginia staff in September 2025 and coaches the sprinters and jumpers for the Cavaliers.

During the 2026 Outdoor Track & Field season, Rousseau led Celia Rifaterra to second team All-America honors with a tied for 13th place finish at the NCAA Outdoor Championships. Rifaterra also earned second team All-ACC honors with a fifth place finish at the ACC Outdoor Championships.

Under Rousseau's direction, Caleb Holman earned second team All-ACC accolades with a sixth place finish in the long jump making a season best (7.54m) and fourth place finish in the triple jump with a personal best and Virginia No.7 all-time mark (15.86m). Holman qualified to the NCAA East First Round in the triple jump.

At the ACC Outdoor Championships, Grace Smith earned finished sixth in the long jump marking a season best (6.24m) to earn second team All-ACC honors. Ariel Fletcher qualified to the final in the 400m and went on to finish eighth in the final.

In his first season at Virginia, Rousseau led Carly Tarentino to second team All-ACC honors in the women's high jump at the 2026 ACC Indoor Championships. Tarentino finished fourth with a season best mark of 1.72m.

Rousseau comes to Charlottesville after a successful eight seasons as a member of the MIT coaching staff overseeing the men's and women's jumpers and sprinters. He landed at MIT after four years as the head coach for the State University of New York at Oswego. In addition, Rousseau was also a member of the MIT Sports Performance staff, where he worked with student-athletes from across the Institute's 33 intercollegiate programs.

In the 2022-23 season, Rousseau's athletes captured a pair of NCAA individual national championships as Kenneth Wei earned the indoor long jump title and Enoch Ellis captured the 110-meter hurdle championship at the outdoor championship meet. At the conclusion of the season, Rousseau was named as the USTFCCCA Men's Outdoor Track and Field National Assistant Coach of the Year.

In his first season with the Engineers, Rousseau was honored as the USTFCCCA East Region Men's Indoor Track and Field Assistant Coach of the Year and in 2018-19, Yorai Shaoul captured the NCAA indoor and outdoor triple jump national championships. In the 2021-22 season, Rousseau coached Kenneth Wei to both the NCAA indoor and outdoor long jump titles and the outdoor high jump NCAA championship by Kimmy McPherson.

Rousseau holds several coaching certifications, including both the USATF Level III and IAAF Level 5 certifications in the jumping events and is a USTFCCCA Sprint / Hurdle / Relay Specialist. Rousseau also holds a USTFCCCA Strength and Conditioning license and is a NASM Certified Performance Enhancement Specialist.

Rousseau received his M.Ed in Counseling from Providence College and earned his Bachelor in Psychology from Sacred Heart University in Connecticut in 2004.

DAVID HOOD

ASSISTANT TRACK AND FIELD COACH (POLE VAULT)

- First season at Virginia

The University of Virginia Track and Field program welcomes David Hood as an assistant coach for pole vault ahead of the 2025-26 season.

During the 2026 Outdoor Track & Field season, Hood led a trio of Cavaliers to ACC Outdoor Championships competition including Samantha Romano, Hannah Byrd-Leitner and Madison Townsend. Byrd-Leitner led the way with an 11th place finish, Townsend tied for 12th while Romano finished 16th. Under Hood's direction, Romano and Byrd-Leitner both qualified to the NCAA East First Round. Both Romano and Byrd-Leitner tied for 33rd place clearing 3.29m.

The 2025-26 indoor track & field season was highlighted by freshman, Hannah Byrd-Leitner adding her name to the Virginia record books in the pole vault. Byrd-Leitner ranks No. 6 all-time and No. 2 among freshmen all-time in program history. Fellow freshman, Madison Townsend cleared a personal best of 4.00m/13-1.5 and Samantha Romano cleared a season best of 4.15m/13-7.25 at the ACC Indoor Championships.

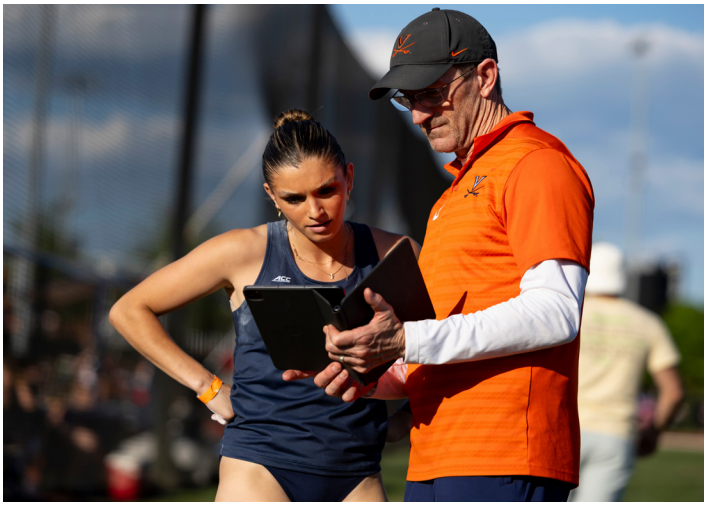
A proud Cavalier alumnus, David brings a unique combination of elite athletic achievement, extensive coaching experience and deep institutional knowledge to the program.

Hood earned both his undergraduate degree in mathematics (1987) and master's in commerce (1989) from the University of Virginia while competing for the Cavaliers in the pole vault. During his competitive career from 1984-1988, he served as a two-year team captain and earned All-ACC honors, establishing himself as one of the premier vaulters in the conference.

His coaching journey spans nearly three decades, beginning at Leesville High School (1994-1997) and continuing at Ravenscroft School (2006-2023) in North Carolina. Upon returning to Charlottesville in 2023, Hood coached pole vault at St. Anne's-Belfield School before volunteering as an assistant coach at UVA in 2024, working with multi-event and jumping athletes.

Hood remains an active competitor in Masters Track and Field. He is the reigning and three-time National Champion in the decathlon, current indoor pentathlon and indoor heptathlon National Champion. In his age group, Hood ranks World No.1 in the pole vault.

David and his wife Dina, also a UVA graduate, have been married for 36 years. They are the proud parents of two accomplished children. Their son, Philip, is an architect designer in Wilmington, North Carolina while their daughter, Charlotte, is a sales manager in Manhattan, New York.



ETHAN ROBINSON

ASSISTANT TRACK AND FIELD COACH (COMBINED EVENTS)

- First season at Virginia

Ethan Robinson joined the Virginia Cross Country and Track and Field staff as an assistant coach in the summer of 2025 after a successful career for the Cavaliers.

Continuing his first year success into the 2026 Outdoor Track & Field season, Robinson led multi event athlete Elsa Spoor to All-ACC first team and second team honors. Spoor finished third in the heptahtlon scoring a new personal best and Virginia No.3 total of 5472 points. She recorded a personal or season best in five of eight events. Spoor also recorded All-ACC honors in the high jump competition with a sixth place finish. Under Robinson's direction, Spoor qualified for the NCAA East First Round where she finished 24th equaling her personal best of 1.76m.

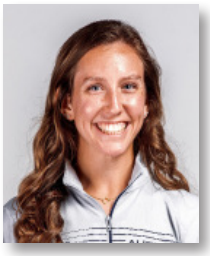
In her ACC Outdoor debut, freshman Cassie Callis finished seventh in heptahtlon with 5247 points. Callis qualified for the USATF U20 Outdoor Championships where she finished third with a personal best of 5318 points.

The 2025-26 indoor track & field season proved successful for the combined events group as Cassie Callis, Elsa Spoor and Henry Sullivan garnered All-ACC accolades. Spoor earned the bronze medal in the women's petathlon scoring a personal-best 3841 points and ranks No. 6 all-time in program history. Just a first year, Callis finished fifth in the women's pentathlon scoring a personal best of 3748 points to break the freshman record and rank No. 8 all-time in program history. Scoring a total of 5406 points, Sullivan finished sixth in the men's heptathlon and recorded a personal best in four of seven events (shot put, 60m hurdles, pole vault, 1000m). In his collegiate debut, freshman Garrett McNeil tallied 5198 points in the men's heptathlon to become No. 4 all-time and No. 3 among freshmen in program history.

As a student-athlete, Robinson won the bronze medal and broke the school record at the 2025 ACC Indoor Championships scoring a new personal best of 5747 points in the heptathlon. He also secured the bronze medal at the ACC Outdoor Championships scoring a total of 7435 points in the decathlon. His personal best of 7603 points in the decathlon ranks No. 4 all-time in program history. Robinson is a five-time All-ACC recently graduated with a degree in history.

SUPPORT STAFF

Mitsu Eto
Assistant Athletic Trainer



Jen Dietrich
Assistant Athletic Communications Director

Kyle Early
Academic Coordinator

Dr. Karen Egan
Associate Sports Psychologist

Randy Bird
Director of Sports Nutrition

WOMEN'S PANORAMA FARMS HISTORY

WOMEN'S MEET HISTORY AT PANORAMA FARMS

VIRGINIA/PANORAMA FARMS INVITATIONAL

Year	Team Champion	UVA	Individual Champion
2009	Villanova (17)	2nd (42)	Shelia Reid (Nova, 20:13.43)
2010	Texas Tech (20)	2nd (55)	Rose Tanui (TTU, 20:21.87)
2011	Virginia (27)	1st (27)	Ashley Schnell (UNCG, 21:03.42)
2012	Wisconsin (35)	3rd (57)	Cally Macumber (UK, 17:29.2)
2013	Virginia (42)	1st (42)	Elaina Balouris (W&M, 16:31.8)
2014	Virginia (37)	1st (37)	Sarah Fakler (UVA, 20:39.0)
2015	Virginia (30)	1st (30)	Iona Lake (UVA, 16:49.6)
2016	BYU (47)	4th (127)	Regan Rome (W&M, 17:01.1)
2017	Virginia (41)	1st (41)	Caroline Sang (UNCC, 17:05.7)
2018	CANCELLED		
2019	Michigan State (42)	8th (181)	Jessica Pascoe (Florida, 20:14.5)
2022	Virginia (30)	1st (30)	Amina Maatoug (Duke, 16:57.3)
2023	NAU (48)	3rd (123)	Elise Stearns (NAU, 16:18.9)
2024	UNC (23)	2nd (33)	Brynne Brown (UBC, 16:32.2)
2025	Virginia (33)	1st (33)	Phoebe Anderson (Unattached, 20:00.3)

CAVALIER CLASSIC

Year	Team Champion	UVA	Individual Champion
2019	Tennessee (36)	3rd (72)	Katie Thronson (Tenn, 17:01.7)

VIRGINIA PANORAMA FARMS OPEN (FORMERLY CAVALIER OPEN)

Year	Team Champion	UVA	Individual Champion
2001	Virginia (35)	1st (35)	Sheela Agrawal (Una, 21:18.7)
2002	Georgetown (21)	2nd (36)	
2003	Duke (39)	2nd (40)	Mary Harrelson (Una, 21:23.00)
2004	Individuals Only	–	
2005	W&M (15)	DNR	Dawn Cromer (Una, 17:46.27)
2006	Individuals Only	–	Kayley Byrne (W&M, 18:37.30)
2007	Individuals Only	–	Dawn Cromer (Una, 18:05.6)
2008	Individuals Only	–	Kelly McElroy (W&M, 18:46.93)
2009	Individuals Only	–	Jessica Propst (Una, 18:18.24)
2010	Individuals Only	–	Kathleen Stevens (Una, 18:26.28)
2011	Individuals Only	–	Julia Webb (Una, 17:54.32)

LOU ONESTY

Year	Team Champ	UVA	Individual Champion
2001	W&M (31)	2nd (37)	Sharon O'Connor (UVA, 18:45.6)
2002	Duke (29)	3rd (52)	Caroline Bierbaum (Duke, 16:59)
2003	Duke	4th	Ali Henderson (W&M, 17:38.30)
2004	Virginia (33)	1st (33)	Jessica Fanning (VT, 18:06.10)
2005	Virginia (40)	1st (40)	Emily Harrison (UVA, 17:44.23)
2006	Virginia (29)	1st (29)	Michelle Sikes (WF, 17:20.40)
2007	Virginia (30)	1st (30)	Emily Harrison (UVA, 17:16.50)
2008	Virginia (18)	1st (18)	Lauretta Dezubay (UVA, 17:55.01)
2009	Virginia (19)	1st (19)	Lauretta Dezubay (UVA, 17:42.50)
2010	Virginia (15)	1st (15)	Stephanie Garcia (UVA, 17:55.35)
2011	Virginia (15)	1st (15)	Anna Corrigan (UVA, 18:04.50)

ACC CHAMPIONSHIPS

Year	Team Champion	UVA	Individual Champion
2006	NC State (59)	3rd (104)	Julia Lucas (NC State, 20:42.1)
2007	FSU (64)	8th (160)	Susan Kuijken (FSU, 20:23.5)
2014	UVA (57)	3rd (109)	Liv Westphal (BC, 19:43.8)
2022	NC State (34)	3rd (98)	Katelyn Tuhoy (NCSU, 19:08.9)

NCAA SOUTHEAST REGIONAL

Year	Team Champion	UVA Finish	Individual Champion
2013	Virginia (57)	1st (57)	Emily Stites (W&M, 19:57.5)
2015	Virginia (53)	1st (53)	Letitia Saayman (CCU, 20:25.1)
2016	NC State (53)	6th (190)	Annie Bothma (CCU, 20:15.4)
2017	NC State (68)	7th (202)	Caroline Sang (UNCC, 20:05.8)
2019	NC State (48)	7th (250)	Elly Henes (NC State, 19:48.9)
2025	NC State (55)	4th (138)	Salma Elbadra (South Carolina, 19:03.1)

NCAA CROSS COUNTRY CHAMPIONSHIPS

Year	Team Champion	UVA	Individual Champion
2023	NC State (123)	15th (400)	Parker Valby (Florida, 18:55.2)

TOP COURSE TIMES - WOMEN

WOMEN'S COLLEGE - 5000M

1.	16:18.9	Elise Stearns, NAU	9/23/2023
2.	16:19.7	Chloe Scrimgeour, Georgetown	9/23/2023
3.	16:21.5	Margot Appleton, Virginia	9/23/2023
4.	16:23.1	Perri Bockrath, Kentucky	10/15/2022
5.	16:23.8	Phoebe Anderson, Columbia	9/23/2023
6.	16:25.9	Emily Covert, Colorado	9/23/2023
7.	16:26.4	Amy Bunnage, Stanford	9/23/2023
8.	16:27.5	Amina Maatoug, Duke	9/23/2023
9.	16:29.2	Tori Herman, Kentucky	10/15/2022
10.	16:30.3	Annika Reiss, NAU	9/23/2023
11.	16:32.2	Brynne Brown, UNC	9/14/2024
12.	16:33.2	Gracelyn Larkin, NAU	9/23/2023
13.	16:34.8	Kimberley May, Providence	9/23/2023
14.	16:34.9	Fatima Alanis, UNC	9/14/2024
15.	16:35.6	Addie Engel, Ohio State	9/23/2023
16.	16:38.3	Katie Osika, Michigan State	9/23/2023
17.	16:38.9	Mia Barnett, Virginia	10/15/2022
18.	16:39.3	Melissa Riggins, Georgetwon	9/23/2023
19.	16:39.9	Gillian Bushee, UVA	9/12/2025
20.	16:40.5	Keira Moore, NAU	9/23/2023
21.	16:40.7	Sophie O'Sullivan, Washington	9/23/2023
22.	16:42.9	Camryn Menninger, Virginia	10/15/2022
23.	16:43.1	Maggi Congson, NAU	9/23/2023
24.	16:43.4	Emily Boutin, Navy	9/23/2023
25.	16:44.3	Jenny Schilling, UVA	9/14/2024

WOMEN'S COLLEGE - 6000M

1.	18:55.2	Parker Valby, Florida	11/18/2023
2.	19:03.1	Salma Elbadra, South Carolina	11/14/2025
3.	19:05.7	Doris Lemngole, Alabama	11/18/2023
4.	19:08.3	Hannah Gapes, NC State	11/14/2025
5.	19:08.9	Katelyn Tuhoy, NC State	10/28/2022
6.	19:12.8	Vera Sjoberg, North Carolina	11/14/2025
7.	19:13.4	Silvia Jelego, Clemson	11/14/2025
8.	19:14.3	Allie Zealand, Liberty	11/14/2025
9.	19:15.0	Angelina Napoleon, NC State	11/14/2025
10.	19:20.0	Olivia Markezich, Notre Dame	11/18/2023
11.	19:20.0	Kelsey Chimel, NC State	10/28/2022
12.	19:22.1	Hilda Olemomoi, Alabama	11/18/2023
13.	19:23.8	Angelina Perez, Wake Forest	11/14/2025
14.	19:26.9	Flomena Asekol, Florida	11/18/2023
15.	19:27.5	Billah Jepkirui, Oklahoma St.	11/18/2023
16.	19:28.4	Chloe Scrimgeour, Georgetown	11/18/2023
17.	19:29.2	Bethany Michalak, NC State	11/14/2025
18.	19:29.9	Amina Maatoug, Duke	11/18/2023
19.	19:30.8	Maia Ramsden	11/18/2023
20.	19:33.8	Sydney Thorvaldson, Arkansas	11/18/2023
21.	19:34.1	Kaylee Mitchell, Oregon State	11/18/2023
22.	19:35.6	Gracelyn Larkin, NAU	11/18/2023
23.	19:36.2	Carmen Alder, BYU	10/14/2023
24.	19:36.5	Aubrey Frentheway, BYU	11/18/2023
25.	19:36.8	Annika Reiss, NAU	11/18/2023

* Panorama Farms created a new course prior to the 2019 cross country season

MEN'S PANORAMA FARMS HISTORY

MEN'S MEET HISTORY

VIRGINIA/PANORAMA FARMS INVITATIONAL

Year	Team Champ	UVA	Individual Champion
2009	Virginia (30)	1st (30)	Emil Heineking (UVA, 23:16.19)
2010	Duke (31)	2nd (40)	Emil Heineking (UVA, 23:47.79)
2011	Virginia (39)	1st (39)	Paul Chelimo (UNCG, 23:36.05)
2012	Oklahoma (40)	3rd (66)	Kemoy Campbell (ARK, 24:07.7)
2013	UNC (58)	3rd (101)	Soufiane Bouchikhi (EKU, 23:22.4)
2014	Virginia (47)	1st (47)	Ty McCormack (Auburn, 23:52.0)
2015	Virginia (41)	1st (41)	Erik Peterson (Butler, 23:45.9)
2016	BYU (39)	3rd (82)	Justyn Knight (Syracuse, 23:13.9)
2017	Virginia (54)	1st (55)	Amon Kemboi (Campbell 23:31.5)
2018	CANCELLED		
2019	Virginia (35)	1st (35)	Morgan Beadlescomb (Michigan State, 23:58.7)
2022	Virginia (21)	1st (21)	Justin Wachtel (UVA, 17:43.6)
2023	NAU (71)	7th (214)	Drew Bosley (NAU, 23:20.3)
2024	UNC (31)	2nd (31)	Ethan Strand (UNC, 23:49.8)
2025	Virginia (36)	1st (36)	Rockey Hansen (Wake Forest, 22:44.4)

CAVALIER CLASSIC

Year	Team Champion	UVA	Individual Champion
2019	Virginia (29)	1st (29)	Rohann Asfaw (UVA, 24:25.9)

VIRGINIA PANORAMA FARMS OPEN (FORMERLY CAVALIER OPEN)

Year	Team Champ	UVA	Individual Champion
2001	W&M (26)	3rd (61)	Terry Brennan (Una, 24:21.5)
2002	W&M (24)	3rd (83)	Felix Chrobog (GT, 25:48)
2003	Duke (15)	DNR	Jona Reinhardt (Una, 25:51.00)
2004	Indiv Only	–	Brad Yewer (Una, 25:04.07)
2005	W&M (15)	DNR	Jason Schoener (Una, 25:20.05)
2006	Indiv Only	–	Tristan Colangelo (Una, 24:09.1)
2007	Indiv Only	–	Kevin Tschirhart (Virginia, 24:41.7)
2008	Indiv Only	–	Tom Burke (W&M, 24:52.30)
2009	Indiv Only	–	Bobby Peavey (Una, 24:51.75)
2010	Indiv Only	–	Brett Johnson (Virginia, 24:58.76)
2011	Indiv Only	–	Everett Hackett (Una, 24:31.19)

LOU ONESTY

Year	Team Champ	UVA	Individual Champion
2001	W&M (20)	2nd (46)	Will Christian (Virginia, 25:26.1)
2002	Duke (26)	3rd (77)	Chris Williams (Duke, 24:28)
2003	Duke (42)	3rd (52)	Will Christian (Virginia, 24:28.90)
2004	W&M (46)	3rd (62)	Josh McDougal (LU, 24:41.70)
2005	Virginia (28)	1st (28)	David Kemboi (NSU, 24:21.84)
2006	Liberty (41)	2nd (88)	Josh McDougal (LU, 24:14.50)
2007	Duke (35)	2nd (55)	Andy Biladeau (UVA, 24:25.80)
2008	Virginia (19)	1st (19)	Trey Miller (Virginia, 24:53.80)
2009	Virginia (28)	1st (28)	Emil Heineking (UVA, 24:04.80)
2010	NSU (38)	2nd (43)	Josef Tessema (NSU, 25:03.25)
2011	GT (20)	2nd (72)	Josef Tessema (NSU, 25:00.70)

ACC CHAMPIONSHIPS

Year	Team Champ	UVA	Individual Champion
2006	NC State (31)	3rd (87)	Itay Magidi (Clemson, 23:52.5)
2007	Virginia (32)	1st (32)	Chris Kollar (NC State, 24:02.1)
2014	Syracuse (32)	4th (121)	Martin Hehir (Syracuse, 23:15.2)
2022	Wake Forest (44)	6th (125)	Carter Soloman (Notre Dame, 22:55.9)

NCAA SOUTHEAST REGIONAL

Year	Team Champ	UVA	Individual Champion
2013	EKU (58)	2nd (96)	Paul Chelimo (UNCG, 28:37.3)
2015	LOU (77)	2nd (96)	Thomas Curtin (VT, 29:07.9)
2016	NC State (90)	2nd (105)	Amon Terer (Campbell, 28:48.7)
2017	Furman (55)	3rd (130)	Lawrence Kipkoech (Campbell, 28:45.3)
2019	Virginia (79)	1st (79)	Peter Seufer (Virginia Tech, 29:20.7)
2025	Wake Forest (55)	3rd (95)	Rocky Hansen (Wake Forest, 29:10.4)

NCAA CROSS COUNTRY CHAMPIONSHIPS

Year	Team Champ	UVA	Individual Champion
2023	Okla. St. (49)	22nd (512)	Graham Blanks (Harvard, 28:37.7)

TOP COURSE TIMES - MEN

MEN'S COLLEGE - 8000M

1.	22:44.4	Rockey Hansen, Wake Forest	10/17/2025
2.	22.55.0	Ben Shearer, Arkansas	10/14/2023
3.	22:55.9	Carter Soloman, Notre Dame	10/28/2022
4.	22:56.1	Parker Wolfe, North Carolina	10/28/2022
5.	22:58.6	Saseen Abdalla, Tennessee	10/14/2023
6.	22:58.9	Gary Martin, Virginia	10/19/2024
7.	23:00.2	Nickolas Scudder, Charlotte	10/15/2022
8.	23:04.2	Kirami Yego, Arkansas	10/14/2023
9.	23:09.2	Aaron Las Heras, Wake Forest	10/28/2022
10.	23:09.4	Luke Tewalt, Wake Forest	10/28/2022
11.	23:09.6	Chandler Gibbens, Kansas	10/14/2023
12.	23:10.4	George Couttie, Virginia Tech	10/17/2025
13.	23:11.5	Zach Facioni, Wake Forest	10/15/2022
		Patrick Kiprop, Arkansas	10/14/2023
14.	23:12.1	Luke Tewalt, Wake Forest	10/19/2024
15.	23:12.4	Thomas Vanoppen, Wake Forest	10/28/2022
16.	23:12.7	Ian Shanklin, NC State	10/28/2022
17.	23:12.9	Nathan Lawler, Syracuse	10/28/2022
18.	23:15.4	Zach Facioni, Wake Forest	10/28/2022
19.	23:16.0	George Couttie, Virginia Tech	10/19/2024
20.	23:17.1	Jacob McLeod, Arkansas	10/14/2023
21.	23:17.6	Nicholas Kipchirchir, Virginia Tech	10/17/2025
22.	23:17.9	Izaiah Steury, Notre Dame	10/28/2022
23.	23:18.3	Joshua Methner, Notre Dame	10/28/2022
24.	23:18.7	Nate Mountain, Virginia	10/17/2025
25.	23:19.0	Antonio Lopez Segura, Virginia Tech	10/28/2022

MEN'S COLLEGE - 10000M

1.	28:37.7	Graham Blanks, Harvard	11/18/2023
2.	28:40.7	Habtom Samuel, New Mexico	11/18/2023
3.	28:55.8	Ky Robinson, Stanford	11/18/2023
4.	28:59.7	Denis Kingetich, Oklahoma St.	11/18/2023
5.	29:03.8	Drew Bosley, NAU	11/18/2023
6.	29:04.2	Nico Young, NAU	11/18/2023
7.	29:07.7	Patrick Kiprop, Arkansas	11/18/2023
8.	29:10.4	Rocky Kanden, Wake Forest	11/14/2025
9.	29:11.1	Brian Mausau, Oklahoma St.	11/18/2023
10.	29:12.6	Parker Wolfe, North Carolina	11/18/2023
11.	29:13.3	Fouad Messaoudi, Oklahoma St.	11/18/2023
12.	29:14.1	Devin Hart, Texas	11/18/2023
13.	29:16.1	Victor Shitsama, Oklahoma St.	11/18/2023
14.	29:17.2	Kirami Yego, Arkansas	11/18/2023
15.	29:17.5	Liam Murphy, Villanova	11/18/2023
16.	29:19.6	Elsingi Kipruto, Louisville	11/14/2025
17.	29:20.2	Alex Maier, Oklahoma St.	11/18/2023
18.	29:20.7	Peter Seufer, Virginia Tech	11/15/2019
19.	29:22.1	Sanele Masondo, Iowa St.	11/18/2023
20.	29:24.4	Athanas Kioko, Campbell	11/15/2019
21.	29:26.8	Alex Phillip, North Carolina	11/18/2023
22.	29:27.5	Taha Er Raouy, Eastern Kentucky	11/14/2025
23.	29:28.7	Ryan Adams, Furman	11/15/2019
24.	29:29.1	Aaron Las Heras, NAU	11/18/2023
25.	29:30.8	Perry Mackinnon, Syracuse	11/18/2023

* Panorama Farms created a new course prior to the 2019 cross country season

WOMEN'S NCAA CROSS COUNTRY HISTORY

NCAA CHAMPIONSHIP RESULTS

1981	NCAA CHAMPIONS (36 pts*)	
3.	Aileen O'Connor	16:27.7
5.	Lesley Welch	16:27.9
8.	Lisa Welch	16:38.2
12.	Jill Haworth	16:48.0
19.	Marisa Schmitt	17:03.5
26.	Dana Slater	17:07.6
40.	Mary Wright	17:24.1

1982	NCAA CHAMPIONS (48 pts)	
1.	Lesley Welch	16:36.7
4.	Jill Haworth	17:12.0
12.	Dana Slater	17:23.3
18.	Marisa Schmitt	17:30.8
29.	Martha White	17:40.3
43.	Mary Wright	17:55.2

1985		
26.	Patty Matava	16:59.7

1986		
16.	Patty Matava	17:26.8

1987		
18.	Patty Matava	16:45.5

1989		
109.	Claire Forbes	18:20.3

1991	18th Place (418 pts)	
41.	Claire Forbes	17:39
101.	Beni Gras	18:23
122.	Sharon Servidio	18:39
141.	Marcia West	18:56
142.	Kendra Hickman	18:56
163.	Lara Drauglis	19:33
166.	Jen Koster	19:37

1992		
26.	Claire Forbes	17:56.3

1993	17th Place (380 pts)	
56.	Lara Drauglis	17:35.4
78.	Sharon Serridio	17:50.5
87.	Anjanette Arabian	17:55.7
125.	Bernarda Gras	18:18.7
147.	Dana Keener	18:44.5
152.	Marianne Livingston	18:48.4
163.	Michelle Loschert	18:59.4

1999		
27.	Jennifer Owens	17:20.8

2001	9th Place (303 pts)	
6.	Jennifer Owens	20:43
72.	Sarah Folse	21:52
92.	Dawn Cleary	22:05
96.	Meghan McGarvey	22:07
121.	Ellen Dwyer	22:19
176.	Meghan Schwartz	22:51
219.	Jolene Hampson	23:20

2002	20th Place (510 pts)	
75.	Jane Maxwell	21:02.6
102.	Ellen Dwyer	21:18.6
152.	Meg McGarvey	21:39.4
154.	Kara Scanlin	21:41.3
166.	Dawn Cleary	21:48.8
174.	Ashley Seaton	21:52.0
203.	Sharon O'Connor	22:09.6

2004		
109.	Emily Harrison	22:02.1

2005	26th Place (605 pts)	
38.	Emily Harrison	20:31.1
67.	Kara Scanlin	20:50.1
195.	Laura Hodges	20:00.9
221.	Katie Read	22:24.5
225.	Lauretta Dezubay	22:29.2
250.	Jennifer Dolson	23:34.8
253.	Janine Ricci	23:54.6

2006	14th Place (383 pts)	
20.	Emily Harrison	21:13.8
25.	Kara Scanlin	21:16.4
66.	Katie Read	21:49.2
175.	Laura Hodges	22:42.3
186.	Lauretta Dezubay	22:51.2
227.	Janine Ricci	23:36.8
230.	Sara Casscells	23:44.9

2007		
6.	Emily Harrison	20:15.0

2008	26th Place (14th Place)	
87.	Lauretta Dezubay	21:07.2
108.	Morgane Gay	21:16.0
133.	Stephanie Garcia	21:25.3
197.	Samantha Stafford	21:57.5
222.	Sara Casscells	22:18.2
238.	Lyndsay Harper	22:47.4
245.	Susan Brooks	23:15.7

2009	15th Place (391 pts)	
4.	Catherine White	19:59.5
44.	Stephanie Garcia	20:47.6
92.	Lauretta Dezubay	21:15.5
116.	Morgane Gay	21:24.8
220.	Laurel MacMillan	22:25.1
237.	Samantha Stafford	22:51.8
250.	Jen Hovland	23:32.2

2010	21st Place (460 pts)	
84.	Stephanie Garcia	21:13.8
86.	Barbara Strehler	21:14.2
126.	Morgane Gay	21:32.2
132.	Katherine Walker	21:36.3
182.	Ariel Karabinus	22:06.2
253.	Lyndsay Harper	DNF

2011	20th Place (466 pts)	
22.	Morgane Gay	20:09.9
87.	Anna Corrigan	20:55.0
106.	Chelsea Ley	21:17.7
132.	Kathleen Stevens	21:30.8
149.	Katherine Walker	21:43.9
153.	Chelsea France	21:46.9
179.	Barbara Strehler	22:03.5

2012		
33.	Catherine White	20:11.8

2013	9th Place (283 pts)	
24.	Barbara Strehler	20:35.3
63.	Maria Hauger	21:01.3
74.	Kathleen Stevens	21:07.8
100.	Cleo Boyd	21:20.9
130.	Vicky Fouhy	21:30.5
150.	Sarah Fakler	21:39.4
183.	Sara Sargent	21:54.3

2014	15th Place (433 pts)	
41.	Morgan Kelly	20:46.5
102.	Iona Lake	21:12.6
109.	Kathleen Stevens	21:15.7
144.	Cleo Boyd	21:31.3
168.	Sara Sargent	21:40.4
191.	Sarah Fakler	21:51.3
248.	Megan Rebholz	23:16.3

2015	15th Place (386 pts)	
67.	Cleo Boyd	20:38.5
76.	Megan Rebholz	20:41.1
92.	Iona Lake	20:47.4
123.	Sarah Astin	21:00.4
176.	Maria Hauger	21:21.9
209.	Carly Hamilton	21:44.3
247.	Emily Mulhern	22:46.4

2017		
42.	Frances Schmiede	20:14.2

2018		
95.	Abbey Green	21:03.7

2022	9th Place (93 pts)	
44.	Mia Barnett	20:15.3
46.	Sophie Atkinson	20:15.9
55.	Margot Appleton	20:18.2
65.	Anna Workman	20:23.9
144.	Esther Seeland	20:43.1
159.	Camryn Menninger	21.00.6
197.	Linnaea Kavulich	21.19.8

2023	15th Place (400 pts)	
39.	Jenny Schilling	20:06.4
51.	Margot Appleton	20:13.2
105.	Anna Workman	20:42.1
158.	Camryn Menninger	21:05.3
159.	Gillian Bushee	21:05.8
186.	Caroline Timm	21:21.9

2024	14th (388 pts)	
18.	Margot Appleton	19:51.0
52.	Jenny Schilling	20:13.4
112.	Tatum David	20.37.6
151.	Gillian Bushee	20:49.6
167.	Camryn Menninger	20:55.1
191.	Cate DeSousa	21:07.2
196.	Sophie Atkinson	21:08.3

* NCAA meet record

2025		24th (558 pts)
61.	Tatum David	19:38.9
70.	Gillian Bushee	19:42.8
113.	Stella Kermes	20:00.9
206.	Tatum Olesen	20:41.2
222.	Cate DeSousa	20:49.8
226.	Katie Payne	20:55.1
229.	Ella Woelcke	20:57.8

* NCAA meet record

WOMEN'S CROSS COUNTRY HONORS

SOUTHEAST REGIONAL RESULTS

Year	Place	Points
2003	8th	N/A
2004	5th	155
2005	3rd	149
2006	4th	109
2007	6th	166
2008	**Champions**	**105**
2009	2nd	113
2010	**Champions**	**65**
2011	**Champions**	**113**
2012	8th	251
2013	**Champions**	**57**
2014	2nd	82
2015	**Champions**	**53**
2016	6th	190
2017	7th	202
2018	6th	192
2019	7th	250
2020	No meet	
2022	3rd	109
2023	3rd	123
2024	2nd	85
2025	4th	138

NATIONAL CHAMPIONS

Margaret Groos	1979 AAU
Lesley Welch	1982 NCAA
Lesley Welch	1982 TAC

ALL-AMERICANS

1978 Margaret Groos
Janet MacColl
Martha White
1979 Margaret Groos
Aileen O'Conner
1980 Aileen O'Conner
1981 Jill Haworth
Aileen O'Conner
Marisa Schmitt
Vivian Scruggs
Lesley Welch
Lisa Welch
1982 Jill Haworth
Marisa Schmitt
Dana Slater
Lesley Welch
Martha White
1985 Patti Matava
1986 Patti Matava
1987 Patti Matava
1999 Jennifer Owens
2001 Jennifer Owens
2006 Emily Harrison
2006 Kara Scanlin
2007 Emily Harrison
2009 Catherine White
2011 Morgane Gay
2012 Catherine White
2013 Barbara Strehler
(prior to 1981 were AIAW honors)
2023 Jenny Schilling
2024 Margot Appleton

ALL-SOUTHEAST REGION

2001 Sarah Folse (17th)
Dana Coons (18th)
2002 Jennifer Owens (3rd)
Sarah Folse (8th)
Meghan McGarvey (17th)
2003 Jane Maxwell (14th)
2004 Emily Harrison (6th)
2005 Emily Harrison (5th)
Kara Scanlin (7th)
2006 Emily Harrison (6th)
Kara Scanlin (7th)
Katie Read (14th)
2007 Emily Harrison (2nd)
Stephanie Garcia (25th)
2008 Lauretta Dezubay (6th)
Morgane Gay (7th)
Stephanie Garcia (9th)
2009 Catherine White (1st)
Morgane Gay (8th)
Stephanie Garcia (18th)
Lauretta Dezubay (25th)
2010 Morgane Gay (4th)
Barbara Strehler (8th)
Stephanie Garcia (10th)
Katherine Walker (17th)
2011 Morgane Gay (3rd)
Anna Corrigan (10th)
Chelsea Ley (19th)
2012 Catherine White (4th)
Barbara Strehler (20th)
2013 Barbara Strehler (3rd)
Maria Hauger (9th)
Sarah Fakler (11th)
Cleo Boyd (14th)
Kathleen Stevens (20th)
Sara Sargent (22nd)
2014 Iona Lake (3rd)
Morgan Kelly (4th)
Sarah Fakler (11th)
2015 Cleo Boyd (7th)
Sarah Astin (11th)
Emily Mulhern (12th)
Megan Rebholz (13th)
Iona Lake (15th)
2016 Emily Mulhern (8th)
2017 Frances Schmiede (7th)
Beth Hawling (14th)
2018 Abbey Green (7th)
2019 Gabrielle Karas (25th)
2022 Sophie Atkinson (13th)
Margot Appleton (16th)
Mia Barnett (24th)
2023 Jenny Schilling (39th)
2024 Margot Appleton (5th)
Jenny Schilling (6th)
Gillian Bushee (21st)
Sophie Atkinson (24th)
2025 Gillian Bushee (10th)
Tatum David (12th)
Stella Kermes (19th)

ACC CHAMPIONS

1978 Margaret Groos
1982 Lesley Welch
1987 Patty Matava
1992 Claire Forbes

ALL-ACC

1985 Patty Matava
1986 Patty Matava
1987 Patty Matava
1988 Lianne McVey
1990 Claire Forbes
1991 Claire Forbes
1992 Claire Forbes
1993 Lara Drauglis
Beni Gras
1997 Cheryl Twomey
1998 Jen Owens
1999 Sarah Folse
Jen Owens
2000 Sarah Folse
2001 Jen Owens
2002 Jane Maxwell
Kara Scanlin
2003 Jane Maxwell
2004 Emily Harrison
2005 Emily Harrison
2006 Emily Harrison
Katie Read
Kara Scanlin
2007 Emily Harrison
2008 Lauretta Dezubay
Stephanie Garcia
2009 Morgane Gay
Catherine White
2010 Stephanie Garcia
Morgane Gay
Barbara Strehler
2011 Barbara Strehler
2012 Catherine White
2013 Barbara Strehler
Maria Hauger
Kathleen Stevens
Sarah Fakler
2014 Sarah Fakler
Iona Lake
Morgan Kelly
2015 Cleo Boyd
Iona Lake
Emily Mulhern
2016 Emily Mulhern
2017 Frances Schmiede
Beth Hawling
2018 Abbey Green
2020 Hannah Moran
2022 Margot Appleton
Camryn Menninger
Mia Barnett
2023 Margot Appleton
Jenny Schilling
Caroline Timm
Anna Workman
2024 Margot Appleton
Jenny Schilling
2025 Tatum David
Gillian Bushee

ACC FRESHMAN OF THE YEAR

2013 Maria Hauger

SOUTHEAST REGION COACH OF THE YEAR

2013 Todd Morgan
2015 Todd Morgan

ACC COACH OF THE YEAR

2015 Todd Morgan

USTFCCCA ALL-ACADEMIC

2009 Morgane Gay
Catherine White
2010 Stephanie Garcia
Morgane Gay
2011 Anna Corrigan
2012 Barbara Strehler
Catherine White
2013 Cleo Boyd
Sarah Fakler
Kathleen Stevens
Barbara Strehler
2014 Sarah Fakler
Morgan Kelly
Iona Lake
2015 Cleo Boyd
Iona Lake
Emily Mulhern
Megan Rebholz
2016 Emily Mulhern
2017 Beth Hawling
Frances Schmeide
2018 Abbey Green
2019 Abbey Green
2022 Margot Appleton
Sophoe Atkinson
2023 Margot Appleton
Jenny Schilling
2024 Margot Appleton
Sophie Atkinson
Gillian Bushee
Jenny Schilling
2025 Gillian Bushee
Tatum David
Stella Kermes

WOMEN'S CROSS COUNTRY HONORS

ALL-ACC ACADEMIC

2006 Laura Hodges
Katherine Read
2007 Stephanie Garcia
2008 Lauretta Dezubay
Stephanie Garcia
Morgane Gay
Samantha Stafford
2009 Stephanie Garcia
Morgane Gay
Catherine White
2010 Stephanie Garcia
Barbara Strehler
2011 Anna Corrigan
Kathleen Stevens
Barbara Strehler
2012 Kathleen Stevens
Barbara Strehler
Catherine White
2013 Vicky Fouhy
Kathleen Stevens
Barbara Strehler
2014 Cleo Boyd
Sarah Fakler
Iona Lake
Kathleen Stevens
2015 Cleo Boyd
Sarah Fakler
Iona Lake
Emily Mulhern
Megan Rebholz
2016 Emily Mulhern
2017 Beth Hawling
Frances Schmeide
2018 Abbey Green
2020 Kiera Bothwell
Hannah Moran
2022 Margot Appleton
Sophie Atkinson
Addison Cox
Ellie Desmond
Luci Ilnicki-Lambert
Linnaea Kavulich
Camryn Menninger
Esther Seeland
Anna Workman
2023 Margot Appleton
Sophie Atkinson
Lizzy Bader
Gillian Bushee
Cate DeSousa
Lila Fenner
Luci Ilnicki-Lambert
Camryn Menninger
Jenny Schilling
Caroline Timm
Anna Workman
2024 Margot Appleton
Sophie Atkinson
Gillian Bushee
Tatum David
Cate DeSousa
Luci ilnicki-Lambert
Stella Kermes
Camryn Menninger
Tatum Olesen
Sarah Peer
Jenny Schilling
2025 Gillian Bushee
Tatum David
Cate DeSousa
Katie Dorsey
Mary Ellen Eudaly
Stella Kermes
Tatum Olesen
Clark Stewart
Ella Woeklcke

WOMEN'S ACC CROSS COUNTRY HISTORY

1978
NC State	36
Maryland	46
Virginia	48
North Carolina	84
Wake Forest	117
Clemson	135

1979
NC State	30
Virginia	35
Maryland	75
North Carolina	111
Clemson	122
Wake Forest	167

1980
NC State	29
Virginia	37
Maryland	72
North Carolina	112
Clemson	112
Wake Forest	175

1981
Virginia	**33**
NC State	52
Clemson	69
Maryland	96
North Carolina	115
Wake Forest	163

1982
Virginia	**20**
Clemson	43
NC State	74
North Carolina	114
Maryland	118
Wake Forest	159
Duke	185

1983
NC State	31
Clemson	37
North Carolina	78
Virginia	103
Maryland	131
Wake Forest	155

1984
NC State	29
Clemson	51
North Carolina	69
Virginia	104
Wake Forest	129
Maryland	132
Duke	172
Georgia Tech	221

1985
NC State	22
Clemson	75
Wake Forest	80
North Carolina	91
Virginia	93
Maryland	130
Georgia Tech	217
Duke	222

1986
Clemson	41
Wake Forest	50
Virginia	62
Maryland	98
North Carolina	141
Georgia Tech	147
Duke	156

1987
NC State	28
Wake Forest	45
Clemson	97
Virginia	122
Georgia Tech	124
Maryland	160
Duke	165
North Carolina	169

1988
NC State	28
Clemson	77
Maryland	86
Wake Forest	110
Georgia Tech	116
North Carolina	117
Virginia	162
Duke	179

1989
NC State	37
Clemson	65
Wake Forest	92
Georgia Tech	114
North Carolina	129
Virginia	129
Maryland	141
Duke	189

1990
NC State	36
Clemson	46
Virginia	61
North Carolina	111
Wake Forest	118
Maryland	172
Georgia Tech	189
Duke	191

1991
NC State	25
Clemson	59
Virginia	70
North Carolina	90
Florida State	154
Duke	179
Wake Forest	181
Maryland	205
Georgia Tech	231

1992
NC State	38
Wake Forest	41
Virginia	57
North Carolina	57
Florida State	164
Clemson	165
Georgia Tech	176
Duke	200
Maryland	245

1993
NC State	46
Virginia	64
Clemson	72
North Carolina	73
Wake Forest	118
Georgia Tech	178
Florida State	195
Duke	199
Maryland	224

1994
North Carolina	40
Wake Forest	48
Georgia Tech	68
Virginia	87
Clemson	97
Duke	171
Maryland	194
Florida State	235

1995
NC State	40
Wake Forest	70
North Carolina	108
Virginia	116
Georgia Tech	128
Clemson	135
Duke	153
Maryland	212
Florida State	220

1996
NC State	38
North Carolina	49
Virginia	98
Clemson	101
Wake Forest	103
Georgia Tech	133
Duke	199
Maryland	218
Florida State	247

1997
NC State	28
Wake Forest	48
North Carolina	70
Virginia	110
Duke	111
Clemson	157
Georgia Tech	161
Maryland	227
Florida State	247

1998
NC State	32
North Carolina	65
Wake Forest	75
Clemson	99
Virginia	114
Duke	155
Georgia Tech	207
Florida State	220
Maryland	223

1999
North Carolina	44
NC State	56
Virginia	77
Wake Forest	96
Duke	104
Clemson	163
Georgia Tech	167
Florida State	214
Maryland	259

2000
NC State	43
North Carolina	52
Wake Forest	92
Duke	106
Virginia	107
Florida State	128
Georgia Tech	143
Clemson	253
Maryland	263

2001
NC State	39
North Carolina	55
Virginia	80
Georgia Tech	107
Duke	136
Wake Forest	149
Florida State	156
Maryland	263
Clemson	273

2002
NC State	61
Wake Forest	61
Virginia	78
Duke	81
North Carolina	88
Florida State	134
Maryland	203
Georgia Tech	214
Clemson	284

2003
North Carolina	40
NC State	44
Wake Forest	62
Duke	120
Florida State	135
Virginia	142
Maryland	209
Georgia Tech	229
Clemson	282

2004
Duke	29
North Carolina	56
NC State	71
Wake Forest	94
Virginia	163
Florida State	168
Virginia Tech	197
Maryland	205
Clemson	270
Georgia Tech	272
Miami	305

2005
Duke	20
NC State	91
Wake Forest	104
Boston College	106
North Carolina	128
Virginia	177
Florida State	196
Maryland	214
Virginia Tech	235
Georgia Tech	281
Miami	323
Clemson	327

2006
NC State	59
Duke	88
Virginia	104
Florida State	118
Virginia Tech	123
North Carolina	138
Boston College	150
Wake Forest	166
Georgia Tech	194
Maryland	217
Clemson	343
Miami	384

2007
Florida State	64
NC State	102
Boston College	106
North Carolina	118
Virginia Tech	121
Duke	123
Wake Forest	127
Virginia	160
Maryland	236
Clemson	257
Georgia Tech	277
Miami	390

2008
Florida State	27
Boston College	106
Wake Forest	112
Duke	124
Virginia	124
North Carolina	137
Virginia Tech	150
Clemson	170
Maryland	236
NC State	262
Georgia Tech	289
Miami	392

2009
Florida State	37
Duke	71
Virginia	84
NC State	109
North Carolina	137
Boston College	144
Maryland	192
Wake Forest	204
Clemson	221
Virginia Tech	284
Georgia Tech	312
Miami	380

2010
Florida State	52
Virginia	75
Duke	99
Boston College	100
North Carolina	123
NC State	137
Wake Forest	206
Virginia Tech	207
Clemson	208
Maryland	311
Georgia Tech	315
Miami	353

2011
Florida State	20
Boston College	79
Virginia	113
NC State	113
North Carolina	118
Clemson	159
Duke	161
Virginia Tech	180
Maryland	258
Wake Forest	264
Georgia Tech	328
Miami	369

2012
Florida State	35
Duke	67
Boston College	82
NC State	86
North Carolina	152
Virginia	170
Clemson	191
Wake Forest	222
Georgia Tech	258
Virginia Tech	260
Maryland	296
Miami	350

2013
Florida State	52
Virginia	65
Syracuse	108
Notre Dame	124
Duke	130
Boston College	151
NC State	183
Virginia Tech	188
North Carolina	204
Wake Forest	246
Clemson	336
Georgia Tech	389
Pittsburgh	399
Maryland	404
Miami	447

WOMEN'S ACC CROSS COUNTRY HISTORY

2014

North Carolina	57
Florida State	99
Virginia	109
NC State	119
Notre Dame	132
Virginia Tech	161
Boston College	162
Syracuse	162
Wake Forest	233
Duke	276
Georgia Tech	289
Louisville	290
Clemson	369
Pittsburgh	388
Miami	505

2015

Virginia	**71**
NC State	75
Notre Dame	96
Syracuse	141
North Carolina	150
Boston College	159
Florida State	172
Virginia Tech	213
Pittsburgh	241
Clemson	244
Duke	275
Wake Forest	290
Louisville	312
Georgia Tech	407
Miami	450

2016

NC State	53
Notre Dame	74
Virginia Tech	153
Louisville	157
Syracuse	184
Clemson	207
Pitt	207
Wake Forest	207
Florida State	213
Virginia	220
Duke	245
Boston College	247
UNC	299
Georgia Tech	347
Miami	446

2017

NC State	43
Louisville	109
Virginia Tech	129
Syracuse	134
Wake Forest	166
Notre Dame	175
Duke	180
Virginia	182
Florida State	210
Pitt	210
UNC	244
Georgia Tech	258
Boston College	348
Clemson	378
Miami	461

2018

NC State	67
Notre Dame	68
Syracuse	83
Florida State	128
Virginia Tech	161
Duke	179
Georgia Tech	184
Wake Forest	195
Virginia	230
Boston College	291
Clemson	294
North Carolina	294
Pittsburgh	320
Louisville	324
Miami	497

2019

NC State	64
Florida State	76
Notre Dame	116
Virginia Tech	146
Syracuse	154
Wake Forest	158
Boston College	159
North Carolina	196
Duke	202
Georgia Tech	138
Virginia	276
Louisville	314
Clemson	352
Pittsburgh	410
Miami	493

2020

NC State	47
Georgia Tech	99
Florida State	109
Duke	114
North Carolina	116
Notre Dame	116
Virginia	205
Syracuse	237
Boston College	261
Wake Forest	287
Virginia Tech	292
Louisville	303
Clemson	320
Pittsburgh	406
Miami	447

2021

NC State	20
North Carolina	87
Florida State	102
Syracuse	105
Notre Dame	114
Boston College	216
Virginia Tech	219
Georgia Tech	229
Duke	247
Virginia	263
Wake Forest	268
Pittsburgh	373
Louisville	399
Miami	407
Clemson	407

2022

NC State	34
Notre Dame	38
Virginia	98
North Carolina	109
Florida State	148
Syracuse	191
Duke	195
Virginia Tech	219
Wake Forest	226
Georgia Tech	240
Boston College	339
Miami	340
Pitt	368
Clemson	424
Louisville	434

2023

NC State	37
Notre Dame	80
Virginia	82
Syracuse	167
North Carolina	172
Boston College	183
Duke	186
Wake Forest	200
Georgia Tech	264
Virginia Tech	267
Florida State	275
Pittsburgh	330
Louiscille	333
Clemson	339
Miami	412

2024

Notre Dame	115
Stanford	121
North Carolina	121
Virginia	152
NC State	160
Boston College	185
Florida State	190
Syracuse	197
Wake Forest	200
Louisville	202
Clemson	221
Georgia Tech	298
Virginia Tech	329
SMU	367
Cal	392
Pittsburgh	410
UMiami	551
Duke	549

2025

NC State	28
Notre Dame	89
North Carolina	127
Stanford	150
Virginia	170
Duke	198
Boston College	207
Virginia Tech	214
Wake Forest	227
Clemson	242
Louisville	265
Florida State	281
Syracuse	303
SMU	325
California	424
Pittsburgh	449
Georgia Tech	496
Miami	570

VIRGINIA YEAR-BY-YEAR

1978	3rd (48)
1979	2nd (35)
1980	2nd (37)
1981	**1st (33)**
1982	**1st (20)**
1983	4th (103)
1984	4th (104)
1985	5th (93)
1986	3rd (62)
1987	4th (122)
1988	7th (162)
1989	6th (129)
1990	3rd (61)
1991	3rd (70)
1992	3rd (57)
1993	2nd (64)
1994	4th (87)
1995	4th (116)
1996	3rd (98)
1997	4th (110)
1998	5th (114)
1999	3rd (77)
2000	5th (107)
2001	3rd (80)
2002	3rd (78)
2003	6th (142)
2004	5th (163)
2005	6th (177)
2006	3rd (104)
2007	8th (160)
2008	5th (124)
2009	3rd (84)
2010	2nd (75)
2011	3rd (113)
2012	6th (170)
2013	2nd (65)
2014	3rd (109)
2015	**1st (71)**
2016	10th (220)
2017	8th (182)
2018	9th (230)
2019	11th (276)
2020	7th (205)
2021	10th (263)
2022	3rd (98)
2023	3rd (82)
2024	4th (115)
2025	5th (170)

MEN'S NCAA CROSS COUNTRY HISTORY

NCAA CHAMPIONSHIP RESULTS

1939		
55.	Charles E. Chamberlain	23:16

1970		38th Place (1,052 pts)
288.	Henry Barron	32:39:0
293.	James Wood	32:55:0
296.	Wallace Andrew	33:00:0
302.	Joseph Cacciapaglia	33:36:0

1972		
56.	Philip Meyer	29:51:0

1977		
48.	Chris Fox	30:10.6

1979		
77.	Mike Cotton	30:46.2

1980		
48.	Mike Cotton	30:22.8

1983		18th Place (353 pts)
60.	Timothy Springfield	31:06.8
65.	Colin Peddie	31:10.4
68.	John Hinton	31:12.9
106.	Gregory Coan	31:36.6
150.	James Hays	32:38.3
162.	William Convey	33:05.3
174.	James Brooks	33:46.6

1984		5th Place (190 pts)
19.	Timothy Springfield	30:14.8
22.	Colin Peddie	30:20.2
57.	John Hinton	30:53.6
63.	James Hays	30:56.9
81.	James Brooks	31:40.8
152.	John	32:30.1
170.	Greg Coan	33:17.4

1998		
62.	Bobby Thiele	31:39.1

1999		
26.	Bobby Thiele	31:05.6

2000		
113.	Bobby Thiele	31:51.3

2001		
68.	Walton Kingsberry	30:36:00

2003		30th Place (801 pts)
164.	Will Christian	31:26.1
171.	Andy Filachek	31:27.9
201.	Alex Tatu	31:47.5
222.	Dave Vitto	32:15.6
223.	Walton Kingsberry	32:16.6
237.	Ryan Neubart	32:50.1
248.	James Atchison	34:06.1

2004		
201.	Soeren Lindner	33:38.5

2005		26th Place (550 pts)
103.	Jan Foerster	30:58.3
111.	Andrew Dumm	31:00.5
129.	Ryan Foster	31:15.4
173.	Andy Biladeau	31:39.6
183.	Jeff Eggleston	31:44.0
208.	Soeren Lindner	31:58.8
227.	Alex Tatu	32:18.2

2006		14th Place (446 pts)
32.	Jan Foerster	31:38.0
99.	Andrew Dumm	32:37.1
115.	Andy Biladeau	32:43.3
165.	Taylor Smith	33:12.5
177.	Andrew Jesien	33:26.4
236.	Alex Tatu	34:37.2

2007		12th Place (374 pts)
42.	Jan Foerster	30:37.1
56.	Emil Heineking	30:43.6
72.	Ryan Foster	30:56.4
126.	Taylor Smith	31:21.3
173.	Andy Biladeau	31:41.3
200.	Kevin Tschirhart	32:05.2
216.	Andrew Jesien	32:28.8

2008		14th Place (383 pts)
26.	Emil Heineking	30:02.0
70.	Ryan Collins	30:38.4
99.	Ryan Foster	30:54.7
123.	Andy Biladeau	31:04.6
158.	Andrew Jesien	31:22.0
190.	Graham Tribble	31:40.2
247.	Trey Miller	33:11.7

2009		15th Place (408 pts)
41.	Ryan Collins	30:22.0
68.	Emil Heineking	30:36.7
122.	Sintayehu Taye	31:08.8
133.	Graham Tribble	31:13.9
141.	Trey Miller	31:18.1
164.	Andrew Revelle	31:28.6
188.	Sean Keveren	31:47.1

2010		17th Place (386 pts)
32.	Ryan Collins	30:24.9
71.	Emil Heineking	30:52.3
82.	Sean Keveren	30:57.7
107.	Sintayehu Taye	31:16.2
172.	Chris Foley	31:50.3
181.	Drew Paisley	31:59.5
244.	Zach Vrhovac	35:20.4

2011		
27.	Mark Amirault	29:56.8

2012		14th Place (382 pts)
22.	Zach Gates	29:48.3
72.	Mark Amirault	30:30.4
99.	Kyle King	30:42.8
109.	Thomas Porter	30:50.4
189.	Jack St. Marie	31:32.0
238.	Drew Paisley	32:40.3

2013		13th Place (370 pts)
18.	Kyle King	30:27.3
63.	Thomas Porter	31:00.4
93.	Zach Herriott	31:16.7
123.	Adam Visokay	31:31.2
156.	Thomas Madden	31:50.9
169.	Drew Paisley	31:58.0
183.	Chris Foley	32:09.0

2014		21st Place (502 pts)
81.	Zach Herriott	31:25.3
84.	Connor Rog	31:26.4
88.	Kyle King	31:27.6
164.	Thomas Madden	32:03.8
174.	Chase Weaverling	32:09.5
226.	Adam Visokay	33:14.4
228.	Trevor Hopper	33:17.2

2015		22nd Place (480 pts)
55.	Chase Weaverling	30:38.8
59.	Henry Wynne	30:40.3
150.	Thomas Madden	31:27.6
166.	Brent Demarest	31:33.5
171.	Zach Herriott	31:36.7
177.	Evan Chiplock	31:41.3
222.	Adam Visokay	32:27.6

2016		18th Place (476 pts)
42.	Brent Demarest	30:28.6
53.	Zach Herriott	30:34.1
103.	Lachlan Cook	30:53.4
181.	Chase Weaverling	31:28.4
208.	Ari Klau	31:48.0
224.	AJ Ernst	32:00.4
250.	Matt Novak	34:05.4

2017		16th Place (476 pts)
19.	Brent Demarest	29:43.6
85.	Lochlan Cook	30:32.7
101.	Chase Weaverling	30:43.0
115.	Ari Klau	30:52.3
197.	Alex Corbett	31:35.7
230.	Kenneth Hagen	32:09.8
237.	Johnny Pace	32:33.8

2018		
31.	Brent Demarest	29:54.4

2019		20th (468 pts)
57.	Alex Corbett	31:33.9
64.	Peter Morris	31:36.4
110.	Randy Neisth	32:02.0
159.	AJ Ernst	32:28.0
170.	Lachlan Cook	32:34.3

2021 (for 2020)		
158.	Peter Morris	32:18.7
223.	Harry Monroe	33.36.1

2022		22nd (557 pts)
105.	Derek Johnson	30:14.7
129.	Will Anthony	30:26.7
136.	Justin Wachtel	30:28.7
143.	Wes Porter	30:33.4
148.	Yasin Sado	30:36.2
163.	Gary Martin	30:43.6
184.	Rohann Asfaw	30:53.1

2023		22nd (512 pts)
61.	Will Anthony	30:07.9
73.	Yasin Sado	30:18.8
118.	Wes Porter	30:43.4
172.	Nate Mountain	31:17.2
201.	Jacob Hunter	31:45.6
219.	Gary Martin	32:20.8
232.	Justin Wachtel	33:02.7

2024		21st (487 pts)
13.	Gary Martin	29:02.3
109.	Will Anthony	29:58.4
140.	Justin Wachtel	30:10.1
152.	Nate Mountain	30:15.9
178.	Wes Porter	30:31.0
179.	Jack Eliason	30:31.2
186.	Andrew Jones	30:37.1

2025		7th (303 pts)
7.	Gary Martin	28:44.3
60.	Nate Mountain	29:19.5
81.	Brett Gardner	29:30.1
106.	Nicholas Bendtsen	29:39.0
110.	Justin Wachtel	29:42.4
125.	Will Daley	29:47.0
139.	Andrew Jones	29:52.5

MEN'S CROSS COUNTRY HONORS

SOUTHEAST REGIONAL RESULTS

Year	Place	Points
2003	4th	N/A
2004	4th	118
2005	2nd	91
2006	4th	131
2007	4th	116
2008	2nd	67
2009	5th	133
2010	6th	185
2011	9th	238
2012	**Champions**	**64**
2013	2nd	96
2014	**Champions**	**75**
2015	2nd	96
2016	2nd	105
2017	3rd	130
2018	3rd	102
2019	**Champions**	**79**
2019	No event due to COVID19	
2022	2nd	83
2023	5th	136
2024	**Champions**	**79**
2025	3rd	95

ALL-AMERICANS

1980 Mike Cotton
1984 Collin Peddie
1984 Tim Springfield
1999 Bobby Thiele
2007 Emil Heineking
2008 Emil Heineking
2010 Ryan Collins
2011 Mark Amirault
2012 Zach Gates
2013 Kyle King
2017 Brent Demarest
2018 Brent Demarest
2024 Gary Martin
2025 Gary martin

ALL-SOUTHEAST REGION

2003 Will Christian (7th)
Walton Kingsbery (13th)
2004 Soeren Lindner (9th)
Will Christian (10th)
Ryan Foster (17th)
2005 Jan Foerster (4th)
Ryan Foster (11th)
Andrew Dumm (18th)
2006 Jan Foerster (5th)
Andrew Dumm (14th)
2007 Emil Heineking (14th)
Andy Biladeau (21st)
Jan Foerster (22nd)
Ryan Foster (25th)
2008 Emil Heineking (3rd)
Ryan Foster (4th)
Ryan Collins (10th)
Graham Tribble (19th)
2009 Emil Heineking (7th)
Ryan Collins (14th)
Graham Tribble (21st)
2010 Emil Heineking (5th)
Ryan Collins (7th)
2011 Mark Amirault (3rd)
2012 Zach Gates (4th)
Kyle King (10th)
Thomas Porter (14th)
Mark Amirault (17th)
Drew Paisley (19th)
2013 Kyle King (5th)
Thomas Porter (9th)
Zach Herriott (18th)
2014 Adam Visokay (6th)
Kyle King (7th)
Zach Herriott (11th)
Chase Weaverling (24th)
2015 Henry Wynne (12th)
Chase Weaverling (14th)
Zach Herriott (17th)
Thomas Madden (25th)
2016 Zach Herriott (9th)
Lachlan Cook (12th)
Chase Weaverling (14th)
2017 Lachlan Cook (6th)
Brent Demarest (7th)
2018 Brent Demarest (6th)
AJ Ernst (13th)
Ari Klau (19th)
Alex Corbett (25th)
2019 AJ Ernst (11th)
Ari Klau (15th)
Alex Corbett (16th)
Peter Morris (17th)
Lachlan Cook (20th)
2021 Rohann Asfaw (23rd)
Derek Johnson (25th)
2022 Justin Wachtel (3rd)
Derek Johnson (10th)
Yasin Sado (22nd)
Rohann Asfaw (23rd)
Will Anthony (25th)
2023 Will Anthony (7th)
Nate Mountain (14th)
Yasin Sado (24th)
2024 Gary Martin (8th)
Will Anthony (9th)
Andrew Jones (17th)
Nate Mountain (19th)
2025 Gary Martin (5th)
Brett Gardner (7th)
Justin Wachtel (13th)

ACC CHAMPIONS

2008 Ryan Foster
2009 Emil Heineking
2010 Emil Heineking
2024 Gary Martin

ALL-ACC

1986 Ken Cheeseman
1988 Ken Cheeseman
Andrew Hudson
1990 Andrew Hudson
Matt White
1992 Rob Cook
1994 Andrew Carnahan
1998 Bobby Thiele
1999 Bobby Thiele
2000 Matt Ruhl
Bobby Thiele
Justin Wood
2003 Will Christian
2004 Will Christian
Ryan Foster
2005 Andy Biladeau
Andrew Dumm
Jan Foerster
Ryan Foster
Soeren Lindner
Alex Tatu
2006 Andy Biladeau
Jan Foerster
2007 Andy Biladeau
Jan Foerster
Ryan Foster
Emil Heineking
2008 Andy Biladeau
Ryan Collins
Ryan Foster
Emil Heineking
2009 Ryan Collins
Emil Heineking
2010 Ryan Collins
Emil Heineking
2011 Mark Amirault
2012 Zach Gates
Kyle King
Thomas Porter
2013 Kyle King
Thomas Porter
2014 Connor Rog
Zach Herriott
2015 Chase Weaverling
Henry Wynne
2016 Lachlan Cook
Brent Demarest
Zach Herriott
Chase Weaverling
2017 Lachlan Cook
Brent Demarest
Chase Weaverling
2018 Brent Demarest
Ari Klau
Randy Neish
2019 Peter Morris
AJ Ernst
Alex Corbett
2020 Rohann Asfaw
Randy Neish
Harry Monroe
2021 Rohann Asfaw
2022 Justin Wachtel
Yasin Sado
Wes Porter
2023 Will Anthony
Gary Martin
Nate Mountain
Yasin Sado
2024 Gary Martin
Will Anthony
Nate Mountain
2025 Gary Martin
Brett Gardner
Justin Wachtel
Nate Mountain

ACC PERFORMER OF THE YEAR

2024 Gary Martin

ACC SCHOLAR-ATHLETE OF THE YEAR

2024 Gary Martin

ACC FRESHMAN OF THE YEAR

2005 Andy Biladeau
2007 Emil Heineking
2012 Conner Rog
2013 Thomas Madden
2016 Lachlan Cook

ACC COACH OF THE YEAR

1984 Dennis Craddock
1985 Dennis Craddock
2005 Jason Dunn
2007 Jason Dunn
2008 Jason Vigilante

SOUTHEAST REGION COACH OF THE YEAR

2014 Pete Watson
2019 Vin Lananna
2025 Vin Lananna

USTFCCCA ALL-ACADEMIC

2011 Mark Amirault
2012 Mark Amirault
Zach Gates
Drew Paisley
Thomas Porter
2013 Thomas Porter
2014 Chase Weaverling
2015 Thomas Madden
Chase Weaverling
2016 Zach Herriott
Chase Weaverling
2019 Pete Morris
2020 Pete Morris
Harry Monroe

MEN'S CROSS COUNTRY HONORS

2021 Rohann Asfaw
Derek Johnson
2022 Will Anthony
Rohann Asfaw
Derek Johnson
Justin Wachtel
2023 Will Anthony
Nate Mountain
2024 Will Anthony
Andrew Jones
Gary Martin
Nate Mountain
2025 Brett Gardner
Gary Martin
Justin Wachtel

ALL-ACC ACADEMIC

2005 Andrew Dumm
Jan Foerster
Ryan Foster
2006 Andrew Dumm
Andrew Jesien
Taylor Smith
2007 Emil Heineking
Andrew Jesien
Taylor Smith
2008 Andrew Jesien
2009 Emil Heineking
Trey Miller
2010 Emil Heineking
Sean Keveren
2011 Sean Keveren
Drew Paisley
David Wilson
2012 Mark Amirault
Zach Gates
Sean Keveren
Drew Paisley
Thomas Porter
Jack St. Marie
2013 Thomas Madden
Drew Paisley
Thomas Porter
2015 Thomas Madden
Adam Visokay
Chase Weaverling
2016 Zach Herriott
Chase Weaverling
2017 Chase Weaverling
2018 Brent Demarest
AJ Ernst
2019 AJ Ernst
Peter Morris
Randy Neish
2020 Rohan Asfaw
Randy Neish
Wes Porter
Harry Monroe
2021 Rohann Asfaw
Derek Johnson
2022 Will Anthony
Rohann Asfaw
Jack Eliason
Jacob Hunter
Derek Johnson
Gary Martin
Nate Mountain
Conor Murphy
Wes Porter
Justin Wachtel
2023 Will Anthony
Jack Eliason
Jacob Hunter
Nick Karayianis
Gary Martin
Nate Mountain
Wes Porter
Justin Wachtel
2024 Will Anthony
Jack Eliason
Jacob Hunter
Andrew Jones
Gary Martin
Nate Mountain
Wes Porter
Scott Sikorski
Justin Wachtel
Jimmy Wischusen
2025 Adam Balewicz
Gary Martin
Richard Moreno

MEN'S ACC CROSS COUNTRY HISTORY

1954
Maryland 26
North Carolina 36
Duke 96
Virginia 114
Wake Forest 141

1955
No team competition

1956
North Carolina 36
Maryland 81
Virginia 96
Clemson 115
NC State 131
Wake Forest 137
Duke 164
South Carolina 165

1957
North Carolina 45
Clemson 89
Maryland 94
NC State 97
Duke 104
Virginia 109
Wake Forest 121

1958
Duke 47
North Carolina 66
Maryland 68
NC State 129
Clemson 142
Virginia 164
Wake Forest 165
South Carolina 180

1959
Duke 44
Maryland 64
NC State 87
North Carolina 107
Virginia 123
Clemson 144
Wake Forest 163

1960
North Carolina 25
Maryland 38
Duke 61
NC State 120
Virginia 144

1961
North Carolina 37
Duke 48
Maryland 52
Clemson 141
NC State 150
Wake Forest 152
Virginia 179

1962
North Carolina 31
Duke 51
Maryland 51
Wake Forest 119
Clemson 164
Virginia 170
South Carolina 181
NC State 215

1963
North Carolina 52
Duke 68
Maryland 75
NC State 96
Wake Forest 110
Clemson 137
South Carolina 143
Virginia 219

1964
Maryland 45
North Carolina 72
Virginia 77
South Carolina 82
Wake Forest 101
Clemson 142
Duke 173

1965
Maryland 25
Duke 62
North Carolina 87
Virginia 115
Wake Forest 117
South Carolina 123
NC State 199

1966
Maryland 30
North Carolina 52
Wake Forest 82
Duke 99
South Carolina 149
NC State 158
Virginia 168
Clemson 201

1967
Maryland 27
Duke 52
North Carolina 82
NC State 135
Wake Forest 147
Virginia 153
South Carolina 171
Clemson 174

1968
Maryland 34
Duke 66
North Carolina 86
Clemson 119
NC State 120
Virginia 159
South Carolina 165
Wake Forest 219

1969
Maryland 49
Duke 65
North Carolina 80
Virginia 111
NC State 115
South Carolina 119
Clemson 157
Wake Forest 198

1970
Duke 42
North Carolina 66
NC State 71
Maryland 77
Clemson 138
Virginia 147
Wake Forest 185
South Carolina 196

1971
North Carolina 34
Duke 36
Maryland 87
NC State 88
Clemson 141
Virginia 159
Wake Forest 199

1972
Maryland 36
Duke 57
NC State 69
North Carolina 85
Virginia 112
Clemson 157
Wake Forest 189

1973
Duke 38
Maryland 47
North Carolina 61
NC State 89
Virginia 142
Clemson 147
Wake Forest 158

1974
Maryland 29
Duke 56
North Carolina 59
NC State 116
Virginia 132
Clemson 139
Wake Forest 168

1975
Duke 23
Maryland 38
NC State 114
Clemson 115
Virginia 122
North Carolina 133
Wake Forest 189

1976
Maryland 43
North Carolina 49
Duke 95
Clemson 98
NC State 122
Virginia 137
Wake Forest 146

1977
Duke 56
NC State 71
Virginia 77
Clemson 91
North Carolina 102
Maryland 104
Wake Forest 159

1978
Clemson 41
North Carolina 66
Maryland 77
NC State 89
Wake Forest 109
Virginia 124
Duke 157

1979
North Carolina 37
Maryland 62
NC State 77
Clemson 87
Virginia 122
Wake Forest 145
Duke 173
Georgia Tech 174

1980
Clemson 27
NC State 45
Virginia 94
Maryland 113
North Carolina 127
Duke 128
Wake Forest 202
Georgia Tech 216

1981
Clemson 42
North Carolina 55
Virginia 71
Maryland 114
NC State 118
Wake Forest 132
Duke 182
Georgia Tech 190

1982
Clemson 33
Virginia 66
North Carolina 98
NC State 99
Wake Forest 100
Maryland 148
Georgia Tech 166
Duke 202

1983
Clemson 40
Wake Forest 54
Virginia 70
Maryland 92
NC State 167
North Carolina 167
Georgia Tech 187
Duke 202

1984
Virginia 42
Clemson 57
NC State 73
Georgia Tech 127
Maryland 134
North Carolina 135
Wake Forest 141
Duke 199

1985
North Carolina 54
NC State 60
Clemson 84
Wake Forest 85
Maryland 102
Georgia Tech 148
Virginia 150
Duke 207

1986
NC State 46
Maryland 61
North Carolina 71
Clemson 77
Virginia 122
Wake Forest 147
Georgia Tech 165
Duke 199

1987
Clemson 38
NC State 54
North Carolina 63
Maryland 92
Wake Forest 104
Georgia Tech 151
Duke 211
Virginia DNF

1988
Clemson 27
Wake Forest 50
North Carolina 84
Virginia 98
Maryland 122
Georgia Tech 157
Duke 184
NC State X

1989
Wake Forest 31
Clemson 36
NC State 72
Virginia 112
Maryland 114
Georgia Tech 166
North Carolina 184
Duke 187

1990
Wake Forest 44
NC State 50
Virginia 64
Clemson 104
North Carolina 148
Maryland 153
Duke 188
Georgia Tech 189

1991
NC State 52
Wake Forest 61
North Carolina 63
Clemson 68
Virginia 147
Georgia Tech 152
Florida State 200
Maryland 210
Duke 235

1992
NC State 46
Wake Forest 48
Clemson 91
North Carolina 105
Georgia Tech 106
Virginia 122
Maryland 211
Florida State 230
Duke 233

1993
Wake Forest 36
NC State 59
Clemson 69
Georgia Tech 92
Virginia 118
Duke 183
North Carolina 211
Florida State 220
Maryland 237

1994
Wake Forest 46
NC State 53
Georgia Tech 108
North Carolina 110
Clemson 114
Virginia 127
Duke 176
Maryland 200
Florida State 273

1995
NC State 18
Wake Forest 67
North Carolina 121
Virginia 133
Duke 148
Clemson 152
Georgia Tech 161
Maryland 161
Florida State 230

1996
NC State 30
Wake Forest 40
North Carolina 82
Duke 114
Clemson 127
Virginia 143
Florida State 217
Georgia Tech 222
Maryland 231

1997
NC State 24
Wake Forest 73
Clemson 75
North Carolina 86
Duke 117
Virginia 184
Georgia Tech 188
Maryland 220
Florida State 232

1998
NC State 26
Duke 75
Clemson 94
Virginia 101
North Carolina 121
Wake Forest 169
Georgia Tech 201
Florida State 210
Maryland 248

1999
NC State 16
Duke 70
Wake Forest 99
Virginia 106
Clemson 126
Georgia Tech 162
North Carolina 179
Florida State 218
Maryland 249

MEN'S ACC CROSS COUNTRY HISTORY

2000
Duke	39
NC State	49
Virginia	54
Wake Forest	84
North Carolina	163
Clemson	180
Florida State	188
Georgia Tech	218
Maryland	262

2001
NC State	26
Wake Forest	45
Duke	94
Virginia	114
Florida State	134
Georgia Tech	153
Clemson	187
North Carolina	221
Maryland	274

2002
NC State	17
Duke	69
Virginia	95
Clemson	103
Florida State	123
Wake Forest	148
North Carolina	187
Maryland	219
Georgia Tech	243

2003
NC State	27
Florida State	66
Virginia	83
Clemson	130
Wake Forest	139
Georgia Tech	156
Maryland	161
North Carolina	183
Duke	206

2004
NC State	47
Florida State	48
Virginia	85
Clemson	87
Duke	99
Wake Forest	172
Maryland	198
Georgia Tech	227
Virginia Tech	249
North Carolina	295
Miami	313

2005
Virginia	**30**
Florida State	38
NC State	103
Wake Forest	136
Duke	142
Virginia Tech	174
Clemson	175
North Carolina	198
Boston College	201
Maryland	304
Miami	342
Georgia Tech	356

2006
NC State	31
Florida State	79
Virginia	87
Duke	124
Clemson	132
Virginia Tech	145
Boston College	196
North Carolina	213
Wake Forest	217
Maryland	261
Georgia Tech	315
Miami	348

2007
Virginia	**32**
NC State	39
Florida State	130
Clemson	137
Virginia Tech	139
Duke	156
Wake Forest	193
Boston College	195
Maryland	206
North Carolina	246
Georgia Tech	271
Miami	381

2008
Virginia	**40**
NC State	56
Virginia Tech	75
Florida State	80
Duke	127
Maryland	199
Boston College	199
North Carolina	209
Clemson	212
Georgia Tech	239
Wake Forest	342
Miami	372

2009
NC State	56
Virginia	71
Florida State	72
Duke	74
Virginia Tech	122
North Carolina	138
Maryland	219
Georgia Tech	239
Wake Forest	281
Boston College	287
Clemson	293
Miami	395

2010
Florida State	43
NC State	81
North Carolina	84
Virginia	92
Duke	93
Wake Forest	209
Virginia Tech	242
Maryland	244
Boston College	254
Clemson	267
Georgia Tech	271
Miami	357

2011
NC State	51
Florida State	55
North Carolina	84
Virginia Tech	116
Duke	116
Virginia	169
Wake Forest	212
Maryland	232
Georgia Tech	239
Clemson	268
Boston College	281
Miami	372

2012
Virginia Tech	55
Virginia	61
Florida State	62
NC State	74
Duke	112
North Carolina	149
Wake Forest	209
BC	246
Georgia Tech	272
Clemson	280
Miami	342

2013
Syracuse	64
North Carolina	84
Notre Dame	105
Virginia	108
Virginia Tech	120
Duke	137
Florida State	145
NC State	154
Georgia Tech	256
Wake Forest	274
Clemson	341
Pittsburgh	366
BC	382
Miami	409

2014
Syracuse	32
NC State	90
North Carolina	95
Virginia	121
Florida State	158
Virginia Tech	163
Notre Dame	189
Louisville	191
Clemson	245
Georgia Tech	277
Wake Forest	291
Duke	296
Pittsburgh	353
BC	435
Miami	500

2015
Syracuse	45
NC State	95
Virginia	115
Virginia Tech	120
Louisville	130
Notre Dame	147
Florida State	172
Duke	187
North Carolina	189
Georgia Tech	209
Clemson	318
BC	360
Wake Forest	410
Miami	488

2016
Syracuse	29
Virginia	72
NC State	82
Virginia Tech	128
Florida State	134
North Carolina	182
Louisville	203
Georgia Tech	224
Pitt	246
Notre Dame	257
Duke	311
Boston College	337
Wake Forest	345
Clemson	346
Miami	440

2017
Syracuse	27
Virginia Tech	73
NC State	98
Virignia	100
Florida State	152
Wake Forest	182
Notre Dame	206
Geogia Tech	238
Duke	261
Pitt	285
UNC	315
Clemson	345
Miami	370
Boston College	378
Louisville	384

2018
Notre Dame	57
Syracuse	61
NC State	85
Virginia	128
Wake Forest	154
Virgnia Tech	183
Florida State	186
Duke	205
North Carolina	232
Louisville	245
Geogia Tech	250
Boston College	353
Pittsburgh	358
Clemson	395
Miami	491

2019
Syracuse	68
Notre Dame	73
Virginia Tech	100
Virginia	100
Wake Forest	116
Florida State	155
Duke	162
NC State	164
Georgia Tech	255
North Carolina	298
Pittsburgh	315
Louisville	341
Boston College	405
Clemson	412
Miami	466

2020
Notre Dame	40
NC State	54
Wake Forest	86
Virginia	92
Duke	134
Syracuse	135
North Carolina	196
Virginia Tech	222
Florida State	225
Pittsburgh	282
Clemson	335
Georgia Tech	342
Louisville	384
Boston College	457
Miami	472

2021
Notre Dame	32
Syracuse	84
Wake Forest	104
North Carolina	110
Florida State	134
NC State	141
Duke	161
Virginia	211
Virginia Tech	273
Louisville	292
Pittsburgh	299
Georgia Tech	341
Boston College	436
Clemson	446
Miami	479

2022
Wake Forest	44
Syracuse	86
North Carolina	87
Notre Dame	92
NC State	118
Virginia	125
Duke	181
Virginia Tech	251
Florida State	255
Pitt	292
Georgia Tech	319
Louisville	234
Clemson	359
Boston College	451
Miami	455

2023
North Caroline	49
Syracuse	65
Virginia	77
Notre Dame	86
Florida State	117
Wake Forest	131
Duke	205
NC State	207
Pittsburgh	277
Georgia Tech	280
Virginia Tech	312
Clemson	332
Boston College	294
Louisville	429
Miami	470

2024
Wake Forest	60
Stanford	69
North Carolina	80
Virginia	94
Syracuse	122
Notre Dame	127
NC State	210
Virginia Tech	213
Cal	290
Florida State	296
Duke	345
Georgia Tech	370
Pittsburgh	373
Boston College	389
Louisville	416
Clemson	431
UMIami	498

2025
Virginia	**61**
Syracuse	65
Wake Forest	111
Notre Dame	114
Virginia Tech	152
North Carolina	154
Stanford	164
Louisville	176
Duke	298
NC State	315
Pittsburgh	343
Florida State	360
Georgia Tech	381
Clemson	391
Boston College	403
California	436
Miami	539

MEN'S ACC CROSS COUNTRY HISTORY

VIRGINIA
YEAR-BY-YEAR

1954	4th (114)
1955	–
1956	3rd (96)
1957	7th (109)
1958	6th (164)
1959	5th (123)
1960	5th (144)
1961	7th (179)
1962	6th (170)
1963	8th (219)
1964	3rd (77)
1965	4th (115)
1966	7th (168)
1967	6th (153)
1968	6th (159)
1969	4th (111)
1970	6th (147)
1971	7th (159)
1972	5th (112)
1973	5th (142)
1974	5th (132)
1975	5th (122)
1976	6th (137)
1977	3rd (77)
1978	6th (124)
1979	5th (122)
1980	3rd (94)
1981	3rd (71)
1982	2nd (66)
1983	3rd (70)
1984	**1st (42)**
1985	7th (150)
1986	5th (122)
1987	8th (DNF)
1988	4th (98)
1989	4th (112)
1990	3rd (64)
1991	5th (147)
1992	6th (122)
1993	5th (118)
1994	6th (127)
1995	4th (133)
1996	6th (143)
1997	6th (184)
1998	4th (101)
1999	4th (106)
2000	3rd (54)
2001	4th (114)
2002	3rd (95)
2003	3rd (83)
2004	3rd (85)
2005	**1st (30)**
2006	3rd (87)
2007	**1st (32)**
2008	**1st (40)**
2009	2nd (71)
2010	4th (92)
2011	6th (169)
2012	2nd (61)
2013	4th (108)
2014	4th (121)
2015	3rd (115)
2016	2nd (72)
2017	4th (100)
2018	4th (128)
2019	4th (100)
2020	4th (92)
2021	8th (211)
2022	6th (125)
2023	3rd (77)
2024	4th (94)
2025	**1st (61)**

WOMEN'S INDOOR NCAA HISTORY

NATIONAL CHAMPIONS

Aileen O'Conner 5000m - 1981 AIAW
Jill Haworth 1500m - 1981 AIAW
Virginia DMR - 1982 AIAW
(Linda Nicholson, Karen Hatchett, Lisa Welch, Jill Haworth)

ALL-AMERICANS

1980	Brenda Brown	DMR
	Susan Brownell	Pent
	Jill Haworth	DMR
	Linda Nicholson	DMR
	Vivian Scruggs	DMR
1981	Ann Bair	HJ
	Brenda Brown	DMR
	Susan Brownell	Pent
	Lisa Garrett	400m
	Jill Haworth	4x800m
	Jill Haworth	DMR
	Linda Nicholson	DMR
	Linda Nicholson	4x800m
	Marisa Schmitt	4x800m
	Vivian Scruggs	4x800m
	Vivian Scruggs	DMR
1982	Susan Brownell	Pent
	Gail Bryant	400m
	Gail Bryant	4x400m
	Lisa Garrett	4x400m
	Karen Hatchett	DMR
	Kim Hatchett	4x400m
	Jill Haworth	Mile
	Jill Haworth	DMR
	Linda Nicholson	4x400
	Linda Nicholson	DMR
	Aileen O'Conner	Two-Mile
	Aileen O'Conner	5000m
	Marisa Schmitt	Mile
	Lesley Welch	Three-Mile
	Lesley Welch	Two-Mile
	Lisa Welch	DMR
	Martha White	Two-Mile
	Martha White	Three-Mile
1983	Ann Bair	HJ
	Lisa Garrett	440y
	Jill Haworth	Mile
	Jeannette Kelly	880y
1984	Gail Bryant	4x800m
	Veronica Haberl	4x800m
	Kim Kelly	1000m
	Kim Kelly	4x800m
	Michelle Rowen	4x800m
1985	Gail Bryant	4x800m
	Phyllis Buber	4x800m
	Kim Kelly	4x800m
	Sandy Schuler	4x800m
	Sandy Schuler	1000m
1986	Phyllis Buber	4x800m
	Shelly McBride	4x800m
	Michelle Rowen	4x800m
	Sandy Schuler	4x800m
1987	Sonya Fridy	500m
	Sonya Fridy	LJ
	Michelle Rowen	Mile
1989	Dana Boone	TJ
1991	Dana Boone	LJ
1992	Claire Forbes	3000m
1993	Sherry Gould	HJ
1994	Sherry Gould	HJ
	Pam Lemons	200m
1995	Rebecca Grube	LJ
1997	Kelly Miller	LJ
2001	Naccole Guinn	TJ
2002	Kiamesha Otey	LJ
2003	Kiamesha Otey	LJ
2006	Tomika Ferguson	TJ
2007	Tomika Ferguson	TJ
2008	Emily Harrison	5000m
2011	Stephanie Garcia	DMR
	Morgane Gay	DMR
	Lyndsay Harper	DMR
	Ayla Smith	DMR
2012	Morgane Gay	Mile
	Dallas Rose (2nd)	TJ
2013	Vicky Fouhy (2nd)	Mile
	Dallas Rose (2nd)	TJ
2014	Jordan Lavender (2nd)	400m
2016	Iona Lake (2nd)	Mile
2019	Bridget Guy	PV
2020	Jada Seaman	LJ
	Khyasia Caldwell	LJ
2021	Halle Hazzard	60m
	Jada Seaman (2nd)	LJ
	Alix Still (2nd)	Pent
2022	Mia Barnett	DMR
	Jada Seaman	DMR
	Alahna Sabbakhan	DMR
	Margot Appleton	DMR
	Mia Barnett (2nd)	Mile
2023	Margot Appleton	Mile
2024	Margot Appleton	Mile
	Maggie Hock	DMR
	Alahna Sabbakhan	DMR
	Caroline Timm	DMR
	Anna Workman	DMR
2025	Margot Appleton (2nd)	Mile
	Margot Appleton (2nd)	3000m
2026	Tatum David (2nd)	Mile

(prior to 1982 were AIAW honors)

NCAA CHAMPIONSHIP RESULTS

1983				
Ann Bair		HJ	4th	5' 10"
Lisa Garrett		440y	4th	55.33
Jill Haworth		Mile	2nd	4:45.96
Jeannette Kelly		880y	5th	2:10.72
Martha White		2-mile	8th	10:16.39
1984				
Virginia		4x800m	4th	8:44.21
	(Bryant, Haberl, Rowen, Kelly)			
Virginia		4x400m		3:46.03
	(Bryant, Hatchett, Buber, Crockett)			
Gail Bryant		500m	8th	1:14.19
Kim Kelly		1,000m	7th	2:48.00
1985				
Beth Sheehan		Hept.	11th	5254 pts
Gail Bryant		800m	8th	2:04.21
1986				
Virginia		4x800m	3rd	8:39.58
	(Buber, McBride, Rowan, Schuler)			
Virginia		4x400m	3rd	3:44.16
	(Fitzpatrick, Crockett, Duke, Fridy)			
Sonja Fridy		55m	11th	6.97
Michelle Johnson		55H		8.25
1988				
Latanya Wynn		LJ	13th	19' 2.50
Robin Landis		HJ	13th	5' 8"
1989				
Dana Boone		TJ	4th	40' .75"
1990				
Dana Boone		LJ	11th	19' 2.75
1991				
Dana Boone		TJ	9th	41' 1/2"
Dana Boone		LJ		20' 3.75"
Kelly Bodiford		SP	18th	44' 10.75"
Virginia		4x800m		DNP
	(Figlar, Liggins, Taylor, Colombell)			
1992				
Claire Forbes		3,000m		
Virginia		4x800m		
	(Samuels, Liggins, Ward, Drauglis)			
1994				
Pam Lemons		200m	4th	24.37
Sherry Gould		HJ	2nd	1.87
1995				
Rebecca Grube		LJ	10th	21' .5"
Nicole Kimbrough		LJ	16th	18' 5"
2001				
Naccole Guinn		TJ	10th	12.91m
2002				
Kiamesha Otey		LJ	5th	6.26m
Eliese Mitchell		WT	14th	18.97m
2003				
Kiamesha Otey		60m	15th	7.40
Kiamesha Otey		LJ	10th	6.05m
Eliese Mitchell		WT	16th	17.46m
2006				
Tomika Ferguson		TJ	6th	13.32m
2007				
Tomika Ferguson		TJ	8th	12.98m
2008				
Emily Harrison		5000m	9th	16:19.85
2011				
Virginia		DMR	3rd	10:59.79
	(Garcia, Gay, Harper, Smith)			
2012				
Morgane Gay		Mile	5th	4:41.40
Dallas Rose		TJ	12th	40'9.5"
2013				
Vicky Fouhy		Mile	12th	4:41.29
Dallas Rose		TJ	13th	41'9.75"
2014				
Jordan Lavender		400m	12th	52.99
2016				
Iona Lake		Mile	15th	4:48.11
2019				
Bridget Guy		Pole Vault	5th	4.41m
2020				
NCAA Championships cancelled due to pandemic				
2021				
Halle Hazzard		60m	8th	7.27
Jada Seaman		LJ	12th	6.33m
Alix Still		Hept	13th	3904 pts
2022				
Virginia		DMR	7th	11:04.88
	(Barnett, Seaman, Sabbakhan, Appleton)			
Mia Barnett		Mile	10th	4:42.91
2023				
Margot Appleton		Mile	4th	4:35.83
2024				
Margot Appleton		Mile	5th	4:29.07
Virginia		DMR	12th	11:11.25

(Timm, Sabbakhan, Hock, Workman)

2025

Marot Appleton	Mile 10th	4:36.01
Marot Appleton	3000m 13th	9:08.02

2026

Tatum David	Mile 15th	4:43.30

NCAA CHAMPIONSHIP FINISHES

1983	T-5th (17.25)
1984	T-29th (4)
1985	T-25th (6)
1986	T-24th (6)
1987	9th (16)
1989	T-28th (4)
1992	T-40th (1)
1993	T-38th (1)
1994	T-27th (7)
1995	T-40th (3)
2002	T-37th (4)
2006	T-48th (3)
2007	T-69th (1)
2011	T-30th (6)
2012	T-43rd (4)
2019	T-48th(4)
2020	Cancelled
2021	T-52nd(1)
2022	47th (2)
2023	31st (5)
2024	T-38 (4)
2025	—
2026	—

WOMEN'S INDOOR ACC HISTORY

ACC CHAMPIONS

1987	Sonya Fridy	60y
	Michelle Rowen	Mile
	Virginia	Mile Relay
	LaTanya Wynn	TJ
1988	Robin Landes	HJ
	Latanya Wynn	TJ
1989	Dana Boone	LJ
1990	Claire Forbes	Mile
	Claire Forbes	3000m
1991	Kelly Bodiford	SP
1992	Claire Forbes	3000m
	Virginia	2-Mile Relay
1993	Sherry Gould	HJ
1994	Sherry Gould	HJ
1995	Rebecca Grube	LJ
1996	Lauren Connolly	WT
1997	Virginia	DMR
2001	Naccole Guinn	TJ
2003	Kiamesha Otey	LJ
2010	Maureen Laffan	SP
	Virginia	DMR
2011	Virginia	DMR
2012	Pearl Bickersteth	HJ
2014	Jordan Lavender	400m
2016	Iona Lake	Mile
2020	Jada Seaman	LJ
2021	Jada Seaman	LJ
2022	Maria Deaviz	SP
2025	Margot Appleton	Mile

ALL-ACC

1987 Sandy Schuler
Latanya Wynn
Michele Johnson
Cathron Birge
Sonja Fridy
Cherlene Hinton
Michelle Rowen
Julie Sandy

1988 Latanya Wynn
Charlene Hinton
Robin Landes

1989 Dana Boone

1990 Dana Boone
Claire Forbes

1991 Kelly Bodiford
Claire Forbes

1992 Jen Garvin
Claire Forbes
Michelle Samuels
Lara Drauglis
Kim Liggins

1993 Sherry Gould

1994 Rebecca Grube
Michelle Samuels
Pam Lemons
Bernarda Gras
Sherry Gould
Mia Richardson

1995 Rebecca Grube
Nicole Kimbrough

1996 Lauren Connolly
Ann Crouse

1997 Tracey Freyre
Astrid Gotthard
Talitha Green
Jen Gruia
Nicole Kimbrough

1999 Ann Crouse
Jennifer Owens

2000 Jeanna Composti
Eliese Mitchell
Kimesha Otey

2001 Naccole Guinn
Eliese Mitchell
Kiamesha Otey

2002 Carielle Doe
Kim Turko
Kiamesha Otey
Naccole Guinn

2003 Ellen Dwyer
Eliese Mitchell
Kiamesha Otey

2004 Rachel Marks
Meggie Shuelke

2008 Kathleen Darraugh
Emily Harrison
Kara Scanlin

2010 Rosemary Barber - DMR
Lyndsay Harper - DMR
Maureen Laffan - SP
Tasia Potasinski - DMR
Chidi Uche - DMR

2011 Vanessa Fabrizio - DMR
Stephanie Garcia - 3000m, DMR
Morgane Gay -DMR
Lyndsay Harper - DMR

2012 Pearl Bickersteth
Anna Corrigan
Morgane Gay
Dallas Rose

2013 Vicky Fouhy - Mile
Jordan Lavender - 400m
Dallas Rose - TJ

2014 Jordan Lavender - 200m, 400m

2015 Christine Bohan - SP
Jordan Lavender - 200m, 400m (2nd), 4x400m (2nd), DMR (2nd)

2016 Christine Bohan - SP
Peyton Chaney - 60m, 200m (2nd), 4x400m (2nd)
Iona Lake - Mile
Bridget Guy - PV (2nd)

2017 Mia Barron - TJ
Christine Bohan - SP (2nd)
Cleo Boyd - 5000m
Emma Call - 800m (2nd)
Kelly McKee - TJ (2nd)

2018 Mia Barron - LJ, TJ (2nd)
Kelly McKee - TJ
Gabrielle Hayes - HJ (2nd)
Brittany Jones - SP (2nd)
Holly Sullivan - Pent (2nd)

2019 Halle Hazzard - 60m
Bridget Guy - PV
Kelly McKee - TJ
Anna Jefferson - 400m (2nd)
Carly Feyerabend - HJ (2nd)

2020 Jada Seaman - LJ
Khyasia Caldwell - LJ
Anna Jefferson - 200m (2nd), 400m (2nd)
Andrenette Knight - 400m (2nd)
Alix Still - Pent (2nd)

2021 Kayla Bonnick - 60m (2nd)
Khyasia Caldwell - LJ (1st), TJ (2nd)
Rebecca Hawkins - HJ (2nd)
Halle Hazzard - 60m (1st), 200m (2nd)
Brittnay Jones - SP (2nd)
Andrenette Knight - 400m (2nd)
Maya Maloney - PV (2nd)
Jada Seaman - LJ (1st), 200m (1st)
Alix Still - Pent (1st)
4x400 (2nd)
(Parenchuk, Seaman, Sabbakhan, Knight)

2022 Jada Seaman - 200m (1st) 60m (2nd)
Alahna Sabbakhan - 800m (2nd)
Mia Barnett - Mile (2nd)
Margot Appleton - Mile (2nd)
Rebecca Hawkins - HJ (1st)
Maria Deaviz - SP (1st)
Ashley Anumba - SP (2nd)
Alix Still - Pent (2nd)
DMR (2nd)
(Barnett, Seasholtz, Sabbakhan, Appleton)

2023 Alix Still - Pent. (1st)
Esther Seeland - 800m (1st)
Kayla Bonnick - 60m (2nd)
Margot Appleton - 3000 (2nd)
Sam Romano - PV (2nd)

2024 Margot Appleton - 3000m (1st), DMR (2nd)
Jenny Schilling - 5000m (1st)
Celia Rifaterra - HJ (1st)
Alahna Sabbahkan- DMR (2nd)
Maggie Hock - DMR (2nd)
Anna Workman - Mile (1st), DMR (2nd)
Caroline Timm (2nd)
Samantha Romano (1st)
Carly Tarentino - HJ (2nd)

2025 Margot Appleton - Mile (1st), 3000m (1st)
Sophie Atkinson - 5000m (2nd)
Tatum David - Mile (2nd)
Lily Hulland - TJ (2nd)
Brooke Lumpkin - SP (2nd)
Celia Rifaterra - HJ (2nd)
Carly Tarentino - HJ (2nd)
Lauren Yeboah-Kodie - TJ (2nd)

2026 Gillian Bushee - 5000m (1st)
Cassie Callis - Pent (2nd)
Tatum David - Mile (1st)
Maya Rollins - 60mH (2nd)
Charlotta Sandkulla - WT (2nd)
Elsa Spoor - Pent (1st)
Carly Tarentino - HJ (2nd)

ACC CHAMPIONSHIP TRACK MVP

2014 Jordan Lavender

ACC FRESHMAN FIELD PERFORMER OF THE YEAR

2020 Jada Seaman

ACC COACH OF THE YEAR

1987 Fred Binggeli
1994 Fred Binggeli

ALL-ACC ACADEMIC

2009 Ayla Smith
2011 Ayla Smith
2012 Anna Corrigan
Jordan Lavender
Dallas Rose
2013 Peyton Chaney
Anna Finger
Colette Gnade
Jordan Lavender
Dallas Rose
Barbara Strehler
2014 Vicky Fouhy
Barbara Strehler
2015 Christine Bohan
2016 Christine Bohan
Peyton Chaney
Iona Lake
2017 Christine Bohan
Cleo Boyd
Kelly McKee
2018 Brittany Jones
Kelly McKee
Holly Sullivan
2019 Carly Feyerabend
Bridget Guy
Halle Hazzard
Kelly McKee
2020 Halle Hazzard
Jada Seaman
Alix Still
2021 Kayla Bonnick
Rebecca Hawkins
Halle Hazzard
Brittany Jones
Andrenette Knight
Maya Maloney
Jada Seaman
Alix Still
2022 Margot Appleton
Maria Deaviz
Rebecca Hawkins
Anzhelika Parenchuk
Jada Seaman
Keara Seasholtz
2023 Sarah Akpan
Emily Alexandru
Margot Appleton
Sophie Atkinson
Trina Barcarola
Kayla Bonnick
Hanne Borstlap
Addison Cox
Caroline Dannenbaum
Ellie Desmond
Maya Maloney
Camryn Menninger
Anzhelika Parenchuk
Janae Profit
Sam Romano
Alahna Sabbakhan
Kaiya Saunders
Jada Seaman
Keara Seasholtz
Esther Seeland
Alix Still
2024 Emily Alexandru
Margot Appleton
Kayal Bonnick
Caroline Dannenbaum
Tatum David
Ellen Desmond
Brooke'Lyn Drakeford
Ariel Fletcher
Maggie Hock
Camryn Menninger
Anzhelika Parenchuk
Gabriella Recce
Celia Rifaterra
Samantha Romano
Alahna Sabbakhan
Jenny Schilling
Caroline Timm
Anna Workman
2025 Emily Alexandru
Margot Appleton
Sophie Atkinson
Trina Barcarola
Gillian Bushee
Tatum David
Cate DeSousa
Brooke'Lyn Drakeford
Grace Flynn
Lily Hulland
Annie Jackson
Stella Kermes
Tatum Olesen
Janae Profit
Celia Rifaterra
Maya Rollins
Samantha Romano
Jenny Schilling
Carly Tarnetino
Estel Valeanu
Lauren Yeboah-Kodie
2026 Sarah Akpan
Gillian Bushee
Tatum David
Cate DeSousa
Brooke'Lyn Darkeford
Suzie Kennelly
Samantha Romano
Elsa Spoor
Ella Woehlcke

WOMEN'S INDOOR ACC HISTORY

1987

Virginia	132
North Carolina	85
Maryland	57
Georgia Tech	35
NC State	22
Clemson	22
Wake Forest	10
Duke	8

1988

North Carolina	172
Virginia	69
Maryland	58
Clemson	36
Georgia Tech	29
Wake Forest	20
NC State	14
Duke	3

1989

North Carolina	143
Clemson	83
Virginia	55
NC State	50
Georgia Tech	49
Maryland	38
Wake Forest	12
Duke	4

1990

North Carolina	177
Clemson	92
Virginia	54
Georgia Tech	41
Maryland	25
NC State	22
Wake Forest	15
Duke	7

1991

North Carolina	150
Clemson	120
Virginia	74
NC State	26
Georgia Tech	22
Wake Forest	15
Maryland	14
Duke	2

1992

Clemson	107
North Carolina	95
Virginia	71
Georgia Tech	57
Florida State	52
NC State	33
Maryland	12
Wake Forest	7
Duke	0

1993

North Carolina	142
Clemson	136.5
Florida State	77
Virginia	51.5
Georgia Tech	48
Wake Forest	44
NC State	25
Maryland	19
Duke	3

1994

North Carolina	152
Virginia	112
Clemson	92.5
Florida State	76.5
Georgia Tech	57
Wake Forest	37
Duke	8
Maryland	8
NC State	2

1995

North Carolina	192
Clemson	88
Virginia	75
Georgia Tech	65
Wake Forest	48
Florida State	41
Maryland	22
NC State	9
Duke	6

1996

North Carolina	192
Clemson	102.5
Florida State	73
NC State	67
Virginia	63
Georgia Tech	38
Maryland	25
Duke	12.5
Wake Forest	6

1997

North Carolina	163.0
Florida State	103.0
Clemson	99.0
Virginia	62.0
Maryland	53.0
NC State	43.0
Georgia Tech	38.0
Duke	23.0

1998

North Carolina	184
Clemson	131
Georgia Tech	61
Florida State	56
NC State	52
Maryland	47
Virginia	44
Duke	27
Wake Forest	21

1999

North Carolina	121
Clemson	100
Georgia Tech	91
Florida State	72.33
Maryland	71
Virginia	59
NC State	50.33
Wake Forest	47.33
Duke	11

2000

North Carolina	158
Florida State	128
Maryland	71
Georgia Tech	61
Virginia	52
NC State	51
Wake Forest	44
Clemson	34
Duke	24

2001

North Carolina	144
Clemson	98
Georgia Tech	83.5
Virginia	80
Wake Forest	63.5
Maryland	58
Florida State	47
Duke	36
NC State	12

2002

Georgia Tech	122
North Carolina	113
NC State	78.5
Clemson	73
Virginia	63
Florida State	63
Maryland	62
Wake Forest	36.5
Duke	13

2003

UNC	129.5
Georgia Tech	110.5
Florida State	85
Virginia	74.5
NC State	66
Wake Forest	53
Duke	40.5
Maryland	37
Clemson	27

2004

UNC	124.5
Georgia Tech	109
Clemson	97
NC State	91.5
Florida State	78
Maryland	50.5
Wake Forest	48.5
Duke	36.5
Virginia	26.5

2005

Miami	138
North Carolina	100
Georgia Tech	98
Duke	65
Clemson	55.5
Florida State	52
Wake Forest	38
NC State	37
Virginia Tech	36.5
Maryland	32
Virginia	11

2006

Miami	117
North Carolina	96
Florida State	81
Virginia Tech	70
Georgia Tech	67.5
NC State	58.83
Maryland	46.5
Duke	43
Virginia	39.5
Wake Forest	18
Clemson	15
BC	10.66

2007

Virginia Tech	136
Miami	99
North Carolina	75.5
Florida State	65.5
Clemson	59.33
Duke	56.50
Georgia Tech	49
Virginia	34
Boston College	32.5
Wake Forest	20
NC State	19.66
Maryland	16

2008

Virginia Tech	138
North Carolina	88.5
Florida State	88.5
Miami	75
Virginia	57
Boston College	6
NC State	43
Clemson	32
Georgia Tech	30
Wake Forest	29
Duke	18
Maryland	16

2009

Florida State	132
North Carolina	104
Clemson	85
Virginia Tech	83.3
Miami	61
NC State	47
Georgia Tech	37.3
Virginia	29
Duke	26.3
Wake Forest	24
Boston College	23
Maryland	10

2010

Clemson	145.5
Florida State	93
Virginia Tech	74
Duke	60
Miami	56
NC State	40
North Carolina	37.5
Boston College	36
Georgia Tech	36
Virginia	33
Wake Forest	32
Maryland	11

2011

Clemson	152
Florida State	100
North Carolina	69
Virginia Tech	69.5
Miami	65
Duke	45
Virginia	45
NC State	31
Maryland	28
Boston College	23
Wake Forest	20
Georgia Tech	19

2012

Clemson	166
Florida State	87
North Carolina	85
Virginia	59
Virginia Tech	53
Duke	48
NC State	47
Maryland	35
Miami	32
Boston College	26
Georgia Tech	21
Wake Forest	4

2013

Clemson	141.5
Florida State	100
Duke	82
NC State	61.5
Maryland	59
North Carolina	57
Virginia	46
Miami	42
Virginia Tech	36
Boston College	16
Wake Forest	13
Georgia Tech	8

2014

Florida State	95.6
Duke	83
Notre Dame	65
Miami	62
Virginia Tech	52
Maryland	50
North Carolina	49
Clemson	45
NC State	39
Virginia	32
Syracuse	32
Pittsburgh	26
Georgia Tech	12.5
Wake Forest	11
Boston College	7

2015

Clemson	102
Florida State	81
Notre Dame	74
North Carolina	62.5
Duke	59.5
NC State	55.5
Miami	48
Virginia Tech	44.5
Virginia	35.5
Syracuse	34
Wake Forest	19.5
Louisville	16
Boston College	13
Georgia Tech	10
Pittsburgh	8

2016

Miami	85
Clemson	83
Notre Dame	82
Florida State	70
Duke	59
North Carolina	47.5
NC State	42
Louisville	38.5
Virginia	37
Georgia Tech	34
Syracuse	27
Virginia Tech	25.5
Boston College	13
Wake Forest	9.5
Pittsburgh	9

2017

Miami	113
Clemson	98
Florida State	74
Louisville	57.5
Notre Dame	48
Duke	44.5
North Carolina	44
Virginia Tech	41
NC State	35
Virginia	31
Wake Forest	24
Pittsburgh	19
Georgia Tech	14
Syracuse	12
Boston College	7

2018

Florida State	91
Virginia Tech	81
Louisville	73
Clemson	73
North Caroilna	61
Duke	48
Miami	48
NC State	36
Virginia	34.5
Notre Dame	31
Syracuse	27.5
Pittsburg	26
Georgia Tech	14
Wake Forest	10
Boston College	9

WOMEN'S INDOOR ACC HISTORY

2019

Miami	91
Florida State	85
Virginia Tech	84
Louisville	63
Duke	60
NC State	58
Clemson	39
Notre Dame	33
Virginia	31
North Carolina	29
Syracuse	29
Wake Forest	23
Georgia Tech	20
Pitt	12
Boston College	4

2020

Virginia Tech	105.5
Miami	73
Notre Dame	61
Clemson	58
Duke	53.5
Florida State	52
Louisville	50
NC State	44
Georgia Tech	44
Virginia	34
Wake Forest	25
North Carolina	24
Pittsburgh	19
Boston College	13
Syracuse	2

2021

Florida State	95
Miami	85
Virginia	72.5
Virginia Tech	62.5
Clemson	62
Duke	59
Louisville	46
NC State	43
North Carolina	30.5
Notre Dame	28
Georgia Tech	26.5
Wake Forest	22
Pittsburgh	14
Syracuse	10
Boston College	7

2022

Duke	86
Virginia Tech	86
Miami	76
NC State	75
Virginia	67
North Carolina	59.5
Florida State	43
Notre Dame	42.5
Clemson	41.5
Louisville	29
Georgia Tech	23.5
Wake Forest	17
Boston College	7
Syracuse	6
Pittsburgh	4

2023

Viginia Tech	93
Duke	91
Clemson	68
NC State	61
Miami	60
Florida State	53
Notre Dame	53
Louisville	42
Virginia	39.5
North Carolina	32
Pitt	23
Georgia Tech	17
Boston College	11
Syracuse	11
Wake Forest	8.5

2024

Virginia Tech	92
Clemson	80.5
Notre Dame	70
Duke	64
Florida State	61
Miami	52
Virginia	50.5
NC State	41
Louisville	34
Pittsburgh	31
North Carolina	23.5
Georgia Tech	21.5
Boston College	18
Wake Forest	13
Syracuse	10

2025

Clemson	89
Stanford	65
Louisville	62
Virginia	55
Florida State	54
Virginia Tech	53
Notre Dame	47
Pitt	46
North Carolina	37
Duke	35
NC State	34
Cal	31
Miami	31
Wake Forest	14
Georgia Tech	5
SMU	3
Boston College	2
Syracuse	0

2026

Clemson	82
Duke	68
Florida State	62
Stanford	47
Louisville	46
North Carolina	39
Virginia	37
Notre Dame	34
Boston College	32
NC State	30
Virginia Tech	26
California	26
Pittsburgh	22
Wake Forest	19
SMU	17
Georgia Tech	6
Syracuse	6

VIRGINIA YEAR-BY-YEAR

1987	**1st (132)**
1988	2nd (69)
1989	3rd (55)
1990	3rd (54)
1991	3rd (74)
1992	3rd (71)
1993	4th (51.5)
1994	2nd (112)
1995	3rd (75)
1996	5th (63)
1997	4th (62)
1998	7th (44)
1999	6th (59)
2000	5th (52)
2001	4th (80)
2002	5th (63)
2003	4th (74.5)
2004	9th (26.5)
2005	11th (11)
2006	9th (39.5)
2007	8th (34)
2008	5th (57)
2009	8th (29)
2010	10th (33)
2011	T-6th (45)
2012	4th (59)
2013	7th (46)
2014	T-10th (32)
2015	9th (35.5)
2016	9th (37)
2017	10th (31)
2018	9th (34.5)
2019	9th (31)
2020	10th (34)
2021	3rd (72.5)
2022	5th (67)
2023	9th (39.5)
2024	7th (50.5)
2025	4th (55)
2026	8th (37)

MEN'S INDOOR NCAA HISTORY

NATIONAL CHAMPIONS

Paul Ereng	800m - 1989 NCAAs
Robby Andrews	800m - 2010 NCAAs
Henry Wynne	Mile - 2016 NCAAs
Jordan Scott	Triple Jump- 2019 NCAAs
Virginia	DMR - 2025 NCAAs

(Wes Porter, Alex Sherman, Conor Murphy, Gary Martin)

ALL-AMERICANS

1976	Keith Witherspoon	TJ
1978	Greg Canty	1000y
1979	Greg Canty	1000y
1981	Chuck Brown	DMR
	Vince Draddy	DMR
	Theo Hodge	DMR
	David Revelle	DMR
1982	Ray Brown	800m
1985	John Hinton	1000m
1987	Kris Herdt	3000m
1988	Paul Ereng	800m
1989	Paul Ereng	800m
1991	Ben Kurgat	800m
2007	Brian Lee	DMR
	Kevin McHale	DMR
	Jordan Orr	DMR
	Alex Tatu	DMR
2009	Andrew Jesien	DMR
	Meikle Paschal	DMR
	Lance Roller	DMR
	Sintayehu Taye	DMR
2010	Robby Andrews	800m
	Ryan Collins	3000m
2011	Adams Abdulrazaaq (2nd)	60mH
	Marcus Robinson (2nd)	TJ
2012	Marcus Robinson	TJ
	Nick Vena (2nd)	SP
2013	Brandon Burton (2nd)	DMR
	Taylor Gilland (2nd)	DMR
	Payton Hazzard (2nd)	DMR
	Anthony Kostelac (2nd)	DMR
2015	Jordan Young	WT
	Payton Hazzard	DMR
	Nathan Kiley	DMR
	Mike Marsella	DMR
	Henry Wynne	DMR
	Filip Mihaljevic (2nd)	SP
2016	Filip Mihajevic	SP
	Henry Wynne	Mile
	Kenneth Hagen (2nd)	DMR
	Robby Keough (2nd)	DMR
	Nathan Kiley (2nd)	DMR
	Matthew Novak (2nd)	DMR
2017	Jordan Young	WT
	Oghenakpobo Efekoro	SP
	Zach Herriott (2nd)	5000m
	Jordan Scott (2nd)	TJ
2018	Jordan Scott (2nd)	TJ
2019	Jordan Scott	TJ
	Brenton Foster (2nd)	HJ
2020	Brenton Foster	HJ
	Owayne Owens	TJ
	Jordan Scott	TJ
2021	Owayne Owens	TJ
2022	Owayne Owens	TJ
2023	Owayne Owens	TJ
	Conor Murphy	Mile
2024	Wes Porter	DMR
	Alex Sherman	DMR
	Alex Leath	DMR
	Yasin Sado	DMR
	Gary Martin	Mile
2025	Gary Martin	3000m
	Jeremiah Nubbe	WT
	Gary Martin	DMR
	Wes Porter	DMR
	Alex Sherman	DMR
	Conor Murphy	DMR
2026	Keyandre Davis	WT
	Gary Martin	Mile
	Jeremiah Nubbe	WT
	Tyler Edson	800m
	Anders Felts	DMR
	Alex Leath	DMR
	Nate Mountain	DMR
	Nikolaos Polychroniou	WT
	Harrison Witt	DMR

NCAA CHAMPIONSHIP RESULTS

1984

John Hinton	800m	7th	1:50.72
Ray Brown	1,000m	4th	2:25.46
Greg Byers	TJ		49' 10"
Bruce Randolph	55m		6.44

1985

Jim Hays	5,000m	7th	14:09.56
John Hinton	1,500m	9th	3:44.23

1988

Paul Ereng	800m		

1989

Paul Ereng	800m	1st	1:47.69
Ben Kurgat	800m	7th	1:49.83

1990

Herman Moore	HJ	12th	7' 0.5"

1991

Ben Kurgat	800m	3rd	1:47.31

1992

Ben Kurgat	800m		

2005

Virginia	DMR	9th	9:42.43
(Blassingame, Dunbar, Orr, Tatu)			
Winston Howard	55m	4th-pre	6.32

2007

Virginia	DMR	7th	9:40.18
(Lee, McHale, Orr, Tatu)			

2009

Yemi Ayeni	SP	12th	17.66m
Virginia	DMR	6th	9:36.89
(Jesien, Paschal, Roller, Taye)			

2010

Robby Andrews	800m	1st	1:48.39
Ryan Collins	5000m	11th	14:06.98

2011

Adams Abdulrazaaq	60mH	12th	7.85
Marcus Robinson	TJ	11th	15.92m

2012

Marcus Robinson	TJ	5th	53'0.75"
Nick Vena	SP	14th	59'10.5"

2013

Virginia	DMR	10th	9:43.70
(Kostelac, Hazzard, Burton, Gilland)			

2015

Jordan Young	WT	4th	22.87m
Virginia	DMR	6th	9:33.24
(Wynne, Hazzard, Kiley, Marsella)			
Filip Mihaljevic	SP	14th	18.40m

2016

Henry Wynne	Mile	1st	4:06.63
Filip Mihaljevic	SP	2nd	67' 2"
Virginia	DMR	10th	9:53.16
(Keough, Kiley, Hagen, Novak)			

2017

Jordan Young	WT	3rd	22.41m
Oghenakpobo Efekoro	SP	3rd	19.84m
Zach Herriott	5000m	12th	13:59.99
Jordan Scott	TJ	10th	15.69m

2018

Jordan Scott	TJ	12th	15.84m

2019

Jordan Scott	TJ	1st	16.89m
Brenton Foster	HJ	11th	2.20m

2020

NCAA Championships cancelled due to pandemic

2021

Owayne Owens	TJ	6th	16.53m

2022

Owayne Owens	TJ	8th	16.13m

2023

Owayne Owens	TJ	3rd	16.69m
Conor Murphy	Mile	6th	4:04.22

2024

Virginia	DMR	3rd	9:27.18
(Porter, Sherman, Leath,Sado)			
Gary Martin	Mile	10th	4:12.44

2025

Virginia	DMR	1st	9:27.18
(Porter, Sherman, Murphy, Martin)			
Gary Martin	3000m	2nd	7:52.69
Jeremiah Nubbe	WT	4th	24.17m

2026

Keyandre Davis	WT	4th	22.84m
Tyler Edson	800m	15th	1:48.89
Gary Martin	Mile	4th	3:59.50
Jeremiah Nubbe	WT	2nd	24.29m
Nikolaos Polychroniou	WT	9th	22.37m
Virginia	DMR	9th	9:31.55
(Witt, Felts, Leath, Mountain)			

NCAA CHAMPIONSHIP TEAM FINISHES

1984	T-39th (4)
1985	T-27th (6)
1988	T-51st (1)

MEN'S INDOOR NCAA HISTORY

1989	T-16th (10)
2007	T-57th (2)
2009	T-47th (3)
2010	T-20th (10)
2012	T-45th (4)
2015	T-23rd (8)
2016	T-8 (18)
2017	T-16 (12)
2019	T-20 (10)
2020	Cancelled
2021	T-46th (3)
2022	60th (1)
2023	28th (9)
2024	T-36 (6)
2025	T-6th (23)
2026	12th (18)

MEN'S INDOOR ACC HISTORY

USTFCCCA Regional Athletes of the Year

2020	Jordan Scott
2019	Jordan Scott
2012	Marcus Robinson

USTFCCCA Regional Coach of the Year

2025	Vin Lananna

USTFCCCA Regional Asst. Coach of the Year

2020	Mario Wilson
2026	Brandon Amo

ACC CHAMPIONS

1954	Ray Quillen	HJ
1957	Henry Davenport	PV
1958	Henry Davenport	PV
	Clarence Roberts	PV
1968	Mike Harvey	LJ
1970	Jim Shannon	LJ
1972	Kent Merritt	60y
	Virginia	Mile Relay
1973	Kent Merritt	60y
1975	Keith Witherspoon	TJ
1976	Keith Witherspoon	TJ
1977	Greg Canty	1000y
1978	Greg Canty	1000y
	Virginia	2-Mile Relay
1979	Greg Canty	1000y
	Virginia	2-Mile Relay
1980	Greg Canty	1000y
1988	Herman Moore	HJ
1989	Paul Ereng	800m
	Ben Kurgat	400m
1990	Herman Moore	HJ
1991	Cornell Grayson	TJ
	Ben Kurgat	800m
	Thom McKinney	SP
1992	Ben Kurgat	800m
1993	Michael Murphy	WT
1994	Rob Cook	3000m
2005	McGavock Dunbar	800m
2008	Virginia	DMR
2009	Ryan Collins	5000m
2010	Robby Andrews	800m
	Ryan Collins	5000m
	Virginia	DMR
2011	Ryan Collins	5000m
	Anthony Kostelac	800m
	Marcus Robinson	TJ
2012	Mark Amirault	5000m
	Marcus Robinson	TJ
2015	Payton Hazzard	400m
	Filip Mihaljevic	SP
	Jordan Young	WT
	Virginia	DMR
2016	Filip Mihaljevic	SP
	Henry Wynne	Mile
	Virginia	DMR
2017	Filip Mihaljevic	SP
	Jack Lint	Hept
	Jordan Scott	TJ
	Jordan Young	WT
2019	Jordan Scott	TJ
2020	Brenton Foster	HJ
	Sam Young	PV
	Jordan Scott	TJ
	Derek Pekar	Hept
2021	Owayne Owens	TJ
2022	Owayne Owens	TJ
2024	Virginia	DMR
2025	Gary Martin	3000m
	Jeremiah Nubbe	WT
2026	Gary Martin	3000m
	Nikoloas Polychroniou	WT

ALL-ACC

1987	David Hood
	Kris Herdt
1988	Herman Moore
1989	Ben Kurgat
	Paul Ereng
1990	Thom McKinney
	Brian Shafer
	Herman Moore
1991	Thom McKinney
	Ben Kurgat
1992	Ben Kurgat
1993	Mike Murphy
1994	Rob Cook
	Mark Hammons
2001	Shay Clark
	Stephen Gross
	Bob Thiele
2002	Jarrett Hagwood
2003	David Sullivan
2004	McGavock Dunbar
2005	McGavock Dunbar
	David Sullivan
2006	Kellen Blassingame
	Alex Tatu
	Kevin McHale
2007	Alex Tatu
	Jordan Orr
	Jan Foerster
2008	Yemi Ayeni
	Andy Biladeau
	Ryan Foster
	Andrew Jesien
	Brian Lee
	Jordan Orr
	Alex Tatu
2009	Adams Abdulrazaaq
	Yemi Ayeni
	Kevin Anding
	Alex Bowman
	Ryan Collins
	Emil Heineking
	Brian Lee
	Andrew Lobb
	Greg Nelson
	Meikle Paschal
	Lance Roller
	Sintayehu Taye
	Kevin Tschirhart
2010	Adams Abdulrazaaq - 60H
	Kevin Anding - DMR
	Robby Andrews - 800m, DMR
	Alex Bowman - DMR
	Ryan Collins - 5000m
	Marcus Robinson - TJ
	Lance Roller - 800m
	Sintayehu Taye - DMR
2011	Adams Abdulrazaaq - 60
	Kevin Anding - 400m
	Ryan Collins - 5000m
	Brett Johnson - Mile
	Anthony Kostelac - 800
	Marcus Robinson - TJ
2012	Mark Amirault
	Kevin Anding
	Chris Foley
	Thomas Porter
	Marcus Robinson
	Nick Vena
2013	Ryan Satchell - TJ
2014	Drequan Hoskey - 60H
	Mike Marsella - 800m
	Thomas Porter - 3000m
	Ryan Satchell - TJ
	Aaron Worrell - TJ
2015	Payton Hazzard - 400m, DMR, 4x400m (2nd)
	Kyle King - DMR, 3000m
	Mike Marsella - DMR, Mile (2nd)
	Filip Mihaljevic - SP
	Henry Wynne - DMR, Mile (2nd)
	Jordan Young - SP, WT
2016	Oghenakpobo Efekoro - SP
	Kenneth Hagen - DMR
	Nathan Kiley - DMR
	Filip Mihaljevic - SP
	Matthew Novak - DMR
	Adam Visokay - 3000
	Henry Wynne - Mile, 3000m
	Hilmar Jonsson - WT (2nd)
	Aaron Worrell - TJ (2nd)
2017	Zach Herriott - 5000m
	Filip Mihaljevic - SP
	Oghenakpobo Efekoro - SP
	Jack Lint - Hep
	Jordan Scott - TJ
	Henry Wynne - Mile, 3000m
	Jordan Young - WT
	Brent Demarest - 5000m (2nd)
	Hilmar Jonsson - WT (2nd)
	Nace Plesko - SP (2nd)
	Chase Weaverling - 5000m (2nd)
	Aaron Worrell - TJ (2nd)
	Sam Young - PV (2nd)

2018 Jordan Scott - TJ
Oghenakpobo Efekoro - SP, WT (2nd)
Hilmar Jonsson - WT
Mike Marsella - Mile (2nd), DMR (2nd)
Nace Plesko - SP (2nd)
2019 Brenton Foster - HJ
Jordan Scott - TJ, LJ
Trey Causey - HJ (2nd)
Ari Klau - 3000m (2nd)
Emmanuel Jackson - 60m (2nd)
Hilmar Jonsson - WT
2020 Brenton Foster - HJ
Sam Young - PV
Jordan Scott - TJ, LJ (2nd)
Derek Pekar - Hep
Owayne Owens - TJ
AJ Ernst - Mile
Brandon Outlaw - 400m (2nd), DMR (2nd)
Jordan Willis - 400m (2nd)
Rohann Asfaw - 3000m (2nd)
2021 Kane Aldrich - PV (2nd)
Jacob Lemmon - WT (2nd)
Elby Omohundro - Hept (2nd)
Brandon Outlaw - 400m (2nd)
Owayne Owens - TJ (1st)
Claudio Romero - SP (2nd)
Jordan Willis - 400m (1st)
2022 Jordan WIllis - 400m (1st)
Owayne Owens - TJ (1st)
Nathan Mountain - Mile (2nd)
2023 Jacob Lemmon - WT (1st)
Wes Porter - Mile (1st)
Conor Murphy - 800 (1st)
Justin Rogers - PV (1st)
Owayne Owens - TJ (1st)
James Donahue - Mile (2nd)
Ethan Robinosn - Hep (2nd)

2024 Shane Cohen - DMR (1st)
Jacob Lemmon - WT (1st)
Jayden Lyons - DMR (1st)
Gary Martin - 3000m (1st), Mile (1st)
Conor Murphy - DMR (1st)
Wes Porter - DMR (1st)
Will Anthony - 5000m (2nd)
Peter Djan - 60m Hurdles (2nd)
John Fay - WT (2nd)
Nate Mountain - Mile (2nd)
Justin Rogers - PV (2nd)
Alex Sherman - 400m (2nd)
2025 Peter Djan - 60mH (2nd)
Keyandre Davis - WT (1st)
Caleb Holman - TJ (2nd)
Gary Martin - 3000m (1st), 5000m (1st)
Jeremiah Nubbe - WT (1st)
Ethan Robinson - Hep (1st), 60mH (2nd)
Alex Sherman - 400m (2nd)
Wes Porter - Mile (1st)
Justin Wachtel - 3000m (2nd)
2026 Keyandre Davis - WT (2nd)
Peter Djan - 60mH (2nd)
Alex Leath - DMR (2nd)
Anders Felts - DMR (2nd)
Gary Martin - 3000m (1st), 5000m (1st)
Nate Mountain - 3000m (2nd), 5000m (1st)
Jeremiah Nubbe - WT (1st)
Henry Sullivan - Hep (2nd)
Nikolaos Polychroniou - WT (1st)
Justin Wachtel - DMR (2nd)
Harrison Witt - DMR (2nd)

ACC PERFORMER OF THE YEAR

1991 Ben Kurgat
2016 Henry Wynne (track)
2017 Jordan Young (field)
2019 Jordan Scott (field)
2020 Jordan Scott (field)

ACC MEET FIELD MVP

2015 Jordan Young
2020 Jordan Scott

ACC FRESHMAN OF THE YEAR

2010 Robby Andrews

ACC SCHOLAR-ATHLETE OF THE YEAR

2026 Gary Martin

ALL-ACC ACADEMIC

2009 Kevin Anding
2010 Kevin Anding
2011 Kevin Anding
2012 Mark Amirault
Kevin Anding
Christopher Foley
Taylor Gilland
Christian Lavorgna
Thomas Porter
2013 Mark Amirault
Matthew Armentrout
Taylor Gilland
Christian Lavorgna
Bryan Lewis
Thomas Porter
Ryan Satchell
2014 Thomas Porter
Aaron Worell
2015 Thomas Madden
Filip Mihaljevic
Ryan Satchell
2016 Robby Keough
Christian Lavorgna
Jack Lint
Filip Mihaljevic
Adam Visokay
Chase Weaverling
2017 Zach Herriott
Jeff Jernigan
Jack Lint
Filip Mihaljevic
Chase Weaverling
Aaron Worrell
Henry Wynne
2018 Mike Marsella
Hilmar Jonsson
Nace Plesko
2019 Hilmar Jonsson
2020 AJ Ernst
Elby Omohundro
Owayne Owens
Derek Pekar
Jordan Willis
Sam Young
2021 Kane Aldrich
Jacob Lemmon
Elby Omohundro
Owayne Owens
Claudio Romero
Jordan Willis
2022 Owayne Owens
Jordan Willis
Nathan Mountain
2023 Will Anthony
Liam Bellamy
Tom Corel
Nigal Davis
Peter Djan
James Donahue
Jack Eliason
John Fay
Jacob Hunter
Derek Johnson
Andrew Jones
Jacob Lemmon
Jaden Lyons
Gary Martin
Kyle Mosteller
Nate Mountain
Conor Murphy
Owayne Owens
Wes Porter
Justin Rogers
Alex Sherman
Heldi Valikaj
Evans White IV
Ethan Zeh
2024 Peter Djan
David Frasier
Jacob Hunter
Jacob Lemmon
Alex Leath
Gary Martin
Nate Mountain
Wes Porter
Justin Rogers
Alex Sherman
Henry Sullivan
Heldi Valikaj
Justin Wachtel
2025 Will Anthony
Will Daley
Keyandre Davis
Peter Djan

	Jack Eliason
	John Fay
	James Ford
	David Frasier
	Andrew Jones
	Gary Martin
	Conor Murphy
	Jeremiah Nubbe
	Wes Porter
	Justin Rogers
	Max Russo
	Alex Sherman
	Scott Sikorski
	Heldi Valikaj
	Justin Wachtel
	Jimmy Wischusen
2026	Will Anthony
	Gary Martin
	Jeremiah Nubbe
	Justin Rogers
	Henry Sullivan

MEN'S INDOOR ACC HISTORY

1954

Maryland	53.75
UNC	33.75
Duke	32
Virginia	5
South Carolina	4.75
Clemson	.75

1955

North Carolina	36
Maryland	35.50
Duke	24
South Carolina	14
NC State	9
Virginia	7.50
Clemson	6

1956

Maryland	52.50
Duke	28
North Carolina	26
NC State	15
Clemson	11
Virginia	8
South Carolina	2.5
Wake Forest	0

1957

Maryland	61.50
North Carolina	32
Duke	20.50
Virginia	13
Clemson	7.50
NC State	6.50
South Carolina	2
Wake Forest	0

1958

Maryland	52.40
North Carolina	29.5
Duke	18.50
South Carolina	18.5
Clemson	9
Virginia	7.80
NC State	5.40
Wake Forest	1.50

1959

Maryland	72.50
North Carolina	23.5
Duke	21
South Carolina	10
Clemson	9
NC State	3
Virginia	2
Wake Forest	2

1960

Maryland	82
North Carolina	30
Duke	28.70
South Carolina	25.9
Clemson	10
Virginia	8.20
NC State	8.20
Wake Forest	0

1961

Maryland	81.50
North Carolina	48.5
Duke	20.33
Clemson	19
Virginia	13.33
South Carolina	9
NC State	3
Wake Forest	0.33

1962

Maryland	61
UNC	44.4
Clemson	28.50
Duke	22.50
South Carolina	17.5
Virginia	13.50
NC State	4
Wake Forest	3.50

1963

Maryland	81.50
North Carolina	56
Duke	25.50
Clemson	22
South Carolina	4
Wake Forest	4
NC State	2
Virginia	0

1964

Maryland	82
North Carolina	37
South Carolina	22
Duke	17
Clemson	16
Wake Forest	10
NC State	6
Virginia	5

1965

Maryland	91
North Carolina	18
Duke	15
South Carolina	14
NC State	12
Clemson	11
Wake Forest	10
Virginia	9

1966

Maryland	85
North Carolina	32.5
NC State	16
Duke	15
South Carolina	13
Clemson	8
Wake Forest	5.50
Virginia	4

1967

Maryland	79
North Carolina	34
Clemson	18
Duke	17.50
South Carolina	14.5
NC State	13
Wake Forest	3
Virginia	1

1968

Maryland	106
North Carolina	32
Duke	20
South Carolina	12
NC State	10
Virginia	8
Clemson	4
Wake Forest	0

1969

Maryland	103.50
North Carolina	27.5
Duke	19
South Carolina	16
Clemson	13
Virginia	11
NC State	2
Wake Forest	0

1970

Maryland	76.50
North Carolina	34.5
South Carolina	24
Duke	21
Clemson	18
Virginia	11
NC State	6
Wake Forest	1

1971

Maryland	49.50
Duke	34
North Carolina	32
South Carolina	30
Clemson	17.50
NC State	12
Virginia	12
Wake Forest	5

1972

Maryland	66.50
North Carolina	51.5
Clemson	23
NC State	20
Virginia	18
Duke	8
Wake Forest	5

1973

Maryland	81
North Carolina	36
Duke	31
Clemson	23
NC State	16
Virginia	14
Wake Forest	7

1974

Maryland	88.50
North Carolina	45.5
NC State	29
Duke	21
Virginia	10
Clemson	7
Wake Forest	7

1975

Maryland	104.33
North Carolina	27
NC State	25.33
Virginia	20
Duke	16
Clemson	13.33
Wake Forest	2

1976

Maryland	86.50
North Carolina	42
NC State	40.50
Clemson	17.50
Virginia	17
Duke	16.50
Wake Forest	3

1977

Maryland	77.50
North Carolina	43.4
NC State	38
Clemson	21
Duke	19.50
Virginia	17.50
Wake Forest	7

1978

Maryland	69
NC State	44
North Carolina	38
Clemson	26
Virginia	26
Duke	20
Wake Forest	4

1979

Maryland	77
North Carolina	50
NC State	29.50
Clemson	27
Virginia	25.50
Duke	10
Wake Forest	3

1980

Maryland	134
Clemson	108
North Carolina	62.5
NC State	60.50
Georgia Tech	42.50
Virginia	32
Duke	16.50
Wake Forest	7

No indoor meet held between 1981-1986

1987

Clemson	103
NC State	97
Georgia Tech	84
North Carolina	57
Maryland	51
Virginia	31
Duke	9
Wake Forest	2

1988

NC State	128
Georgia Tech	107
Clemson	77
North Carolina	63
Maryland	44
Virginia	38
Wake Forest	2
Duke	1

1989

Clemson	155
NC State	113
North Carolina	60
Georgia Tech	60
Virginia	50
Maryland	30
Wake Forest	20
Duke	7

1990

Clemson	150
North Carolina	96
NC State	77
Virginia	60
Georgia Tech	58
Wake Forest	30
Duke	14
Maryland	11

1991

Clemson	111
NC State	107.2
North Carolina	89.6
Virginia	70.2
Georgia Tech	68
Wake Forest	43
Maryland	7
Duke	0

1992

Clemson	136
North Carolina	112
NC State	68
Florida State	61
Wake Forest	42
Georgia Tech	35
Virginia	33
Maryland	9
Duke	0

1993

Clemson	156
North Carolina	132
Florida State	83
Georgia Tech	82
NC State	78
Wake Forest	45
Virginia	36
Maryland	6
Duke	5

1994

Florida State	133
Clemson	106
Georgia Tech	94
North Carolina	92
NC State	66
Wake Forest	60
Virginia	44
Maryland	20
Duke	8

1995

North Carolina	192
Clemson	89.5
Wake Forest	85
NC State	76
Georgia Tech	59
Florida State	55.5
Virginia	32
Duke	20
Maryland	13

1996

UNC	148.5
NC State	147.5
Clemson	117.0
Florida State	53.5
Wake Forest	49.0
Georgia Tech	41.5
Maryland	30.0
Virginia	20.0
Duke	16.0

1997

Clemson	155.5
North Carolina	141
Georgia Tech	75
NC State	69
Wake Forest	51
Florida State	48.5
Duke	30
Virginia	29
Maryland	24

1998

Clemson	144.0
UNC	134.5
NC State	130.0
Florida State	73.0
Georgia Tech	64.0
Virginia	31.0
Maryland	20.5
Duke	19.0
Wake Forest	7.0

1999

Clemson	162.0
North Carolina	112.5
NC State	108.0
Florida State	80.0
Wake Forest	44.5
Virginia	37.0
Georgia Tech	30.0
Duke	30.0
Maryland	20.0

2000

Clemson	168.0
North Carolina	89.0
NC State	86.0
Florida State	75.0
Georgia Tech	65.0
Wake Forest	58.0
Duke	40.0
Virginia	31.0
Maryland	11.0

2001

Clemson	181
North Carolina	93
Florida State	86
Wake Forest	77
NC State	69
Virginia	68
Duke	22
Georgia Tech	21
Maryland	7

2002

Clemson	132
Florida State	95
Georgia Tech	94
NC State	82
North Carolina	77
Wake Forest	60
Duke	32
Virginia	32
Maryland	14

2003

Florida State	135.5
Clemson	111.5
Georgia Tech	105.5
North Carolina	99
NC State	84.5
Duke	36
Virginia	28
Wake Forest	19
Maryland	5

2004

Florida State	164
Clemson	142
NC State	88
North Carolina	83
Georgia Tech	72
Virginia	35
Duke	27
Maryland	25
Wake Forest	23

2005

Florida State	162.5
Clemson	160
North Carolina	65
Virginia	54
Georgia Tech	50
Virginia Tech	43.5
Wake Forest	38
NC State	37
Maryland	27
Duke	16
Miami	10

2006

Florida State	160.5
Clemson	95
North Carolina	64
Virginia Tech	60
Wake Forest	56
Virginia	55
NC State	52
Georgia Tech	39
Miami	36
Maryland	29’
Duke	8.5
Boston College	7

2007

Florida State	128
Clemson	106.5
NC State	70
Georgia Tech	63
North Carolina	56
Virginia Tech	50.5
Virginia	49
Wake Forest	47
Maryland	37
Miami	29
Duke	19
Boston College	8

2008

Florida State	135.5
Georgia Tech	85
Clemson	83
North Carolina	78
Virginia	76.5
NC State	67
Maryland	41
Miami	34
Virginia Tech	30
Wake Forest	24
Duke	7
Boston College	1

2009

Florida State	125
Virginia Tech	98.5
Virginia	94
North Carolina	61.5
Clemson	57
NC State	49
Wake Forest	46
Georgia Tech	43
Miami	31
Duke	28
Maryland	23
Boston College	3

2010

Florida State	107
UNC	103.5
Virginia Tech	97
Virginia	77
NC State	63
Clemson	61
Georgia Tech	44
Duke	38.5
Miami	29
Wake Forest	21
Maryland	11
Boston College	10

2011

Virginia Tech	140
Florida State	98
NC State	83.5
Virginia	77
Clemson	73
North Carolina	67.5
Duke	47
Maryland	22
Wake Forest	20
Miami	17
Georgia Tech	12
Boston College	2

2012

Florida State	123
Virginia Tech	95.5
North Carolina	84.5
Virginia	80
Clemson	78
NC State	61
Duke	47
Georgia Tech	33.5
Maryland	28
Miami	19
Wake Forest	10
Boston College	2.5

2013

Virginia Tech	153
Florida State	136
Clemson	91
North Carolina	75
Duke	52
Georgia Tech	39
Virginia	38
NC State	35
Miami	31
Wake Forest	9
Boston College	4

2014

Florida State	97
North Carolina	89
Notre Dame	84
Duke	67
Virginia Tech	65
Virginia	54
Pittsburgh	44
Georgia Tech	44
Miami	39
NC State	31
Clemson	23
Syracuse	17
Wake Forest	9

2015

Virginia Tech	101
Florida State	86.5
Virginia	71
North Carolina	67
Clemson	63
Syracuse	41
Duke	39
Miami	37.5
Louisville	29
Pittsburgh	29
NC State	29
Notre Dame	26
Wake Forest	24
Georgia Tech	20

2016

Syracuse	88.0
Clemson	76.50
Virginia	64.0
NC State	62.0
Virginia Tech	58.0
Florida State	55.0
Notre Dame	45.0
Miami	44.0
Louisville	38.50
Pittsburgh	28.0
Wake Forest	27.0
Duke	26.0
Georgia Tech	25.0
North Carolina	23.0

2017

Virginia Tech	109
Virginia	98
Florida State	86
Clemson	76
Syracuse	47
Louisville	47
NC State	39
Notre Dame	33
North Carolina	29
Georgia Tech	28
Miami	24
Pittsburgh	21
Duke	14
Wake Forest	11

2018

Florida State	111
Virginia Tech	107
Clemson	76
Syracuse	62
NC State	52
Virginia	49
Louisville	44
Georgia Tech	37
Notre Dame	35
Duke	25
North Carolina	23
Miami	21
Wake Forest	11
Pittsburg	9

2019

Virginia Tech	117
Florida State	117
NC State	61
Clemson	51
Virginia	49
Notre Dame	41
Syracuse	33
Georgia Tech	32
Duke	30.5
Louisville	29
Miami	28
North Carolina	23
Pitt	22
Wake Forest	20.5
Boston College	6

2020

Florida State	140
Virginia Tech	109
Virginia	87
Notre Dame	70
North Carolina	47
Clemson	36
NC State	34
Wake Forest	30
Duke	25
Louisville	24
PIttsburgh	22
Miami	16
Geogia Tech	11
Syracuse	9
Boston College	3

2021

Virginia Tech	136
North Carolina	81
Florida State	76
Clemson	48
PIttsburgh	48
Notre Dame	44
Virginia	40
Louisville	38.5
Duke	32
Miami	27.5
Geogia Tech	25
NC State	25
Wake Forest	23
Syracuse	13
Boston College	4

2022

Virginia Tech	105
Florida State	72
Clemson	70
North Carolina	66
Notre Dame	61
Miami	60
Duke	45
Louisville	35
Wake Forest	34
Virginia	32
Pittsburgh	27
NC State	24
Syracuse	12
Georgia Tech	10
Boston College	9

2023

Virginia Tech	110.5
Florida State	76
Clemson	74.5
Louisville	68.5
North Carolina	63
Virginia	49.5
Miami	39
Wake Forest	35
Syracuse	30
NC State	27
Notre Dame	24
Duke	18
Georgia Tech	14
Boston College	2

2024

North Carolina	93
Florida State	84
Virginia Tech	82
Clemson	81
Virginia	64
Miami	53
Louisville	48
Notre Dame	41
Duke	27
Syracuse	26
Wake Forest	18
Pittsburgh	17
Georgia Tech	9
NC State	8
Boston College	6

2025

Virginia Tech	82
Virginia	75
Florida State	64
North Carolina	54
Cal	53
Miami	41.5
Clemson	41
Duke	41
Notre Dame	39
NC State	35.5
Louisville	35
Stanford	28
Pitt	21
Wake Forest	20
Boston College	13
Syracuse	11
Georgia Tech	8

2026

Florida State	94
Clemson	88
Virginia	72
Virginia Tech	67
Louisville	55
Miami	49
Notre Dame	43
North Carolina	40.5
Duke	28
California	25
Wake Forest	23
Stanford	21
NC State	18.5
Pittsburgh	15
Boston College	12
Syracuse	9
Georgia Tech	2

VIRGINIA
YEAR-BY-YEAR

1954	4th (5)
1955	6th (7.5)
1956	6th (8)
1957	4th (13)
1958	6th (7.8)
1959	T-7th (2)
1960	T-6th (8.2)
1961	5th (13.33)
1962	6th (13.5)
1963	8th (0)
1964	8th (5)
1965	8th (9)
1966	8th (4)
1967	8th (1)
1968	6th (8)
1969	6th (11)
1970	6th (11)
1971	7th (12)
1972	5th (18)
1973	6th (14)
1974	5th (10)
1975	4th (20)
1976	5th (17)
1977	6th (17.5)
1978	5th (26)
1979	5th (25.5)
1980	6th (32)
1987	6th (31)
1988	6th (38)
1989	5th (50)
1990	4th (60)
1991	4th (70.2)
1992	7th (33)
1993	7th (36)
1994	7th (44)
1995	7th (32)
1996	8th (20)
1997	7th (29)
1998	6th (31)
1999	6th (37)
2000	8th (31)
2001	6th (68)
2002	8th (32)
2003	7th (28)
2004	6th (35)
2005	4th (54)
2006	6th (55)
2007	7th (49)
2008	5th (76.5)
2009	3rd (94)
2010	4th (77)
2011	4th (77)
2012	4th (80)
2013	7th (38)
2014	6th (54)
2015	3rd (71)
2016	3rd (64)
2017	2nd (98)
2018	6th (49)
2019	5th (49)
2020	3rd (87)
2021	7th (40)
2022	10th (32)
2023	6th (49.5)
2024	5th (6)
2025	2nd (75)
2026	3rd (76)

WOMEN'S OUTDOOR NCAA HISTORY

NATIONAL CHAMPIONS

Aileen O'Conner	10000m	1981 AIAW
Kiamesha Otey	LJ	2003 USATF
Stephanie Garcia	Steeple	2007 USATF Juniors
Michaela Meyer	800m	2021 NCAA Outdoor

ALL-AMERICANS

1979	Margaret Groos	4+m
1981	Susan Brownell	Hept
	Aileen O'Conner	10000m
1982	Susan Brownell	Hept
	Aileen O'Conner	10000m
1983	Lisa Garrett	400m
	Kim Kelly	1500m
	Martha White	5000m
	Martha White	10000m
1984	Gail Bryant	800m
1985	Gail Bryant	800m
1986	Michelle Rowen	1500m
	Beth Sheehan	Hept
1987	Sonya Fridy	200m
	Sonya Fridy	400m
	Sonya Fridy	LJ
	Michelle Rowen	1500m
	Julia Solo	Javelin
1988	Patti Matava	5000m
	Julia Solo	Javelin
1989	Dana Boone	TJ
	Julia Solo	Javelin
1990	Dana Boone	LJ
1991	Dana Boone	LJ
	Dana Boone	TJ
1992	Claire Forbes	3000m
1993	Kelly Bodiford	Dis
	Sherry Gould	HJ
1994	Lara Drauglis	1500m
	Rebecca Grube	Hept
1995	Ann Crouse	Javelin
1997	Angela Lee	400mH
	Kelly Miller	LJ
1998	Angela Lee	400mH
1999	Ann Crouse	Javelin
2001	Inge Jorgensen	Javelin
2003	Dawn Cleary	3000mSC
	Kiamesha Otey	LJ
2004	Inge Jorgensen	Javelin
2005	Billie-Jo Grant	Dis
	Inge Jorgensen	Javelin
2006	Erin Crawford	400mH
	Billie-Jo Grant	Dis
2007	Katie Read	10000m
2008	Billie-Jo Grant	Dis
2009	Meghan Briggs	Javelin
	Stephanie Garcia	3000mSC
	Morgane Gay	1500m
	Billie-Jo Grant	Dis
	Caitlin Kelly	2009
2011	Stephanie Garcia	3000mSC
	Morgane Gay	1500m
	Lyndsay Harper (2nd)	800m
	Ayla Smith (2nd)	400mH
	Erin Wykoff (2nd)	Dis
2012	Morgane Gay (2nd)	1500m
	Maureen Laffan (2nd)	Ham
	Catherine White (2nd)	10000m
	Chelsea Ley (HM)	5000m
	Kathleen Stevens (HM)	5000m
2013	Abbey Karin (HM)	Javelin
	Barbara Strehler (HM)	5000m
2014	Dallas Rose	TJ
	Jen Flack (HM)	10000m
2015	Christine Bohan (HM)	SP
	Jordan Lavender (HM)	400m
2016	Cleo Boyd (HM)	10000m
2017	Christine Bohan (2nd)	SP
2018	Bridget Guy	PV
	Andrenette Knight (2nd)	400mH
	Kelly McKee (2nd)	TJ
2019	Bridget Guy	PV
	Andrenette Knight (2nd)	400mH
	Kelly McKee	TJ
2021	Michaela Meyer	800m
	Michaela Meyer (HM)	4x400
	Andrenette Knight	400mH
	Andrenette Knight (HM)	4x400
	Jada Seaman (2nd)	LJ, 4x100
	Jada Seaman (HM)	4x400
	Anna Jefferson (2nd)	4x100
	Anna Jefferson (HM)	4x400
	Kayla Bonnick (2nd)	4x100
	Halle Hazzard (2nd)	4x100
	Maria Deaviz (HM)	SP
	Khyasia Caldwell (HM)	LJ
2022	Maria Deaviz	SP
	Ashley Anumba (2nd)	DT
2023	Margot Appleton	1500
	Ashley Anumba	DT
2024	Margot Appleton	5000
	Celia Rifaterra (HM)	HJ
2025	Margot Appleton	1500m
	Margot Appleton (2nd)	5000m
	Annika Kelly (2nd)	Hammer
	Celia Rifaterra	HJ
	Jenny Schilling (HM)	10,000m
	Carly Tarentino (HM)	HJ
	Estel Valeanu (2nd)	DT
2026	Tatum David (HM)	1500m
	Christiana Ellina (1st)	JT
	Celia Rifaterra (2nd)	HJ
	Charlotta Sandkulla (2nd)	HT

(prior to 1982 were AIAW honors)

NCAA CHAMPIONSHIP RESULTS

1983

Virginia	4x400m	9th	3:39.17
(Bryant, Hatchett, Hatchett, Garrett)			
Lisa Garrett	400m	17th	53.85
Jeanette Kelly	800m	8th	2:07.56
Jill Haworth	1500m	4th	4:16.89
Martha White	5000m	7th	16:21.62
Mary Jean Wright	5000m	25th	17:00.85
Martha White	10000m	8th	34:02.15
Mary Jean Wright	10000m	22nd	35:31.1
Ann Bair	HJ	5th	1.81m

1984

Jeanette Kelly	800m	15th	2:08.09
Virginia	Mile Relay	DQ	DQ

1985

Gail Bryant	800m	8th	2:05.64
Kim Kelly	800m	19th	2:08.19
Beth Sheehan	Hep	11th	5254
Virginia	4x400m	17th	3:40.18
(Fridy, Crockett, Hatchett, Bryant)			

1986

Virginia	4x400m	DNF	DNF
(Buber, Crockett, Fitzpatrick, Fridy)			
Sonja Fridy	LJ	15th	6.06
Elizabeth Sheehan	Hep	11th	5407
Julia Solo	Jav	14th	47.76m
Patricia Matara	10000m	11th	33:32.44
Beth Sheehan	Hep	8th	5407

1987

Sonja Fridy	200m	10th	23.39
Sonja Fridy	400m	4th	52.27
Sonja Fridy	LJ	3rd	6.38m
Michelle Rowan	1500m	9th	4:17.13
Julia Solo	Jav	7th	51.10m
Kris Herdt	5000m	10th	15:00.3

1988

Kris Herdt	5000m	13th	14:41.9
Patricia Matara	5000m	7th	16:09.02
Julia Solo	Jav	8th	166' 4"

1989

Dana Boone	LJ	16th	6.11m
Dana Boone	TJ	9th	12.50m
Julia Solo	Jav	2nd	55.56m

1990

Claire Forbes	1500m	9th	4:18.52
Dana Boone	LJ	2nd	6.29m
Dana Boone	TJ	23rd	12.08m

1991

Claire Forbes	1500m	15th	4:28.15
Dana Boone	LJ	5th	6.29m
Dana Boone	TJ	8th	12.67m
Kelly Bodiford	SP	14th	13.79m
Karen DiDonato	HJ	20th	1.80m

1992

Claire Forbes	3000m	4th	9:29.73

1993

Sherry Gauld	HJ	5th	1.86m
Kelly Bodiford	Discus	9th	50.00m

1994

Lara Drauglis	1500m	8th	4:23.84
Sharon Servidio	10000m	13th	35:37.54
Rebecca Grube	Hep	8th	5333

1995

Nicole Kimbrough	LJ	19th	5.84m
Ann Crouse	Jav	10th	48.54m

1996

Sharon Servido	10000m	16th	35:18.92
Angela Lee	400mH	16th	59.37
Kelly Miller	LJ	19th	5.80m
Ann Crouse	Jav	13th	45.72m

1997

Angela Lee	400mH	6th	57.8
Kelly Miller	LJ	9th	6.11m
Ann Crouse	Jav	13th	48.56m

1998

Nicole Kimbrough	LJ	13th	6.02m

1999

Angela Lee	400mH	17th	1:00.37
Arin Crouse	Jav	10th	49.47m

WOMEN'S OUTDOOR NCAA HISTORY

2000			
Inge Jorgensen	Jav	19th	42.58m
2001			
Inge Jorgensen	Jav	4th	51.21m
Kiamesha Otey	100m	20th	11.87
Dana Koons	10000m	16th	36:30.67
2002			
Kiamesha Otey	LJ	20th	5.93m
Melanie Matthews	Steeple	16th	10:32.18
Dawn Cleary	Steeple	13th	10:22.70
2003			
Dawn Cleary	Steeple	6th	10:00.09
Kiamesha Otey	LJ	11th	6.14m
Eliese Mitchell	SP	16th	15.50m
Kiamesha Otey	200m	23rd	24.36
Jane Maxwell	10000m	11th	33:55.98
Sarah Folse	10000m	DNF	DNF
2004			
Inge Jorgensen	Jav	8th	49.23m
2005			
Anne Bobiak	Jav	22nd	44.00m
Inge Jorgensen	Jav	3rd	165' 2"
Billie-Jo Grant	Discus	9th	51.41m
Tomika Ferguson	TJ	28th	12.16m
Erin Crawford	400mH	16th	59.20
2006			
Erin Crawford	400mH	6th	56.87
Billie-Jo Grant	Discus	6th	52.28m
Billie-Jo Grant	SP	20th	49' 11"
2007			
Katie Read	10000m	10th	33:54.92
Emily Harrison	10000m	13th	34:05.24
Kara Scanlin	10000m	20th	35:01.62
Erin Crawford	400mH	16th	59.50
Stephanie Garcia	Steeple	24th	10:22.16
Tomika Ferguson	TJ	14th	13.04m
2008			
Stephanie Garcia	Steeple	16th	10:27.14
Emily Harrison	10000m	14th	35:15.47
Kara Scanlin	10000m	DNF	DNF
Billie-Jo Grant	Discus	8th	50.26m
Meghan Briggs	Jav	25th	44.64
2009			
Billie-Jo Frant	Discus	6th	50.48m
Caitlin Kelly	Discus	4th	51.47m
Morgane Gay	1500m	10th	4:19.59
Stephanie Garcia	Steeple	9th	10:14.35
Meghan Briggs	Jav	9th	50.05m
2010			
Meghan Briggs	Jav	14th	47.42m
Tara Karin	Jav	18th	46.09m
2011			
Stephanie Garcia	Steeple	2nd	9:47.29
Morgane Gay	1500m	7th	4:17.40
Lyndsay Harper	800m	13th	2:05.91
Ayla Smith	400mH	10th	56.54
Erin Wykoff	Disc	12th	51.09m
2012			
Morgane Gay	1500m	11th	4:19.44
Maureen Laffan	Hammer	14th	196'6"
Chelsea Ley	5000m	DNF	DNF
Kathleen Stevens	5000m	21st	17:24.29
Catherine White	10000m	10th	33:21.55
2013			
Abbey Karin	Javelin	19th	44.14m
Barbara Strehler	5000m	22nd	16:39.68
2014			
Dallas Rose	TJ	7th	43'3"
Jen Flack	10000m	23rd	35:22.42
2015			
Christine Bohan	SP	23rd	14.23m
Jordan Lavender	400m	23rd	54.35
2016			
Cleo Boyd	10000m	9th	33:11.22
2017			
Christine Bohan	SP	11th	16.59m
2018			
Bridget Guy	PV	T-4th	4.30m
Kelly McKee	TJ	9th	13.23m
Andrenette Knight	400mH	10th	57.89
2019			
Bridget Guy	PV	5th	4.45m
Andrenette Knight	400mH	12th	57.66
Kelly McKee	TJ	5th	13.51m
2021			
Michaela Meyer	800m	1st	2:00.28
Andrenette Knight	400mH	3rd	55:81
Jada Seaman	LJ	9th	6.36m
Khyasia Caldwell	LJ	23rd	5.88m
Maria Deaviz	SP	19th	16.36m
Virginia	4x100m	16th	44.21
(Jefferson, Seaman, Bonnick, Hazzard)			
Virginia	4x400m	17th	3:37.153
(Jefferson, Seaman, Meyer, Knight)			
2022			
Maria Deaviz	SP	4th	17.97m
Ashley Anumba	DT	15th	52.24m
Helena Lindsay	3000 SC	19th	10:14.78
Jada Seaman	200m	23rd	23.94
2023			
Ashley Anumba	DT	2nd	61.13m
Margot Appleton	1500m	3rd	4:09.30
2024			
Margot Appleton	5000m	4th	15:24.24
Celia Rifaterra	HJ	18th	1.77m
Janae Profit	SP	X	X
2025			
Margot Appleton	1500m	2nd	4:08.99
Margot Appleton	5000m	13th	15:44.76
Annika Kelly	Hammer	14th	64.87m
Celia Rifaterra	High Jump	7th	1.84m
Jenny Schilling	10,000m	17th	33:07.58
Carly Tarentino	High Jump	19th	1,74m
Estel Valeanu	Discus	9th	58.22m
2025			
Tatum David	1500m	22nd	4:15.25
Christiana Ellina	Javelin	6th	54.99m
Celia Rifaterra	High Jump	T-13th	1.79m
Charlotta Sandkulla	Hammer	11th	65.57m

NCAA CHAMPIONSHIP FINISHES

1982	T-11th (40)
1983	T-10th (37)
1985	T-49th (1)
1986	T-55th (1)
1987	T-30th (7)
1988	T-42nd (3)
1989	T-29th (8)
1990	T-25th (8)
1991	T-39th (5)
1992	T-34th (5)
1993	T-36th (4)
1994	T-55th (2)
1997	T-52nd (3)
2001	T-40th (5)
2003	T-55th (3)
2004	T-76th (1)
2005	T-44th (6)
2006	T-34th (7)
2008	T-62nd (1)
2009	T-36th (8)
2011	T-29th (10)
2014	T-54th (2)
2018	T-43rd (4.5)
2019	T-30th (9)
2020 – Season cancelled due to pandemic	
2021	T-16th (16)
2022	41st (5)
2023	17th (14)
2024	40th (5)
2025	26th (10)
2026	57th (3)

USTFCCCA ALL-ACADEMIC

2012	Anna Corrigan
	Abbey Karin
	Kathleen Stevens
	Catherine White
2013	Anna Finger
	Vicky Fouhy
	Jordan Lavender
	Abbey Karin
	Kathleen Stevens
	Barbara Strehler
	Catherine White
2014	Cleo Boyd
	Sarah Fakler
	Jen Flack
	Vicky Fouhy
	Abbey Karin
	Edy Ndem
	Kathleen Stevens
	Barbara Strehler
2015	Sarah DeVita
	Sarah Fakler
2016	Iona Lake
	Aisha Naibe-Wey
	Caroline Clark
	Megan Rebholz
	Emily Mulhern
	Cleo Boyd
2017	Caitlin Mautz
	Ciara Leonard

Cleo Boyd
Emma Call
Ciara Leonard
Caitlin Mautz
Holly Sullivan

2018 Katie Freix
Brittany Jones
Ciara Leonard
Emily Mulhern
Holly Sullivan

2019 Jada Baker
Mia Barron
Marija Bogovac
Bridget Guy
Brittany Jones
Ciara Leonard
Caitlin Mautz
Eva Mustafic

2020 Brittany Jones
Maya Maloney
Haley Yost

2021 Kayla Bonnick
Kiera Bothwell
Ellie Desmond
Rebecca Hawkins
Anna Jones
Brittany Jones
Andrenette Knight
Helena Lindsay
Maya Maloney
Michaela Meyer
Hanna Morgan
Eva Mustafic
Zoe Rice
Alahna Sabbakhan
Nadia Saunders
Jada Seaman
Keara Seasholtz
Alix Still

2022 Margot Appleton
Trina Barcarola
Kayla Bonnick
Maria Deaviz
Rebecca Hawkins
Taylor Jones
Helena Lindsay
Zoe Rice
Alahna Sabbakhan
Jada Seaman
Alix Still
Anna Workman

2023 Emily Alexandru
Sophie Atkinson
Trina Barcarola
Kayla Bonnick
Hanne Borstlap
Ellie Desmond
Janae Profit
Samantha Romano
Alahna Sabbakhan
Jada Seaman
Keara Seasholtz
Esther Seeland
Alix Still
Anna Workman

2024 Emily Alexandru
Margot Appleton
Maggie Hock
Janae Profit
Samantha Romano
Alahna Sabbakhan
Jenny Schilling
Esther Seeland
Caroline Timm
Anna Workman

2025 Emily Alexandru
Margot Appleton
Sophie Atkinson
Trina Barcarola
Gillian Bushee
Tatum David
Brooke'Lyn Drakeford
Christiana Ellina
Lily Hulland
Annika Kelly
Stella Kermes
Celia Rifaterra
Maya Rollins
Samantha Romano
Jenny Schilling
Estel Valeanu
Lauren Yeboah-Kodie

USTFCCCA Regional Asst. Coach of the Year

2009 Carrie Lane

WOMEN'S OUTDOOR ACC HISTORY

ACC CHAMPIONS

1983	Ann Bair	Hep
	Ann Bair	HJ
	Lisa Garrett	200m
	Lisa Garrett	400m
	Kim Hatchett	100mH
	Kim Hatchett	400mH
	Virginia	4x400m
1984	Gail Bryant	400 mH
	Sonja Fridy	100 Meter Dash
	Sonja Fridy	200 Meter Dash
	Michee Johnson	TJ
	Patty Matava	5000m
	Virginia	4x100m
	Virginia	4x400m
1985	Gail Bryant	400m
	Gail Bryant	400mH
	Sonya Fridy	LJ
	Michee Johnson	TJ
	Vanya Lewis	Discus
	Virginia	4x100m
	Virginia	4x400m
	Nevada Tinsley	100m
	Kelly Warner	Javelin
1986	Phyllis Buber	800m
	Kim Duke	400mH
	Sonya Fridy	LJ
	Sonya Fridy	100m
	Sonya Fridy	200m
	Lisa Jeter	Discus
	Lisa Jeter	SP
	Michee Johnson	TJ
	Beth Sheehan	Hep
	Julia Solo	Javelin
	Virginia	4x100m
	Virginia	4x400m
1987	Sonya Fridy	LJ
	Sonya Fridy	100m
	Sonya Fridy	200m
	Lisa Jeter	SP
	Patty Matava	5000m
	Julia Solo	Javelin
	Virginia	4x100m
1988	Dana Boone	LJ
	Dana Boone	TJ
	Julia Solo	Javelin
	Virginia	4x100m
1989	Julia Solo	Javelin
	Suzanne Sweeney	Hep
1990	Dana Boone	LJ
	Claire Forbes	1500m
	Claire Forbes	5000m
1991	Kelly Bodiford	SP
	Dana Boone	LJ
	Dana Boone	TJ
	Claire Forbes	1500m
	Claire Forbes	5000m
1992	Claire Forbes	5000m
	Beni Gras	10000m
1993	Kelly Bodiford	Discus
	Sherry Gould	Hep
1994	Rebecca Grube	Hep
1995	Amy Brown	Discus
	Louren Connolly	Hammer
	Virginia	4x100m
1996	Amy Brown	Discus
	Ann Crouse	Javelin
	Angela Lee	400mH
	Sharon Servidio	10000m
1997	Amy Brown	Discus
	Ann Crouse	Javelin
	Angela Lee	400mH
1998	Angela Lee	400mH
1999	Ann Crouse	Javelin
	Angela Lee	400mH
2000	Inge Jorgensen	Javelin
2001	Dana Coons	10000m
	Inge Jorgensen	Javelin
2002	Eliese Mitchell	Discus
	Kiamesha Otey	LJ
2003	Anne Bobiak	Javelin
	Dawn Cleary	3000mSC
	Carrielle Doe	400m
	Jane Maxwell	10000m
2004	Inge Jorgensen	Javelin
2005	Billie-Jo Grant	Discus
	Inge Jorgensen	Javelin
2008	Meghan Briggs	Javelin
	Stephanie Garcia	3000mSC
2009	Meghan Briggs	Javelin
2010	Meghan Briggs	Javelin
2011	Stephanie Garcia	3000mSC
2012	Catherine White	10000m
	Erin Wykoff	Discus
2013	Jordan Lavender	400m
	Catherine White	10000m
2014	Jordan Lavender	400m
	Dallas Rose	TJ
2015	Iona Lake	3000mSC
2016	Cleo Boyd	5000m
	Cleo Boyd	10000m
2018	Bridget Guy	Pole Vault
2019	Bridget Guy	Pole Vault
	Anna Jefferson	400m
	Andrenette Knight	400mH
2021	Andrenette Knight	400mH
	Michaela Meyer	1500m
	Jada Seaman	LJ
2022	Maria Deaviz	SP
2023	Margot Appleton	1500
	Virginia	4x100m
2024	Margot Appleton	1500
2025	Margot Appleton	1500
	Christiana Ellina	Javelin
	Celia Rifaterra	HJ
	Jenny Schilling	10,000m

ALL-ACC

1986	Beth Sheehan
	Phyllis Buber
	Kim Duke
	Tracy Crockett
	Julia Solo
	Shelly McBride
	Michele Johnson
	Lisa Jeter
	Charlene Hinton
	Sonja Fridy
	Patty Matava
	Cathy Fitzpatrick
1987	Julia Solo
	Michelle Rowen
	Julia Sandy
	Lisa Jeter
	Kim Duke
	Phyllis Buber
	Patty Matava
	Sonja Fridy
	Charlene Hinton
1988	Latanya Wynn
	Dana Boone
	Suzanne Sweeney
	Leslie Stiff
	Charlene Hinton
	Julia Solo
1989	Dana Boone
	Julia Sandy
	Julia Solo
	Suzanne Sweeney
1990	Cathron Birge
	Kelly Bodiford
	Claire Forbes
	Dana Boone
	Suzanne Sweeney
	Julia Sandy
1991	Angela Griffith
	Dana Boone
	Claire Forbes
	Kelly Bodiford
1992	Claire Forbes
	Beni Gras
	Sharon Servidio
1993	Kelly Bodiford
	Sherry Gould
	Kendra Hickman
1994	Nicole Kimbrough
	Rebecca Grube
	Sharon Servidio
1995	Valentia Alleyne
	Amy Brown
	Ann Crouse
	Chrissie Edmundson
	Nicole Kimbrough
	Leslie Satchell
1996	Amy Brown
	Lauren Connolly
	Ann Crouse
	Linda Denny
	Angie Lee
	Sharon Servidio
	Catrina Bindel
	Cindy Moreshead
	Nicole Stevenson
1997	Amy Brown
	Ann Crouse
	Angela Lee
1998	Angela Lee
	Dana Thul
1999	Amy Brown

WOMEN'S OUTDOOR ACC HISTORY

Ann Crouse
Angela Lee
Kelly Miller

2000 Curtrell Frye
Inge Jorgensen
Elise Mitchell
Hillary Wilson

2001 Dana Coons
Naccole Guinn
Inge Jorgenson
Eliese Mitchell

2002 Annie Bobiak
Dawn Cleary
Curtrell Frye
Ingrid Marable
Kiamesha Otey

2003 Anne Bobiak
Dawn Cleary
Carielle Doe
Sarah Folse
Jane Maxwell
Eliese Mitchell
Kiamesha Otey
Natalie Randolph

2004 Inge Jorgensen
Meggie Schuelke

2005 Annie Bobiak
Erin Crawford
Billie-Jo Grant
Inge Jorgensen

2006 Erin Crawford
Billie-Jo Grant

2007 Amy Bilmanis
Meghan Briggs
Erin Crawford
Billie-Jo Grant

2008 Janne'a Bridgeford
Meghan Briggs
Stephanie Garcia
Billie-Jo Grant
Emily Harrison

2009 Meghan Briggs
Morgane Gay
Billie-Jo Grant
Tara Karin
Caitlin Kelly

2010 Meghan Briggs - Javelin
Emily Vannoy - SP

2011 Stephanie Garcia - Steepie
Morgane Gay - 1500m
Tara Karin - Javelin
Maureen Laffan - Hammer

2012 Pearl Bickersteth - HJ
Morgane Gay - 1500m, 5000m
Tara Karin - Javelin
Maureen Laffan - Hammer
Jordan Lavender - 400m
Catherine White -5000m, 10,000m
Erin Wykoff - Discus

2013 Vanessa Fabrizio - 800m
Vicky Fouhy - 1500m
Abbey Karin - Javelin
Jordan Lavender - 400m, 200m
Catherine White - 10,000m

2014 Vanessa Fabrizio - 800m, 4x400m
Jordan Lavender - 200m, 400m, 4x100m, 4x400m
Dallas Rose - TJ, 4x100m

2015 Iona Lake - Steepie
Christine Bohan - SP (2nd)
Peyton Chaney - 4x100m (2nd)
Bridget Guy - PV (2nd)
Jordan Lavender -400m(2nd), 4x100 (2nd)
Caitlin Mautz - Javelin (2nd)
Tori McKenzie - 4x100m (2nd)
Andrea Wright - 4x100m (2nd)

2016 Christine Bohan - SP, Dis. (2nd), Jav. (2nd)
Cleo Boyd - 5000m, 10,000m
Iona Lake - Steepie
Aisha Naibe-Wey - 400H
Heather Smith - 400H
Peyton Chaney - 200m (2nd)
Bridget Guy - PV (2nd)
Caitlin Mautz - Javelin (2nd)

2017 Kelly McKee - TJ
Christine Bohan-SP(2nd) Dis. (2nd), Jav. (2nd)
Carly Feyerabend - HJ (2nd)
Marija Bogavac - Javelin (2nd)
Holly Sullivan - Hep (2nd)

2018 Khyasia Caldwell - LJ
Bridget Guy - PV
Anna Jefferson - 400m
Andrenette Knight - 400H
Kelly McKee - LJ, TJ
Carly Feyerabend - HJ (2nd)
Ciara Lenoard - 100H (2nd)
Holly Sullivan - Hep (2nd)
Alexis Woodley - 100H (2nd)

2019 Bridget Guy - PV
Andrenette Knight - 400H
Anna Jefferson - 200m, 400m
Marija Bogavac - Javelin
Brittany Jones - SP
Halle Hazzard - 100m
Kelly McKee - TJ
Kiera Bothwell - Steepie (2nd)
Ciara Leonard - 100H (2nd)
Thelma Kristjansdottir - Discus (2nd)
Caitlin Mautz - Javelin (2nd)

2021 Jada Seaman - LJ (1st), 200(2nd)
Michaela Meyer - 800, 1500
Andrenette Knight - 400H
Kiera Bothwell - Steeple
4x400m (2nd)
Rebecca Hawkins - HJ
Khyasia Caldwell - TJ (2nd)
Maria Deaviz - SP (2nd)
Thelma Kristjansdottir - DT (2nd)
Alix Still - Pentathlon

2022 Maria Deaviz - SP (1st), DT (2nd)
Mia Barnett - 1500m (2nd)
Helena Lindsay - SC (2nd)
Jada Seaman - LJ (2nd)
Jordan Hardy - TJ (2nd)
Ashley Anumba - DT
Thelma Kristjansdottir - DT (2nd)
Alix Still - Heptathlon (2nd)

2023 Margot Appleton - 1500 (1st)
Jada Seaman - 4x100m (1st)
Sarah Akpan - 4x100m (1st)
Kayla Bonnick - 4x100m (1st)
Jada Pierre - 4x100m (1st)
Esther Seeland - 1500m (1st)
Sam Romano - PV (1st)
Hanne Borstlap - PV (2nd)
Jada Seaman - LJ (2nd)
Alix Still - Hep. (2nd)
Jordan Hardy - TJ (2nd)
Sarah Akpan - 100m (2nd)
Kayla Bonnick - 100m (2nd)

2024 Margot Appleton - 1500m (1st), 5000m (1st)
Sarah Akpan - 100m (2nd), 200m (2nd)
Brooke Lumpkin SP (2nd)
Camryn Menninger - 10,000m (2nd)
Celia Rifaterra - HJ (1st)
Samantha Romano - PV (2nd)
Carly Tarentino - HJ (2nd)
Caroline Timm - 1500m (2nd)
Janae Profit DT - (2nd)

2025 Margot Appleton - 1500m (1st)
Christiana Ellina - Javelin (1st)
Celia Rifaterra - HJ (1st)
Maya Rollins - 100mH (1st)
Jenny Schilling - 10,000m (1st)
Carly Tarentino - HJ (1st)
Emily Alexandru - 400mH (2nd)
Sarah Akpan - 200m (2nd)
Lily HUlland - TJ (2nd)
Annika Kelly - HT (2nd)
Estel Valeanu - SP (2nd), DT (2nd)

2026 Tatum David - 1500m (1st)
Christiana Ellina - JT (1st)
Charlotta Sandkulla - HT (1st)
Elsa Spoor - Hep (1st)
Maya Rollins - 100mH (1st)
Janae Profit - DT (1st)
Tatum David - 5000m (2nd)
Suzie Kennelly - DT (2nd)
Brooke Lumpkin - SP (2nd)
Grace Smith - LJ (2nd)
Elsa Spoor - HJ (2nd)
Celia Rifaterra - HJ (2nd)

Note: Honorees are on First Team unless otherwise noted
2nd-team All-ACC was instated in 2015

ACC PERFORMER OF THE YEAR

1990 Claire Forbes
1992 Claire Forbes

ACC MEET TRACK MVP

2014 Jordan Lavender

ACC FRESHMAN OF THE YEAR

2009 Morgane Gay

2022 Mia Barnett

ACC COACH OF THE YEAR

1984 Dennis Craddock
1985 Dennis Craddock
1986 Doug Williamson
1990 Fred Binggeli
1995 Fred Binggeli (Co-COY)
2025 Vin Lananna

ACC SCHOLAR-ATHLETE OF THE YEAR

2016 Cleo Boyd
2021 Michaela Meyer

ALL-ACC ACADEMIC

2006 Megan Schuelke
2007 Amy Bilmanis
Stephanie Garcia
Billie-Jo Grant
Katie Read
Kara Scanlin
Ayla Smith
2008 Billie-Jo Grant
Ayla Smith
Kathryn Tershel
2009 Amy Bilmanis
Ayla Smith
2011 Anna Corrigan
Stephanie Garcia
Morgane Gay
Lyndsay Harper
Dallas Rose
Ayla Smith
2012 Morgane Gay
Abbey Karin
Jordan Lavender
Kathleen Stevens
Catherine White
2013 Peyton Chaney
Anna Finger
Vicky Fouhy
Abbey Karin
Jordan Lavender
Barbara Strehler
Catherine White
2014 Peyton Chaney
Jen Flack
Edy Ndem
Dallas Rose
Barbara Strehler
2016 Christine Bohan
Cleo Boyd
Peyton Chaney
Iona Lake
Aisha Naibe-Wey
2017 Marija Bogavac
Christine Bohan
Kelly McKee
Holly Sullivan
2018 Carly Feyerabend
Bridget Guy
Ciara Leonard
Kelly McKee
Holly Sullivan
2019 Kiera Bothwell
Marija Bogavac
Bridget Guy
Halle Hazzard
Brittany Jones
Thelma Kristjansdottir
Ciara Leonard
Caitlin Mautz
2021 Kayla Bonnick
Rebecca Hawkins
Halle Hazzard
Anna Jefferson
Andrenette Knight
Maya Maloney
Michaela Meyer
Jada Seaman
Alix Still
Thelma Kristjansdottir
2022 Rebecca Hawkins
Helena Lindsay
Jada Seaman
2023 Emily Alexandru
Ashley Anumba
Sophie Atkinson
Margot Appleton
Kayla Bonnick
Trina Barcarola
Hanne Borstlap
Abby Comella
Addison Cox
Caroline Dannenbaum
Maya Maloney
Janae Profit
Samantha Romano
Alahna Sabbakhan
Kaiya Saunders
Jada Seaman
Keara Seasholtz
Esther Seeland
Alix Still
Anna Workman
2024 Emily Alexnadru
Margot Appleton
Kayla Bonnick
Brooke'Lyn Drakeford
Ariel Fletcher
Maggie Hock
Camryn Menninger
Janae Profit
Gabriella Recce
Celia Rifaterra
Samantha Romano
Alahna Sabbakhan
Esther Seeland
Elsa Spoor
Caroline Timm
Anna Workman
2025 Emily Alexandru
Margot Appleton
Sophie Atkinson
Trina Barcarola
Gillian Bushee
Tatum David
Cate DeSousa
Brooke'Lyn Drakeford
Chrsitiana Ellina
Lily Hulland
Elizabeth Imoh
Annie Jackson
Annika Kelly
Stella Kermes
Lola Kolawole
Siobhan Loughney
Abigail Meckes
Celia Rifaterra
Maya Rollins
Samantha Romano
Jenny Schilling
Carly Tarentino
Caroline Timm
Estel Valeanu
Ella Woehlcke
Lauren Yeboah-Kodie
2026 Sarah Akpan
Gillian Bushee
Hannah Byrd-Leitner
Cassie Callis
Aixa Corbacho
Tatum David
Cate DeSousa
Brooke'Lyn Drakeford
Christiana Ellina
Suzie Kennelly
Stella Kermes
Abigail Meckes
Tatum Olesen
Katie Payne
Ava Rice
Celia Rifaterra
Samantha Romano
Grace Smith
Elsa Spoor
Madison Townsend

WOMEN'S OUTDOOR ACC HISTORY

1983

Virginia	196
Maryland	122
North Carolina	78
NC State	76
Clemson	47
Wake Forest	1

1984

Virginia	219
UNC	170.5
Maryland	113
Clemson	32
NC State	25.50
Wake Forest	20

1985

Virginia	226
NC State	127
Maryland	114
North Carolina	69
Duke	29
Clemson	13
Wake Forest	4

1986

Virginia	217
NC State	152
North Carolina	96
Maryland	38
Clemson	35
Georgia Tech	28
Duke	18
Wake Forest	4

1987

Virginia	185
North Carolina	145
Maryland	75
Georgia Tech	71
NC State	56
Wake Forest	23
Clemson	21
Duke	9

1988

North Carolina	226
Virginia	107
Georgia Tech	66
Maryland	54
Clemson	54
NC State	38
Wake Forest	22
Duke	16

1989

North Carolina	193
Virginia	116
Clemson	111
Georgia Tech	72
NC State	49
Maryland	23
Wake Forest	14
Duke	10

1990

North Carolina	217
Virginia	142
Clemson	135
Georgia Tech	42
NC State	22
Duke	14
Maryland	10
Wake Forest	7

1991

Clemson	178
North Carolina	175
Virginia	125
Georgia Tech	44
NC State	30
Maryland	28
Wake Forest	7
Duke	2

1992

North Carolina	171
Clemson	164
Virginia	146
Florida State	95
Georgia Tech	75
Wake Forest	40
Maryland	28
NC State	15
Duke	5

1993

North Carolina	198
Clemson	127
Virginia	122
Florida State	110.50
Wake Forest	92
Georgia Tech	47.50
Maryland	18
NC State	13
Duke	8

1994

North Carolina	242
Virginia	136
Florida State	115
Clemson	110
Georgia Tech	55
Wake Forest	49
Maryland	15
NC State	11
Duke	8

1995

North Carolina	199
Virginia	118
Clemson	116
Florida State	104
Wake Forest	87
Maryland	44
Georgia Tech	41
Duke	13
NC State	12

1996

North Carolina	186
Florida State	148
Virginia	132
Clemson	112
Wake Forest	58
NC State	45
Georgia Tech	44
Duke	29
Maryland	24

1997

North Carolina	199
Florida State	134.5
Clemson	110
Virginia	90.50
NC State	76
Georgia Tech	69
Maryland	43
Wake Forest	34
Duke	11

1998

North Carolina	187
Clemson	148
Florida State	97.50
Georgia Tech	97
NC State	78
Wake Forest	59
Virginia	54.50
Maryland	53
Duke	41

1999

Clemson	142.50
Florida State	126.50
North Carolina	114
Virginia	111.50
Maryland	95
Georgia Tech	85
Wake Forest	66
NC State	58.50
Duke	17

2000

Florida State	192
North Carolina	183
Maryland	86.50
Virginia	86
NC State	60.50
Georgia Tech	60
Clemson	57
Wake Forest	54
Duke	39

2001

North Carolina	181
Clemson	167
Florida State	116
Virginia	109
Georgia Tech	76
Maryland	66
NC State	40
Wake Forest	34
Duke	30

2002

UNC	176.5
Florida State	128
Georgia Tech	127
NC State	99.50
Clemson	99
Virginia	92
Maryland	49
Wake Forest	29
Duke	18

2003

North Carolina	238
Florida State	157
Virginia	138
Clemson	73
Georgia Tech	64
NC State	51
Wake Forest	43
Duke	33
Maryland	21

2004

UNC	186.5
Georgia Tech	146
Florida State	130
NC State	89
Wake Forest	70
Clemson	69
Virginia	51.50
Duke	46
Maryland	28

2005

Miami	142
North Carolina	122
Georgia Tech	112
Florida State	82
NC State	67
Clemson	62.50
Virginia	59
Duke	54.50
Virginia Tech	48.50
Wake Forest	40
Maryland	28.50

2006

Miami	154
Florida State	112
North Carolina	105
Georgia Tech	86
Virginia Tech	73.50
Virginia	56.50
Duke	51
Maryland	51
NC State	47
Clemson	40
Wake Forest	24
Boston College	19

2007

Virginia Tech	144.5
Miami	113
Florida State~	101
Georgia Tech	82
North Carolina	77
Virginai	69
Wake Forest	54
Clemson	47.50
Duke	45
NC State	38
Maryland	30
Boston College	18

2008

Virginia Tech	172
Miami	127
North Carolina	115
Florida State	105.5
Virginia	92
Georgia Tech	40
Clemson	39.50
Boston College	39
Maryland	28
Wake Forest	28
NC State	21
Duke	11

2009

Florida State	160
Virginia Tech	127
North Carolina	123
Virginai	74
Miami	69
Georgia Tech	55.50
NC State	52.50
Clemson	44
Wake Forest	35
Maryland	35
Duke	33
Boston College	8

2010

Clemson	177
Florida State	124
North Carolina	89
Miami	84
Duke	61
Virginia Tech	56
Georgia Tech	54.50
Virginia	43
Maryland	40
Wake Forest	31
Boston College	31
NC State	28.50

2011

Clemson	202
Florida State	132.5
North Carolina	117.5
Duke	81.5
Virginia	62.5
Miami	57
Virginia Tech	53.5
NC State	39.5
Maryland	34
Georgia Tech	19
Boston College	15
Wake Forest	3

2012

Clemson	185
Virginia	100
Florida State	75
Virginia Tech	74
Duke	74
North Carolina	69
Miami	61
NC State	58
Maryland	49
Georgia Tech	32
Boston College	26
Wake Forest	14

2013

Clemson	151
Florida State	146
NC State	82
Virginia	76
Duke	76
North Carolina	66
Virginia Tech	56
Maryland	48.5
Wake Forest	32.5
Georgia Tech	29
Miami	27
Boston College	25

2014

Florida State	111
Notre Dame	96
Miami	94
Duke	77
NC State	73
Virginia Tech	69
Virginia	60
North Carolina	55
Clemson	43
Maryland	40
Syracuse	36
Wake Forest	23
Pittsburgh	19
Georgia Tech	15
Boston College	5

2015

Clemson	113.5
Florida State	94.5
Miami	93
North Carolina	78.5
Notre Dame	72
Louisville	61
NC State	59
Duke	51
Virginia	48.5
Syracuse	33
Virginia Tech	32
Wake Forest	31
Pittsburgh	21
Boston College	19
Georgia Tech	11

WOMEN'S OUTDOOR ACC HISTORY

2016

Florida State	106.5
Miami	88
Clemson	85
Virginia	77
Notre Dame	69
Duke	66
NC State	56
Louisville	47
Virginia Tech	45.1
North Carolina	42.4
Syracuse	33
Wake Forest	30
Pitt	29
Boston College	26
Georgia Tech	19

2017

Virginia Tech	124.5
Florida State	118.5
Miami	108
Clemson	95
Duke	77.5
Louisville	62
Notre Dame	53
Virginia	36.5
NC State	31
Wake Forest	28.5
Syracuse	25
Georgia Tech	19
Pittsburgh	19
North Carolina	18.5
Boston College	1

2018

Miami	117
Virginia Tech	111
Florida State	102.5
Clemson	74
Louisville	69.5
Virginia	63
Duike	51.5
North Carolina	50.5
Notre Dame	49
NC State	37
Pittsburgh	25
Syracuse	21
Gerogia Tech	19
Wake Forest	16
Boston College	12

2019

Florida State	134
Miami	92.5
Virginia	84
Virginia Tech	77
Clemson	66
NC State	56
Notre Dame	55
Duke	51
Louisville	45
North Carolina	44
Syracuse	38
Wake Forest	29.5
Georgia Tech	27
Pittsburgh	12
Boston College	6

2021

Duke	110
Florida State	110
Virginia	92
Miami	87
Clemson	69
NC State	69
Virginia Tech	63
Notre Dame	53
North Carolina	46.5
Louisville	38.5
Georgia Tech	36
Pittsburgh	20
Wake Forest	15
Syracuse	8
Boston College	0

2022

Miami	108
Duke	100.5
Florida State	99
NC State	91
Clemson	67
Louisville	64
Virginia	54.25
Virginia Tech	54
North Carolina	53.25
Notre Dame	50
Georgia Tech	31
Wake Forest	17
Pittsburgh	11
Boston College	10
Syracuse	9

2023

Duke	145.5
Virginia Tech	84.5
Miami	83
Florida State	78
Virginia	76.5
NC State	73
Notre Dame	59
North Carolina	47
Louisville	39
Clemson	34
Pitt	25
Wake Forest	24.5
Boston College	16
Georgia Tech	16
Syracuse	14

2024

Duke	133
Clemson	118.5
Notre Dame	74
Virginia	74
Florida State	68
Miami	66
Virginia Tech	63
Louisville	42
NC State	39.5
Pittsburgh	37
Wake Forest	37
Georgia Tech	23
North Carolina	19
Syracuse	18
Boston Colelge	6

2025

Virginia	**93**
Louisville	89
Clemson	86
Florida State	73
Duke	72
California	61
Miami	51
North Carolina	48
Stanford	46
Virginia Tech	46
NC State	45
Notre Dame	38
Pitt	23
SMU	13
Wake Forest	13
Georgia Tech	11
Syracuse	8
Boston College	3

2026

Clemson	99
Duke	96
Stanford	85
Florida State	68
Virginia	62
Louisville	59
Miami	55
North Carolina	49
Virignia Tech	44
Notre Dame	34
Wake Forest	33
NC State	32
SMU	30
California	26
Pitt	26
Boston College	20
Georgia Tech	1
Syracuse	0

VIRGINIA YEAR-BY-YEAR

1983	**1st (196)**
1984	**1st (219)**
1985	**1st (226)**
1986	**1st (217)**
1987	**1st (185)**
1988	2nd (107)
1989	2nd (116)
1990	2nd (142)
1991	3rd (125)
1992	3rd (146)
1993	3rd (122)
1994	2nd (136)
1995	2nd (118)
1996	3rd (132)
1997	4th (90.5)
1998	7th (54.5)
1999	4th (111.5)
2000	4th (86)
2001	4th (109)
2002	6th (92)
2003	3rd (138)
2004	7th (51.5)
2005	7th (59)
2006	6th (56.5)
2007	6th (69)
2008	5th (92)
2009	4th (74)
2010	8th (43)
2011	5th (62.5)
2012	2nd (100)
2013	T-4th (76)
2014	7th (60)
2015	9th (48.5)
2016	4th (77)
2017	8th (36.5)
2018	6th (63)
2019	3rd (84)
2021	3rd (92)
2022	7th (54.25)
2023	5th (76.5)
2024	T-3rd (74)
2025	**1st (93)**
2026	5th (62)

MEN'S OUTDOOR NCAA HISTORY

NATIONAL CHAMPIONS

Paul Ereng	800m	1988 NCAA
Paul Ereng	800m	1989 NCAA
Robby Andrews	800m	2011 NCAA
Filip Mihaljevic	Shot Put	2016 NCAA
Filip Mihaljevic	Shot Put	2017 NCAA
Filip Mihaljevic	Discus	2017 NCAA
Claudio Romero	Discus	2022 NCAA
Shane Cohen	800m	2024 NCAA

ALL-AMERICANS

1979	Karl Williams	400mH
1981	Mike Cotton	3000mSC
	Willy Pirtle	Decath
1985	Jim Hays	5000m
	John Hinton	1500m
1988	Paul Ereng	800m
1989	Paul Ereng	800m
1991	Stephen Dunphy	Decath
1992	Stephen Dunphy	Decath
1994	Rob Cook	3000mSC
2000	Brian Kollar	Jav
2001	Brian Kollar	Jav
	John Welch	Jav
2002	John Welch	Jav
2007	Yemi Ayeni	Dis
	Jan Foerster	3000mSC
2008	Yemi Ayeni	Dis
2009	Yemi Ayeni	Dis
2010	Robby Andrews	800m
	Steve Finley	3000mSC
	Lance Roller	800m
2011	Robby Andrews	800m
	Adams Abdulrazaaq (2nd)	110mH
	Andy Fahringer (2nd)	Jav
	Brett Johnson (2nd)	1500m
2012	Marcus Robinson	TJ
	Lance Roller (2nd)	800m
	Vincenzo Chiariello (HM)	Ham
	Brett Johnson (HM)	1500m
	Sean Keveren (HM)	10000m
	Patrick Todd (HM)	1500m
2013	Thomas Porter (2nd)	10000m
	Mark Amirault (HM)	5000m
2014	Filip Mihaljevic	SP
	Filip Mihaljevic	Disc
	Ryan Satchell	TJ
	Kyle King (2nd)	3000mSC
	Thomas Porter (2nd)	10000m
	Adam Visokay (HM)	10000m
2015	Filip Mihaljevic	Discus
	Jordan Young	Discus
	Jordan Young	Hammer
	Payton Hazzard (2nd)	400m
	Filip Mihlajevic (2nd)	SP
	Jordan Young (2nd)	SP
	Kyle King (HM)	3000mSC
	Ryan Satchell (HM)	TJ
	Kyle Smith (HM)	Javelin
	Henry Wynne (HM)	1500m
2016	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Henry Wynne	1500m
	Oghenakpobo Efekoro (2nd)	SP
	Jordan Young (2nd)	Discus
	William Gray (HM)	3000mSC
2017	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Hilmar Jonsson	Hammer
	Oghenakpobo Efekoro	SP
	Jordan Young	Discus
	Jordan Young (2nd)	Hammer
	Jordan Scott (HM)	TJ
	Jack Lint (HM)	Dec
2018	Oghenakpobo Efekoro	SP
	Hilmar Jonsson (2nd)	HT
	Alfred Shirley III (2nd)	400m
	Mike Marsella (2nd)	1500m
	Jordan Scott (2nd)	TJ
2019	Ethan Dabbs	Jav
	Brent Demarest (2nd)	10000m
	Oghenakpobo Efekoro (2nd)	SP
	Brenton Foster (2nd)	HJ
	Hilmar Orn Jonsson	Ham
	Jordan Scott	TJ
2021	Derek Johnson	SC
	Claudio Romero	DT
	Jacob Lemmon	DT
	Owayne Owens (2nd)	TJ
	Sam Young (HM)	PV
2022	Claudio Romero	DT
	Ethan Dabbs	JT
	Jacob Lemmon (2nd)	DT
	Yasin Sado (2nd)	SC
2023	Ethan Dabbs	JT
	Nate Mountain	SC
	Derek Johnson	SC
	Owayne Owens	TJ
	Conor Murphy	800m
2024	Will Antthony (HM)	10,000m
	Shane Cohen	800m
	John Fay (HM)	HT
	Jacob Lemmon	DT
	Gary Martin (HM)	1500m
	Nate Mountain	3000mSC
	Wes Porter	1500m
	Yasin Sado	3000mSC
2025	Will Daley (2nd)	5000m
	Keyandre Davis (2nd)	Hammer
	Gary Martin	1500m
	Alex Sherman (HM)	400mH
	Justin Wachtel (HM)	5000m
2026	Will Anthony (2nd)	10,000m
	Cale Ayers (HM)	HT
	Will Daley (2nd)	5000m
	Brett Gardner (1st)	3000mSC
	Gary Martin (1st)	1500m
	Gary Martin (HM)	5000m
	Nate Mountain (2nd)	3000mSC
	Jeremiah Nubbe (1st)	HT
	Nikolaos Polychroniou (2nd)	HT
	Justin Wachtel (HM)	5000m

NCAA CHAMPIONSHIP RESULTS

1934			
Grover Everett	220LH	DNQ	
1940			
Frank Fuller	120HH	4th	
1943			
Tom Todd	120HH	6th	
1958			
Henry Davenport	PV	–	Scr
1967			
Tom Harvey	LJ	4th pre	24' 2"
1968			
Michael Harvey	LJ	19th	23' 5"
1972			
Keith Witherspoon	TJ	5th	51' 9.5"
1975			
Keith Witherspoon	TJ	8th	51' 10.25"
1976			
Keith Witherspoon	TJ	10th	15.42
1977			
Karl Williams	400mH	18th	52.32
1978			
Karl Williams	400mH	25th	52.48
1979			
Karl Williams	400mH	6th	50.51
Virginia	4x400m	15th	3:11.51
(Williams, Bruce, Williams, Muth)			
Phil Vincenzes	Discus	21st	54.42m
Greg Canty	800m	10th	1:49.87
1980			
John Bryan	Dec	12th	7259
Michael Cotton	Steeple	DNF	DNF
Greg Canty	800m	12th	1:48.44
Carl Scott	400mH	DQ	DQ
1981			
Michael Cotton	10000m	6th	29:19.48
William Pirtle	Dec	6th	7569
1982			
Ray Brown	800m	3rd	1:48.46
1983			
Raymond Brown	800m	16th	1:48.41
John Hinton	1500m	3rd	3:41.08
Vincent Draddy	1500m	–	DQ
1984			
Ray Brown	800m	7th	1:49.25
Barry Word	110mHH	21st	13.97
Robert Archer	400mHH	21st	52.30
1985			
John Hinton	1500m	9th	3:44.02
Jim Hays	5000m	7th	14:09.28
Bruce Berry	400mH	24th	52.02
1988			
Paul Ereng	800m	1st	1:46.76
1989			
Paul Ereng	800m	1st	1:47.50
1990			
Herman Moore	HJ	–	NH
1991			
Ben Kurgat	800m	14th	1:50.74
Steve Dunphy	Dec	9th	7450
Steven Kiessling	Jav	11th	67.84m
1992			
Steve Dunphy	Dec	5th	7920

MEN'S OUTDOOR NCAA HISTORY

1993			
Robert Cook	Steeple	28th	9:07.95
1994			
Robert Cook	Steeple	8th	8:53.53
1995			
Gerald Howard	200m	15th	21.72
Ben Sarpong	200m	24th	21.52
1999			
Ray Weeden	1500m	19th	4:00.16
2000			
Brian Kollar	Jav	2nd	72.20m
2001			
Brian Kollar	Jav	6th	68.69m
John Welch	Jav	7th	68.33m
2002			
John Welch	Jav	7th	71.46m
2004			
Kellen Blassingame	400m	13th	46.45m
2005			
McGavock Dunbar	800m	19th	1:49.50
Kellen Blassingame	400m	13th	46.50
David Sullivan	PV	14th	5.00m
2006			
Andy Biladeau	5000m	21st	14:20.64
Jan Foerster	Steeple	23rd	9:07.97
Soeren Lindner	Steeple	26th	9:26.76
2007			
Andrew Dumm	10000m	19th	29:52.90
Jan Foerster	Steeple	6th	8:34.78
Yemi Ayeni	Discus	7th	59.67m
2008			
Andrew Jesien	1500m	13th	3:45.30
Yemi Ayeni	Discus	2nd	59.5m
2009			
Lance Roller	800m	14th	1:48.31
Andrew Jesien	1500m	20th	3:47.25
Yemi Ayeni	Discus	4th	58.25m
2010			
Robby Andrews	800m	2nd	1:46.83
Ryan Collins	10k	19th	29:48.76
Steve Delice	400mH	15th	51.24
Steve Finley	Steeple	11th	9:00.61
Marcus Robinson	TJ	23rd	14.81m
Andy Fahringer	Jav	18th	63.80m
Lance Roller	800m	6th	1:47.64
2011			
Adams Abdulrazaaq	110mH	13th	13.66
Robby Andrews	800m	1st	1:44.71
Andy Fahringer	Jav	11th	70.38m
Brett Johnson	1500m	8th	3:47.96
2012			
Vincenzo Chiariello	Hammer	19th	199'0"
Brett Johnson	1500m	17th	3:44.63
Sean Keveren	10000m	18th	30:15.40
Marcus Robinson	TJ	6th	54'0"
Lance Roller	800m	10th	1:47.07
Patrick Todd	1500m	23rd	3:50.58
2013			
Mark Amirault	5000m	DNF	DNF
Thomas Porter	10000m	16th	30:14.96
2014			
Ryan Satchell	TJ	7th	52'5.25"
Filip Mihaljevic	SP	7th	64'2.25"
Filip Mihaljevic	Discus	8th	193'1"
Kyle King	3000mSC	12th	8:43.99
Thomas Porter	10000m	16th	29:50.74
Adam Visokay	10000m	23rd	32:25.14
2015			
Filip Mihaljevic	Discus	3rd	62.48m
Jordan Young	Discus	6th	60.13m
Jordan Young	Hammer	7th	68.16m
Filip Mihlajevic	SP	9th	19.51m
Jordan Young	SP	10th	18.97m
Payton Hazzard	400m	12th	46.42
Kyle King	3000mSC	18th	8:54.44
Henry Wynne	1500m	22nd	3:50.91
Ryan Satchell	TJ	23rd	15.37m
Kyle Smith	Jav	23rd	64.33m
2016			
Filip Mihaljevic	SP	1st	20.71m
Henry Wynne	1500m	3rd	3:38.35
Filip Mihaljevic	Discus	5th	60.28m
Oghenakpobo Efekoro	SP	11th	18.82m
Jordan Young	Discus	12th	57.02m
William Gray	3000mSC	19th	8:51.91
2017			
Filip Mihaljevic	SP	1st	21.30m
Filip Mihaljevic	Discus	1st	63.76m
Jordan Young	Discus	3rd	61.94m
Oghenakpobo Efekoro	SP	4th	19.70m
Hilmar Jonsson	Hammer	4th	72.38m
Jordan Young	Hammer	9th	69.71m
Jordan Scott	TJ	18th	15.50m
Jack Lint	Dec	DNF	DNF
2018			
Oghenakpobo Efekoro	SP	6th	20.28m
Hilmar Jonsson	HT	11th	69.94m
Alfred Shirley III	400m	15th	46.06
Mike Marsella	1500m	11th	3:52.39
Jordan Scott	TJ	10th	15.96m
2019			
Ethan Dabbs	Jav	7th	72.23m
Brent Demarest	10000m	14th	29:54.20
Oghenakpobo Efekoro	SP	12th	19.16m
Brenton Foster	HJ	16th	2.18m
Hilmar Orn Jonsson	HT	3rd	73.31m
Jordan Scott	TJ	2nd	17.01m
2021			
Claudio Romero	DT	3rd	61.36m
Jacob Lemmon	DT	5th	57.78m
Derek Johnson	SC	7th	8:32.95
Owayne Owens	TJ	15th	15.77m
Sam Young	PV	NH	
2022			
Claudio Romero	DT	1st	66.17m
Ethan Dabbs	JT	2nd	79.68m
Yasin Sado	SC	14th	8:41.63
Jacob Lemmon	DT	15th	56.77m
Owayne Owens	TJ	19th	15.80m
2023			
Ethan Dabbs	JT	2nd	79.27m
Nate Mountain	SC	4th	8:35.99
Conor Murphy	800m	5th	1:46.43
Owayne Owens	TJ	6th	16.36m
Derek Johnson	SC	8th	8:37.29
2024			
Will Anthony	10,000m	18th	28:56.48
Shane Cohen	800m	1st	1:44.79
John Fay	HT	23rd	65.23m
Jacob Lemmon	DT	6th	60.43m
Gary Martin	1500m	21st	3:41.43
Nate Mountain	3000mSC	2nd	8:25.71
Wes Porter	1500m	6th	3:40.39
Yasin Sado	3000mSC	7th	8:28.17
2025			
Will Daley	5000m	13th	13:36.55
Keyandre Davis	Hammer	15th	66.24m
Gary Martin	1500m	5th	3:47.58
Alex Sherman	400m Hurdles	17th	50.98
Justin Wachtel	5000m	24th	14:11.51
2026			
Will Anthony	10,000m	19th	28:43.34
Cale Ayers	Hammer	17th	65.93m
Will Daley	5000m	15th	13:59.78
Brett Gardner	3000mSC	7th	8:29.38
Gary Martin	1500m	3rd	3:37.21
Gary Martin	5000m	20th	14:10.63
Nate Mountain	3000mSC	9th	8:38.01
Jeremiah Nubbe	Hammer	4th	72.52m
Nikolaos Polychroniou	Hammer	10th	69.48m
Justin Wachtel	5000m	21st	14:14.03

NCAA CHAMPIONSHIP TEAM FINISHES

1940	T-28th (4)
1943	T-30th (1)
1972	T-43rd (2)
1979	T-46th (1)
1981	T-43rd (2)
1982	T-38th (13)
1983	46th (10)
1984	T-56th (6)
1985	T-65th (2)
1988	T-24th (10)
1989	T-26th (10)
1992	T-50th (4)
1994	T-72nd (1)
2000	T-30th (8)
2001	T-39th (5)
2002	T-59th (2)
2007	T-46th (5)
2008	T-31st (8)
2009	T-48th (5)
2010	T-23rd (11)
2011	T-25th (10)

2012	T-56th (3)
2014	T-44th (5)
2015	17th (11)
2016	7th (20)
2017	3rd (36)
2018	55th (3)
2019	T-18th (16)
2021	T-28th (12)
2022	14th (18)
2023	T-11th (21)
2024	8th (26)
2025	54th (4)
2026	19th (13)

USTFCCCA ALL-ACADEMIC

2012	Mark Amirault
	Kevin Anding
	Chris Foley
	Taylor Gilland
	Sean Keveren
	Thomas Porter
	Marcus Robinson
2013	Mark Amirault
	Taylor Gilland
	Thomas Porter
2014	Thomas Porter
2015	Christian Lavorgna
	Jack Lint
	Thomas Madden
	Filip Mihaljevic
	Chase Weaverling
2016	William Gray
	Christian Lavorgna
	Jack Lint
2017	Jeff Jernigan
	Zach Herriott
	Thomas Madden
	Jack Lint
	Jake Dixon
	Chase Weathering
2018	Jake Dixon
	Jack Lint
	Mike Marsella
	Nace Plesko
	Chase Weaverling
	Jordan Willis
2019	Jake Dixon
	Hilamr Johnson
	Nace Plesko
	Jordan Willis
2020	AJ Ernst
	Owayne Owens
	Jordan Willis
	Sam Young
	Ethan Zeh
2021	Kane Aldrich
	Brenton Foster
	Derek Johnson
	Ty Kunzman
	Harry Monroe
	Randy Weish
	Owayne Owens
	Wes Porter
	Claudio Romano
	Jordan Willis
	Sam Young
2022	Evangelos Fradelakis
	Jacob Kelly
	Ka'eo Kruse
	Jacob Lemmon
	Nate Mountain
	Owayne Owens
	Jordan Willis
	Ethan Zeh
2023	Ethan Dabbs
	James Donahue
	Jack Eliason
	Derek Johnson
	Jacob Lemmon
	Gary Martin
	Nate Mountain
	Owayne Owens
	Wes Porter
	Justin Rogers
	Alex Sherman
2024	Will Anthony
	Peter Djan
	David Frasier
	Jacob Lemmon
	Gary Martin
	Nate Mountain
	Wes Porter
	Justin Rogers
	Alex Sherman
	Heldi Valikaj
2025	Will Anthony
	Mark Cyr
	Will Daley
	David Frasier
	Andrew Jones
	Gary Martin
	Conor Murphy
	Jeremiah Nubbe
	Wes Porter
	Alex Sherman
	Justin Wachtel

BOWERMAN SEMIFINALIST

2017	Filip Mihaljevic
2011	Robby Andrews

USTFCCCA Regional Athletes of the Year

2019	Jordan Scott
2021	Claudio Romero
2022	Claudio Romero
2023	Ethan Dabbs

USTFCCCA Regional Coach of the Year

2024	Vin Lananna

USTFCCCA Regional Asst. Coaches of the Year

2015	Martin Maric
2022	Martin Maric
2023	Steve Lemke

MEN'S OUTDOOR ACC HISTORY

ACC CHAMPIONS

1954	George Gratten	220yH
1957	Pat Whtaker	PV
1958	Henry Davenport	PV
	Clarence Roberts	PV
	Pat Whtaker	PV
1961	Gil Faccio	440y
1969	Mike Harvey	TJ
1971	Kent Merritt	100y
	Jim Shannon	LJ
1972	Kent Merritt	100y
	Kent Merritt	220y
	Virginia	4x400m
1973	Kent Merritt	100y
1975	Keith Witherspoon	TJ
1976	Keith Witherspoon	TJ
1977	Karl Williams	400mH
1978	Greg Canty	800m
1979	John Bryan	Dec
	Greg Canty	800m
	Mike Cotton	3000mSC
1980	Greg Canty	800m
	Will Pirtle	Dec
1981	Mike Cotton	10000m
	Vince Draddy	1500m
1982	Greg Byers	HJ
	Virginia	4x400m
1983	Ray Brown	800m
	John Hinton	1500m
1984	Ray Brown	800m
	John Hinton	3000mSC
	Bruce Randolph	LJ
	Virginia	4x100m
	Dennis Craddock	1984
1985	John Hinton	800m
	Kevin Latham	Discus
1988	Paul Ereng	800m
1989	Paul Ereng	800m
1990	Chike Chukwulozie	TJ
	Steve Kiessling	Javelin
	Ben Kurgat	800m
	Herman Moore	HJ
1991	Stephen Dunphy	Dec
	Cornell Grayson	TJ
	Steve Kiessling	Javelin
	Michael Theuerkauf	SP
1992	Stephen Dunphy	Dec
1993	Rob Cook	3000mSC
1994	Rob Cook	3000mSC
	Rob Cook	5000m
	Steven Dunphy	Dec
	Mark Hammons	10000m
1995	John Anderson	Dec
1997	Larry Wilson	Discus
1998	Larry Wilson	Discus
1999	John Welch	Javelin
	Larry Wilson	Discus
2000	Brian Kollar	Javelin
2001	Brian Kollar	Javelin
2002	John Welch	Javelin
2003	Brian Kollar	Javelin
	McGavock Dunbar	800m
2004	Will Christian	5000m
2006	Andrew Dumm	5000m
	Ryan Foster	10000m
2007	Yemi Ayeni	Discus
	Jan Foerster	5000m
2008	Yemi Ayeni	Discus
	Andrew Jesien	1500m
	David Lewis	Dec
2009	Adam Abdulrazaaq	110mH
	Yemi Ayeni	Discus
2010	Lance Roller	800m
	Sintayehu Taye	1500m
2011	Anthony Kostelac	800m
2012	Lance Roller	800m
	Virginia	4x400m
	Marcus Robinson	TJ
	Nick Vena	SP
	Nick Vena	Discus
2014	Filip Mihaljevic	Discus
	Ryan Satchell	TJ
	Kyle King	3000mSC
2015	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
2016	Hilmar Jonsson	Hammer
	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Henry Wynne	1500m
2017	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Hilmar Jonsson	Hammer
2018	Hilmar Jonsson	Hammer
2019	Jordan Scott	Long Jump
	Jordan Scott	Triple Jump
	Ethan Dabbs	Javelin
	Hilmar Jonsson	Hammer
	Oghenakpobo Efekoro	Shot Put
	Brenton Foster	High Jump
2021	Brenton Foster	High Jump
	Claudio Romero	Discus
	Owayne Owens	TJ
	Ethan Dabbs	JT
2022	Ethan Dabbs	JT
	Claudio Romero	DT
2023	Ethan Dabbs	JT
	Owayne Owens	TJ
	Nathan Mountain	SC
2024	Nathan Mountain	SC
2026	Brett Gardner	SC
	Jeremiah Nubbe	HT
	Justin Wachtel	10,000m

ALL-ACC

1988	Ben Kurgat
	Paul Ereng
1989	Paul Ereng
	Herman Moore
	Peter Sheehan
1990	Steve Kiessling
	Chike Chukwulozie
	Brian Shafer
	Herman Moore
	Ben Kurgat
1991	Eric Sorense
	Michael Theuerkauf
	Stephen Dunphy
	Steve Kiessling
	Peter Sheeha
	Ben Kurgat
	Cornell Grayson
	Michael Murphy
	Mike Guegan
1992	Steve Dunphy
	Steve Kiessling
1993	Rob Cook
	Gerald Howard
1994	Mark Hammons
	Steve Dunphy
	Rob Cook
1995	John Anderson
1996	Sean Sullivan
1997	Matt Illian
	Larry Wilson
1998	Larry Wilson
1999	Brian Kollar
	Raymond Weeden
	John Welch
	Larry Wilson
2000	Bill Johnson
	Brian Kollar
2001	Tim Bilmanis
	Bill Johnson
	Brian Kollar
	James Murdock
	Matt Ruhl
	Bob Thiele
	John Welch
2002	Jarrett Hagwood
	Mike Riso
	John Welch
	Ted DeVos
2003	McGavock Dunbar
	Andy Filacheck
	Brian Kollar
2004	Kellen Blassingame
	Will Christian
	McGavock Dunbar
	David Sullivan
2005	Kellen Blassingame
	McGavock Dunbar
	Ryan Foster
	Soeren Lindner
	David Sullivan
	Alex Tatu
2006	Andy Biladeau
	Andrew Dumm
	Ryan Foster
	Soeren Lindner
	Kevin McHale
2007	Yemi Ayeni
	Andrew Dumm
	Jan Foerster
	Kevin McHale
2008	Yemi Ayeni
	Andrew Jesien
	David Lewis
	Andrew Lobb
	Meikle Paschal
2009	Adams Abdulrazaaq
	Kevin Anding

MEN'S OUTDOOR ACC HISTORY

Yemi Ayeni
Ryan Collins
Steve Finley
Emil Heineking
Andrew Jesien
Andrew Lobb
Meikle Paschal
Marcus Robinson
Lance Roller

2010 Adams Abdulrazaaq - 110H, 4x400m
Kevin Anding - 4x400m
Robby Andrews - 800m, 4x400m
Alex Bowman - 1500m
Ryan Collins - 5000m, 10,000m
Steve Delice - 400H
Andy Fahringer - Javelin
Steve Finley - SC
Trey Miller - 10,000m
Marcus Robinson - TJ
Lance Roller - 800m, 4x400m
Sintayehu Taye - 1500m

2011 Adams Abdulrazaaq - 110H
Robby Andrews - 1500m
Anthony Kostelac - 800m
Andrew Mearns - SC
Lance Roller - 800m

2012 Kevin Anding - 4x400m
Ozzie Bryan - 4x400m
Vincenzo Chiariello - Hammer
Andy Fahringer - Javelin
Payton Hazzard - 400m, 4x400m
Sean Keveren - 5000m, 10,000m
Marcus Robinson - TJ
Lance Roller - 800m, 4x400m
Nick Vena - SP, Discus

2013 Mark Amirault - 5000m
Thomas Porter - 10,000m
Ryan Satchell - TJ

2014 Payton Hazzard - 400m
Kyle King - SC
Filip Mihaljevic - SP, Discus
Ryan Satchell - TJ

2015 Jack Lint - Dec
Mike Marsella - 1500m
Filip Mihaljevic - SP, Discus
Jordan Young - SP, Discus, Hammer
Payton Hazzard - 200m (2nd), 400m (2nd), 4x400m (2nd)
Zach Herriott - 10,000m(2nd)
Kyle King - 5000m (2nd)
Chris Rogers - LJ (2nd)
Ryan Satchell - TJ (2nd)
Kyle Smith - Javelin (2nd)
Adam Visokay - SC (2nd)

2016 Oghenakpobo Efekoro - SP
Hilmar Jonsson - Hammer
Christian Lavornga - Dec
Filip Mihaljevic - SP, Discus
Henry Wynne - 1500m
Jordan Young - Discus
Cam Collins - Dec (2nd)
William Gray - SC (2nd)
Aaron Worrell - TJ (2nd)

2017 Brent Demarest - 10,000m, 5000m (2nd)
Filip Mihaljevic - SP, Discus
Oghenakpobo Efekoro - SP
Jordan Young - Discus, Hammer
Hilmar Jonsson - Hammer
Jack Lint - Dec
Nathan Kiley - 400m (2nd), 4x400m (2nd)
Henry Wynne - 1500m (2nd)
Lachlan Cook - 5000m (2nd), 10,000m (2nd)
Zach Herriott - 10,000 (2nd)
Charles Bowman - 110H (2nd), 4x400m (2nd)
Jeff Jernigan - PV (2nd)
Sam Young - PV (2nd)
Jordan Scott - LJ (2nd)
Nace Plesko - SP (2nd)

2018 Oghenakpobo Efekoro - SP
Hilmar Jonsson - Hammer
Mike Marsella - 1500m (2nd)
Matthew Novak - SC (2nd)
Nace Plesko - SP (2nd), Discus (2nd)
Jordan Scott - LJ (2nd), TJ (2nd)
Alfred Shirley - 400H (2nd), 4x400m (2nd)
Sam Young - PV (2nd)

2019 Ethan Dabbs - Javelin
Oghenakpobo Efekoro - SP, Discus (2nd)
Brenton Foster - HJ
Hilmar Jonsson - Hammer
Jordan Scott - LJ, TJ
Brent Demarest - HJ, 10,000m, 5000m (2nd)
Nace Plesko - DIscus, SP (2nd)
Ayende Watson - LJ
Sam Young - PV
Lachlan Cook - 5000m (2nd)
Matthew Novak - 3000m(2nd)
Jordan Willis - 400m (2nd), 4x400m (2nd)

2021 Brandon Outlaw - 400m
Jordan Willis - 400m (2nd)
Conor Murphy - 800m
Randy Neish - 800m (2nd)
Wes Porter - 1500m
Derek Johnson - SC (2nd)
Brenton Foster - HJ
Owayne Owens - TJ
Claudion Romero- DT (1st) SP (2nd)
Jacob Lemmon - DT (2nd), HT (2nd)
Ethan Dabbs - JT

2022 Jordan Willis - 400m
Wes Porter - 1500m
Ka'eo Kruse - 1500m (2nd)
Yasin Sado - SC
Nathan Mountain - SC (2nd)
Alex Sherman - 400mH (2nd)
Colin Duignan - PV (2nd)
Owayne Owens - TJ
Claudio Romero - DT
Evangelos Fradelakis - HT (2nd)
Ethan Dabbs - JT

2023 Ethan Dabbs - JT
Owayne Owens - TJ
Nate Mountain - Steeple
Derek Johnson - Steeple
John Fay - HT (2nd)
Ethan Robinson - Dec. (2nd)
Yasin Sado - Steeple (2nd)
Conor Murphy - 1500, 800 (2nd)
Kenton Bachmann - 800 (2nd)
Jack Eliason - 5000 (2nd)

2024 Will Anthony - 5000m (1st), 10,000m (1st)
John Fay - HT (1st)
Jacob Lemmon - DT (1st)
Gary Martin - 1500m (1st)
Nate Mountain - 3000mSC (1st)
Ethan Robinson - Dec (1st)
Yasin Sado - 3000mSC (1st)
Wes Porter - 1500m
Justin Wachtel - 10,000m (2nd)
Tyler Zawatski - JT (2nd)

2025 Keyandre Davis - HT (2nd)
John Fay - HT (2nd)
Alex Sherman - 400mH (2nd)

2026 Will Anthony - 10,000m (1st)
Brett Gardner - 3000mSC (1st)
Gary Martin - 1500m (1st)
Nate Mountain - 3000mSC (1st)
Jeremiah Nubbe - HT (1st)
Nikolaos Polychroniou - HT (1st)
Justin Wachtel - 10,000m (1st)
Cale Ayers - HT (2nd)
Peter Djan - 110mH (2nd)
Tyler Edson - 800m (2nd)
Anders Felts - 400mH (2nd)
Caleb Holman - TJ (2nd), LJ (2nd)
Gary Martin - 5000m (2nd)
Jayden McKeen - JT (2nd)
Jeremiah Nubbe - DT (2nd)
Sam Rodman - 800m (2nd)
Justin Wachtel - 5000m (2nd)

Honorees are on First Team unless otherwise noted 2nd-team All-ACC was instated in 2015

ACC PERFORMER OF THE YEAR

1972 Kent Merritt
1994 Rob Cook
2010 Robby Andrews (track)
2016 Filip Mihaljevic (field)
2016 Henry Wynne (track)
2017 Filip Mihaljevic (field)
2019 Jordan Scott (field)
2022 Claudio Romero (field)
2023 Ethan Dabbs (field)

ACC MEET FIELD MVP

2012 Nick Vena
2015 Jordan Young
2016 Filip Mihaljevic
2017 Filip Mihaljevic (Co)
2019 Jordan Scott

ACC FRESHMAN OF THE YEAR

2010 Robby Andrews
2011 Anthony Kostelac
2014 Filip Mihaljevic

ACC COACH OF THE YEAR

1984 Dennis Craddock
2001 Randy Bungard
2009 Jason Vigilante
2019 Bryan Fetzer
2024 Vin Lananna
2026 Vin Lananna

ACC SCHOLAR-ATHLETE OF THE YEAR

2017 Filip Mihaljevic
2023 Ethan Dabbs
2026 Jeremiah Nubbe

ALL-ACC ACADEMIC

2006 Stephen Hiltner
2007 Kellen Blassingame
Andrew Dumm
Jan Foerster
Ryan Foster
Andrew Jesien
Taylor Smith
2008 Kyle Galle
Arthur Gennari
Aaron Klansek
David Lewis
2009 Andrew Jesien
2010 Kevin Anding
Alex Bowman
Steve Delice
Sean Keveren
William Miller
2011 Andrew Revelle
2012 Kevin Anding
Andrew Fahringer
Sean Keveren
Marcus Robinson
2013 Mark Amirault
Matthew Armentrout
Taylor Gilland
Christian Lavorgna
Drew Paisley
Thomas Porter
Ryan Satchell
2014 David Bartha
Christian Lavorgna
Filip Mihaljevic
Thomas Porter
Ryan Satchell
Adam Visokay
2015 Jack Lint
Filip Mihaljevic
Ryan Satchell
2016 Christian Lavorgna
Filip Mihaljevic
Aaron Worrell
2017 Zach Herriott
Jeff Jernigan
Jack Lint
Filip MIhaljevic
Nace Plesko
Henry Wynne
2018 Hilmar Jonsson
Mike Marsella
Nace Plesko
2019 Hilmar Jonsson
Nace Plesko
Matthew Novak
Jordan Willis
2021 Rohann Asfaw
Brenton Foster
Derek Johnson
Jacob Lemmon
Wes Porter
Owayne Owens
Claudio Romero
Jordan Willis
2022 Evangelos Fradelakis
Ka'eo Kruse
Jacob Lemmon
Nathan Mountain
Owayne Owens
Jordan Willis
2023 Rohann Asfaw
Liam Bellamy
Tom Corel
Ethan Dabbs
Nigal Davis
Justin Diehl
Peter Djan
Jack Eliason
Jacob Hunter
Derek Johnson
Gary Martin
Nate Mountain
Elby Omohundro
Owayne Owens
Wes Porter
Justin Rogers
Alex Sherman
2024 Will Anthony
Liam Bellamy
Jack Eliason
John Fay
Jacob Hunter
Andrew Jones
Alex Leath
Jacob Lemmon
Gary Martin
Nate Mountain
Conor Murphy
Wes Porter
Justin Rogers
Alex Sherman
Heldi Valikaj
Justin Wachtel
2025 Will Anthony
Mark Cyr
Will Daley
John Fay
Jerlan Fish
Andrew Jones
Gary Martin
Richard Moreno
Justin Rogers
Max Russo
Alex Sherman
Scott Sikorski
Henry Sullivan
Heldi Valikaj
Justin Wachtel
Jeremiah Wilson
2026 Henry Acorn
Will Anthony
Peter Djan
Anders Felts
James Ford
Gary Martin
Jayden McKeen
Richard Moreno
Jeremiah Nubbe

MEN'S OUTDOOR ACC HISTORY

1954

Maryland	59.2
North Carolina	57.7
Duke	42.9
South Carolina	35.2
Virginia	16.5
Clemson	6.5
NC State	5

1955

UNC	55.25
Maryland	54
Duke	37
S. Carolina	28.25
Virginia	16.5
Clemson	16
NC State	13
Wake Forest	5

1956

Maryland	71
Duke	36.2
North Carolina	32.9
Clemson	25.5
South Carolina	25.2
Virginia	20.5
NC State	8.7
Wake Forest	5

1957

Maryland	83.5
North Carolina	47.5
Duke	32.5
South Carolina	24.5
Virginia	23.5
Clemson	13
NC State	.5
Wake Forest	0

1958

Maryland	72.5
Duke	44
North Carolina	37
South Carolina	24
Clemson	23
Virginia	22.5
NC State	2
Wake Forest	0

1959

Maryland	106.5
Duke	37
North Carolina	30
South Carolina	20
Clemson	12.7
Virginia	8.75
NC State	6
Wake Forest	3

1960

Maryland	98
Duke	40
North Carolina	28.5
South Carolina	20
Clemson	19.5
Virginia	16
Wake Forest	2
NC State	1

1961

Maryland	82.5
North Carolina	44.5
Duke	40
South Carolina	21
Clemson	21
Virginia	16
NC State	0
Wake Forest	0

1962

Maryland	77.5
North Carolina	43
Duke	34
South Carolina	28
Clemson	26
Virginia	22
Wake Forest	2.5
NC State	2

1963

Maryland	100.5
Duke	46
North Carolina	43.5
Clemson	37
South Carolina	13
Virginia	7
Wake Forest	6
NC State	2

1964

Maryland	95
Clemson	61
North Carolina	41
South Carolina	23
Duke	17
Virginia	8
NC State	6
Wake Forest	4

1965

Maryland	95
Clemson	38
North Carolina	35
South Carolina	32
Duke	20
NC State	17
Wake Forest	10
Virginia	8

1966

Maryland	103
South Carolina	54
North Carolina	23
Duke	19
NC State	17
Clemson	15
Wake Forest	14
Virginia	10

1967

Maryland	98
NC State	37
Clemson	29
South Carolina	28
North Carolina	26
Duke	18
Virginia	13
Wake Forest	6

1968

Maryland	134
South Carolina	31
Clemson	31
North Carolina	28
Duke	19
Virginia	18
NC State	10
Wake Forest	1

1969

Maryland	117.5
S. Carolina	50.5
Duke	35
North Carolina	28
Clemson	19
Virginia	14
NC State	7
Wake Forest	1

1970

Maryland	89
South Carolina	47
Clemson	37
North Carolina	31
Duke	30
Wake Forest	15
NC State	12
Virginia	11

1971

Maryland	71
South Carolina	66
Duke	41
North Carolina	40
Virginia	30
Clemson	24
NC State	16
Wake Forest	0

1972

Maryland	104.5
North Carolina	44.5
Duke	39
Clemson	35
Virginia	34
NC State	20
Wake Forest	11

1973

Maryland	110.5
Duke	63
NC State	45
North Carolina	39
Virginia	21
Clemson	18.5
Wake Forest	7

1974

Maryland	127
North Carolina	52
NC State	49
Duke	41
Clemson	13
Wake Forest	12
Virginia	10

1975

Maryland	105.5
NC State	67.5
Clemson	48
Duke	33
North Carolina	28
Virginia	20
Wake Forest	2

1976

Maryland	124.5
NC State	57.5
Duke	35
North Carolina	33
Clemson	30
Virginia	24
Wake Forest	0

1977

Maryland	208
North Carolina	105
NC State	83
Virginia	74
Clemson	62
Duke	46
Wake Forest	11

1978

Maryland	182.5
NC State	121
Virginia	84
North Carolina	78
Clemson	58.5
Duke	42
Wake Forest	16

1979

Maryland	212
Virginia	101.5
Georgia Tech	86
NC State	75.5
North Carolina	67
Clemson	50
Duke	21
Wake Forest	6

1980

Clemson	150
Maryland	138
NC State	106
Virginia	87
North Carolina	65
Georgia Tech	48
Duke	13
Wake Forest	13

1981

Maryland	167.5
NC State	157
Clemson	88
Virginia	73
North Carolina	51
Georgia Tech	45
Duke	24.5
Wake Forest	14

1982

Clemson	144
NC State	144
Maryland	118
Virginia	90
Georgia Tech	47
North Carolina	43
Duke	32
Wake Forest	0

1983

NC State	169
Clemson	163
Virginia	106
Maryland	84
Georgia Tech	45
North Carolina	37
Duke	14
Wake Forest	2

1984

NC State	161
Virginia	146
Clemson	125.5
Maryland	102
Georgia Tech	53
Wake Forest	13
North Carolina	10
Duke	9

1985

NC State	161
Clemson	117
Georgia Tech	108
Virginia	90
Maryland	86
North Carolina	47
Duke	8
Wake Forest	3

1986

NC State	171
Clemson	155
Georgia Tech	93.5
North Carolina	90.5
Maryland	80
Virginia	16
Duke	10
Wake Forest	4

1987

NC State	157
Clemson	140
Georgia Tech	133
North Carolina	88.5
Maryland	86
Virginia	10.5
Wake Forest	1
Duke	1

1988

NC State	174.5
UNC	134.5
Clemson	102
Georgia Tech	99
Maryland	46
Virginia	43
Wake Forest	18
Duke	5

1989

Clemson	148
NC State	146
Georgia Tech	75
North Carolina	69
Virginia	69
Maryland	54
Wake Forest	44
Duke	15

1990

Clemson	161
NC State	135
North Carolina	100
Georgia Tech	80
Virginia	79
Maryland	32
Wake Forest	27
Duke	6

1991

Clemson	165
NC State	115
North Carolina	109
Virginia	107
Georgia Tech	79
Wake Forest	33
Maryland	10
Duke	0

1992

UNC	178.5
Clemson	178
Florida State	123
Georgia Tech	89
NC State	74.5
Wake Forest	69
Virginia	35
Maryland	23
Duke	8

1993

Clemson	181
North Carolina	158
NC State	126.5
Florida State	112.5
Georgia Tech	67
Wake Forest	65
Virginia	45
Maryland	17
Duke	5

1994

North Carolina	168
Florida State	164
Clemson	127
NC State	105
Virginia	79
Georgia Tech	78
Wake Forest	35
Maryland	11
Duke	5

MEN'S OUTDOOR ACC HISTORY

1995

North Carolina	164
Wake Forest	133
Clemson	124.5
Florida State	98
NC State	85
Virginia	61
Georgia Tech	54
Duke	36
Maryland	15.5

1996

NC State	196.5
North Carolina	152
Clemson	146
Florida State	110
Georgia Tech	75.5
Wake Forest	51
Maryland	34
Virginia	29
Duke	21

1997

Clemson	216
North Carolina	174
NC State	125.5
Florida State	82.5
Georgia Tech	59.5
Wake Forest	50
Duke	39.5
Virginia	37
Maryland	28

1998

Clemson	194
North Carolina	178
NC State	123
FSU	106.33
Georgia Tech	82.33
Virginia	51
Wake Forest	44.33
Duke	25
Maryland	15

1999

North Carolina	178
Clemson	157.5
Wake Forest	108.5
NC State	98.5
Florida State	90.5
Virginia	57
Georgia Tech	55
Duke	50
Maryland	24

2000

Clemson	179.33
Florida State	132
NC State	117
North Carolina	111
Georgia Tech	81.67
Wake Forest	81
Duke	45
Virginia	44
Maryland	21

2001

Clemson	189
Florida State	183
Virginia	108
North Carolina	97.5
Wake Forest	84.5
NC State	84.5
Georgia Tech	44
Duke	22.5
Maryland	12

2002

Florida State	201.5
Clemson	158
North Carolina	118
NC State	103
Georgia Tech	81
Virginia	67.5
Wake Forest	63
Maryland	17
Duke	10

2003

Florida State	202
Clemson	166
North Carolina	98
NC State	94
Georgia Tech	94
Virginia	73.5
Wake Forest	45.5
Duke	41
Maryland	2

2004

Clemson	224
Florida State	176
North Carolina	104
Georgia Tech	103
NC State	81
Virginia	53
Wake Forest	34
Duke	23
Maryland	20

2005

Florida State	222.5
Clemson	151
North Carolina	81.5
Virginia	80
Georgia Tech	65
Virginia Tech	60
NC State	47
Wake Forest	46
Maryland	32
Duke	27
Miami	5

2006

Florida State	161
Clemson	119
Wake Forest	106
Virginia	88
North Carolina	85
NC State	60
Virginia Tech	58
Georgia Tech	52.5
Miami	39
Maryland	23.5
Duke	23
Boston College	3

2007

Florida State	166.5
Clemson	118
NC State	99.5
Virginia	81
North Carolina	77
Georgia Tech	71
Virginia Tech	57
Maryland	44
Wake Forest	35
Miami	30
Duke	29
Boston College	4

2008

Florida State	141
Clemson	124
NC State	96.5
Virginia	94.5
North Carolina	93
Virginia Tech	67
Georgia Tech	66
Maryland	54
Miami	36
Duke	36
Wake Forest	7
Boston College	0

2009

Florida State	141
Virginia	141
Virginia Tech	130
Georgia Tech	81
North Carolina	72
Clemson	69
Duke	61
Wake Forest	45
Miami	40
Maryland	22
Boston College	9
NC State	7

2010

Florida State	138.5
Virginia Tech	130
Virginia	125
North Carolina	117.5
Clemson	75.5
Wake Forest	60
Georgia Tech	48.5
Duke	38
NC State	37
Miami	28
Maryland	18
Boston College	10

2011

Florida State	174.5
Virginia Tech	153.5
North Carolina	112.5
Clemson	89
Duke	86.5
Virginia	67
NC State	50
Wake Forest	38
Miami	21
Maryland	20
Georgia Tech	5
Boston College	0

2012

Virginia Tech	153.5
Florida State	149
Virginia	113
North Carolina	94.5
Clemson	78
Duke	59
NC State	58
Maryland	31
Wake Forest	28
Georgia Tech	26
Miami	22
Boston College	4

2013

Florida State	149
Virginia Tech	138
Clemson	114
North Carolina	113
Duke	66
Virginia	63
Georgia Tech	53
NC State	39
Miami	36
Wake Forest	26
Maryland	13
Boston College	2

2014

Florida State	113
North Carolina	110
Notre Dame	88
Duke	81
Virginia Tech	78
Syracuse	72
Pittsburgh	58
Virginia	53
Miami	44
NC State	32
Clemson	31
Georgia Tech	22
Wake Forest	21
Maryland	14
Boston College	0

2015

Florida State	136
Virginia	100
Virginia Tech	98
Clemson	89
North Carolina	67
Duke	53
Syracuse	51
Louisville	40
Notre Dame	37
Pittsburgh	37
Miami	36
NC State	33
Georgia Tech	22
Wake Forest	18
Boston College	0

2016

Virginia Tech	129
NC State	93
Virginia	80
Florida State	72
North Carolina	72
Louisville	61.5
Clemson	61
Miami	58
Syracuse	48
Pitt	43
Notre Dame	32
Wake Forest	27
Duke	26.5
Georgia Tech	15
Boston College	0

2017

Virginia Tech	120
Virginia	119
Florida State	104
NC State	78
Louisville	64
Clemson	61
North Carolina	55
Duke	53
Syracuse	50
Pittsburgh	34
Georgia Tech	25
Notre Dame	23
Wake Forest	22
Miami	9
Boston College	0

2018

Florida State	116
Syracuse	108
Virginia Tech	105.5
Louisville	71
Clemson	56
Virginia	55
North Carolina	51.5
NC State	49
Miami	45
Duke	45
Pitssburgh	41.5
Notre Dame	35.5
Georgia Tech	33
Wake Forest	4

2019

Virignia Tech	123
Virginia	117
Florida State	102.5
Pittsburgh	62
Clemson	52.5
Louisville	52
North Carolina	50
Miami	48
Norte Dame	40
Georgia Tech	38
Duke	38
Syracuse	33
NC State	27
Boston College	16
Wake Forest	15

2021

Florida State	136
Virginia Tech	116.5
Virginia	92
Notre Dame	80.5
North Carolina	75
Clemson	65
Miami	45
Duke	40
NC State	40
Louisville	36
Pittsburgh	35.5
Wake Forest	22
Syracuse	14
Georgia Tech	9.5
Boston College	7

2022

Florida State	149
Virginia Tech	93
Virginia	83
North Carolina	78
Miami	61
Clemson	59
Duke	59
Notre Dame	55
Louisville	53
Wake Forest	42
NC State	40
Pittsburgh	30
Syracuse	10
Boston College	4
Georgia Tech	1

2023

Clemson	92
Florida State	91
Virginia	89.5
Louisville	89.5
Virginia Tech	84.5
North Carolina	73.5
Niami	59
Duke	51
Notre Dame	42
Wake Forest	40
Syracuse	36
Pitt	27
NC State	23
Georgia Tech	15

2024

Virginia	**107**
Virginia Tech	102.33
North Carolina	102
Florida State	95
Miami	83
Clemson	77.33
Duke	70.33
Pittsburgh	37
Notre Dame	35
Syracuse	30
Wake Forest	30
Louisville	20
NC State	13
Georgia Tech	12
Boston College	5

MEN'S OUTDOOR ACC HISTORY

2025	
Duke	86
North Carolina	82
California	79.83
Virginia Tech	78.83
Florida State	74
Clemson	70
Pitt	61
Louisville	50.33
Miami	50
NC State	40
Stanford	38.5
Wake Forest	28
Virginia	25
Notre Dame	20
Syracuse	19
Georgia Tech	15
Boston College	0

2026	
Virginia	**110**
Florida State	96
Virginia Tech	88
Clemson	84
Duke	78
Louisville	74
Miami	53
NC State	39
Pitt	33
Notre Dame	31
California	30
Wake Forest	27
North Carolina	26
Syracuse	22
Georgia Tech	11
Stanford	11
Boston College	5

VIRGINIA YEAR-BY-YEAR

1954	5th (16.5)
1955	5th (16.5)
1956	6th (20.5)
1957	5th (23.5)
1958	6th (22.5)
1959	6th (8.75)
1960	6th (16)
1961	6th (16)
1962	6th (22)
1963	6th (7)
1964	6th (8)
1965	8th (8)
1966	8th (10)
1967	7th (13)
1968	6th (18)
1969	6th (14)
1970	8th (11)
1971	5th (30)
1972	5th (34)
1973	5th (21)
1974	7th (10)
1975	6th (20)
1976	6th (24)
1977	4th (74)
1978	3rd (84)
1979	2nd (101.5)
1980	4th (87)
1981	4th (73)
1982	4th (90)
1983	3rd (106)
1984	2nd (146)
2000	8th (44)
2001	3rd (108)
2002	6th (67.5)
2003	6th (73.5)
2004	6th (53)
2005	4th (80)
2006	4th (88)
2007	4th (81)
2008	4th (94.5)
2009	**T-1st (141)**
2010	3rd (125)
2011	6th (67)
2012	3rd (113)
2013	6th (63)
2014	8th (53)
2015	2nd (100)
2016	3rd (80)
2017	2nd (119)
2018	6th (55)
2019	2nd (117)
2021	3rd (92)
2022	3rd (83)
2023	T-3rd (89.5)
2024	**1st (107)**
2025	13th (25)
2026	**1st (110)**

Indoor Women's Records

Event	Name	Time/Mark	Date
60 meters	Halle Hazzard	7.23	2021
200 meters	Halle Hazzard	23.45	2021
400 meters	Jordan Lavender	52.59	2013
800 meters	Esther Seeland	2:03.43	2023
Mile	Margot Appleton	4:25.03	2025
3,000 meters	Margot Appleton	8:46.23	2024
5,000 meters	Margaret Groos	15:34.71	1981
60-meter hurdles	**Maya Rollins**	**8.30**	**2026**
4x400-meter relay	Chaney, Fabrizio, Wright, Lavender	3:39.43	2014
Distance Medley Relay	Workman, Sabbakhan, Hock, Appleton	10:50.58	2024
High Jump	Sherry Gould	1.87m (6' 1.5")	1994
Pole Vault	Bridget Guy	4.41m (14' 5.5")	2019
Long Jump	Jada Seaman	6.46m (21'2.5")	2020
Triple Jump	Tomika Ferguson	13.53m (44' 4.75")	2007
Shot Put	Maria Deaviz	16.75m (54' 11.5")	2022
Weight Throw	Eliese Mitchell	20.06m (65' 9.75")	2002
Pentathlon	Alix Still	4,177	2023

Indoor Men's Records

Event	Name	Time/Mark	Date
60 meters	Shay Clark	6.71	2001
200 meters	Jordan Willis	21.42	2020
400 meters	Brandon Outlaw	46.58	2020
800 meters	Paul Ereng	1:44.84	1988
Mile	**Gary Martin**	**3:48.82**	**2025**
3,000 meters	**Gary Martin**	**7:36.09**	**2024**
5,000 meters	**Gary Martin**	**13:05.57**	**2025**
60-meter hurdles	Adams Abdulrazaaq	7.75	2011
4x400-meter relay	Sherman, **Gose,** Russo, **White IV**	**3:09.79**	**2025**
Distance medley relay	Porter, Sherman, Murphy, **Martin**	**9:14.19**	**2025**
High Jump	-Brenton Foster	2.26m (7' 5")	2020
Pole Vault	Sam Young	5.38m (17' 7.75")	2020
Long Jump	Owayne Owens	7.58m (24'10.5")	2021
	Jordan Scott	7.58m (24'10.5")	2019
Triple Jump	Jordan Scott	17.02m (55' 10.25")	2020
Shot Put	Filip Mihaljevic	20.87m (68' 5.75")	2016
Weight Throw	**Jeremiah Nubbe**	**24.17m (79' 3.75")**	**2025**
Heptathlon	Ethan Robinson	5,747	2025

UVA INDOOR RELAY RECORDS

WOMEN'S INDOOR RECORDS

4x400

1.	3:39.43	Chaney, Fabrizio, Wright, Lavender	2014
2.	**3:39.65**	**Akpan,** Seaman, Parenchuk, Sabbakhan	**2023**
3.	3:39.77	Ezumah, Fabrizio, Wright, Lavender	2015
4.	3:39.93	Sandy, Hinton, Birge, Fridy	1987
5.	**3:40.21**	Alexandru, **Drakeford, Fletcher, Akpan**	**2025**

DMR

1.	10:50.58	Workman, Sabbakhan, Hock, Appleton	2024
2.	10:52.22	Workman, Sabbakhan, Hock, Appleton	2024
3.	**10:53.27**	**DeSousa, Fletcher, Woehlcke, David**	**2026**
4.	10:55.45	Appleton, Sabbakhan, Timm, Workman	2024
5.	10:55.94	Seeland, Alexandru, Seasholtz, Appleton	2023

MEN'S INDOOR RECORDS

4x400

1.	**3:09.79**	Sherman, **Gose,** Russo, **White IV**	**2025**
2.	**3:10.56**	Sherman, **Gose,** Russo, **White IV**	**2025**
3.	3:11.64	Sherman, Willis, Davis, Pendarvis	2022
4.	3:11.76	Willis, Shirley, Dixon, Outlaw	2018
5.	3:11.93	Bowman, Carrington, Kiley, Dixon	2017

DMR

1.	**9:14.19**	Porter, Sherman, Murphy, **Martin**	**2025**
2.	**9:15.12**	Porter, Sherman, Murphy, **Martin**	**2025**
3.	**9:16.75**	**Mountain, Felts, Edson, Martin**	**2026**
4.	**9:18.95**	Murphy, Sherman, **Leath, Martin**	**2024**
5.	**9:23.71**	Murphy, Sherman, **Martin,** Porter	**2023**

WOMEN'S INDOOR TOP PERFORMANCES

60 METERS

1.	Halle Hazzard	7.23	'21
2.	Jada Seaman	7.28	'22
3.	Kayla Bonnick	7.35	'23
4.	Kiamesha Otey	7.37	'03
5.	Sonja Fridy	7.39	'86
	Sarah Akpan	**7.39**	**'25**
7.	Peyton Chaney	7.40	'16
	Anna Jefferson	7.40	'20
9.	Pam Lemons	7.43	'93
10.	Jordan Laavener	7.49	'15

200 METERS

1.	Halle Hazzard	23.45	'21
2.	Jada Seaman	23.53	'22
3.	**Sarah Akpan**	**23.69**	**'24**
4.	Jordan Lavender	23.80	'15
5.	Peyton Chaney	23.84	'16
6.	Anna Jefferson	23.92	'20
7.	Danielle Williams	23.97	'12
8.	Kayla Bonnick	24.14	'21
9.	Kelly Miller	24.17	'99
10.	**Ariel Fletcher**	**24.29**	**'25**

400 METERS

1.	Jordan Lavender	52.59	'13
2.	Andrenette Knight	53.50	'20
3.	Anna Jefferson	53.33	'19
4.	Lisa Garrett	54.07	'81
5.	Angela Lee	54.29	'99
6.	Carielle Doe	54.52	'02
7.	Cathron Birge	54.61	'90
8.	**Ariel Fletcher**	**54.85**	**'26**
9.	Anzhelika Parenchuk	54.88	'22
10.	Sonja Fridy	54.95	'87

800 METERS

1.	Esther Seeland	2:03.43	'23
2.	Caroline Timm	2:05.23	'24
3.	Maggie Hock	2:05.25	'24
4.	Alahna Sabbakhan	2:05.74	'22
5.	Margot Appleton	2:06.27	'25
6.	Vanessa Fabrizio	2:07.24	'15
7.	Maggie Hock	2:07.36	'24
8.	**Ella Woehlcke**	**2:07.38**	**'26**
9.	Emma Call	2:07.39	'17
10.	Annie Jackson	2:07.53	'25

MILE

1.	Margot Appleton	4:25.03	'25
2.	Anna Workman	4:31.91	'24
3.	**Tatum David**	**4:32.04**	**'25**
4.	Mia Barnett	4:33.54	'22
5.	Jill Haworth	4:34.32	'82
6.	Morgane Gay	4:34.38	'12
7.	Vicky Fouhy	4:34.87	'13
8.	Lesley Welch	4:35.56	'82
9.	Iona Lake	4:36.11	'16
10.	Caroline Timm	4:36.24	'24

3,000 METERS

1.	Margot Appleton	8:46.23	'24
2.	Jenny Schilling	9:07.13	'24
3.	**Gillian Bushee**	**9:11.74**	**'26**
4.	Sophie Atkinson	9:14.22	'25
5.	**Tatum David**	**9:16.09**	**'26**
6.	Cleo Boyd	9:18.20	'17
7.	**Cate DeSousa**	**9:18.39**	**'26**
8.	Claire Forbes	9:18.80	'92
9.	Stephanie Garcia	9:19.44	'11
10.	Martha White	9:19.58	'83

5,000 METERS

1.	Margaret Groos	15:34.71	'81
2.	Jenny Schilling	15:37.62	'25
3.	**Gillian Bushee**	**15:48.47**	**'26**
4.	Sophie Atkinson	15:51.45	'25
5.	Cleo Boyd	16:04.76	'17
6.	Morgan Kelly	16:10.73	'15
7.	Barbara Strehler	16:16.32	'14
8.	Emily Harrison	16:16.53	'08
9.	Lesley Welch	16:21.6h	'82
10.	Maria Hauger	16:22.07	'14

60 HURDLES

1.	**Maya Rollins**	**8.30**	**'26**
2.	Alexis Woodley	8.31	'20
3.	Ciara Leonard	8:38	'18
4.	Ayla Smith	8.39	'09
	Ava Rice	**8.39**	**'26**
6.	Alix Still	8.41	'23
7.	Andrenette Knight	8.48	'20
8.	Heather Smith	8.54	'16
9.	Kim Turko	8.55	'01
10.	Chidi Uche	8.58	'10

HIGH JUMP

1.	Sherry Gould	1.87m (6' 1.5")	'94
2.	**Celia Rifaterra**	**1.84m (6' 0.5")**	**'24**
3.	Ann Bair	1.83m (6' 0")	'83
4.	Robin Landes	1.82m (5' 11.25")	'88
5.	Karen DiDonato	1.80m (5' 10.75')	'91
	Carly Tarentino	**1.80m (5' 10.75")**	**'24**
7.	Pearl Bickersteth	1.79m (5'10.5")	'12
8.	Rachel Marks	1.78m (5' 10")	'04
	Rebecca Hawkins	1.78m (5'10")	'22
10.	Kate Doyle	1.75m (5' 8.75")	'90

POLE VAULT

1.	Bridget Guy	4.41m (14'5.5")	'19
2.	**Sam Romano**	**4.24m (13'11")**	**'24**
3.	Maya Maloney	4.12m (13'6.25")	'20
4.	Trina Barcarola	4.11m (13'5.75")	'22
5.	Hanne Borstlap	4.10m (13'5.25")	'23
6.	**Hannah Byrd-Leitner**	**4.04m (13' 3")**	**'26**
7.	Gabriella Recce	4.00m (13'1.5")	'24
	Madison Townsend	**4.00m (13'1.5")**	**'26**
9.	Sarah DeVita	3.97m (13'0.25")	'15
10.	Theresa Demaria	3.96m (12'11.75")	'17

LONG JUMP

1.	Jada Seaman	6.46m (21' 2.5")	'20
2.	Dana Boone	6.44m (21' 1.50")	'91
3.	Kiamesha Otey	6.39m (20' 11.75")	'02
4.	Sonja Fridy	6.38m (20' 11.25")	'87
5.	Khyasia Caldwell	6.29m (20' 7.75")	'20
6.	Nicole Kimbrough	6.27m (20' 7")	'95
7.	Kelly Miller	6.22m (20' 5")	'99
8.	Angela Griffith	6.15m (20' 2.25")	'92
9.	Jordan Hardy	6.12m (20'1")	'23
	Grace Smith	**6.12m (20'1")**	**'26**

TRIPLE JUMP

1.	Tomika Ferguson	13.53m (44' 4.75")	'07
2.	Naccole Guinn	13.14m (43' 1.25")	'01
3.	Khyasia Caldwell	13.05m (42' 9.75")	'21
4.	Kelly McKee	13.00m (42'8")	'19
5.	Dallas Rose	12.98m (42' 7")	'12
6.	Lily Hulland	12.89m (42'3.25")	'24
7.	Jordan Hardy	12.87m (42'2.75")	'24
8.	Dana Boone	12.86m (42' 2.25")	'91
9.	Michele Johnson	12.78m (41' 11")	'87
10.	Mia Barron	12.71m (41'8.5")	'17

SHOT PUT

1.	Maria Deaviz	16.75m (54' 11.5")	'22
2.	**Brooke Lumpkin**	**16.74m (54'11.25")**	**'25**
3.	Billie-Jo Grant	16.55m (54' 3.5")	'08
4.	Christine Bohan	16.53m (54' 2.75")	'16
5.	Brittany Jones	16.27m (53'4.5")	'20
6.	Ashley Anumba	16.04m (52' 7.5")	'22
7.	Maureen Laffan	15.97m (52' 4.75")	'10
8.	Estel Valeanu	15.91m (52'2.50")	'25
9.	**Janae Profit**	**15.89m (52' 1.75")**	**'25**
10.	Eliese Mitchell	15.72m (51' 7")	'03

WEIGHT THROW

1.	**Charlotta Sandkulla**	**20.48 (67' 2.50")**	**'26**
2.	Eliese Mitchell	20.06m (65' 9.75")	'02
3.	**Bree Lumpkin**	**18.58m (60' 11.50")**	**'26**
4.	Maureen Laffan	18.54m (60' 10")	'12
5.	Estel Valeanu	18.32m (60' 1.25")	'25
6.	Erin Wykoff	17.75m (58' 3")	'12
7.	Jade Baker	17.46m (57'3.5")	'19
8.	Alexa Manning	17.09m (56' 1")	'08
9.	Ann Crouse	17.08m (56' 0.5")	'96
10.	Eva Mustafic	16.92m (55'6.25")	'19

PENTATHLON

1.	Alix Still	4,177	'23
2.	Susan Brownell	4,153	'82
3.	Rebecca Grube	4,108	'95
4.	Holly Sullivan	3,912	'18
5.	Ayla Smith	3,879	'09
6.	**Elsa Spoor**	**3,841**	**'26**
7.	Sherry Gould	3,789	'94
8.	**Cassie Callis**	**3,748**	**'26**
9.	Beth Sheehan	3,678	'83
10.	Bianca DeBartolo	3,661	'07

All-time lists are based on a student-athlete's best time/mark

MEN'S INDOOR TOP PERFORMANCES

60 METERS

1.	Shay Clark	6.71	'01
2.	**Peter Djan**	**6.73**	**'25**
3.	Reuben Jones	6.79	'08
4.	Adam Cummings	6.86	'13
5.	Michael Johnson	6.87	'04
6.	**Evans White IV**	**6.88**	**'25**
7.	Jarrett Hagwood	6.89	'02
	Leo McLaughlin	6.89	'11
9.	Ethan Robinson	6.91	'24
10.	Tavares Kelly	6.92	'22

200 METERS

1.	Jordan Willis	21.42	'20
2.	Alex Sherman	21.43	'25
3.	**Evans White IV**	**21.52**	**'24**
4.	Gerald Howard	21.53	'95
5.	Jay Pendarvis	21.54	'23
6.	**Michael Koepke**	**21.77**	**'24**
7.	Scott Kimball	21.78	'00
	Reuben Jones	21.78	'08
	Payton Hazzard	21.78	'14
10.	Conlon Bonner	21.79	'08

400 METERS

1.	Brandon Outlaw	46.58	'20
2.	Payton Hazzard	46.60	'15
3.	Jordan Willis	46.61	'20
4.	Alex Sherman	46.69	'25
5.	Kellen Blassingame	46.73	'06
6.	Kevin Anding	47.46	'11
7.	Alfred Shirley	47.53	'18
8.	Ben Kurgat	47.61	'89
9.	Paul Ereng	47.64	'88
10.	**Evans White IV**	**47.67**	**'25**

800 METERS

1.	Paul Ereng	1:44.84	'88
2.	**Tyler Edson**	**1:46.48**	**'26**
3.	Conor Murphy	1:46.95	'24
4.	Ben Kurgat	1:47.31	'91
5.	Robby Andrews	1:48.02	'10
6.	Shane Cohen	1:48.15	'24
7.	**Gary Martin**	**1:48.71**	**'24**
8.	**Alex Leath**	**1:49.10**	**'24**
9.	McGavock Dunbar	1:49.18	'04
10.	Nathan Kiley	1:49.20	'16

MILE

1.	**Gary Martin**	**3:48.82**	**'25**
2.	Wes Porter	3:54.58	'25
3.	**Nate Mountain**	**3:54.88**	**'26**
4.	Conor Murphy	3:55.24	'23
5.	Yasin Sado	3:55.93	'24
6.	**James Donahue**	**3:57.44**	**'23**
7.	**Justin Wachtel**	**3:58.14**	**'26**
8.	Vince Draddy	3:58.2h	'82
9.	**Will Anthony**	**3:58.39**	**'24**
10.	Henry Wynne	3:58.74	'16

3000 METERS

1.	**Gary Martin**	**7:36.09**	**'24**
2.	**Nate Mountain**	**7:46.80**	**'26**
3.	**Justin Wachtel**	**7:50.20**	**'26**
4.	Ari Klau	7:51.57	'20
5.	**Will Anthony**	**7:52.13**	**'25**
6.	Conor Murphy	7:53.17	'24
7.	Henry Wynne	7:53.89	'16
8.	Mark Amirault	7:54.08	'12
9.	Adam Visokay	7:54.24	'16
10.	Kris Herdt	7:54.90	'87

5000 METERS

1.	**Gary Martin**	**13:05.57**	**'25**
2.	Yasin Sado	13:31.87	'24
3.	Derek Johnson	13:39.88	'23
4.	**Will Anthony**	**13:40.83**	**'25**
5.	**Nate Mountain**	**13:43.18**	**'26**
6.	Zach Herriott	13:45.37	'17
7.	Ryan Collins	13:46.41	'10
8.	**Andrew Jones**	**13:48.26**	**'25**
9.	Chase Weaverling	13:54.39	'17
10.	Brent Demarest	13:56.03	'17

60 HURDLES

1.	Adams Abdulrazaaq	7.75	'11
2.	**Peter Djan**	**7.77**	**'25**
3.	Drequan Hoskey	7.79	'14
4.	Ethan Robinson	7.81	'25
5.	Jarrett Hagwood	7.93	'02
6.	**David Frasier**	**7.93**	**'24**
7.	Marion Mason	8.01	'01
8.	Jeremiah Wilson	8.02	'24
9.	Cary Chandler	8.03	'01
	Aaron Shepperd	8.03	'11
	Emmanuel Jackson	8.03	'19

HIGH JUMP

1.	Brenton Foster	2.26m (7'5")	'20
2.	Herman Moore	2.21m (7' 3")	'90
3.	Greg Nelson	2.14m (7' 0.25")	'10
4.	Greg Byers	2.13m (6'11.75)	'82
	Trey Causey	2.13m (6'11.75")	'19
6.	Bob Lund	2.09m (6' 10.25")	'93
7.	Mike Riso	2.08m (6' 10")	'02
	Kevin Jackson	2.08m (6' 10")	'77
	Jacob Kelly	2.08m (6'9.75")	'22
9.	David Sullivan	2.05m (6' 8.75")	'06
	Arthur Gennari	2.05m (6' 8.75")	'08
	Tommy DeVita	2.05m (6' 8.75")	'13

POLE VAULT

1.	Sam Young	5.38m (17' 7.75)	'20
2.	David Sullivan	5.30m (17' 4.75")	'05
3.	Brian Shafer	5.20m (17' 0.75")	'93
4.	**Justin Rogers**	**5.18m (17'0")**	**'23**
5.	Jeff Jernigan	5.10m (16' 8.75)	'17
6.	Tommy Cooke	5.05m (16' 6.75")	'95
7.	Kane Aldrich	5.02m (16' 5.5")	'21
8.	Matt Armentrout	5.01m (16' 5.25")	'13
9.	Colin Duignan	5.00m (16'4.75)	'22
10.	Danny Thompson	4.98m (16' 4")	'81

LONG JUMP

1.	Owayne Owens	7.58m (24'10.5")..	'21
2.	Jordan Scott	7.58m (24'10.5)	'19
3.	Matt Meyer	7.52m (24' 8.25")	'09
4.	Marion Mason	7.50m (24' 7.25")	'01
	Tiki Barber	7.50m (24' 7.25")	'94
6.	Bruce Randolph	7.48m (24' 6.5")	'84
7.	Heldi Valikaj	7.46m (24' 5.75")	'24
8.	Keith Witherspoon	7.45m (24' 5.25")	'76
9.	Ayende Watson	7.41m (24'3.75")	'19
10.	Stephen Dunphy	7.40m (24' 3.25")	'92

TRIPLE JUMP

1.	Jordan Scott	17.02m(55'10.25)	'20
2.	Owyane Owens	16.69m (54'9.25")	'23
3.	Marcus Robinson	16.63m (54'6.75")	'12
4.	Keith Witherspoon	16.16m (53' 0.25")	'76
5.	Greg Byers	15.98m (52' 5")	'85
6.	Aaron Worrell	15.87m (52' 1")	'17
7.	Cornell Grayson	15.74m (51' 7.75")	'90
8.	**Caleb Holman**	**15.72m (51'7")**	**'26**
9.	Chike Chukwulozie	15.64m (51' 3.75")	'91
10.	Ryan Satchell	15.62m (51' 3")	'14

SHOT PUT

1.	Filip Mihaljevic	20.87m (68' 5.75")	'16
2.	Oghenakpobo Efekoro	19.84m (65'1.25")	'17
3.	Jordan Young	19.15m (62'10")	'15
4.	Nick Vena	18.92m (62' 1")	'12
5.	Yemi Ayeni	18.80m (61' 8.25")	'09
6.	Nace Plesko	18.71m (61'4.75")	'19
7.	Claudio Romero	18.44m (60-6)	'21
8.	Kevin Latham	17.62m (57' 9.75")	'84
9.	Thom McKinney	17.12m (56' 2")	'91
10.	Mike Murphy	17.10m (56' 1.25").	'93

WEIGHT THROW

1.	**Jeremiah Nubbe**	**24.17m (79' 3.75")**	**'25**
2.	**Nikolaos Polychroniou**	**23.06m (75' 8")**	**'26**
3.	**Keyandre Davis**	**23.04m (75' 0.75")**	**'26**
4.	Jordan Young	22.92m (75'2.5")	'15
5.	Jacob Lemmon	22.18m (72'9.25")	'23
6.	John Fay	21.73m (71' 3.5")	'24
7.	**Cale Ayers**	**21.69m (71' 2")**	**'26**
8.	Hilmar Jonsson	21.37m (70' 1.5")	'18
9.	Oghenakpobo Efekoro	19.90m (65' 13.5")	'18
10.	Vincenzo Chiariello	19.38m (63' 7")	'12

HEPTATHLON

1.	Ethan Robinson	5,747	'25
2.	Jack Lint	5,546	'17
3.	**Henry Sullivan**	**5,414**	**'26**
4.	Derek Pekar	5,362	'20
5.	**Garrett McNeil**	**5,198**	**'25**
6.	David Sullivan	5,178	'04
7.	**David Frasier**	**5,176**	**'24**
8.	David Lewis	5,139	'08
9.	Christian Lavorgna	5,113	'16
10.	Elby Omohundro	5,038	'20

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

WOMEN'S INDOOR FRESHMAN RECORDS

60-METER DASH

1.	Halle Hazzard	7.32	'19
2.	Jada Seaman	7.46	'20
3.	Kayla Bonnick	7.47	'21
4.	**Sarah Akpan**	**7.48**	**'23**
5.	Jordan Lavender	7.57	'12

200-METER DASH

1.	Jada Seaman	23.76	'20
2.	**Sarah Akpan**	**24.00**	**'23**
2.	Halle Hazzard	24.09	'19
3.	Kayla Bonnick	24.14	'21
4.	Jordan Lavender	24.25	'12

300-METER DASH

1.	Jordan Lavender	39.05	'12
2.	Julie Sandy	39.43	'87
3.	Anna Jefferson	39.63	'17
4.	Kiana Hairston	40.15	'15
5.	Kayla Bonnick	40.25	'21

400-METER DASH

1.	Jordan Lavender	54.69	'12
2.	**Ariel Fletcher**	**55.80**	**'24**
2.	Michelle Samuels	55.81	'91
3.	Meagan Gillespie	56.07	'09
4.	Anzhelika Parenchuk	56.08	'21
5.	Chimere Ezumah	56.27	'14

500-METER DASH

1.	Cathron Birge	1:14.16	'87
2.	Phyllis Buber	1:14.90	'84
3.	Ayla Smith	1:14.91	'07
4.	Lyndsay Harper	1:16.22	'08
5.	Shelley McBride	1:16.68	'86

800-METER RUN

1.	Emma Call	2:07.39	'17
2.	Morgane Gay	2:08.07	'09
3.	Keara Seasholtz	2:08.43	'21
4.	Vanessa Fabrizio	2:08.79	'11
5.	Sandy Schuler	2:09.90	'85

1000-METER RUN

1.	Sandy Schuler	2:44.40	'85
2.	Shelley McBride	2:50.40	'86
3.	Maddie Rennyson	2:54.65	'18
4.	Claire Forbes	2:55.31	'90
5.	**Cate DeSousa**	**2:56.09**	**'24**

1-MILE RUN

1.	Mia Barnett	4:33.54	'22
2.	Margot Appleton	4:37.46	'22
3.	**Stella Kermes**	**4:41.06**	**'25**
4.	**Tatum Olesen**	**4:44.82**	**'25**
5.	**Katie Payne**	**4:46.43**	**'26**

3000-METER RUN

1.	**Jenny Schilling**	**9:16.17**	**'24**
2.	Maria Hauger	9:29.20	'14
3.	Veronic Boire	9:34.79	'22
4.	**Gillian Bushee**	**9:35.58**	**'24**
5.	Sarah Fakler	9:37.45	'14

5000-METER RUN

1.	Jenny Schilling	16:02.57	'24
2.	Lesley Welch	16:21.60	'82
3.	Maria Hauger	16:22.07	'14
4.	Cleo Boyd	16:29.16	'14
5.	Sarah Fakler	16:32.01	'14

60-METER HURDLES

1.	**Ava Rice**	**8.39**	**'26**
2.	**Maya Rollins**	**8.42**	**'25**
3.	Alexis Woodley	8.56	'17
4.	**Cassie Callis**	**8.67**	**'25**
5.	Ayla Smith	8.68	'07

HIGH JUMP

1.	Karen Didonota	1.71m (5'7.5")	'87
2.	Janelle Clayton	1.70m (5' 7")	'10
	Pearl Bickersteth	1.70m (5' 7")	'10
	Emily Kianka	1.70m (5' 7")	'11
	Moira Cronin	1.70m (5' 7")	'12

POLE VAULT

1.	**Sam Romano**	**4.20m (13'9.25")**	**'23**
2.	**Hannah Byrd-Leitner**	**4.04m (13' 3")**	**'26**
3.	**Madison Townsend**	**4.00m (13'1.5")**	**'26**
4.	Bridget Guy	3.97m (13' 0.25")	'15
	Maya Maloney	3.97m (13'0.25")	'20

LONG JUMP

1.	Jada Seaman	6.46m (21' 2.5")	'20
2.	Jordan Hardy	6.12m (20'1")	'23
3.	Kiamesha Otey	6.00m (19' 8.25")	'00
4.	Sonja Fridy	5.99m (19' 8")	'84
5.	Dana Boone	5.96m (19' 6.75"	'88

TRIPLE JUMP

1.	Jordan Hardy	12.86m (42'2.25")	'23
2.	Dallas Rose	12.56m (41' 2.5")	'10
3.	Mia Barron	12.33m (40' 5.5")	'15
4.	Britni Strates	12.32m (40' 5")	'12
5.	Nadia Saunders	12.23m (40' 1.5")	'21

SHOT PUT

1.	Maria Deaviz	15.43m (50' 7.5")	'21
2.	Emily Vannoy	15.42m (50' 7.25")	'10
3.	Brittany Jones	15.21m (49'11")	'18
4.	Anna Grant	14.94m (49' 0.25")	'08
5.	Christine Bohan	14.78m (48' 6")	'14

WEIGHT THROW

1.	**Charlotta Sandkulla**	**19.21m/62-0.25**	**'26**
2.	Eva Mustafic	16.92m (55'6.25")	'19
3.	Brittany Jones	16.24m (53'3.5")	'18
4.	**Theresa Breckley**	**16.01m (52' 6.25")**	**'25**
5.	Emily Vannoy	16.00m (52' 6")	'10

PENTATHLON

1.	**Cassie Callis**	**3,748**	**'26**
2.	Beth Sheehan	3,678	'83
3.	Katie Ollendick	3,443	'94
4.	Holly Sullivan	3,411	'16
5.	Alana Herran	3,396	'16

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

MEN'S INDOOR FRESHMAN RECORDS

60 METERS

1.	Adam Cummings	6.86	'13
2.	Leo McLaughlin	6.89	'11
3.	Reuben Jones	6.92	'05
4.	Matt Meyer	6.97	'09
5.	Conlon Bonner	6.98	'08
	Peter Djan	**6.98**	**'23**

200 METERS

1.	Conlon Bonner	21.79	'08
2.	Alex Sherman	22.00	'22
3.	Brandon Outlaw	22.03	'18
4.	**Evans White IV**	**22.13**	**'23**
5.	Ben Sargong	22.16	'92

300 METERS

1.	Anthony Swan	34.11	'86
2.	Adam Abdulrazaaq	34.63	'08
3.	Patrick Farmer	34.74	'11
4.	Conlon Bonner	34.78	'08
5.	Charles Bowman	34.82	'16

400 METERS

1.	Brandon Outlaw	47.18	'18
2.	Alfred Shirley	47.53	'18
3.	Paul Ereng	47.64	'88
4.	Jay Pendarvis	48.10	'21
5.	Meikle Paschal	48.11	'08

500 METERS

1.	Paul Ereng	1:02.02	'88
2.	Alfred Shirley	1:03.05	'18
3.	Bruce Berry	1:03.31	'85
4.	Ray Brown	1:03.80	'81
5.	Dwayne Brake	1:03.97	'83

800 METERS

1.	Robby Andrews	1:48.39	'10
2.	**Alex Leath**	**1:49.10**	**'24**
3.	Anthony Kostelac	1:49.24	'11
4.	Paul Ereng	1:49.31	'88
5.	Conor Murphy	1:49.91	'21

1000 METERS

1.	**Alex Leath**	**2:23.36**	**'24**
2.	Rob Pearce	2:27.69	'97
2.	Billy Convey	2:28.30	'84
3.	TJ Hobart	2:28.40	'11
4.	Brett Johnson	2:28.47	'10
5.	Ken Cheeseman	2:29.80	'85

MILE

1.	**Gary Martin**	**3:56.83**	**'23**
2.	**James Donahue**	**3:57.44**	**'23**
3.	**Henry Acorn**	**4:00.15**	**'26**
4.	Alex Tatu	4:03.00	'05
5.	Mike Marsella	4:03.18	'14

3,000 METERS

1.	Adam Visokay	7:57.46	'14
2.	**Will Anthony**	**8:01.81**	**'23**
3.	Wes Porter	8:06.18	'21
4.	Brent Demarest	8:09.59	'15
5.	Connor Rog	8:09.76	'14

5,000 METERS

1.	Thomas Madden	13:57.01	'15
2.	Chris Foley	14:03.67	'12
3.	Chase Weaverling	14:03.72	'16
4.	**Andrew Jones**	**14:08.23**	**'23**
5.	Brent Demarest	14:14.74	'15

60m HURDLES

1.	**David Frasier**	**7.93**	**'24**
2.	Adam Abdulrazaaq	7.98	'08
3.	**Jeremiah Wilson**	**8.02**	**'24**
4.	Aaron Sheppherd	8.03	'11
5.	Jarrett Hagwood	8.05	'99
	Peter Djan	**8.05**	**'23**

HIGH JUMP

1.	Trey Causey	2.13m (6'11.75)	'19
2.	Mike Riso	2.08m (6' 10")	'02
3.	Tommy DeVita	2.04m (6' 8.5")	'11
4.	Arthur Gennari	2.03m (6' 8")	'07
5.	Gerald Howard	2.00m (6' 7")	'93
	Cordell Green	2.00m (6' 7")	'95

POLE VAULT

1.	**Justin Rogers**	**5.18m (17'0")**	**'23**
2.	Sam Young	5.10m (16' 8.75)	'17
3.	David Sullivan	4.97m (16' 3.75")	'03
4.	Brian Shafer	4.90m (16' 1")	'90
5.	Jake Williams	4.87m (16' 0")	'91

LONG JUMP

1.	Matt Meyer	7.52m (24' 8.25")	'09
2.	Tiki Barber	7.48m (24' 6.75")	'94
3.	Ayende Watson	7.41m (24'3.75")	'19
4.	Jordan Scott	7.38m (24' 2.5")	'17
5.	**Caleb Holman**	**7.29m (23' 11")**	**'25**

TRIPLE JUMP

1.	Jordan Scott	16.36m (53' 8.25)	'17
2.	**Caleb Holman**	**15.67m (51'5")**	**'25**
3.	Aaron Worrell	15.64m (51'3.75")	'14
4.	Owyane Owens	15.27m (50' 1.25")	'20
5.	Ryan Satchell	15.02m (49' 3.5")	'12

SHOT PUT

1.	Filip Mihaljevic	19.63m (64'5")	'15
2.	Nick Vena	18.92m (62' 1")	'12
3.	Oghenakpobo Efekoro	18.82m (61' 9")	'16
4.	Claudio Romero	18.44m (60'6"	'21
5.	Mike Theuerkauf	16.51m (54' 2")	'89

WEIGHT THROW

1.	John Fay	20.72m (67'11.75")	'23
2.	Hilmar Jonsson	20.32m (66' 8")	'16
3.	Jacob Lemmon	20.05m (65' 9.5")	'21
4.	Oghenakpobo Efekoro	18.86m (61' 10.5")	'16
5.	Claudio Romero	18.47m (60' 7.25")	'21

HEPTATHLON

1.	Jack Lint	5,358	'16
2.	Derek Pekar	5,354	'20
3.	**Garrett McNeil**	**5,198**	**'25**
4.	**David Frasier**	**5,110**	**'24**
5.	Anthony Dunavant	4,970	'14

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

Outdoor Women's Records

Event	Name	Time/Mark	Date
100 meters	Halle Hazzard*	11.20	2019
200 meters	Jada Seaman	23.06	2022
400 meters	Sonja Fridy	51.93	1987
800 meters	Michaela Meyer	2:00.28	2021
1,500 meters	Michaela Meyer	4:04.02	2021
5,000 meters	Margot Appleton	15:18.21	2024
10,000 meters	Jenny Schilling	32:44.19	2024
100-meter hurdles	Ciara Leonard	13.26	2018
400-meter hurdles	Andrenette Knight	55.75	2021
	Ayla Smith	56.54	2011
3,000-meter steeplechase	Stephanie Garcia	9:47.29	2011
4x100-meter relay	Bonnick, Seaman, Pierre, **Akpan**	**43.71**	**2023**
4x400-meter relay	Jefferson, Seaman, Meyer, Knight	3:30.44	2021
High Jump	Ann Bair	1.88m (6' 2")	1983
Pole Vault	Bridget Guy	4.46m (14' 7.5")	2018
Long Jump	Dana Boone	6.65m (21' 9.75")	1990
Triple Jump	Kelly McKee	13.70m (44' 11.5")	2019
Shot Put	Maria Deaviz	17.32m (56' 10")	2022
Discus Throw	Ashley Anumba	61.56m (201'11")	2023
Hammer Throw	Annika Kelly	64.94m (213-1)	2025
Javelin Throw	Ann Crouse	57.38m (188' 3")	1999
Heptathlon	Alix Still	5,662 points	2023

*at NACAC U18/U23 Championships 2019 in Mexico

Outdoor Men's Records

Event	Name	Time/Mark	Date
100 meters	Gerald Howard	10.42	1995
200 meters	Gerald Howard	20.79	1995
400 meters	Jordan Willis	45.70	2022
800 meters	Paul Ereng	1:43.16	1989
1500 meters	**Gary Martin*** **	**3:32.03**	**2025**
5,000 meters	**Gary Martin**	**13:16.82**	**2025**
10,000 meters	**Andrew Jones**	**28:20.95**	**2025**
110-meter hurdles	Adams Abdulrazaaq	13.66	2011
400-meter hurdles	Alex Sherman	49.98	2025
3,000-meter steeplechase	Yasin Sado**	8:17.39	2024
4x100-meter relay	Randolph, Archer, Brown, Palmer	40.25	1984
4x400-meter relay	Anding Roller, Bryan, Hazzard	3:07.11	2012
High Jump	Brenton Foster	2.27 (7' 5.25")	2021
Pole Vault	David Sullivan	5.35m (17' 6.75")	2005
Long Jump	Jordan Scott	7.83m (25' 8.25")	2019
Triple Jump	Jordan Scott	17.08m (56' 0.5")	2019
Shot Put	Filip Mihaljevic	21.30m (69' 10.75")	2017
Discus Throw	Claudio Romero	67.02m (219' 10")	2022
Hammer Throw	Hilmar Jonsson	75.26m (246'11")	2019
Javelin Throw	Ethan Dabbs	82.92m (273' 0")	2022
Decathlon	Stephen Dunphy	7,920 points	1992

*at Portland Track Festival, **Penn Relays Summer Showcase #3, *** USATF Outdoor Championships

UVA OUTDOOR RELAY RECORDS

RELAYS

WOMEN'S OUTDOOR RECORDS

4x100

1.	**43.71**	Bonnick, Seaman, Pierre, **Akpan**	**2023**
2.	43.75	Jefferson Seaman, Bonnick, Hazzard	2021
3.	43.90	Jefferson, Seaman, Caldwell, Bonnick	2021
4.	**44.24**	**Akpan,** Bonnick, Pierre, Seaman	**2023**
5.	**44.30**	Bonnick, **Akpan, Fletcher,** Morgan	**2024**
	44.30	**Fletcher, Kolawole, Akpan, Akpan**	**2025**

4x400

1.	3:30:44	Jefferson**,** Seaman, Meyer, Knight	2021
2.	3:32.35	Jefferson, Seaman, Seasholtz, Knight	2021
3.	**3:33.14**	**Akpan, Fletcher,** Alexandru, **Drakeford**	**2025**
4.	3:35.74	Ezumah, Lavender, Fabrizio, Wright	2014
5.	**3:35.77**	**Akpan,** Seaman, Sabbakhan, Alexandru	**2023**

MEN'S OUTDOOR RECORDS

4x100

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	**40.57**	Davis, **Djan,** Pendarvis, Fish	**2023**
5.	40.68	Scott, Barber, Barber, Howard	1994

4x400

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereng	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.30	Kiley, Bowman, Carrington, Dixon	2017
5.	3:08.34	Willis, Shirley, Outlaw, Lint	2018

WOMEN'S OUTDOOR TOP PERFORMANCES

100 METERS

1.	Halle Hazzard*	11.20	'19
2.	**Sarah Akpan**	**11.29**	**'24**
3.	Sonja Fridy	11.36	'87
4.	Kayla Bonnick	11.42	'23
5.	Kiamesha Otey	11.43	'01
	Jada Seaman	11.43	'22
7.	Kelly Miller	11.48	'99
8.	Pam Lemons	11.57	'93
9.	Jada Pierre	11.62	'23
10.	Tori McKenzie	11.63	'17

* at NACAC U18/U23 Championships 2019 in Mexico

200 METERS

1.	Jada Seaman	23.06	'22
2.	**Sarah Akpan**	**23.09**	**'24**
3.	Sonja Fridy	23.17	'87
4.	Anna Jefferson	23.39	'19
5.	Jordan Lavender	23.42	'14
6.	Kiamesha Otey	23.46	'03
7.	Peyton Chaney	23.50	'16
8.	Kelly Miller	23.61	'99
9.	Halle Hazzard	23.68	'19
10.	Janne'a Bridgeford	23.69	'08

400 METERS

1.	Sonja Fridy	51.93	'87
2.	Anna Jefferson	52.39	'18
3.	Jordan Lavender	52.48	'14
4.	Lisa Garrett	52.64	'83
5.	Carielle Doe	53.22	'03
6.	Angela Lee	54.05	'98
7.	**Ariel Fletcher**	**54.19**	**'25**
8.	Michelle Samuels	54.59	'92
9.	Alahna Sabbakhan	54.67	'23
10.	Andrea Wright	54.80	'14

800 METERS

1.	Michaela Meyer	2:00.28	'21
2.	Gail Bryant	2:04.21	'85
	Esther Seeland	2:04.21	'23
4.	Vanessa Fabrizio	2:04.77	'14
5.	**Tatum David**	**2:05.12**	**'25**
6.	Kim Kelly	2:05.23	'84
7.	Maggie Hock	2:05.40	'24
8.	Alahna Sabbakhan	2:05.45	'24
9.	Annie Jackson	2:05.50	'25
10.	Vicky Fouhy	2:05.55	'13

1,500 METERS

1.	Michaela Meyer	4:04.02	'21
		*4:09.78	'21
2.	Margot Appleton	4:05.68	'25
3.	Mia Barnett	4:11.32	'22
4.	Esther Seeland	4:11.91	'24
5.	Anna Workman	4:12.73	'24
6.	Morgane Gay	4:13.20	'12
7.	**Stella Kermes**	**4:13.26**	**'25**
8.	**Tatum David**	**4:14.47**	**'25**
9.	Vicky Fouhy	4:14.51	'13
10.	Caroline Timm	4:14.96	'24

5,000 METERS

1.	Margot Appleton	15:18.21	'24
2.	Margaret Groos	15:51.24	'80
3.	Jenny Schilling	15:53.43	'25
4.	Patty Matava	15:56.41	'86
5.	Anna Workman	16:00.80	'24
6.	**Gillian Bushee**	**16:04.33**	**'25**
7.	Catherine White	16:04.58	'12
8.	Barbara Strehler	16:07.70	'13
9.	Camryn Menninger	16:08.94	'24
10.	Cleo Boyd	16:09.23	'16

10,000 METERS

1.	Jenny Schilling	32:44.19	'24
2.	Patty Matava	32:58.64	'87
3.	Catherine White	33:07.36	'13
4.	Aileen O'Connor	33:28.20	'81
5.	Sophie Atkinson	33:29.46	'25
6.	Hannah Moran	33:38.31	'21
7.	Emily Harrison	33:40.34	'08
8.	Martha White	33:40.50	'83
9.	Kara Scanlin	33:53.32	'07
10.	Katie Read	33:54.92	'07

100m HURDLES

1.	Ciara Leonard	13.26	'18
2.	Alexis Woodley	13.31	'18
3.	**Maya Rollins**	**13.33**	**'25**
4.	Andrenette Knight	13.37	'21
5.	Ayla Smith	13.51	'09
6.	**Sophia Akpan**	**13.66**	**'25**
7.	Alix Still*	13.68	'23
8.	Lauren Echko	13.72	'08
9.	Jada Pierre	13.73	'23
10.	Heather Smith	13.76	'16

400m HURDLES

1.	Andrenette Knight	55.75	'21
1.	Ayla Smith	56.54	'11
3.	Erin Crawford	56.87	'06
4.	Angela Lee	57.11	'97
5.	Aisha Naibe-Wey	57.84	'16
6.	Alana Herran	58.03	'18
7.	Emily Alexandru	58.13	'25
8.	Heather Smith	58.17	'16
9.	Vivian Scruggs	58.54	'81
10.	Natalie Randolph	58.98	'03

3000m STEEPLECHASE

1.	Stephanie Garcia	9:47.29	'11
2.	Dawn Cleary	9:59.30	'03
3.	Iona Lake	10:01.58	'15
4.	Helena Lindsay	10:02.27	'22
5.	Kiera Bothwell	10:03.88	'21
6.	Melanie Matthews	10:13.31	'02
7.	Vicky Fouhy	10:20.63	'14
8.	Sara Sargent	10:20.64	'15
9.	Janine Ricci	10:24.65	'05
10.	Samantha Stafford	10:36.02	'09

HIGH JUMP

1.	Ann Bair	1.88m (6' 2")	'83
2.	Sherry Gould	1.86m (6' 1.25")	'93
	Celia Rifaterra	**1.86m (6' 1.25")**	**'25**
4.	Pearl Bickersteth	1.83m (6' 0")	'12
	Moira Cronin	1.83m (6' 0")	'13
6.	Robin Landes	1.81m (5' 11.25")	'88
7.	**Carly Tarentino**	**1.80m (5' 10.75")**	**'25**
8.	Rachel Marks	1.79m (5' 10.75")	'06
9.	Meggie Schuelke	1.76m (5' 9.25")	'04
	Emily Kianka	1.76m (5' 9.25")	'12
	Rebecca Hawkins	1.76m (5' 9.25")	'22
10.	Karen DiDonato	1.75m (5' 8.75")	'91

POLE VAULT

1.	Bridget Guy	4.46m (14' 7.5")	'18
2.	**Sam Romano**	**4.34m (14'2.75")**	**'24**
3.	Hanne Borstlap	4.18m (13'8.5")	'23
4.	Trina Barcarola	4.10m (13' 5.25")	'25
5.	Maya Maloney	4.08m (13' 4.5")	'21
6.	Katie Freix	4.01m (13' 1.75")	'18
7.	Caroline Dannenbaum	3.98m (13' 0.75")	'23
8.	Gabriella Recce	3.95m (12' 11.5")	'22
9.	Theresa Demaria	3.93m (12' 10.75")	'17
10.	Vika Osipenko	3.81m (12' 6")	'03

LONG JUMP

1.	Dana Boone	6.65m (21' 9.75")	'90
2.	Jada Seaman	6.56m (21'6.25")	'21
3.	Kiamesha Otey	6.54m (21' 5.50")	'02
4.	Sonja Fridy	6.42m (21' 0.75")	'86
5.	Nicole Kimbrough	6.39m (20' 11.50")	'95
6.	Kelly Miller	6.33m (20' 9.25")	'96
	Tomika Ferguson	6.33m (20' 9.25")	'06
8.	Edy Ndem	6.28m (20' 7.25")	'14
9.	Khyasia Caldwell	6.26m (20'6.5")	'21
10.	Mia Barron	6.22m (20' 5")	'16

TRIPLE JUMP

1.	Kelly McKee	13.70m (44'11.5")	'19
2.	Jordan Hardy	13.41m (44' 0")	'23
3.	Khyasia Caldwell	13.33m (43' 9")	'21
4.	Tomika Ferguson	13.21m (43' 4.25")	'07
5.	Dallas Rose	13.20m (43' 3.75")	'14
6.	Lily Hulland	13.19m (23' 3.25")	'25
7.	Dana Boone	13.05m (42' 9.75")	'91
8.	Mia Barron	12.96m (42'6.25")	'18
9.	Lauren Yeboah-Kodie	12.87m (42' 4.75)	'25
10.	Zoe Rice	12.79m (41' 11.5)	'21

SHOT PUT

1.	Maria Deaviz	17.32m (56' 10")	'22
2.	Christine Bohan	16.87m (55'4.25")	'16
3.	Estel Valeanu	16.50m (54' 1.75"	'25
4.	**Janae Profit**	**16.28m (53' 3"**	**'24**
5.	Ashley Anumba	16.19m (53' 1.5")	'23
6.	Brittany Jones	16.17m (53'0.75")	'19
7.	Eliese Mitchell	16.16m (53' 0.25")	'03
8.	Billie-Jo Grant	15.77m (51' 9")	'06
9.	Kaiya Saunders	15.50m (50'10.25")	'23
10.	**Brooke Lumpkin**	**15.38m (50' 5.5")**	**'24**

DISCUS

1.	Ashley Anumba	61.13m (200'6")	'23
2.	Estel Valeanu	58.22m (191' 0")	'25
3.	Billie-Jo Grant	56.06m (183' 11")	'08
4.	Kelly Bodiford	54.08m (177' 5")	'93
5.	Erin Wykoff	53.78m (176' 5")	'12
6.	Thelma Kristjánsdóttir	53.62m (175' 11")	'21
7.	**Janae Profit**	**53.45m (172'1")**	**'23**
8.	Maria Deaviz	52.58m (172' 6")	'22
9.	Caitlin Kelly	52.37m (171' 10")	'09
10.	Eliese Mitchell	52.17m (171' 2")	'02

HAMMER THROW

1.	Annika Kelly	64.94m (213'1")	'25
2.	Jade Baker	63.61m (208'8")	'19
3.	Eva Mustafic	61.99m (203'4")	'21
4.	Maureen Laffan	59.91m (196'6")	'12
5.	Estel Valeanu	58.97m (193'5")	'25
5.	**Bree Lumpkin**	**58.54m (192'1")**	**'23**
6.	Eliese Mitchell	56.95m (186'10")	'03
7.	Jada Marsh	55.19m (181'1")	'23
8.	Brittany Jones	54.05m (177'4")	'21
9.	Erin Wykoff	53.45m (175'4")	'12
10.	Morgan Johnson	51.99m (170'7")	'23

JAVELIN

1.	Ann Crouse	57.38m (188' 3")	'99
2.	Julia Solo	55.98m (183'8")	'89
3.	Inge Jorgensen	54.23m (177' 11")	'05
4.	Meghan Briggs	52.65m (172' 9")	'09
5.	Abbey Karin	52.60m (172' 7")	'13
6.	**Christiana Ellina**	**52.59m (172' 6")**	**'25**
7.	Marija Bogavac	48.96m (160'7")	'17
8.	Caitlin Mautz	48.66m (159'8 ")	'17
9.	Christine Bohan	48.03m (157'7")	'17
10.	Annie Bobiak	46.89m (153' 10")	'05

HEPTATHLON

1.	Alix Still	5,662	'23
2.	Rebecca Grube	5,512	'94
3.	Susan Brownell	5,458	'82
4.	Beth Sheehan	5,407	'86
5.	Ann Bair	5,387	'83
6.	Holly Sullivan	5,317	'17
7.	Sherry Gould	5,166	'93
8.	Angela Griffith	4,967	'98
9.	Suzanne Sweeney	4,915	'97
10.	Katie Kiladis	4,855	'97

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

Conforming to international and USTFCCCA standards, performances in which wind reading exceeds 2.0 meters-per-second are not included on the top-10 lists

MEN'S OUTDOOR TOP PERFORMANCES

100 METERS

1.	Gerald Howard	10.42	'95
2.	Reuben Jones	10.45	'08
	Peter Djan	**10.45**	**'25**
4.	Demick Starling	10.46	'23
5.	Jay Pendarvis	10.49	'22
6.	Shay Clark	10.50	'02
7.	Edwin Brown	10.52	'85
8.	Scott Kimball	10.53	'03
9.	Nigal Davis	10.54	'22
10.	Ethan Robinson	10.67	'25

200 METERS

1.	Gerald Howard	20.79	'95
2.	Ben Sarpong	20.87	'95
3.	Edwin Brown	20.90	'85
4.	Jordan Willis	20.97	'22
5.	Alex Sherman	21.03	'25
6.	**Evans White IV**	**21.11**	**'25**
7.	Reuben Jones	21.16	'08
8.	Kellen Blassingame	21.24	'05
9.	Jay Pendarvis	21.26	'23
10.	Payton Hazzard	21.27	'15

400 METERS

1.	Jordan Willis	45.70	'22
2.	Alfred Shirley	45.84	'18
3.	Payton Hazzard	45.88	'15
4.	Kellen Blassingame	46.02	'05
5.	Brandon Outlaw	46.13	'21
6.	Meikle Paschal	46.61	'08
7.	**Evans White IV**	**46.67**	**'25**
8.	Kevin Anding	46.84	'10
9.	Jim Bruce	46.94	'79
10.	Nathan Kiley	46.95	'17

800 METERS

1.	Paul Ereng	1:43.16	'89
2.	Shane Cohen	1:44.65	'24
3.	Robby Andrews	1:44.71	'11
4.	Lance Roller	1:46.11	'10
5.	Conor Murphy	1:46.43	'23
6.	Ray Brown	1:46.74	'83
7.	Ben Kurgat	1:47.32	'90
8.	John Hinton	1:47.33	'84
9.	Greg Canty	1:47.44	'80
10.	**Gary Martin**	**1:47.54**	**'24**

1,500 METERS

1.	**Gary Martin**	**3:32.03**	**'25**
2.	Wes Porter	3:35.63	'24
3.	Henry Wynne	3:38.05	'16
4.	**Nathan Mountain**	**3:39.68**	**'22**
5.	**James Donahue**	**3:39.72**	**'25**
6.	Conor Murphy	3:39.75	'23
7.	Ka'eo Kruse	3:40.04	'22
8.	John Hinton	3:40.24	'83
9.	Vince Draddy	3:40.44	'81
10.	Yasin Sado	3:40.67	'23

5,000 METERS

1.	**Gary Martin**	**13:16.82**	**'25**
2.	**Nate Mountain**	**13:32.65**	**'24**
3.	**Justin Wachtel**	**13:34.44**	**'25**
4.	**Will Anthony**	**13:35.50**	**'24**
5.	**Will Daley**	**13:36.55**	**'25**
6.	Wes Porter	13:36.84	'22
7.	Kris Herdt	13:37.44	'87
8.	Henry Wynne	13:43.53	'17
9.	Yasin Sado	13:42.84	'22
10.	Rohann Asfaw	13:44.74	'21

10,000 METERS

1.	**Andrew Jones**	**28:20.95**	**'25**
2.	**Will Anthony**	**28:21.12**	**'25**
3.	Zach Herriott	28:44.22	'17
4.	Rohann Asfaw	28:53.84	'22
5.	Brent Demarest	28:54.69	'19
6.	Mike Cotton	28:55.34	'81
7.	Andrew Dumm	28:59.25	'07
8.	Lachlan Cook	29:10.03	'19
9.	Adam Visokay	29:11.13	'15
10.	Trey Miller	29:14.21	'10

110m HURDLES

1.	Adams Abdulrazaaq	13.66	'11
2.	**Peter Djan**	**13.87**	**'25**
3.	Barry Word	13.88	'84
4.	George Johnson	13.91	'82
5.	Ethan Robinson	13.92	'25
6.	Jeremiah Wilson	13.95	'25
7.	Jarrett Hagwood	14.13	'02
8.	Kevin Williams	14.14	'79
9.	Rob Archer	14.16	'84
10.	Ronde Barber	14.22	'94

400m HURDLES

1.	Alex Sherman	49.98	'25
2.	Steve Delice	50.02	'10
3.	Karl Williams	50.34	'79
4.	Rob Archer	50.80	'84
5.	Bruce Berry	51.09	'85
6.	**Gage Gose**	**51.12**	**'25**
7.	Alfred Shirley	51.30	'18
8.	Kevin Williams	51.54	'79
9.	Adams Abdulrazaaq	51.79	'08
10.	George Johnson	51.98	'81

3000m STEEPLECHASE

1.	Yasin Sado	8:17.39	'24
2.	**Nate Mountain**	**8:20.68**	**'24**
3.	Derek Johnson	8:25.23	'23
4.	Jan Foerster	8:34.78	'07
5.	Rob Cook	8:39.36	'94
6.	Kyle King	8:39.72	'15
7.	Steve Finley	8:40.56	'10
8.	Adam Visokay	8:43.60	'15
9.	Mike Cotton	8:44.44	'81
10.	Will Gray	8:45.82	'16

HIGH JUMP

1.	Brenton Foster	2.27m (7'5.25")	'21
2.	Herman Moore	2.19m (7' 2.25")	'88
	Greg Byers	2.19m (7' 2.25")	'82
4.	Trey Causey	2.13m (6'11.75")	'19
5.	Greg Nelson	2.10m (6' 10.75")	'10
	Chris Clementson	2.10m (6' 10.75")	'02
	Mike Riso	2.10m (6' 10.75")	'02
	Bob Lund	2.10m (6' 10.75")	'91
9.	Cordell Green	2.09m (6' 10.25")	'95
10.	Wes Dungan	2.08m (6' 9.75")	'94

POLE VAULT

1.	David Sullivan	5.35m (17' 6.75")	'05
2.	Sam Young	5.25m (17' 2.75")	'21
3.	Brian Shafer	5.20m (17' 0.75")	'93
4.	**Justin Rogers**	**5.17m (17' 0")**	**'24**
5.	Jeff Jernigan	5.15m (16' 10.75")	'17
6.	Joey Kelly	5.05m (16' 6.75")	'21
	Tom Cooke	5.05m (16' 6.75")	'95
8.	Colin Duignan	5.03m (16'6")	'22
9.	Jeff McClurg	4.95m (16' 2.75")	'07
10.	David Lewis	4.89m (16' 0.75")	'06

LONG JUMP

1.	Jordan Scott	7.83m (25'8.25")	'19
2.	Greg Byers	7.70m (25' 3.25")	'82
3.	Mike Harvey	7.67m (25' 2")	'69
4.	Owayne Owens	7.59m (24' 11")	'21
5.	Wes Dungan	7.48m (24' 6.5")	'94
	Tiki Barber	7.48m (24' 6.5")	'95
7.	Keith Witherspoon	7.45m (24' 5.25")	'76
8.	Bruce Randolph	7.43m (24' 4.5")	'84
9.	Dion Woolfolk	7.41m (24' 3.75")	'96
10.	Trey Causey	7.40m (24'3.5")	19

TRIPLE JUMP

1.	Jordan Scott	17.08m (56' 0.5")	'19
2.	Owayne Owens	16.61m (54' 6")	'22
3.	Marcus Robinson	16.46m (54' 0")	'12
4.	Keith Witherspoon	16.27m (53' 4.50")	'76
5.	Ryan Satchell	15.98m (52' 5.25")	'14
6.	Chike Chukwolozie	15.94m (52' 3.75")	'90
7.	Aaron Worrell	15.72m (51' 7")	'17
8.	Greg Byers	15.56m (51' 0.75")	'84
9.	Cornell Grayson	15.55m (51' 0.50")	'90
10.	Donald Scott	15.43m (50' 7.50")	'94

SHOT PUT

1.	Filip Mihaljevic	21.30m (69' 10.75")	'17
2.	Oghenakpobo Efekoro	20.39m (66'10.75")	'17
3.	Jordan Young	19.80m (64' 11.5")	'15
4.	Nick Vena	19.51m (64' 0.25")	'12
5.	Claudio Romero	18.47m (60' 7.25")	'21
6.	Yemi Ayeni	18.23m (59' 9.75")	'09
7.	Nace Plesko	18.30m (61' 0.05")	'17
8.	Kevin Latham	18.04m (59' 2.5")	'85
9.	Mike Murphy	17.15m (56' 3.25")	'93
10.	Thom McKinney	17.06m(55'11.75")	'91

DISCUS

1.	Claudio Romero	67.02m (219' 10")	'22
2.	Filip Mihaljevic	63.76m (209' 2")	'17
3.	Jacob Lemmon	62.56m (205' 3")	'24
4.	Jordan Young	62.27m (204' 3")	'15
5.	Yemi Ayeni	61.11m (200' 6")	'07
6.	Larry Wilson	57.91m (190' 0")	'99
7.	Kevin Latham	56.71m (186'1")	'85
8.	Phil Vincenzes	55.98m (183' 8")	'82
9.	Nace Plesko	55.19m (181'1")	'18
10.	Nick Vena	54.84m (179' 11")	'12

HAMMER THROW

1.	Hilmar Jonsson	75.26m (246' 11")	'19
2.	**Jeremiah Nubbe**	**73.04m (239' 7")**	**'25**
3.	Jordan Young	70.73m (232' 1")	'15
4.	John Fay	68.41m (224' 5")	'24
5.	**Keyandre Davis**	**67.12m (220' 2")**	**'25**
6.	Jacob Lemmon	66.14m (217' 0")	'21
7.	Vincenzo Chiariello	64.29m (210' 11")	'12
8.	Evangelos Fradelakis	64.22m (205'4")	'22
9.	**Mark Cyr**	**63.04m (206' 9.75")**	**'25**
10.	Oghenakpobo Efekoro	60.88m (199'9")	'19

JAVELIN

1.	Ethan Dabbs	82.92m (272' 0")	'22
2.	Andy Fahringer	75.19m (246' 8")	'12
3.	Brian Kollar	74.22m (243' 6")	'01
4.	John Welch	72.19m (236' 10")	'02
5.	Steve Kiessling	69.67m (228' 7")	'92
6.	Kyle Smith	69.43m (227' 9")	'15
8.	Tyler Zawatski	64.70m (212'3")	'23
7.	James Murdock	63.93m (209' 9")	'02
8.	Stephen Dunphy	61.62m (202' 2")	'94
9.	Tucker Rizzi	61.46m (201'8")	'18
10.	Thomas Dickinson	61.22m (200'10")	'23

DECATHLON

1.	Stephen Dunphy	7,920	'92
2.	Willy Pirtle	7,676	'82
3.	John Bryan	7,666	'81
4.	Ethan Robinson	7,603	'24
5.	Jack Lint	7,478	'17
6.	David Lewis	7,105	'08
7.	Christian Lavorgna	7,064	'16
8.	**David Frasier**	**7,055**	**'24**
9.	Cam Collins	7,004	'16
10.	Bill Smith	6,863	'83
10.	Sean Sullivan	6,847	'96

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WOMEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1.	Jada Seaman	11.44	'21
2.	Kayla Bonnick	11.51	'21
3.	**Sarah Akpan**	**11.52**	**'23**
4.	Jada Pierre	11.62	'23
5.	Kelly Miller	11.70	'96

200 METERS

1.	Jada Seaman	23.22	'21
2.	**Sarah Akpan**	**23.57**	**'23**
3.	**Ariel Fletcher**	**23.85**	**'24**
4.	Kayla Bonnick	24.01	'21
5.	Peyton Chaney	24.02	'13

400 METERS

1.	Jordan Lavender	53.44	'12
2.	Lisa Garrett	54.14	'81
3.	Andrea Wright	54.80	'14
4.	Chimere Ezumah	54.87	'14
5.	**Ariel Fletcher**	**55.03**	**'24**

800 METERS

1.	Mia Barnett	2:06.11	'22
2.	Keara Seasholtz	2:06.12	'21
2.	Vanessa Fabrizio	2:06.76	'12
3.	Alahna Sabbakhan	2:07.25	'21
4.	**Ella Woehlcke**	**2:07.64**	**'25**
5.	Morgane Gay	2:08.29	'09

1,500 METERS

1.	Mia Barnett	4:11.32	'22
2.	**Stella Kermes**	**4:13.26**	**'25**
3.	Morgane Gay	4:15.56	'09
4.	Lesley Welch	4:16.84	'82
5.	Margot Appleton	4:17.17	'22

5,000 METERS

1.	Chelsea Ley	16:12.62	'12
2.	Sophie Atkinson	16:12.68	'23
2.	Maria Hauger	16:14.18	'14
3.	Margot Appleton	16:17.51	'22
4.	Lesley Welch	16:21.60	'82

10,000 METERS

1.	Sophie Atkinson	34:12.62	'23
2.	Jen Flack	34:14.12	'14
3.	Sarah Fakler	34:15.20	'14
4.	Maria Hauger	34:16.28	'14
5.	Beni Gras	34:34.17	'91

100-METER HURDLES

1.	Ciara Leonard	13.67	'16
	Alexis Woodley	13.67	'17
3.	Jada Pierre	13.73	'23
	Maya Rollins	**13.73**	**'25**
3.	Lauren Echko	13.86	'06
4.	Kim Turko	13.93	'98

400-METER HURDLES

1.	Angela Lee	57.64	'96
2.	Erin Crawford	58.56	'04
3.	Karen Hatchett	59.49	'82
4.	Ayla Smith	60.02	'07
5.	**Sophia Akpan**	**60.02**	**'23**

3,000m STEEPLECHASE

1.	Stephanie Garcia	10:15.83	'07
2.	Sara Sargent	10:49.81	'14
3.	Kendall Cowne	10:54.54	'14
4.	Kiera Bothwell	10:55.59	'18
5.	Janine Ricci	10:55.86	'04

HIGH JUMP

1.	Ann Bair	1.86m (6' 1.25")	'80
2.	Meggie Schuelke	1.76m (5' 9.25")	'04
3.	Pearl Bickersteth	1.74m (5' 8.5")	'10
4.	Susan Brownell	1.73m (5' 8")	'80
	Grace Flynn	**1.73m (5' 8")**	**'24**
	Elsa Spoor	**1.73m (5' 8")**	**'24**

POLE VAULT

1.	**Sam Romano**	**4.28m (14' 0.5")**	**'23**
2.	Bridget Guy	4.11m (13'5.75")	'15
3.	Maya Maloney	4.08m (13' 4.5")	'21
4.	Theresa Demaria	3.93m (12' 10.75")	'17
5.	Trina Barcarola	3.83m (12' 6.75")	'21
	Gabriellla Recce	3.83m (12' 6.75")	'21

LONG JUMP

1.	Jada Seaman	6.56m (21' 6.25")	'21
2.	Kelly Miller	6.33m (20' 9.25")	'96
3.	Nicole Kimbrough	6.29m (20' 7.75")	'94
4.	Mia Barron	6.22m (20' 5")	'16
5.	Sonja Fridy	6.12m (20' 1")	'84
	Khyasia Caldwell	6.12m (20'1")	'18

TRIPLE JUMP

1.	Dallas Rose	12.66m (41' 6.5")	'10
2.	Atalaya Jones	12.49m(40'11.75")	'93
3.	Britni Strates	12.46m (40' 10.5")	'12
4.	Mia Barron	12.40m (40' 8.25")	'16
5.	Nadia Saunders	12.36m (40' 6.75")	'21

SHOT PUT

1.	Maria Deaviz	17.18m (56' 4.5")	'21
2.	Brittany Jones	15.69m (51'5.75")	'18
3.	Emily Vannoy	15.30m (50' 2.5")	'10
4.	Christine Bohan	14.62m (47-11.75)	'14
5.	Maureen Laffan	14.58m (47' 10")	'09
6.	Kristi Martin	13.99m(45'10.75")	'97

DISCUS

1.	Julia Solo	52.04m (170' 9")	'86
2.	Amy Bilmanis	51.77m (169' 10")	'06
3.	Thelma Krisjandottir	50.92m (167'1")	'19
4.	Maria Deaviz	48.99m (160' 9")	'21
5.	Amy Brown	48.77m (160' 0")	'95

HAMMER THROW

1.	Eva Mustafic	61.18m (200'9")	'19
2.	Jada Marsh	55.05m (180'7")	'22
3.	Elise Mitchell	54.46m (178' 8")	'00
4.	Brittany Jones	53.80m (176'6")	'18
5.	Amy Bilmanis	47.68m (156' 5")	'06

JAVELIN

1.	Ann Crouse	50.85m (166' 10")	'95
2.	Inge Jorgensen	50.24m (164' 10")	'00
3.	Caitlin Mautz	44.62m (146' 5")	'15
4.	Meghan Briggs	44.45m (145' 10")	'07
5.	Tara Karin	43.64m (143'2")	'09

HEPTATHLON

1.	Susan Brownell	5,419	'80
2.	Ann Bair	5,340	'80
3.	Rebecca Grube	4,996	'92
4.	Alana Herran	4,771	'16
5.	Katie Kiladis	4,610	'95

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MEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1.	Gerald Howard	10.46	'93
	Demick Starling	10.46	'23
3.	Jason Dickerson	10.50	'77
4.	Reuben Jones	10.65	'05
5.	Edwin Brown	10.76	'81

200 METERS

1.	Gerald Howard	20.90	'93
2.	Conlon Bonner	21.28	'08
3.	**Jaden Lyons**	**21.50**	**'23**
4.	Jordan Willis	21.70	'18
5.	Demick Starling	21.71	'23

400 METERS

1.	Alfred Shirley	45.84	'18
2.	Meikle Paschal	46.61	'08
3.	Ben Kurgat	46.96	'88
4.	Payton Hazzard	47.29	'12
5.	Jordan Willis	47.11	'18

800 METERS

1.	Paul Ereng	1:44.31	'88
2.	Robby Andrews	1:45.54	'10
3.	**Gary Martin**	**1:47.74**	**'23**
3.	Lance Roller	1:47.88	'09
4.	Conor Murphy	1:48.57	'21
5.	Anthony Kostelac	1:49.02	'11

1,500 METERS

1.	**Gary Martin**	**3:39.53**	**'23**
2.	**James Donahue**	**3:40.27**	**'24**
3.	**Nathan Mountain**	**3:40.99**	**'22**
4.	Robby Andrews	3:41.09	'10
5.	Wes Porter	3:41.98	'21

5,000 METERS

1.	Wes Porter	13:35.50	'24
2.	Kyle King	13:55.60	'12
3.	Lachlan Cook	13:58.01	'17
4.	**Jimmy Wischusen**	**14:05.72**	**'25**
5.	Andy Biladeau	14:06.73	'06

10,000 METERS

1.	**Will Anthony**	**28:21.93**	**'24**
2.	Adam Visokay	29:14.50	'14
3.	Lachlan Cook	29:18.20	'17
4.	Brent Demarest	29:32.72	'15
5.	Chase Weaverling	29:39.30	'15

110m HURDLES

1.	Kevin Williams	14.14	'77
2.	Adams Abdulrazaaq	14.19	'08
3.	Ronde Barber	14.22	'94
4.	Mike Abidin	14.27	'82
5.	Jarrett Hagwood	14.34	'02

400m HURDLES

1.	Alfred Shirley	51.30	'18
2.	Karl Williams	51.77	'77
3.	Adams Abdulrazaaq	51.79	'08
4.	**Gage Gose**	**52.38**	**'24**
5.	Alex Sherman	52.42	'22

3,000m STEEPLECHASE

1.	**Nathan Mountain**	**8:39.42**	**'22**
2.	Yasin Sado	8:55.14	'21
3.	John Hinton	8:58.21	'82
4.	Colin Mearns	9:03:92	'11
5.	Jim Hays	9:10.69	'82

HIGH JUMP

1.	Herman Moore	2.19m (7' 2.25")	'88
2.	Greg Byers	2.17m (7' 1.25")	'81
3.	Trey Causey	2.13m (6'11.75")	'19
4.	Mike Riso	2.10m (6' 10.75")	'02
5.	Tommy Devita	2.04m (6' 8.25")	'11

POLE VAULT

1.	Sam Young	5.09m (16' 8.25")	'17
2.	Brain Shafer	5.05m (16' 6.75")	'90
3.	**Justin Rogers**	**5.00m (16'4.75")**	**'23**
4.	David Sullivan	4.90m (16' 0.75")	'03
5.	Jake Williams	4.88m (16' 0")	'01

LONG JUMP

1.	Jordan Scott	7.54m (24' 9")	'17
2.	Greg Byers	7.33m (24' 0.5")	'81
3.	Stephen Dunphy	7.30m (23' 11.5")	'90
4.	Heldi Valikaj	7.27m (23'9.5")	'22
	Caleb Holman	**7.27m (23'9.5")**	**'25**
5.	Marcus Robinson	7.25m (23' 9.5")	'08

TRIPLE JUMP

1.	Jordan Scott	16.44m (53'11.25")	'17
2.	Keith Witherspoon	15.96m (52' 4.5")	'72
3.	Greg Byers	15.29m (50' 2")	'81
4.	Ryan Satchell	15.25m (50' 0.5")	'12
5.	**Caleb Holman**	**15.10m (49' 6.50")**	**'25**

SHOT PUT

1.	Filip Mihaljevic	19.56m (64' 2.25")	'14
2.	Oghenakpobo Efekoro	19.53m (64' 1")	'16
3.	Nick Vena	19.51m (64' 0.25")	'12
4.	Claudio Romero	18.47m (60' 7.25")	'21
5.	Mike Theuerkauf	15.90m (52' 2")	'89

DISCUS

1.	Claudio Romero	65.78m (215' 10")	'21
2.	Filip Mihaljevic	60.41m (198' 2")	'14
3.	Jacob Lemmon	58.54m (191' 1")	'21
4.	Larry Wilson	55.45m (181' 11")	'96
5.	Nick Vena	54.84m (179' 11")	'12

HAMMER THROW

1.	Hilmar Jonsson	71.52m (234' 8")	'16
2.	Jacob Lemmon	66.16m (217' 0")	'21
3.	**Mark Cyr**	**63.04m (206' 9.75")**	**'25**
4.	Bill Johnston	57.89m (189' 11")	'00
5.	John Fay	55.78m (183' 0")	'22

JAVELIN

1.	Ethan Dabbs	76.04m (249'6")	'19
2.	Brian Kollar	68.53m (224' 10")	'99
3.	Steve Kessling	68.25m (223' 11")	'90
4.	Tyler Zawatski	64.70m (212'3")	'23
5.	Thomas Dickinson	61.22m (200'10")	'22

DECATHLON

1.	Jack Lint	7,179	'15
2.	Sean Sullivan	6,847	'96
3.	Stephen Dunphy	6,711	'90
4.	John Brian	6,626	'78
5.	Cam Collins	6,485	'15

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NON-NCAA EVENT RECORDS

INDOOR - WOMEN

55 Meters		
6.82	Sonja Fridy	1986
55m Hurdles		
7.90	Michele Johnson	1986
60 Yards		
6.9h	Brenda Brown	1981
60y Hurdles		
7.8h	Susan Brownell	1982
300 Meters		
39.05	Jordan Lavender	2012
440 Yards		
54.0h	Lisa Garrett	1981
500 Meters		
1:09.89	Sonja Fridy	1987
600 Yards		
1:24.67	Phyllis Buber	1985
600 Meters		
1:31.58	Keara Seasholtz	2021
880 Yards		
2:10.27	Kim Kelly	1985
1,000 Meters		
2:44.40	Sandy Schuler	1985
1,000 Yards		
2:30.43	Kim Kelly	1985
1,500 Meters		
4:08.33	Margot Appleton	2025
Two-Mile		
9:52.3h	Margaret Groos	1980
Three-Mile		
15:25.25	Martha White	1982
4x800m Relay		
8:55.19	Fabrizio, Weatherly, Gnade, Garcia	2011

INDOOR - MEN

55 Meters		
6.21	Bruce Randolph	1984
55m Hurdles		
7.33	Robert Archer	1984
60 Yards		
6.0h	Kent Merritt	1972
300 Meters		
33.62	Jordan Willis	2020
440 Yards		
49.9h	John Morris	1970
500 Meters		
1:02.44	Paul Ereng	1988
500 Yards		
1:02.79	David Revelle	1983
600 Meters		
1.11.99	Dwayne Brake	1983
600 Yards		
109.8h	David Revelle	1983
880 Yards		
1:56.1h	James Wood	1973
1,000 Meters		
2:20.57	Ray Brown	1984
1,000 Yards		
2.07.31	Ray Brown	1984
1,500 Meters		
3:33.41	**Gary Martin**	**2025**
Two-Mile		
8:40.49	Kris Herdt	1987
Three-Mile		
13:43.03	Colin Peddie	1985
Pentathlon		
3,915	Stephen Dunphy	1991
4x800m Relay		
7:26.49	Vrhovac, A. Bowman, Taye, Andrews	2010

OUTDOOR - WOMEN

3,000 Meters		
9:07.84	Margaret Groos	1979
2,000m Steeplechase		
6:59.52	Sara Sargent	2014
Old Javelin		
55.98m (183' 8")	Julia Solo	1989
4x200m Relay		
1:36.25	Chaney, McKenzie, Wright, Lavender	2015
4x800m Relay		
8:32.13	Bryant, Nicholson, Welch, Haworth	1982
4x1,500m Relay		
17:08.05	Appleton, **David,** Seeland, Workman	**2024**
Distance Medley Relay		
10:42.16	**David, Fletcher,** Jackson, Appleton	**2025**

OUTDOOR - MEN

100 Yards		
9.3h	Kent Merritt	1973
220 Yards		
20.6s	Tony Sepp	1960
440 Yards		
47.7h	John Morris	1970
120y Hurdles		
13.8h	Kevin Williams	1977
400y Hurdles		
50.9h	Karl Williams	1977
3,000 Meters		
8:14.33	Brent Demarest	2015
Old Javelin		
72.24m (237' 0")	Ed Mikula	1978
4x200m Relay		
1:25.30	Virginia	2002
4x800m Relay		
7:12.15	Johnson, Roller, Kostelac, Andrews	2011
4x1,500m Relay		
15:09.34	Sullivan, Brown, Hodge, Draddy	1981
4xMile Relay		
15:52.30	**Anthony, Martin,** Sado, Porter	**2024**
Distance Medley Relay		
9:25.56	Revelle, Hinton, Brown, Draddy	1983
Shuttle Hurdle Relay		
57.10	Abidin, Wilks, Word, Archer	1982
Sprint Medley Relay		
3:15.20	Palmer, Archer, E. Brown, R. Brown	1984

LANNIGAN FIELD RECORDS

Lannigan Field Women's Records

Event	Name	Affiliation	Time/Mark	Date
100 meters	Ka'Tia Seymour	Florida State	11.14	2019
200 meters	Rochelle Stevens	Morgan State	22.84	1987
400 meters	Marlena Wesh	Clemson	51.43	2012
800 meters	Michaela Meyer	Virginia	2:01.82	2021
1,500 meters	Josette Norris	Reebok Boston TC	4:07.35	2021
3,000 meters	Betty Springs	NC State	9:01.6	1983
5,000 meters	Katelyn Tuohy	NC State	15:14.61	2022
10,000 meters	Amanda Vestri	Syracuse	32:43.15	2021
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Hoffman, Brown-Soler Crean, Aveni	Duke	3:32.92	2021
High Jump	Nicole Green	North Carolina	1.88m (6' 2")	2019
Pole Vault	Maddie Gardner	West Virginia	4.47m (14-8)	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63'11")	2019
Discus Throw	Katelyn Daniels	Michigan State	59.07m (193' 9")	2016
Hammer Throw	Brooke Andersen	United States	79.80m (261'10")	2023
Javelin Throw	Alexandra Roberts	Wake Forest	56.32m (184' 9")	2021
Heptathlon	Chelsea Carrier-Eades	United States	5,930 points	2016

Lannigan Field Men's Records

100 meters	Andre Ewers	Florida State	10.06	2019
200 meters	Andre Ewers	Florida State	20.31	2019
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Cooper Teare	USA	3:32.16	2024
Mile	Jack Salisbury	Georgetown	3:56.22	2021
3,000 meters	**James Donahue**	**Virginia**	**8:17.36**	**2024**
5,000 meters	**Gary Martin**	**Virginia**	**13:16.82**	**2025**
10,000 meters	Adriaan Wildschutt	Florida State	28:25.11	2021
110-meter hurdles	Devon Hill	Miami	13.35	2012
400-meter hurdles	Bershawn Jackson	Nike	48.76	2014
3,000-meter steeplechase	Matthew Wilkinson	Under Armour	8:18.53	2024
4x100-meter relay	Hyman, Williams, Mitchell, Ambler	Florida State	39.08	2012
4x400-meter relay	Villanova	Villanova	3:05.01	1985
High Jump	Brenton Foster	Virginia	2.24m (7' 4.25")	2021
	Samuel Shoultz	Maryland	2.24m (7' 4.25")	2018
Pole Vault	Deakin Volz	Virginia Tech	5.62m (18' 5.25")	2019
Long Jump	Queshun Watson-Riggins	FIU	7.93m (26'0.25")	2022
Triple Jump	Jordan Scott	Virginia	17.08m (56'0.5")	2019
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Sam Mattis	Penn	65.12m (213' 8")	2016
Hammer Throw	Rudy Winkler	NYAC	78.27m (256' 9")	2025
Javelin Throw	Ethan Dabbs	Virginia	80.82m (265'2")	2023

VIRGINIA CHALLENGE RECORDS

Virginia Challenge Women's Records

Event	Name	Affiliation	Time/Mark	Date
100 meters	Alicia Burnet	Missouri	11.23	2025
200 meters	Paris Daniels	USA	23.18	2014
	Jada Seaman	Virginia	23.18	2022
400 meters	Mary Wineberg	NYAC	52.06	2012
800 meters	Michaela Meyer	Virginia	2:01.97	2021
1,500 meters	Josette Norris	Reebok Boston TC	4:07.35	2021
5,000 meters	Katelyn Tuohy	NC State	15:14.61	2022
10,000 meters	Amanda Vestri	Syracuse	32:43.15	2021
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Hoffman, Brown-Soler, Crean, Aveni	Duke	3:32.92	2021
High Jump	**Celia Rifaterra**	**Virginia**	**1.84m (6' 0.5")**	**2025**
Pole Vault	Maddie Gardner	West Virginia	4.47m (14' 8.0")	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63' 10.9")	2019
Discus Throw	Ashley Anumba	Virginia	58.92m (193'4")	2023
Hammer Throw	Brooke Andersen	United States	79.80m (261'10")	2023
Javelin Throw	Alexandra Roberts	Wake Forest	56.32m (184' 9")	2021
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

Virginia Challenge Men's Records

Event	Name	Affiliation	Time/Mark	Date
100 meters	Mark Jelks	USA	10.20	2014
	Jaylan Mitchell	USA	10.20	2022
200 meters	Ibrahim Ayorinde	Princeton	20.51	2022
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
5,000 meters	**Gary Martin**	**Virginia**	**13:16.82**	**2025**
10,000 meters	Adriaan Wildschutt	Florida State	28:25.11	2021
110-meter hurdles	Ahmad Young	Ole Miss	13.54	2023
400-meter hurdles	Bershawn Jackson	USA	48.76	2014
3,000-meter steeplechase	Matthew Wilkinson	Under Armour	8:18.53	2024
4x100-meter relay	Ndhlovu, Ayorinde, Duncan, Sholars	Princeton	39.36	2022
4x400-meter relay	Bruton, Page, Faust, Blanks	Ohio State	3:05.91	2015
High Jump	Brenton Foster	Virginia	2.24m (7' 4.25")	2021
Pole Vault	Scott Houston	Vaulthouse Elite	5.50m (18' 0.5)	2021/23
Long Jump	Queshun Watson-Riggins	FIU	7.93m (26'0.25")	2022
Triple Jump	Jordan Scott	Virginia	17.07m (56' 0.05")	2019
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Claudio Romero	Virginia	64.79m (212' 6")	2022
Hammer Throw	Daniel Haugh	Kennesaw State	74.78m (245' 4.1")	2019
Javelin Throw	Ethan Dabbs	Virginia	80.82m (265'2")	2023
Decathlon	Tim Ehrhardt	Michigan State	8,044 points	2018

VIRGINIA CUP RECORDS

Virginia Cup Women's Records

Event	Name	Affiliation	Time/Mark	Date
100 meters	Peyton Chaney	Virginia	11.68	2015
200 meters	Le'Quisha Parker	Hampton	23.72	2014
400 meters	Ciarra Morris	James Madison	55.42	2013
800 meters	Ce'aira Brown	Hampton	2:11.45	2014
1,500 meters	Iona Lake	Virginia	4:27.10	2015
3,000 meters	Kathleen Stevens	Virginia	10:05.92	2014
100-meter hurdles	Breana Norman	Hampton	13.60	2014
400-meter hurdles	Ansley Gebben	Liberty	1:01.25	2014
2,000-meter steeplechase	Sara Sargent	Virginia	6:59.52	2014
3,000-meter steeplechase	Betel Yosef	Liberty	11:15.39	2013
4x100-meter relay	Rose, Wright, Chaney, Lavender	Virginia	45.19	2014
4x400-meter relay	Ezumah, Fabrizio, Brickhill, Smith	Virginia	3:43.20	2014
High Jump	Moira Cronin	Virginia	1.70m (5' 7")	2013
Pole Vault	Bridget Guy	Virginia	3.80m (12' 5.5")	2015
Long Jump	Edy Ndem	Virginia	6.01m (19' 8.75")	2014
Triple Jump	Dallas Rose	Virginia	12.93m (42' 5.25")	2014
Shot Put	Christine Bohan	Virginia	15.96m (52' 4.5")	2015
Discus Throw	Mychelle Cumings	Liberty	49.92m (163' 9")	2015
Hammer Throw	Jennifer Nicholson Smith	Liberty	50.76m (166' 6")	2015
Javelin Throw	Abbey Karin	Virginia	45.63m (149' 8")	2014

Virginia Cup Men's Records

Event	Name	Affiliation	Time/Mark	Date
100 meters	ConRoy Smith	Liberty	10.57	2014
200 meters	ConRoy Smith	Liberty	21.37	2014
400 meters	Stephen Racanelli	Liberty	48.09	2015
800 meters	John Sherret	Liberty	1:52.52	2015
1,500 meters	Drew Paisley	Virginia	3:57.00	2013
3,000 meters	Thomas Porter	Virginia	8:35.23	2014
110-meter hurdles	Vincent Wyatt	Radford	13.72	2014
400-meter hurdles	Andre Washington	Liberty	53.95	2013
	Ryan Davis	Liberty	53.95	2015
3,000-meter steeplechase	Sam Hush	VCU	9:30.88	2013
4x100-meter relay	Spruel, Washington, Williams, Robbins	Liberty	41.12	2013
4x400-meter relay	Black, Okezie, Ibadin, Hutchison	Hampton	3:12.40	2014
High Jump	Tommy DeVita	Virginia	2.05m (6' 8.75")	2013
Pole Vault	Cody Bingham	Liberty	4.90m (16' 0.75")	2013
	Ken Ritchey	Liberty	4.90m (16' 0.75")	2015
Long Jump	Aklesso Agama	Liberty	7.32m (24' 0.25")	2015
Triple Jump	Ryan Satchell	Virginia	15.71m (51' 6.5")	2014
Shot Put	Jordan Young	Virginia	18.64m (61' 2")	2015
Discus Throw	Filip Mihaljevic	Virginia	60.11m (197' 2")	2014
Hammer Throw	Ryan Smith	Liberty	54.75m (179' 7")	2013
Javelin Throw	Steve Feister	Liberty	67.65m (221' 11")	2015

Virginia Grand Prix Women's Records

Event	Name	Affiliation	Time/Mark	Date
100 meters	Kate Hall	Georgia	11.36	2017
200 meters	Paris Daniels	United States	23.18	2014
400 meters	Mary Wineberg	NYAC	52.06	2012
800 meters	Michaela Meyer	Virginia	2:01.82	2021
1,500 meters	Nicole Sifuentes	Saucony	4:09.35	2015
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Tara Jameson	Iona	33:38.50	2016
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Walker, Barnes, Hannan, Cavin	Ohio State	3:34.00	2015
High Jump	Moira Cronin/Madeline Fagan	Virginia/Georgia	1.83m (6' 0")	2013/2017
Pole Vault	Bridget Guy	Virginia	4.46m (14' 7.5")	2018
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Nikki Okwelogu	Harvard	16.78m (55' 0.75")	2015
Discus Throw	Ashley Anumba	Virginia	58.00m (190' 3")	2023
Hammer Throw	Jill Shippee	United States	73.01m (239' 6")	2023
Javelin Throw	Irena Sediva	Virginia Tech	55.96m (183' 7")	2016
Heptathlon	Chelsea Carrier-Eades	United States	5,930 points	2016

Virginia Grand Prix Men's Records

Event	Name	Affiliation	Time/Mark	Date
100 meters	Mark Jelks	United States	10.20	2014
200 meters	Segun Makinde	Ottawa	20.56	2014
	Rondell Sorrillo	Nike	20.56	2016
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
Mile	Jack Salisbury	Georgetown	3:56.22	2021
5,000 meters	Chartt Miller	Iona	13:49.60	2017
10,000 meters	Arsene Guillorel	Samford	29:00.69	2018
110-meter hurdles	Vincent Wyatt	Radford	13.65	2014
400-meter hurdles	Bershawn Jackson	United States	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Moffett, Smith, Chisena, Kowalchuk	Penn State	39.49	2017
4x400-meter relay	Bruton, Page, Faust, Blanks	Ohio State	3:05.91	2015
High Jump	Ryan Lockard	Minnesota	2.20m (7' 2.5")	2016
Pole Vault	Noah Gary	Michigan State	5.35m (17-6.5)	2017
Long Jump	Luca Wieland	Minnesota	7.91m (25' 11.5")	2016
Triple Jump	Olu Olamigoke	Nigeria	16.73m (54' 10.75")	2014
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Eshan Hadadi	Iran	64.01m (210' 0")	2013
Hammer Throw	Sean Donnelly	Minnesota	73.31m (240' 6")	2016
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Tim Ehrhardt	Michigan State	8,044 points	2018