WOMEN'S 2025-26 SEASON-BEST INDOOR PERFORMANCE LIST

WOMEN'S 60 METERS	TIME
Sarah Akpan	7.52
Kaela Swift	7.53
Ma'Khi Falkquay	7.64
Grace Smith	7.68
Sophia Akpan	7.80

WOMEN'S 200 METERS	TIME
Sarah Akpan	24.32
Ariel Fletcher	24.70
Kaela Swift	24.86
Sophia Akpan	24.98
Lola Kolawole	25.11

WOMEN'S 300 METERS	TIME
Ariel Fletcher	38.84
Brooke'Lyn Drakeford	39.63

WOMEN'S 400 METERS	TIME
Ariel Fletcher	54.85
Brooke'Lyn Drakeford	54.99
Kaela Swift	57.21
Amanda Boateng	1:01.23
Tori Daniels	1:01.52

WOMEN'S 800 METERS	TIME
Ella Woehlcke	2:07.38
Amelia Maughan	2:13.84
Elsa Spoor*	2:13.93
Cassie Callis*	2:28.83

WOMEN'S MILE	TIME
Tatum David	4:28.10
Tatum Olesen	4:41.94
Cate DeSousa	4:43.27
Katie Payne	4:46.43
Ella Woehlcke	4:49.62

WOMEN'S 3000 METERS	TIME
Gillian Bushee	9:11.74
Cate DeSousa	9:18.39
Tatum David	9:16.09
Abby Faith Cheeseman	9:41.10

WOMEN'S 5000 METERS	TIME
Gillian Bushee	15:48.47

WOMEN'S 60M HURDLES	TIME
Maya Rollins	8.30
Ava Rice	8.39
Sophia Akpan	8.59
Cassie Callis*	8.67
Elsa Spoor*	9.32

WOMEN'S HIGH JUMP	MARK
Elsa Spoor*	1.74m
Carly Tarentino	1.72m
Grace Flynn	1.63m
Cassie Callis*	1.53m

WOMEN'S POLE VAULT	MARK
Samantha Romano	4.15m
Hannah Byrd-Leitner	4.04m
Madison Townsend	4.00m

WOMEN'S LONG JUMP	MARK
Grace Smith	6.12m
Cassie Callis*	5.70m
Elsa Spoor*	5.30m

WOMEN'S TRIPLE JUMP	MARK
Libby White	11.72m

WOMEN'S SHOT PUT	MARK
Suzie Kennelly	15.34m
Cassi Callis*	12.23m
Elsa Spoor*	10.20m

WOMEN'S WEIGHT THROW	MARK
Charlotta Sandkulla	20.48m
Bree Lumpkin	18.58m

PENTATHLON	SCORE
Elsa Spoor	3841
Cassie Callis	3748

WOMEN'S DMR	TIME
Cate DeSousa, Ariel Fletcher Ella Woehlcke, Tatum David	10:53.27

4x400m	TIME
Ariel Fletcher, Brooke'Lyn Drakeford Elsa Spoor, Sarah Akpan	3:41.71

* Combined Athlete
^ Run on 200-meter flat track

MEN'S 2025-26 SEASON-BEST INDOOR PERFORMANCE LIST

MEN'S 60 METERS	TIME
Peter Djan	6.83
Garrett McNeil*	7.14
Henry Sullivan*	7.24

MEN'S 200 METERS	TIME
Evans White IV	21.72
Jacob Garnett	21.98
Peter Djan	22.34
Gage Gose	22.50
Harry Economon	23.45

MEN'S 400 METERS	TIME
Evans White IV	48.16
Harry Economon	48.45
Anders Felts	48.53
Gage Gose	49.42
Jacob Garnett	49.80

MEN'S 800 METERS	TIME
Tyler Edson	1:46.48
Alex Leath	1:50.48
Kayden Lightner	1:51.45
Myles Plummer	1:51.78
Henry Acorn	1:56.43

MEN'S MILE	TIME
Gary Martin	3:52.62
Nate Mountain	3:54.88
Justin Wachtel	3:58.14
Will Daley	3:59.19
Henry Acorn	4:00.15

MEN'S 1000 METERS	TIME
Alex Leath	2:27.10
Garrett McNeil*	2:43.97
Henry Sullivan*	2:52.32

MEN'S 3000 METERS	TIME
Nate Mountain	7:46.80
Justin Wachtel	7:50.20
Will Daley	7:57.36
Brenden McMahon	8:15.23

MEN'S 5000 METERS	TIME
Gary Martin	13:05.57
Nate Mountain	13:43.18
Will Anthony	13:57.24

MEN'S 60M HURDLES	TIME
Peter Djan	7.84
Henry Sullivan*	8.09
Garrett McNeil*	8.35
Anders Felts	8.50

MEN'S HIGH JUMP	MARK
Garrett McNeil*	1.96m
Henry Sullivan*	1.96m

MEN'S POLE VAULT	MARK
Justin Rogers	5.05m
Henry Sullivan*	4.60m
Garrett McNeil	4.12m

MEN'S LONG JUMP	MARK
Caleb Holman	7.34m
Garrett McNeil*	7.21m
Liam Paneque	7.21m
Henry Sullivan*	6.43m

MEN'S TRIPLE JUMP	MARK
Caleb Holman	15.72m
Isaiah Hewton	14.49m
Liam Paneque	14.22m

MEN'S SHOT PUT	MARK
Jakob Alperin	17.09m
Henry Sullivan*	14.00m
Garrett McNeil*	10.30m

MEN'S WEIGHT THROW	MARK
Jeremiah Nubbe	24.29m
Nikolaos Polychroniou	23.06m
Keyandre Davis	23.04m
Cale Ayers	21.69m
Mark Cyr	18.13m

HEPTATHLON	SCORE
Henry Sullivan	54.14
Garrett McNeil	5198

MEN'S DMR	TIME
Nate Mountain, Anders Felts Tyler Edson, Gary Martin	9:16.75

4X400M	TIME
Anders Felts, Gage Gose Tyler Edson, Harry Economon	3:14.48

INDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
60 meters	Halle Hazzard	7.23	2021
200 meters	Halle Hazzard	23.45	2021
400 meters	Jordan Lavender	52.59	2013
800 meters	Esther Seeland	2:03.43	2023
Mile	Margot Appleton	4:25.03	2025
3,000 meters	Margot Appleton	8:46.23	2024
5,000 meters	Margaret Groos	15:34.71	1981
60-meter hurdles	**Maya Rollins**	**8.30**	**2026**
4x400-meter relay	Chaney, Fabrizio, Wright, Lavender	3:39.43	2014
Distance Medley Relay	Workman, Sabbakhan, Hock, Appleton	10:50.58	2024
High Jump	Sherry Gould	1.87m (6' 1.5")	1994
Pole Vault	Bridget Guy	4.41m (14' 5.5")	2019
Long Jump	Jada Seaman	6.46m (21'2.5")	2020
Triple Jump	Tomika Ferguson	13.53m (44' 4.75")	2007
Shot Put	Maria Deaviz	16.75m (54' 11.5")	2022
Weight Throw	**Charlotta Sandkulla**	**20.48m (67' 2.50")**	**2026**
Pentathlon	Alix Still	4,177	2023

INDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
60 meters	Shay Clark	6.71	2001
200 meters	Jordan Willis	21.42	2020
400 meters	Brandon Outlaw	46.58	2020
800 meters	Paul Ereng	1:44.84	1988
Mile	**Gary Martin**	**3:48.82**	**2025**
3,000 meters	**Gary Martin**	**7:36.09**	**2024**
5,000 meters	**Gary Martin**	**13:05.57**	**2025**
60-meter hurdles	Adams Abdulrazaaq	7.75	2011
4x400-meter relay	Sherman, **Gose,** Russo, **White IV**	**3:09.79**	**2025**
Distance medley relay	Porter, Sherman, Murphy, **Martin**	**9:14.19**	**2025**
High Jump	-Brenton Foster	2.26m (7' 5")	2020
Pole Vault	Sam Young	5.38m (17' 7.75")	2020
Long Jump	Owayne Owens	7.58m (24'10.5")	2021
	Jordan Scott	7.58m (24'10.5")	2019
Triple Jump	Jordan Scott	17.02m (55' 10.25")	2020
Shot Put	Filip Mihaljevic	20.87m (68' 5.75")	2016
Weight Throw	**Jeremiah Nubbe**	**24.29m (79' 8.25")**	**2026**
Heptathlon	Ethan Robinson	5,747	2025

WOMEN'S RELAY RECORDS

4x400

1.	3:39.43	Chaney, Fabrizio, Wright, Lavender	2014
2.	**3:39.65**	**Akpan,** Seaman, Parenchuk, Sabbakhan	**2023**
3.	3:39.77	Ezumah, Fabrizio, Wright, Lavender	2015
4.	3:39.93	Sandy, Hinton, Birge, Fridy	1987
5.	**3:40.21**	Alexandru, **Drakeford, Fletcher, Akpan**	**2025**

DMR

1.	10:50.58	Workman, Sabbakhan, Hock, Appleton	2024
2.	10:52.22	Workman, Sabbakhan, Hock, Appleton	2024
3.	**10:53.27**	**DeSousa, Fletcher, Woehlcke, David**	**2026**
4.	10:55.45	Appleton, Sabbakhan, Timm, Workman	2024
5.	10:55.94	Seeland, Alexandru, Seasholtz, Appleton	2023

MEN'S RELAY RECORDS

4x400

1.	**3:09.79**	Sherman, **Gose,** Russo, **White IV**	**2025**
2.	**3:10.56**	Sherman, **Gose,** Russo, **White IV**	**2025**
3.	3:11.64	Sherman, Willis, Davis, Pendarvis	2022
4.	3:11.76	Willis, Shirley, Dixon, Outlaw	2018
5.	3:11.93	Bowman, Carrington, Kiley, Dixon	2017

DMR

1.	**9:14.19**	Porter, Sherman, Murphy, **Martin**	**2025**
2.	**9:15.12**	Porter, Sherman, Murphy, **Martin**	**2025**
3.	**9:16.75**	**Mountain, Felts, Edson, Martin**	**2026**
4.	**9:18.95**	Murphy, Sherman, **Leath, Martin**	**2024**
5.	**9:23.71**	Murphy, Sherman, **Martin,** Porter	**2023**

Current Cavaliers in Bold

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WOMEN'S ALL-TIME INDOOR PERFORMANCE LIST

60 METERS

1.	Halle Hazzard	7.23	'21
2.	Jada Seaman	7.28	'22
3.	Kayla Bonnick	7.35	'23
4.	Kiamesha Otey	7.37	'03
5.	Sonja Fridy	7.39	'86
	Sarah Akpan	**7.39**	**'25**
7.	Peyton Chaney	7.40	'16
	Anna Jefferson	7.40	'20
9.	Pam Lemons	7.43	'93
10.	Jordan Laavener	7.49	'15

200 METERS

1.	Halle Hazzard	23.45	'21
2.	Jada Seaman	23.53	'22
3.	**Sarah Akpan**	**23.69**	**'24**
4.	Jordan Lavender	23.80	'15
5.	Peyton Chaney	23.84	'16
6.	Anna Jefferson	23.92	'20
7.	Danielle Williams	23.97	'12
8.	Kayla Bonnick	24.14	'21
9.	Kelly Miller	24.17	'99
10.	**Ariel Fletcher**	**24.29**	**'25**

400 METERS

1.	Jordan Lavender	52.59	'13
2.	Andrenette Knight	53.50	'20
3.	Anna Jefferson	53.33	'19
4.	Lisa Garrett	54.07	'81
5.	Angela Lee	54.29	'99
6.	Carielle Doe	54.52	'02
7.	Cathron Birge	54.61	'90
8.	**Ariel Fletcher**	**54.85**	**'26**
9.	Anzhelika Parenchuk	54.88	'22
10.	Sonja Fridy	54.95	'87

800 METERS

1.	Esther Seeland	2:03.43	'23
2.	Caroline Timm	2:05.23	'24
3.	Maggie Hock	2:05.25	'24
4.	Alahna Sabbakhan	2:05.74	'22
5.	Margot Appleton	2:06.27	'25
6.	Vanessa Fabrizio	2:07.24	'15
7.	Maggie Hock	2:07.36	'24
8.	**Ella Woehlcke**	**2:07.38**	**'26**
9.	Emma Call	2:07.39	'17
10.	Annie Jackson	2:07.53	'25

MILE

1.	Margot Appleton	4:25.03	'25
2.	Anna Workman	4:31.91	'24
3.	**Tatum David**	**4:32.04**	**'25**
4.	Mia Barnett	4:33.54	'22
5.	Jill Haworth	4:34.32	'82
6.	Morgane Gay	4:34.38	'12
7.	Vicky Fouhy	4:34.87	'13
8.	Lesley Welch	4:35.56	'82
9.	Iona Lake	4:36.11	'16
10.	Caroline Timm	4:36.24	'24

3,000 METERS

1.	Margot Appleton	8:46.23	'24
2.	Jenny Schilling	9:07.13	'24
3.	**Gillian Bushee**	**9:11.74**	**'26**
4.	Sophie Atkinson	9:14.22	'25
5.	**Tatum David**	**9:16.09**	**'26**
6.	Cleo Boyd	9:18.20	'17
7.	**Cate DeSousa**	**9:18.39**	**'26**
8.	Claire Forbes	9:18.80	'92
9.	Stephanie Garcia	9:19.44	'11
10.	Martha White	9:19.58	'83

5,000 METERS

1.	Margaret Groos	15:34.71	'81
2.	Jenny Schilling	15:37.62	'25
3.	**Gillian Bushee**	**15:48.47**	**'26**
4.	Sophie Atkinson	15:51.45	'25
5.	Cleo Boyd	16:04.76	'17
6.	Morgan Kelly	16:10.73	'15
7.	Barbara Strehler	16:16.32	'14
8.	Emily Harrison	16:16.53	'08
9.	Lesley Welch	16:21.6h	'82
10.	Maria Hauger	16:22.07	'14

60 HURDLES

1.	**Maya Rollins**	**8.30**	**'26**
2.	Alexis Woodley	8.31	'20
3.	Ciara Leonard	8:38	'18
4.	Ayla Smith	8.39	'09
	Ava Rice	**8.39**	**'26**
6.	Alix Still	8.41	'23
7.	Andrenette Knight	8.48	'20
8.	Heather Smith	8.54	'16
9.	Kim Turko	8.55	'01
10.	Chidi Uche	8.58	'10

HIGH JUMP

1.	Sherry Gould	1.87m (6' 1.5")	'94
2.	**Celia Rifaterra**	**1.84m (6' 0.5")**	**'24**
3.	Ann Bair	1.83m (6' 0")	'83
4.	Robin Landes	1.82m (5' 11.25")	'88
5.	Karen DiDonato	1.80m (5' 10.75')	'91
	Carly Tarentino	**1.80m (5' 10.75")**	**'24**
7.	Pearl Bickersteth	1.79m (5'10.5")	'12
8.	Rachel Marks	1.78m (5' 10")	'04
	Rebecca Hawkins	1.78m (5'10")	'22
10.	Kate Doyle	1.75m (5' 8.75")	'90

POLE VAULT

1.	Bridget Guy	4.41m (14'5.5")	'19
2.	**Sam Romano**	**4.24m (13'11")**	**'24**
3.	Maya Maloney	4.12m (13'6.25")	'20
4.	Trina Barcarola	4.11m (13'5.75")	'22
5.	Hanne Borstlap	4.10m (13'5.25")	'23
6.	**Hannah Byrd-Leitner**	**4.04m (13' 3")**	**'26**
7.	Gabriella Recce	4.00m (13'1.5")	'24
	Madison Townsend	**4.00m (13'1.5")**	**'26**
9.	Sarah DeVita	3.97m (13'0.25")	'15
10.	Theresa Demaria	3.96m (12'11.75")	'17

LONG JUMP

1.	Jada Seaman	6.46m (21' 2.5")	'20
2.	Dana Boone	6.44m (21' 1.50")	'91
3.	Kiamesha Otey	6.39m (20' 11.75")	'02
4.	Sonja Fridy	6.38m (20' 11.25")	'87
5.	Khyasia Caldwell	6.29m (20' 7.75")	'20
6.	Nicole Kimbrough	6.27m (20' 7")	'95
7.	Kelly Miller	6.22m (20' 5")	'99
8.	Angela Griffith	6.15m (20' 2.25")	'92
9.	Jordan Hardy	6.12m (20'1")	'23
	Grace Smith	**6.12m (20'1")**	**'26**

TRIPLE JUMP

1.	Tomika Ferguson	13.53m (44' 4.75")	'07
2.	Naccole Guinn	13.14m (43' 1.25")	'01
3.	Khyasia Caldwell	13.05m (42' 9.75")	'21
4.	Kelly McKee	13.00m (42'8")	"19
5.	Dallas Rose	12.98m (42' 7")	'12
6.	Lily Hulland	12.89m (42'3.25")	'24
7.	Jordan Hardy	12.87m (42'2.75")	'24
8.	Dana Boone	12.86m (42' 2.25")	'91
9.	Michele Johnson	12.78m (41' 11")	'87
10.	Mia Barron	12.71m (41'8.5")	'17

SHOT PUT

1.	Maria Deaviz	16.75m (54' 11.5")	'22
2.	**Brooke Lumpkin**	**16.74m (54'11.25")**	**'25**
3.	Billie-Jo Grant	16.55m (54' 3.5")	'08
4.	Christine Bohan	16.53m (54' 2.75")	'16
5.	Brittany Jones	16.27m (53'4.5")	'20
6.	Ashley Anumba	16.04m (52' 7.5")	'22
7.	Maureen Laffan	15.97m (52' 4.75")	'10
8.	Estel Valeanu	15.91m (52'2.50")	'25
9.	**Janae Profit**	**15.89m (52' 1.75")**	**'25**
10.	Eliese Mitchell	15.72m (51' 7")	'03

WEIGHT THROW

1.	**Charlotta Sandkulla**	**20.48 (67' 2.50")**	**'26**
2.	Eliese Mitchell	20.06m (65' 9.75")	'02
3.	**Bree Lumpkin**	**18.58m (60' 11.50")**	**'26**
4.	Maureen Laffan	18.54m (60' 10")	'12
5.	Estel Valeanu	18.32m (60' 1.25")	'25
6.	Erin Wykoff	17.75m (58' 3")	'12
7.	Jade Baker	17.46m (57'3.5")	'19
8.	Alexa Manning	17.09m (56' 1")	'08
9.	Ann Crouse	17.08m (56' 0.5")	'96
10.	Eva Mustafic	16.92m (55'6.25")	'19

PENTATHLON

1.	Alix Still	4,177	'23
2.	Susan Brownell	4,153	'82
3.	Rebecca Grube	4,108	'95
4.	Holly Sullivan	3,912	'18
5.	Ayla Smith	3,879	'09
6.	**Elsa Spoor**	**3,841**	**'26**
7.	Sherry Gould	3,789	'94
8.	**Cassie Callis**	**3,748**	**'26**
9.	Beth Sheehan	3,678	'83
10.	Bianca DeBartolo	3,661	'07

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MEN'S ALL-TIME INDOOR PERFORMANCE LIST

60 METERS

1.	Shay Clark	6.71	'01
2.	**Peter Djan**	**6.73**	**'25**
3.	Reuben Jones	6.79	'08
4.	Adam Cummings	6.86	'13
5.	Michael Johnson	6.87	'04
6.	**Evans White IV**	**6.88**	**'25**
7.	Jarrett Hagwood	6.89	'02
	Leo McLaughlin	6.89	'11
9.	Ethan Robinson	6.91	'24
10.	Tavares Kelly	6.92	'22

200 METERS

1.	Jordan Willis	21.42	'20
2.	Alex Sherman	21.43	'25
3.	**Evans White IV**	**21.52**	**'24**
4.	Gerald Howard	21.53	'95
5.	Jay Pendarvis	21.54	'23
6.	**Michael Koepke**	**21.77**	**'24**
7.	Scott Kimball	21.78	'00
	Reuben Jones	21.78	'08
	Payton Hazzard	21.78	'14
10.	Conlon Bonner	21.79	'08

400 METERS

1.	Brandon Outlaw	46.58	'20
2.	Payton Hazzard	46.60	'15
3.	Jordan Willis	46.61	'20
4.	Alex Sherman	46.69	'25
5.	Kellen Blassingame	46.73	'06
6.	Kevin Anding	47.46	'11
7.	Alfred Shirley	47.53	'18
8.	Ben Kurgat	47.61	'89
9.	Paul Ereng	47.64	'88
10.	**Evans White IV**	**47.67**	**'25**

800 METERS

1.	Paul Ereng	1:44.84	'88
2.	**Tyler Edson**	**1:46.48**	**'26**
3.	Conor Murphy	1:46.95	'24
4.	Ben Kurgat	1:47.31	'91
5.	Robby Andrews	1:48.02	'10
6.	Shane Cohen	1:48.15	'24
7.	**Gary Martin**	**1:48.71**	**'24**
8.	**Alex Leath**	**1:49.10**	**'24**
9.	McGavock Dunbar	1:49.18	'04
10.	Nathan Kiley	1:49.20	'16

MILE

1.	**Gary Martin**	**3:48.82**	**'25**
2.	Wes Porter	3:54.58	'25
3.	**Nate Mountain**	**3:54.88**	**'26**
4.	Conor Murphy	3:55.24	'23
5.	Yasin Sado	3:55.93	'24
6.	**James Donahue**	**3:57.44**	**'23**
7.	**Justin Wachtel**	**3:58.14**	**'26**
8.	Vince Draddy	3:58.2h	'82
9.	**Will Anthony**	**3:58.39**	**'24**
10.	Henry Wynne	3:58.74	'16

3000 METERS

1.	**Gary Martin**	**7:36.09**	**'24**
2.	**Nate Mountain**	**7:46.80**	**'26**
3.	**Justin Wachtel**	**7:50.20**	**'26**
4.	Ari Klau	7:51.57	'20
5.	**Will Anthony**	**7:52.13**	**'25**
6.	Conor Murphy	7:53.17	'24
7.	Henry Wynne	7:53.89	'16
8.	Mark Amirault	7:54.08	'12
9.	Adam Visokay	7:54.24	'16
10.	Kris Herdt	7:54.90	'87

5000 METERS

1.	**Gary Martin**	**13:05.57**	**'25**
2.	Yasin Sado	13:31.87	'24
3.	Derek Johnson	13:39.88	'23
4.	**Will Anthony**	**13:40.83**	**'25**
5.	**Nate Mountain**	**13:43.18**	**'26**
6.	Zach Herriott	13:45.37	'17
7.	Ryan Collins	13:46.41	'10
8.	**Andrew Jones**	**13:48.26**	**'25**
9.	Chase Weaverling	13:54.39	'17
10.	Brent Demarest	13:56.03	'17

60 HURDLES

1.	Adams Abdulrazaaq	7.75	'11
2.	**Peter Djan**	**7.77**	**'25**
3.	Drequan Hoskey	7.79	'14
4.	Ethan Robinson	7.81	'25
5.	Jarrett Hagwood	7.93	'02
6.	**David Frasier**	**7.93**	**'24**
7.	Marion Mason	8.01	'01
8.	Jeremiah Wilson	8.02	'24
9.	Cary Chandler	8.03	'01
	Aaron Shepperd	8.03	'11
	Emmanuel Jackson	8.03	'19

HIGH JUMP

1.	Brenton Foster	2.26m (7'5")	'20
2.	Herman Moore	2.21m (7' 3")	'90
3.	Greg Nelson	2.14m (7' 0.25")	'10
4.	Greg Byers	2.13m (6'11.75)	'82
	Trey Causey	2.13m (6'11.75")	'19
6.	Bob Lund	2.09m (6' 10.25")	'93
7.	Mike Riso	2.08m (6' 10")	'02
	Kevin Jackson	2.08m (6' 10")	'77
	Jacob Kelly	2.08m (6'9.75")	'22
9.	David Sullivan	2.05m (6' 8.75")	'06
	Arthur Gennari	2.05m (6' 8.75")	'08
	Tommy DeVita	2.05m (6' 8.75")	'13

POLE VAULT

1.	Sam Young	5.38m (17' 7.75)	'20
2.	David Sullivan	5.30m (17' 4.75")	'05
3.	Brian Shafer	5.20m (17' 0.75")	'93
4.	**Justin Rogers**	**5.18m (17'0")**	**'23**
5.	Jeff Jernigan	5.10m (16' 8.75)	'17
6.	Tommy Cooke	5.05m (16' 6.75")	'95
7.	Kane Aldrich	5.02m (16' 5.5")	'21
8.	Matt Armentrout	5.01m (16' 5.25")	'13
9.	Colin Duignan	5.00m (16'4.75)	'22
10.	Danny Thompson	4.98m (16' 4")	'81

LONG JUMP

1.	Owayne Owens	7.58m (24'10.5")..	'21
2.	Jordan Scott	7.58m (24'10.5)	'19
3.	Matt Meyer	7.52m (24' 8.25")	'09
4.	Marion Mason	7.50m (24' 7.25")	'01
	Tiki Barber	7.50m (24' 7.25")	'94
6.	Bruce Randolph	7.48m (24' 6.5")	'84
7.	Heldi Valikaj	7.46m (24' 5.75")	'24
8.	Keith Witherspoon	7.45m (24' 5.25")	'76
9.	Ayende Watson	7.41m (24'3.75")	'19
10.	Stephen Dunphy	7.40m (24' 3.25")	'92

TRIPLE JUMP

1.	Jordan Scott	17.02m(55'10.25)	'20
2.	Owyane Owens	16.69m (54'9.25")	'23
3.	Marcus Robinson	16.63m (54'6.75")	'12
4.	Keith Witherspoon	16.16m (53' 0.25")	'76
5.	Greg Byers	15.98m (52' 5")	'85
6.	Aaron Worrell	15.87m (52' 1")	'17
7.	Cornell Grayson	15.74m (51' 7.75")	'90
8.	**Caleb Holman**	**15.72m (51'7")**	**'26**
9.	Chike Chukwulozie	15.64m (51' 3.75")	'91
10.	Ryan Satchell	15.62m (51' 3")	'14

SHOT PUT

1.	Filip Mihaljevic	20.87m (68' 5.75")	'16
2.	Oghenakpobo Efekoro	19.84m (65'1.25")	'17
3.	Jordan Young	19.15m (62'10")	'15
4.	Nick Vena	18.92m (62' 1")	'12
5.	Yemi Ayeni	18.80m (61' 8.25")	'09
6.	Nace Plesko	18.71m (61'4.75")	'19
7.	Claudio Romero	18.44m (60-6)	'21
8.	Kevin Latham	17.62m (57' 9.75")	'84
9.	Thom McKinney	17.12m (56' 2")	'91
10.	Mike Murphy	17.10m (56' 1.25").	'93

WEIGHT THROW

1.	**Jeremiah Nubbe**	**24.29m (79' 8.25")**	**'26**
2.	**Nikolaos Polychroniou**	**23.06m (75' 8")**	**'26**
3.	**Keyandre Davis**	**23.04m (75' 0.75")**	**'26**
4.	Jordan Young	22.92m (75'2.5")	'15
5.	Jacob Lemmon	22.18m (72'9.25")	'23
6.	John Fay	21.73m (71' 3.5")	'24
7.	**Cale Ayers**	**21.69m (71' 2")**	**'26**
8.	Hilmar Jonsson	21.37m (70' 1.5")	'18
9.	Oghenakpobo Efekoro	19.90m (65' 13.5")	'18
10.	Vincenzo Chiariello	19.38m (63' 7")	'12

HEPTATHLON

1.	Ethan Robinson	5,747	'25
2.	Jack Lint	5,546	'17
3.	**Henry Sullivan**	**5,414**	**'26**
4.	Derek Pekar	5,362	'20
5.	**Garrett McNeil**	**5,198**	**'25**
6.	David Sullivan	5,178	'04
7.	**David Frasier**	**5,176**	**'24**
8.	David Lewis	5,139	'08
9.	Christian Lavorgna	5,113	'16
10.	Elby Omohundro	5,038	'20

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WOMEN'S INDOOR FRESHMAN RECORDS

60-METER DASH

1.	Halle Hazzard	7.32	'19
2.	Jada Seaman	7.46	'20
3.	Kayla Bonnick	7.47	'21
4.	**Sarah Akpan**	**7.48**	**'23**
5.	Jordan Lavender	7.57	'12

200-METER DASH

1.	Jada Seaman	23.76	'20
2.	**Sarah Akpan**	**24.00**	**'23**
2.	Halle Hazzard	24.09	'19
3.	Kayla Bonnick	24.14	'21
4.	Jordan Lavender	24.25	'12

300-METER DASH

1.	Jordan Lavender	39.05	'12
2.	Julie Sandy	39.43	'87
3.	Anna Jefferson	39.63	'17
4.	Kiana Hairston	40.15	'15
5.	Kayla Bonnick	40.25	'21

400-METER DASH

1.	Jordan Lavender	54.69	'12
2.	**Ariel Fletcher**	**55.80**	**'24**
2.	Michelle Samuels	55.81	'91
3.	Meagan Gillespie	56.07	'09
4.	Anzhelika Parenchuk	56.08	'21
5.	Chimere Ezumah	56.27	'14

500-METER DASH

1.	Cathron Birge	1:14.16	'87
2.	Phyllis Buber	1:14.90	'84
3.	Ayla Smith	1:14.91	'07
4.	Lyndsay Harper	1:16.22	'08
5.	Shelley McBride	1:16.68	'86

800-METER RUN

1.	Emma Call	2:07.39	'17
2.	Morgane Gay	2:08.07	'09
3.	Keara Seasholtz	2:08.43	'21
4.	Vanessa Fabrizio	2:08.79	'11
5.	Sandy Schuler	2:09.90	'85

1000-METER RUN

1.	Sandy Schuler	2:44.40	'85
2.	Shelley McBride	2:50.40	'86
3.	Maddie Rennyson	2:54.65	'18
4.	Claire Forbes	2:55.31	'90
5.	**Cate DeSousa**	**2:56.09**	**'24**

1-MILE RUN

1.	Mia Barnett	4:33.54	'22
2.	Margot Appleton	4:37.46	'22
3.	**Stella Kermes**	**4:41.06**	**'25**
4.	**Tatum Olesen**	**4:44.82**	**'25**
5.	**Katie Payne**	**4:46.43**	**'26**

3000-METER RUN

1.	**Jenny Schilling**	**9:16.17**	**'24**
2.	Maria Hauger	9:29.20	'14
3.	Veronic Boire	9:34.79	'22
4.	**Gillian Bushee**	**9:35.58**	**'24**
5.	Sarah Fakler	9:37.45	'14

5000-METER RUN

1.	Jenny Schilling	16:02.57	'24
2.	Lesley Welch	16:21.60	'82
3.	Maria Hauger	16:22.07	'14
4.	Cleo Boyd	16:29.16	'14
5.	Sarah Fakler	16:32.01	'14

60-METER HURDLES

1.	**Ava Rice**	**8.39**	**'26**
2.	**Maya Rollins**	**8.42**	**'25**
3.	Alexis Woodley	8.56	'17
4.	**Cassie Callis**	**8.67**	**'25**
5.	Ayla Smith	8.68	'07

HIGH JUMP

1.	Karen Didonota	1.71m (5'7.5")	'87
2.	Janelle Clayton	1.70m (5' 7")	'10
	Pearl Bickersteth	1.70m (5' 7")	'10
	Emily Kianka	1.70m (5' 7")	'11
	Moira Cronin	1.70m (5' 7")	'12

POLE VAULT

1.	**Sam Romano**	**4.20m (13'9.25")**	**'23**
2.	**Hannah Byrd-Leitner**	**4.04m (13' 3")**	**'26**
3.	**Madison Townsend**	**4.00m (13'1.5")**	**'26**
4.	Bridget Guy	3.97m (13' 0.25")	'15
	Maya Maloney	3.97m (13'0.25")	'20

LONG JUMP

1.	Jada Seaman	6.46m (21' 2.5")	'20
2.	Jordan Hardy	6.12m (20'1")	'23
3.	Kiamesha Otey	6.00m (19' 8.25")	'00
4.	Sonja Fridy	5.99m (19' 8")	'84
5.	Dana Boone	5.96m (19' 6.75"	'88

TRIPLE JUMP

1.	Jordan Hardy	12.86m (42'2.25")	'23
2.	Dallas Rose	12.56m (41' 2.5")	'10
3.	Mia Barron	12.33m (40' 5.5")	'15
4.	Britni Strates	12.32m (40' 5")	'12
5.	Nadia Saunders	12.23m (40' 1.5")	'21

SHOT PUT

1.	Maria Deaviz	15.43m (50' 7.5")	'21
2.	Emily Vannoy	15.42m (50' 7.25")	'10
3.	Brittany Jones	15.21m (49'11")	'18
4.	Anna Grant	14.94m (49' 0.25")	'08
5.	Christine Bohan	14.78m (48' 6")	'14

WEIGHT THROW

1.	**Charlotta Sandkulla**	**20.48 (67'2.50")**	**'26**
2.	Eva Mustafic	16.92m (55'6.25")	'19
3.	Brittany Jones	16.24m (53'3.5")	'18
4.	**Theresa Breckley**	**16.01m (52' 6.25")**	**'25**
5.	Emily Vannoy	16.00m (52' 6")	'10

PENTATHLON

1.	**Cassie Callis**	**3,748**	**'26**
2.	Beth Sheehan	3,678	'83
3.	Katie Ollendick	3,443	'94
4.	Holly Sullivan	3,411	'16
5.	Alana Herran	3,396	'16

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MEN'S INDOOR FRESHMAN RECORDS

60 METERS

1.	Adam Cummings	6.86	'13
2.	Leo McLaughlin	6.89	'11
3.	Reuben Jones	6.92	'05
4.	Matt Meyer	6.97	'09
5.	Conlon Bonner	6.98	'08
	Peter Djan	**6.98**	**'23**

200 METERS

1.	Conlon Bonner	21.79	'08
2.	Alex Sherman	22.00	'22
3.	Brandon Outlaw	22.03	'18
4.	**Evans White IV**	**22.13**	**'23**
5.	Ben Sargong	22.16	'92

300 METERS

1.	Anthony Swan	34.11	'86
2.	Adam Abdulrazaaq	34.63	'08
3.	Patrick Farmer	34.74	'11
4.	Conlon Bonner	34.78	'08
5.	Charles Bowman	34.82	'16

400 METERS

1.	Brandon Outlaw	47.18	'18
2.	Alfred Shirley	47.53	'18
3.	Paul Ereng	47.64	'88
4.	Jay Pendarvis	48.10	'21
5.	Meikle Paschal	48.11	'08

500 METERS

1.	Paul Ereng	1:02.02	'88
2.	Alfred Shirley	1:03.05	'18
3.	Bruce Berry	1:03.31	'85
4.	Ray Brown	1:03.80	'81
5.	Dwayne Brake	1:03.97	'83

800 METERS

1.	Robby Andrews	1:48.39	'10
2.	**Alex Leath**	**1:49.10**	**'24**
3.	Anthony Kostelac	1:49.24	'11
4.	Paul Ereng	1:49.31	'88
5.	Conor Murphy	1:49.91	'21

1000 METERS

1.	**Alex Leath**	**2:23.36**	**'24**
2.	Rob Pearce	2:27.69	'97
2.	Billy Convey	2:28.30	'84
3.	TJ Hobart	2:28.40	'11
4.	Brett Johnson	2:28.47	'10
5.	Ken Cheeseman	2:29.80	'85

MILE

1.	**Gary Martin**	**3:56.83**	**'23**
2.	**James Donahue**	**3:57.44**	**'23**
3.	**Henry Acorn**	**4:00.15**	**'26**
4.	Alex Tatu	4:03.00	'05
5.	Mike Marsella	4:03.18	'14

3,000 METERS

1.	Adam Visokay	7:57.46	'14
2.	**Will Anthony**	**8:01.81**	**'23**
3.	Wes Porter	8:06.18	'21
4.	Brent Demarest	8:09.59	'15
5.	Connor Rog	8:09.76	'14

5,000 METERS

1.	Thomas Madden	13:57.01	'15
2.	Chris Foley	14:03.67	'12
3.	Chase Weaverling	14:03.72	'16
4.	**Andrew Jones**	**14:08.23**	**'23**
5.	Brent Demarest	14:14.74	'15

60m HURDLES

1.	**David Frasier**	**7.93**	**'24**
2.	Adam Abdulrazaaq	7.98	'08
3.	**Jeremiah Wilson**	**8.02**	**'24**
4.	Aaron Sheppherd	8.03	'11
5.	Jarrett Hagwood	8.05	'99
	Peter Djan	**8.05**	**'23**

HIGH JUMP

1.	Trey Causey	2.13m (6'11.75)	'19
2.	Mike Riso	2.08m (6' 10")	'02
3.	Tommy DeVita	2.04m (6' 8.5")	'11
4.	Arthur Gennari	2.03m (6' 8")	'07
5.	Gerald Howard	2.00m (6' 7")	'93
	Cordell Green	2.00m (6' 7")	'95

POLE VAULT

1.	**Justin Rogers**	**5.18m (17'0")**	**'23**
2.	Sam Young	5.10m (16' 8.75)	'17
3.	David Sullivan	4.97m (16' 3.75")	'03
4.	Brian Shafer	4.90m (16' 1")	'90
5.	Jake Williams	4.87m (16' 0")	'91

LONG JUMP

1.	Matt Meyer	7.52m (24' 8.25")	'09
2.	Tiki Barber	7.48m (24' 6.75")	'94
3.	Ayende Watson	7.41m (24'3.75")	'19
4.	Jordan Scott	7.38m (24' 2.5")	'17
5.	**Caleb Holman**	**7.29m (23' 11")**	**'25**

TRIPLE JUMP

1.	Jordan Scott	16.36m (53' 8.25)	'17
2.	**Caleb Holman**	**15.67m (51'5")**	**'25**
3.	Aaron Worrell	15.64m (51'3.75")	'14
4.	Owyane Owens	15.27m (50' 1.25")	'20
5.	Ryan Satchell	15.02m (49' 3.5")	'12

SHOT PUT

1.	Filip Mihaljevic	19.63m (64'5")	'15
2.	Nick Vena	18.92m (62' 1")	'12
3.	Oghenakpobo Efekoro	18.82m (61' 9")	'16
4.	Claudio Romero	18.44m (60'6"	'21
5.	Mike Theuerkauf	16.51m (54' 2")	'89

WEIGHT THROW

1.	John Fay	20.72m (67'11.75")	'23
2.	Hilmar Jonsson	20.32m (66' 8")	'16
3.	Jacob Lemmon	20.05m (65' 9.5")	'21
4.	Oghenakpobo Efekoro	18.86m (61' 10.5")	'16
5.	Claudio Romero	18.47m (60' 7.25")	'21

HEPTATHLON

1.	Jack Lint	5,358	'16
2.	Derek Pekar	5,354	'20
3.	**Garrett McNeil**	**5,198**	**'25**
4.	**David Frasier**	**5,110**	**'24**
5.	Anthony Dunavant	4,970	'14

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WOMEN'S 2026 SEASON-BEST OUTDOOR PERFORMANCES

WOMEN'S 100 METERS	TIME
Kaela Swift	11.74
Sarah Akpan	11.79
Ma'Khi Falkquay	11.86
Lola Kolawole	11.96
Grace Smith	12.20

WOMEN'S 200 METERS	TIME
Ma'Khi Falkquay	23.89
Sarah Akpan	23.91
Kaela Swift	24.11
Ariel Fletcher	24.18
Lola Kolawole	24.38

WOMEN'S 400 METERS	TIME
Ariel Fletcher	53.76
Brooke'Lyn Drakeford	55.58
Kaela Swift	56.97
Tori Daniels	58.94
Amanda Boateng	1:00.04

WOMEN'S 800 METERS	TIME
Cate DeSousa	2:04.67
Tatum Olesen	2:06.61
Tatum David	2:07.87
Ella Woehlcke	2:09.01
Stella Kermes	2:12.21

WOMEN'S 1,500 METERS	TIME
Tatum David	4:06.51
Tatum Olesen	4:14.57
Cate DeSousa	4:14.62
Stella Kermes	4:16.33
Ella Woehlcke	4:21.97

WOMEN'S 5000 METERS	TIME
Gillian Bushee	15:56.07
Abby Faiath Cheeseman	16:56.27

WOMEN'S 10,000 METERS	TIME
Gillian Bushee	33:13.83

WOMEN'S 100M HURDLES	TIME
Maya Rollins	13.24
Ava Rice	13.55
Sophia Akpan	14.12
Cassie Callis*	14.49
Elsa Spoor*	15.06

WOMEN'S 400M HURDLES	TIME
Brooke'Lyn Drakeford	59.59

WOMEN'S 3000 METER STEEPLE	TIME
Katie Payne	10:20.85

WOMEN'S HIGH JUMP	MARK
Celia Rifaterra	1.82m
Elsa Spoor*	1.76m
Cassie Callis*	1.61m

WOMEN'S POLE VAULT	MARK
Samantha Romano	4.17m
Hannah Byrd-Leitner	4.10m
Madison Townsend	4.02m

WOMEN'S LONG JUMP	MARK
Grace Smith	6.22m
Cassie Callis*	5.87m
Elsa Spoor*	5.42m
Grace Flynn	4.92m

WOMEN'S TRIPLE JUMP	MARK
Libby White	12.00m

WOMEN'S SHOT PUT	MARK
Brooke Lumpkin	16.51m
Janae Profit	16.22m
Suzie Kennelly	15.27m
Theresa Breckley	13.85m
Cassie Callis*	11.42m

WOMEN'S DISCUS	MARK
Janae Profit	54.00m
Suzie Kennelly	51.74m
Theresa Breckley	48.98m

WOMEN'S HAMMER	MARK
Charlotta Sandkulla	67.31m
Bree Lumpkin	62.01m
Aixa Corbacho	61.00m
Theresa Breckley	58.48m

WOMEN'S JAVELIN	MARK
Christiana Ellina	54.99m
Abigail Meckes	47.83m
Cassie Callis*	39.59m
Elsa Spoor*	33.97m

WOMEN'S HEPTATHLON	POINTS
Elsa Spoor	5472
Cassie Callis	5318

4x100m	TIME
Ariel Fletcher, Ma'Khi Falkquay Kaela Swift, Sarah Akpan	44.80

4x400m	TIME
Sarah Akpan, Elsa Spoor* Ariel Fletcher, Brooke'Lyn Drakeford	3:38.24

* Combined Athlete

MEN'S 2026 SEASON-BEST OUTDOOR PERFORMANCES

MEN'S 100 METERS	TIME
Peter Djan	10.45
Jacob Garnett	10.70
Lincoln Massaro	11.81

MEN'S 200 METERS	TIME
Jacob Garnett	21.13
Jaden Lyons	22.88

MEN'S 400 METERS	TIME
Anders Felts	48.01
Harry Economon	48.27
Evans White IV	48.63
Sam Rodman	48.63
Gage Gose	48.97

MEN'S 800 METERS	TIME
Sam Rodman	1:46.29
Tyler Edson	1:48.00
Henry Acorn	1:49.69
Brett Gardner	1:50.05
James Ford	1:50.79

MEN'S 1,500 METERS	TIME
Gary Martin	3:34.12
Will Daley	3:40.02
Justin Wachtel	3:40.34
Billy Atkinson	3:40.96
Harrison Witt	3:42.38

MEN'S 5000 METERS	TIME
Gary Martin	13:25.42
Will Daley	13:36.80
Nate Mountain	13:40.60
Brett Gardner	13:41.99
Will Anthony	13:44.34

MEN'S 10,000 METERS	TIME
Will Anthony	28:02.25
Richard Moreno	29:39.59

MEN'S 110M HURDLES	TIME
Peter Djan	13.80
Henry Sullivan*	14.34
David Frasier*	14.96

MEN'S 400M HURDLES	TIME
Anders Felts	51.10
Gage Gose	51.86

MEN'S 3000 STEEPLECHASE	TIME
Nate Mountain	8:11.92
Brett Gardner	8:27.32
Cayden Dyer	9:16.78

MEN'S HIGH JUMP	MARK
Liam Paneque	1.96m

MEN'S POLE VAULT	MARK
Kendric Curry	5.01m
Justin Rogers	4.85m
Henry Sullivan*	4.70m

MEN'S LONG JUMP	MARK
Liam Paneque	7.36m
Caleb Holman	7.31m
Isaiah Hewton	6.56m

MEN'S TRIPLE JUMP	MARK
Caleb Holman	15.86m
Liam Paneque	14.52m
Isaiah Hewton	14.16m

MEN'S SHOT PUT	MARK
Alex Jackson	17.41m
Jakob Alperin	17.25m
Josiah Gomes	16.53m
Henry Sullivan*	14.29m

MEN'S DISCUS	MARK
Jeremiah Nubbe	57.57m
Alex Jackson	52.05m
Josiah Gomes	51.22m
Alex Jackson	50.67m
Brock Scenck	42.85m

MEN'S HAMMER	MARK
Jeremiah Nubbe	73.76m
Nikolaos Polychroniou	69.48m
Cale Ayers	68.75m

MEN'S JAVELIN	MARK
Jayden McKeen	64.11m
Lincoln Massaro	51.35m

MEN'S DECATHLON	POINTS

4x100m	TIME
Evans White IV, Jacob Garnett Caleb Holman, Peter Djan	41.07

4x400m	TIME
Evans White IV, Gage Gose James Ford, Anders Felts	3:11.10

* Combined Athlete

OUTDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Halle Hazzard*	11.20	2019
200 meters	Jada Seaman	23.06	2022
400 meters	Sonja Fridy	51.93	1987
800 meters	Michaela Meyer	2:00.28	2021
1,500 meters	Michaela Meyer	4:04.02	2021
5,000 meters	Margot Appleton	15:18.21	2024
10,000 meters	Jenny Schilling	32:44.19	2024
100-meter hurdles	**Maya Rollins**	**13.24**	**2026**
400-meter hurdles	Andrenette Knight	55.75	2021
	Ayla Smith	56.54	2011
3,000-meter steeplechase	Stephanie Garcia	9:47.29	2011
4x100-meter relay	Bonnick, Seaman, Pierre, **Akpan**	**43.71**	**2023**
4x400-meter relay	Jefferson, Seaman, Meyer, Knight	3:30.44	2021
High Jump	Ann Bair	1.88m (6' 2")	1983
Pole Vault	Bridget Guy	4.46m (14' 7.5")	2018
Long Jump	Dana Boone	6.65m (21' 9.75")	1990
Triple Jump	Kelly McKee	13.70m (44' 11.5")	2019
Shot Put	Maria Deaviz	17.97m (58' 11.5")	2022
Discus Throw	Ashley Anumba	61.56m (201'11")	2023
Hammer Throw	**Charlotta Sandkulla**	**67.31m (220'10")**	**2026**
Javelin Throw	Ann Crouse	57.38m (188' 3")	1999
Heptathlon	Alix Still	5,662 points	2023

*at NACAC U18/U23 Championships 2019 in Mexico

OUTDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Gerald Howard	10.42	1995
200 meters	Gerald Howard	20.79	1995
400 meters	Jordan Willis	45.70	2022
800 meters	Paul Ereng	1:43.16	1989
1500 meters	**Gary Martin***	**3:32.03**	**2025**
5,000 meters	**Gary Martin**	**13:16.82**	**2025**
10,000 meters	**Will Anthony**	**28:02.25**	**2026**
110-meter hurdles	Adams Abdulrazaaq	13.66	2011
400-meter hurdles	Alex Sherman	49.98	2025
3,000-meter steeplechase	**Nate Mountain**	**8:11.92**	**2026**
4x100-meter relay	Randolph, Archer, Brown, Palmer	40.25	1984
4x400-meter relay	Anding Roller, Bryan, Hazzard	3:07.11	2012
High Jump	Brenton Foster	2.27 (7' 5.25")	2021
Pole Vault	David Sullivan	5.35m (17' 6.75")	2005
Long Jump	Jordan Scott	7.83m (25' 8.25")	2019
Triple Jump	Jordan Scott	17.08m (56' 0.5")	2019
Shot Put	Filip Mihaljevic	21.30m (69' 10.75")	2017
Discus Throw	Claudio Romero	67.02m (219' 10")	2022
Hammer Throw	Hilmar Jonsson	75.26m (246'11")	2019
Javelin Throw	Ethan Dabbs	82.92m (273' 0")	2022
Decathlon	Stephen Dunphy	7,920 points	1992

* USATF Outdoor Championships

WOMEN'S RELAY RECORDS

4x100

1.	**43.71**	Bonnick, Seaman, Pierre, **Akpan**	**2023**
2.	43.75	Jefferson Seaman, Bonnick, Hazzard	2021
3.	43.90	Jefferson, Seaman, Caldwell, Bonnick	2021
4.	**44.24**	**Akpan,** Bonnick, Pierre, Seaman	**2023**
5.	**44.30**	Bonnick, **Akpan, Fletcher,** Morgan	**2024**
	44.30	**Fletcher, Kolawole, Akpan, Akpan**	**2025**

4x400

1.	3:30:44	Jefferson**,** Seaman, Meyer, Knight	2021
2.	3:32.35	Jefferson, Seaman, Seasholtz, Knight	2021
3.	**3:33.14**	**Akpan, Fletcher,** Alexandru, **Drakeford**	**2025**
4.	3:35.74	Ezumah, Lavender, Fabrizio, Wright	2014
5.	**3:35.77**	**Akpan,** Seaman, Sabbakhan, Alexandru	**2023**

MEN'S RELAY RECORDS

4x100

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	**40.57**	Davis, **Djan,** Pendarvis, Fish	**2023**
5.	40.68	Scott, Barber, Barber, Howard	1994

4x400

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereng	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.30	Kiley, Bowman, Carrington, Dixon	2017
5.	3:08.34	Willis, Shirley, Outlaw, Lint	2018

Current Cavaliers in Bold

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Conforming to international and USTFCCCA standards, performances in which wind reading exceeds 2.0 meters-per-second are not included on the top-10 lists

WOMEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

100 METERS

1.	Halle Hazzard*	11.20	'19
2.	**Sarah Akpan**	**11.29**	**'24**
3.	Sonja Fridy	11.36	'87
4.	Kayla Bonnick	11.42	'23
5.	Kiamesha Otey	11.43	'01
	Jada Seaman	11.43	'22
7.	Kelly Miller	11.48	'99
8.	Pam Lemons	11.57	'93
9.	Jada Pierre	11.62	'23
10.	Tori McKenzie	11.63	'17

* at NACAC U18/U23 Championships 2019 in Mexico

200 METERS

1.	Jada Seaman	23.06	'22
2.	**Sarah Akpan**	**23.09**	**'24**
3.	Sonja Fridy	23.17	'87
4.	Anna Jefferson	23.39	'19
5.	Jordan Lavender	23.42	'14
6.	Kiamesha Otey	23.46	'03
7.	Peyton Chaney	23.50	'16
8.	Kelly Miller	23.61	'99
9.	Halle Hazzard	23.68	'19
10.	Janne'a Bridgeford	23.69	'08

400 METERS

1.	Sonja Fridy	51.93	'87
2.	Anna Jefferson	52.39	'18
3.	Jordan Lavender	52.48	'14
4.	Lisa Garrett	52.64	'83
5.	Carielle Doe	53.22	'03
6.	**Ariel Fletcher**	**53.76**	**'26**
7.	Angela Lee	54.05	'98
8.	Michelle Samuels	54.59	'92
9.	Alahna Sabbakhan	54.67	'23
10.	Andrea Wright	54.80	'14

800 METERS

1.	Michaela Meyer	2:00.28	'21
2.	Gail Bryant	2:04.21	'85
	Esther Seeland	2:04.21	'23
4.	**Cate DeSousa**	**2:04.67**	**'26**
5.	Vanessa Fabrizio	2:04.77	'14
6.	**Tatum David**	**2:05.12**	**'25**
7.	Kim Kelly	2:05.23	'84
8.	Maggie Hock	2:05.40	'24
9.	Alahna Sabbakhan	2:05.45	'24
10.	Annie Jackson	2:05.50	'25

1,500 METERS

1.	Michaela Meyer	4:04.02	'21
		*4:09.78	'21
2.	Margot Appleton	4:05.68	'25
3.	**Tatum David**	**4:06.51**	**'25**
4.	Mia Barnett	4:11.32	'22
5.	Esther Seeland	4:11.91	'24
6.	**Stella Kermes**	**4:12.21**	**'26**
7.	Anna Workman	4:12.73	'24
8.	Morgane Gay	4:13.20	'12
9.	Vicky Fouhy	4:14.51	'13
10.	**Tatum Olesen**	**4:14.57**	**'26**

5,000 METERS

1.	Margot Appleton	15:18.21	'24
2.	Margaret Groos	15:51.24	'80
3.	Jenny Schilling	15:53.43	'25
4.	**Gillian Bushee**	**15:56.07**	**'26**
5.	Patty Matava	15:56.41	'86
6.	Anna Workman	16:00.80	'24
7.	Catherine White	16:04.58	'12
8.	Barbara Strehler	16:07.70	'13
9.	Camryn Menninger	16:08.94	'24
10.	Cleo Boyd	16:09.23	'16

10,000 METERS

1.	Jenny Schilling	32:44.19	'24
2.	Patty Matava	32:58.64	'87
3.	Catherine White	33:07.36	'13
4.	**Gillian Bushee**	**33:13.83**	**'26**
5.	Aileen O'Connor	33:28.20	'81
6.	Sophie Atkinson	33:29.46	'25
7.	Hannah Moran	33:38.31	'21
8.	Emily Harrison	33:40.34	'08
9.	Martha White	33:40.50	'83
10.	Kara Scanlin	33:53.32	'07

100m HURDLES

1.	**Maya Rollins**	**13.24**	**'26**
2.	Ciara Leonard	13.26	'18
3.	Alexis Woodley	13.31	'18
4.	Andrenette Knight	13.37	'21
5.	Ayla Smith	13.51	'09
6.	**Ava Rice**	**13.55**	**'26**
7.	**Sophia Akpan**	**13.66**	**'25**
8.	Alix Still*	13.68	'23
9.	Lauren Echko	13.72	'08
10.	Jada Pierre	13.73	'23

400m HURDLES

1.	Andrenette Knight	55.75	'21
1.	Ayla Smith	56.54	'11
3.	Erin Crawford	56.87	'06
4.	Angela Lee	57.11	'97
5.	Aisha Naibe-Wey	57.84	'16
6.	Alana Herran	58.03	'18
7.	Emily Alexandru	58.13	'25
8.	Heather Smith	58.17	'16
9.	Vivian Scruggs	58.54	'81
10.	Natalie Randolph	58.98	'03

3000m STEEPLECHASE

1.	Stephanie Garcia	9:47.29	'11
2.	Dawn Cleary	9:59.30	'03
3.	Iona Lake	10:01.58	'15
4.	Helena Lindsay	10:02.27	'22
5.	Kiera Bothwell	10:03.88	'21
6.	Melanie Matthews	10:13.31	'02
7.	Vicky Fouhy	10:20.63	'14
8.	Sara Sargent	10:20.64	'15
9.	**Katie Payne**	**10:20.85**	**'26**
10.	Janine Ricci	10:24.65	'05

HIGH JUMP

1.	Ann Bair	1.88m (6' 2")	'83
2.	Sherry Gould	1.86m (6' 1.25")	'93
	Celia Rifaterra	**1.86m (6' 1.25')**	**'25**
4.	Pearl Bickersteth	1.83m (6' 0")	'12
	Moira Cronin	1.83m (6' 0")	'13
6.	Robin Landes	1.81m (5' 11.25")	'88
7.	**Carly Tarentino**	**1.80m (5' 10.75")**	**'25**
8.	Rachel Marks	1.79m (5' 10.75")	'06
9.	Meggie Schuelke	1.76m (5' 9.25")	'04
	Emily Kianka	1.76m (5' 9.25")	'12
	Rebecca Hawkins	1.76m (5' 9.25")	'22
	Elsa Spoor	**1.76m (5' 9.25")**	**'26**

POLE VAULT

1.	Bridget Guy	4.46m (14' 7.5")	'18
2.	**Sam Romano**	**4.34m (14'2.75")**	**'24**
3.	Hanne Borstlap	4.18m (13'8.5")	'23
4.	Trina Barcarola	4.10m (13' 5.25")	'25
	Hannah Byrd-Leitner	**4.10m (13' 5.25")**	**'26**
6.	Maya Maloney	4.08m (13' 4.5")	'21
7.	**Madison Townsend**	**4.02m (13' 2.25")**	**'26**
8.	Katie Freix	4.01m (13' 1.75")	'18
9.	Caroline Dannenbaum	3.98m (13' 0.75")	'23
10.	Gabriella Recce	3.95m (12' 11.5")	'22

LONG JUMP

1.	Dana Boone	6.65m (21' 9.75")	'90
2.	Jada Seaman	6.56m (21'6.25")	'21
3.	Kiamesha Otey	6.54m (21' 5.50")	'02
4.	Sonja Fridy	6.42m (21' 0.75")	'86
5.	Nicole Kimbrough	6.39m (20' 11.50")	'95
6.	Kelly Miller	6.33m (20' 9.25")	'96
	Tomika Ferguson	6.33m (20' 9.25")	'06
8.	Edy Ndem	6.28m (20' 7.25")	'14
9.	Khyasia Caldwell	6.26m (20'6.5")	'21
10.	Mia Barron	6.22m (20' 5")	'16
	Grace Smith	**6.22m (20' 5")**	**'26**

TRIPLE JUMP

1.	Kelly McKee	13.70m (44'11.5")	'19
2.	Jordan Hardy	13.41m (44' 0")	'23
3.	Khyasia Caldwell	13.33m (43' 9")	'21
4.	Tomika Ferguson	13.21m (43' 4.25")	'07
5.	Dallas Rose	13.20m (43' 3.75")	'14
6.	Lily Hulland	13.19m (23' 3.25")	'25
7.	Dana Boone	13.05m (42' 9.75")	'91
8.	Mia Barron	12.96m (42'6.25")	'18
9.	Lauren Yeboah-Kodie	12.87m (42' 4.75)	'25
10.	Zoe Rice	12.79m (41' 11.5)	'21

SHOT PUT

1.	Maria Deaviz	17.97m (58' 11.5")	'22
2.	Christine Bohan	16.87m (55'4.25")	'16
3.	**Brooke Lumpkin**	**16.51m (54' 2")**	**'26**
4.	Estel Valeanu	16.50m (54' 1.75"	'25
5.	**Janae Profit**	**16.28m (53' 3")**	**'24**
6.	Ashley Anumba	16.19m (53' 1.5")	'23
7.	Brittany Jones	16.17m (53'0.75")	'19
8.	Eliese Mitchell	16.16m (53' 0.25")	'03
9.	Billie-Jo Grant	15.77m (51' 9")	'06
10.	Kaiya Saunders	15.50m (50'10.25")	'23

DISCUS

1.	Ashley Anumba	61.13m (200'6")	'23
2.	Estel Valeanu	58.22m (191' 0")	'25
3.	Billie-Jo Grant	56.06m (183' 11")	'08
4.	Kelly Bodiford	54.08m (177' 5")	'93
5.	**Janae Profit**	**54.00m (177' 2")**	**'26**
6.	Erin Wykoff	53.78m (176' 5")	'12
7.	Thelma Kristjánsdóttir	53.62m (175' 11")	'21
8.	Maria Deaviz	52.58m (172' 6")	'22
9.	Caitlin Kelly	52.37m (171' 10")	'09
10.	Eliese Mitchell	52.17m (171' 2")	'02

HAMMER THROW

1.	**Charlotta Sandkulla**	**67.31m (220' 10")**	**'26**
2.	Annika Kelly	64.94m (213'1")	'25
3.	Jade Baker	63.61m (208'8")	'19
4.	**Bree Lumpkin**	**62.01m (203'5")**	**'26**
5.	Eva Mustafic	61.99m (203'4")	'21
6.	**Aixa Corbacho**	**61.00m (200'1")**	**'26**
7.	Maureen Laffan	59.91m (196'6")	'12
8.	Estel Valeanu	58.97m (193'5")	'25
9.	**Theresa Breckley**	**58.48m (191'10")**	**'26**
10.	Eliese Mitchell	56.95m (186'10")	'03

JAVELIN

1.	Ann Crouse	57.38m (188' 3")	'99
2.	Julia Solo	55.98m (183'8")	'89
3.	**Christiana Ellina**	**54.99m (180' 5")**	**'26**
4.	Inge Jorgensen	54.23m (177' 11")	'05
5.	Meghan Briggs	52.65m (172' 9")	'09
6.	Abbey Karin	52.60m (172' 7")	'13
7.	Marija Bogavac	48.96m (160'7")	'17
8.	Caitlin Mautz	48.66m (159'8 ")	'17
9.	Christine Bohan	48.03m (157'7")	'17
10.	**Abigail Meckes**	**47.83m (156' 11")**	**'26**

HEPTATHLON

1.	Alix Still	5,662	'23
2.	Rebecca Grube	5,512	'94
3.	**Elsa Spoor**	**5,472**	**'26**
4.	Susan Brownell	5,458	'82
5.	Beth Sheehan	5,407	'86
6.	Ann Bair	5,387	'83
7.	**Cassie Callis**	**5,318**	**'26**
8.	Holly Sullivan	5,317	'17
9.	Sherry Gould	5,166	'93
10.	Angela Griffith	4,967	'98

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MEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

100 METERS

1.	Gerald Howard	10.42	'95
2.	Reuben Jones	10.45	'08
	Peter Djan	**10.45**	**'25**
4.	Demick Starling	10.46	'23
5.	Jay Pendarvis	10.49	'22
6.	Shay Clark	10.50	'02
7.	Edwin Brown	10.52	'85
8.	Scott Kimball	10.53	'03
9.	Nigal Davis	10.54	'22
10.	Ethan Robinson	10.67	'25

200 METERS

1.	Gerald Howard	20.79	'95
2.	Ben Sarpong	20.87	'95
3.	Edwin Brown	20.90	'85
4.	Jordan Willis	20.97	'22
5.	Alex Sherman	21.03	'25
6.	**Evans White IV**	**21.11**	**'25**
7.	**Jacob Garnett**	**21.13**	**'26**
8.	Reuben Jones	21.16	'08
9.	Kellen Blassingame	21.24	'05
10.	Jay Pendarvis	21.26	'23

400 METERS

1.	Jordan Willis	45.70	'22
2.	Alfred Shirley	45.84	'18
3.	Payton Hazzard	45.88	'15
4.	Kellen Blassingame	46.02	'05
5.	Brandon Outlaw	46.13	'21
6.	Meikle Paschal	46.61	'08
7.	**Evans White IV**	**46.67**	**'25**
8.	Kevin Anding	46.84	'10
9.	Jim Bruce	46.94	'79
10.	Nathan Kiley	46.95	'17

800 METERS

1.	Paul Ereng	1:43.16	'89
2.	Shane Cohen	1:44.65	'24
3.	Robby Andrews	1:44.71	'11
4.	Lance Roller	1:46.11	'10
5.	**Sam Rodman**	**1:46.29**	**'26**
6.	Conor Murphy	1:46.43	'23
7.	Ray Brown	1:46.74	'83
8.	Ben Kurgat	1:47.32	'90
9.	John Hinton	1:47.33	'84
10.	Greg Canty	1:47.44	'80

1,500 METERS

1.	**Gary Martin**	**3:32.03**	**'25**
2.	Wes Porter	3:35.63	'24
3.	Henry Wynne	3:38.05	'16
4.	**Nathan Mountain**	**3:39.68**	**'22**
5.	**James Donahue**	**3:39.72**	**'25**
6.	Conor Murphy	3:39.75	'23
7.	**Will Daley**	**3:40.02**	**'26**
8.	Ka'eo Kruse	3:40.04	'22
9.	John Hinton	3:40.24	'83
10.	**Justin Wachtel**	**3:40.34**	**'26**

5,000 METERS

1.	**Gary Martin**	**13:16.82**	**'25**
2.	**Nate Mountain**	**13:32.65**	**'24**
3.	**Justin Wachtel**	**13:34.44**	**'25**
4.	**Will Anthony**	**13:35.50**	**'24**
5.	**Will Daley**	**13:36.55**	**'25**
6.	Wes Porter	13:36.84	'22
7.	Kris Herdt	13:37.44	'87
8.	**Brett Gardner**	**13:41.99**	**'26**
9.	Henry Wynne	13:43.53	'17
10.	Yasin Sado	13:42.84	'22

10,000 METERS

1.	**Will Anthony**	**28:02.25**	**'26**
2.	**Andrew Jones**	**28:20.95**	**'25**
3.	Zach Herriott	28:44.22	'17
4.	Rohann Asfaw	28:53.84	'22
5.	Brent Demarest	28:54.69	'19
6.	Mike Cotton	28:55.34	'81
7.	Andrew Dumm	28:59.25	'07
8.	Lachlan Cook	29:10.03	'19
9.	Adam Visokay	29:11.13	'15
10.	Trey Miller	29:14.21	'10

110m HURDLES

1.	Adams Abdulrazaaq	13.66	'11
2.	**Peter Djan**	**13.80**	**'26**
3.	Barry Word	13.88	'84
4.	George Johnson	13.91	'82
5.	Ethan Robinson	13.92	'25
6.	Jeremiah Wilson	13.95	'25
7.	Jarrett Hagwood	14.13	'02
8.	Kevin Williams	14.14	'79
9.	Rob Archer	14.16	'84
10.	Ronde Barber	14.22	'94

400m HURDLES

1.	Alex Sherman	49.98	'25
2.	Steve Delice	50.02	'10
3.	Karl Williams	50.34	'79
4.	Rob Archer	50.80	'84
5.	Bruce Berry	51.09	'85
6.	**Anders Felts**	**51.10**	**'26**
7.	**Gage Gose**	**51.12**	**'25**
8.	Alfred Shirley	51.30	'18
9.	Kevin Williams	51.54	'79
10.	Adams Abdulrazaaq	51.79	'08

3000m STEEPLECHASE

1.	**Nate Mountain**	**8:11.92**	**'24**
2.	Yasin Sado	8:17.39	'24
3.	Derek Johnson	8:25.23	'23
4.	**Brett Gardner**	**8:27.32**	**'26**
5.	Jan Foerster	8:34.78	'07
6.	Rob Cook	8:39.36	'94
7.	Kyle King	8:39.72	'15
8.	Steve Finley	8:40.56	'10
9.	Adam Visokay	8:43.60	'15
10.	Mike Cotton	8:44.44	'81

HIGH JUMP

1.	Brenton Foster	2.27m (7'5.25")	'21
2.	Herman Moore	2.19m (7' 2.25")	'88
	Greg Byers	2.19m (7' 2.25")	'82
4.	Trey Causey	2.13m (6'11.75")	'19
5.	Greg Nelson	2.10m (6' 10.75")	'10
	Chris Clementson	2.10m (6' 10.75")	'02
	Mike Riso	2.10m (6' 10.75")	'02
	Bob Lund	2.10m (6' 10.75")	'91
9.	Cordell Green	2.09m (6' 10.25")	'95
10.	Wes Dungan	2.08m (6' 9.75")	'94

POLE VAULT

1.	David Sullivan	5.35m (17' 6.75")	'05
2.	Sam Young	5.25m (17' 2.75")	'21
3.	Brian Shafer	5.20m (17' 0.75")	'93
4.	**Justin Rogers**	**5.17m (17' 0")**	**'24**
5.	Jeff Jernigan	5.15m (16' 10.75")	'17
6.	Joey Kelly	5.05m (16' 6.75")	'21
	Tom Cooke	5.05m (16' 6.75")	'95
8.	Colin Duignan	5.03m (16'6")	'22
9.	**Kendric Curry**	**5.01m (16' 5.25")**	**'26**
10.	Jeff McClurg	4.95m (16' 2.75")	'07

LONG JUMP

1.	Jordan Scott	7.83m (25'8.25")	'19
2.	Greg Byers	7.70m (25' 3.25")	'82
3.	Mike Harvey	7.67m (25' 2")	'69
4.	Owayne Owens	7.59m (24' 11")	'21
5.	Wes Dungan	7.48m (24' 6.5")	'94
	Tiki Barber	7.48m (24' 6.5")	'95
7.	Keith Witherspoon	7.45m (24' 5.25")	'76
8.	Bruce Randolph	7.43m (24' 4.5")	'84
9.	Dion Woolfolk	7.41m (24' 3.75")	'96
10.	Trey Causey	7.40m (24'3.5")	19

TRIPLE JUMP

1.	Jordan Scott	17.08m (56' 0.5")	'19
2.	Owayne Owens	16.61m (54' 6")	'22
3.	Marcus Robinson	16.46m (54' 0")	'12
4.	Keith Witherspoon	16.27m (53' 4.50")	'76
5.	Ryan Satchell	15.98m (52' 5.25")	'14
6.	Chike Chukwolozie	15.94m (52' 3.75")	'90
7.	**Caleb Holman**	**15.86m (52' 0.50")**	**'26**
8.	Aaron Worrell	15.72m (51' 7")	'17
9.	Greg Byers	15.56m (51' 0.75")	'84
10.	Cornell Grayson	15.55m (51' 0.50")	'90

SHOT PUT

1.	Filip Mihaljevic	21.30m (69' 10.75")	'17
2.	Oghenakpobo Efekoro	20.39m (66'10.75")	'17
3.	Jordan Young	19.80m (64' 11.5")	'15
4.	Nick Vena	19.51m (64' 0.25")	'12
5.	Claudio Romero	18.47m (60' 7.25")	'21
6.	Yemi Ayeni	18.23m (59' 9.75")	'09
7.	Nace Plesko	18.30m (61' 0.05")	'17
8.	Kevin Latham	18.04m (59' 2.5")	'85
9.	**Alex Jackson**	**17.41m (57' 1.5")**	**'26**
10.	**Jakob Alperin**	**17.25m (56' 7.25")**	**'26**

DISCUS

1.	Claudio Romero	67.02m (219' 10")	'22
2.	Filip Mihaljevic	63.76m (209' 2")	'17
3.	Jacob Lemmon	62.56m (205' 3")	'24
4.	Jordan Young	62.27m (204' 3")	'15
5.	Yemi Ayeni	61.11m (200' 6")	'07
6.	Larry Wilson	57.91m (190' 0")	'99
7.	**Jeremiah Nubbe**	**57.57m (188' 10.50")**	**'26**
8.	Kevin Latham	56.71m (186'1")	'85
9.	Phil Vincenzes	55.98m (183' 8")	'82
10.	Nace Plesko	55.19m (181'1")	'18

HAMMER THROW

1.	Hilmar Jonsson	75.26m (246' 11")	'19
2.	**Jeremiah Nubbe**	**73.76m (242' 0")**	**'26**
3.	Jordan Young	70.73m (232' 1")	'15
4.	**Nikolaos Polychroniou**	**69.48m (227' 11")**	**'26**
5.	**Cale Ayers**	**68.75m (225' 6")**	**'26**
6.	John Fay	68.41m (224' 5")	'24
7.	**Keyandre Davis**	**67.12m (220' 2")**	**'25**
8.	Jacob Lemmon	66.14m (217' 0")	'21
9.	Vincenzo Chiariello	64.29m (210' 11")	'12
10.	Evangelos Fradelakis	64.22m (205'4")	'22

JAVELIN

1.	Ethan Dabbs	82.92m (272' 0")	'22
2.	Andy Fahringer	75.19m (246' 8")	'12
3.	Brian Kollar	74.22m (243' 6")	'01
4.	John Welch	72.19m (236' 10")	'02
5.	Steve Kiessling	69.67m (228' 7")	'92
6.	Kyle Smith	69.43m (227' 9")	'15
8.	Tyler Zawatski	64.70m (212'3")	'23
7.	**Jayden McKeen**	**64.11m (210' 4")**	**'26**
8.	James Murdock	63.93m (209' 9")	'02
9.	Stephen Dunphy	61.62m (202' 2")	'94
10.	Tucker Rizzi	61.46m (201'8")	'18

DECATHLON

1.	Stephen Dunphy	7,920	'92
2.	Willy Pirtle	7,676	'82
3.	John Bryan	7,666	'81
4.	Ethan Robinson	7,603	'24
5.	Jack Lint	7,478	'17
6.	David Lewis	7,105	'08
7.	Christian Lavorgna	7,064	'16
8.	**David Frasier**	**7,055**	**'24**
9.	Cam Collins	7,004	'16
10.	Bill Smith	6,863	'83
10.	Sean Sullivan	6,847	'96

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WOMEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1.	Jada Seaman	11.44	'21
2.	Kayla Bonnick	11.51	'21
3.	**Sarah Akpan**	**11.52**	**'23**
4.	Jada Pierre	11.62	'23
5.	Kelly Miller	11.70	'96

200 METERS

1.	Jada Seaman	23.22	'21
2.	**Sarah Akpan**	**23.57**	**'23**
3.	**Ariel Fletcher**	**23.85**	**'24**
4.	Kayla Bonnick	24.01	'21
5.	Peyton Chaney	24.02	'13

400 METERS

1.	Jordan Lavender	53.44	'12
2.	Lisa Garrett	54.14	'81
3.	Andrea Wright	54.80	'14
4.	Chimere Ezumah	54.87	'14
5.	**Ariel Fletcher**	**55.03**	**'24**

800 METERS

1.	Mia Barnett	2:06.11	'22
2.	Keara Seasholtz	2:06.12	'21
2.	Vanessa Fabrizio	2:06.76	'12
3.	Alahna Sabbakhan	2:07.25	'21
4.	**Ella Woehlcke**	**2:07.64**	**'25**
5.	Morgane Gay	2:08.29	'09

1,500 METERS

1.	Mia Barnett	4:11.32	'22
2.	**Stella Kermes**	**4:13.26**	**'25**
3.	Morgane Gay	4:15.56	'09
4.	Lesley Welch	4:16.84	'82
5.	Margot Appleton	4:17.17	'22

5,000 METERS

1.	Chelsea Ley	16:12.62	'12
2.	Sophie Atkinson	16:12.68	'23
2.	Maria Hauger	16:14.18	'14
3.	Margot Appleton	16:17.51	'22
4.	Lesley Welch	16:21.60	'82

10,000 METERS

1.	Sophie Atkinson	34:12.62	'23
2.	Jen Flack	34:14.12	'14
3.	Sarah Fakler	34:15.20	'14
4.	Maria Hauger	34:16.28	'14
5.	Beni Gras	34:34.17	'91

100-METER HURDLES

1.	**Maya Rollins**	**13.33**	**'25**
2.	**Ava Rice**	**13.55**	**'26**
3.	Ciara Leonard	13.67	'16
	Alexis Woodley	13.67	'17
4.	Jada Pierre	13.73	'23

400-METER HURDLES

1.	Angela Lee	57.64	'96
2.	Erin Crawford	58.56	'04
3.	Karen Hatchett	59.49	'82
4.	Ayla Smith	60.02	'07
5.	**Sophia Akpan**	**60.02**	**'23**

3,000m STEEPLECHASE

1.	Stephanie Garcia	10:15.83	'07
2.	**Katie Payne**	**10:20.85**	**'26**
3.	Sara Sargent	10:49.81	'14
4.	Kendall Cowne	10:54.54	'14
5.	Kiera Bothwell	10:55.59	'18

HIGH JUMP

1.	Ann Bair	1.86m (6' 1.25")	'80
2.	Meggie Schuelke	1.76m (5' 9.25")	'04
3.	Pearl Bickersteth	1.74m (5' 8.5")	'10
4.	Susan Brownell	1.73m (5' 8")	'80
	Grace Flynn	**1.73m (5' 8")**	**'24**
	Elsa Spoor	**1.73m (5' 8")**	**'24**

POLE VAULT

1.	**Sam Romano**	**4.28m (14' 0.5")**	**'23**
2.	Bridget Guy	4.11m (13'5.75")	'15
3.	**Hannah Byrd-Leitner**	**4.10m (13' 5.25")**	**'26**
4.	Maya Maloney	4.08m (13' 4.5")	'21
5.	**Madison Townsend**	**4.02m (13' 2.25")**	**'26**

LONG JUMP

1.	Jada Seaman	6.56m (21' 6.25")	'21
2.	Kelly Miller	6.33m (20' 9.25")	'96
3.	Nicole Kimbrough	6.29m (20' 7.75")	'94
4.	Mia Barron	6.22m (20' 5")	'16
5.	Sonja Fridy	6.12m (20' 1")	'84
	Khyasia Caldwell	6.12m (20'1")	'18

TRIPLE JUMP

1.	Dallas Rose	12.66m (41' 6.5")	'10
2.	Atalaya Jones	12.49m(40'11.75")	'93
3.	Britni Strates	12.46m (40' 10.5")	'12
4.	Mia Barron	12.40m (40' 8.25")	'16
5.	Nadia Saunders	12.36m (40' 6.75")	'21

SHOT PUT

1.	Maria Deaviz	17.18m (56' 4.5")	'21
2.	Brittany Jones	15.69m (51'5.75")	'18
3.	Emily Vannoy	15.30m (50' 2.5")	'10
4.	Christine Bohan	14.62m (47-11.75)	'14
5.	Maureen Laffan	14.58m (47' 10")	'09
6.	Kristi Martin	13.99m(45'10.75")	'97

DISCUS

1.	Julia Solo	52.04m (170' 9")	'86
2.	Amy Bilmanis	51.77m (169' 10")	'06
3.	Thelma Krisjandottir	50.92m (167'1")	'19
4.	Maria Deaviz	48.99m (160' 9")	'21
5.	Amy Brown	48.77m (160' 0")	'95

HAMMER THROW

1.	**Charlotta Sandkulla**	**67.31m (220' 10")**	**'26**
2.	Eva Mustafic	61.18m (200'9")	'19
3.	**Aixa Corbacho**	**61.00m (200'1")**	**'2**
4.	Jada Marsh	55.05m (180'7")	'22
5.	Elise Mitchell	54.46m (178' 8")	'00

JAVELIN

1.	Ann Crouse	50.85m (166' 10")	'95
2.	Inge Jorgensen	50.24m (164' 10")	'00
3.	Caitlin Mautz	44.62m (146' 5")	'15
4.	Meghan Briggs	44.45m (145' 10")	'07
5.	Tara Karin	43.64m (143'2")	'09

HEPTATHLON

1.	Susan Brownell	5,419	'80
2.	Ann Bair	5,340	'80
3.	**Cassie Callis**	**5,318**	**'26**
4.	Rebecca Grube	4,996	'92
5.	Alana Herran	4,771	'16

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MEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1.	Gerald Howard	10.46	'93
	Demick Starling	10.46	'23
3.	Jason Dickerson	10.50	'77
4.	Reuben Jones	10.65	'05
5.	Edwin Brown	10.76	'81

200 METERS

1.	Gerald Howard	20.90	'93
2.	Conlon Bonner	21.28	'08
3.	**Jaden Lyons**	**21.50**	**'23**
4.	Jordan Willis	21.70	'18
5.	Demick Starling	21.71	'23

400 METERS

1.	Alfred Shirley	45.84	'18
2.	Meikle Paschal	46.61	'08
3.	Ben Kurgat	46.96	'88
4.	Payton Hazzard	47.29	'12
5.	Jordan Willis	47.11	'18

800 METERS

1.	Paul Ereng	1:44.31	'88
2.	Robby Andrews	1:45.54	'10
3.	**Gary Martin**	**1:47.74**	**'23**
3.	Lance Roller	1:47.88	'09
4.	Conor Murphy	1:48.57	'21
5.	Anthony Kostelac	1:49.02	'11

1,500 METERS

1.	**Gary Martin**	**3:39.53**	**'23**
2.	**James Donahue**	**3:40.27**	**'24**
3.	**Nathan Mountain**	**3:40.99**	**'22**
4.	Robby Andrews	3:41.09	'10
5.	Wes Porter	3:41.98	'21

5,000 METERS

1.	Wes Porter	13:35.50	'24
2.	Kyle King	13:55.60	'12
3.	Lachlan Cook	13:58.01	'17
4.	**Jimmy Wischusen**	**14:05.72**	**'25**
5.	Andy Biladeau	14:06.73	'06

10,000 METERS

1.	**Will Anthony**	**28:21.93**	**'24**
2.	Adam Visokay	29:14.50	'14
3.	Lachlan Cook	29:18.20	'17
4.	Brent Demarest	29:32.72	'15
5.	Chase Weaverling	29:39.30	'15

110m HURDLES

1.	Kevin Williams	14.14	'77
2.	Adams Abdulrazaaq	14.19	'08
3.	Ronde Barber	14.22	'94
4.	Mike Abidin	14.27	'82
5.	Jarrett Hagwood	14.34	'02

400m HURDLES

1.	**Anders Felts**	**51.10**	**'26**
2.	Alfred Shirley	51.30	'18
3.	Karl Williams	51.77	'77
4.	Adams Abdulrazaaq	51.79	'08
5.	**Gage Gose**	**52.38**	**'24**

3,000m STEEPLECHASE

1.	**Nathan Mountain**	**8:39.42**	**'22**
2.	Yasin Sado	8:55.14	'21
3.	John Hinton	8:58.21	'82
4.	Colin Mearns	9:03:92	'11
5.	Jim Hays	9:10.69	'82

HIGH JUMP

1.	Herman Moore	2.19m (7' 2.25")	'88
2.	Greg Byers	2.17m (7' 1.25")	'81
3.	Trey Causey	2.13m (6'11.75")	'19
4.	Mike Riso	2.10m (6' 10.75")	'02
5.	Tommy Devita	2.04m (6' 8.25")	'11

POLE VAULT

1.	Sam Young	5.09m (16' 8.25")	'17
2.	Brain Shafer	5.05m (16' 6.75")	'90
3.	**Kendric Curry**	**5.01m (16' 5.25")**	**'26**
4.	**Justin Rogers**	**5.00m (16'4.75")**	**'23**
5.	David Sullivan	4.90m (16' 0.75")	'03

LONG JUMP

1.	Jordan Scott	7.54m (24' 9")	'17
2.	**Liam Paneque**	**7.36m (24' 1.75")**	**'26**
3.	Greg Byers	7.33m (24' 0.5")	'81
4.	Stephen Dunphy	7.30m (23' 11.5")	'90
5.	Heldi Valikaj	7.27m (23'9.5")	'22
	Caleb Holman	**7.27m (23'9.5")**	**'25**

TRIPLE JUMP

1.	Jordan Scott	16.44m (53'11.25")	'17
2.	Keith Witherspoon	15.96m (52' 4.5")	'72
3.	Greg Byers	15.29m (50' 2")	'81
4.	Ryan Satchell	15.25m (50' 0.5")	'12
5.	**Caleb Holman**	**15.10m (49' 6.50")**	**'25**

SHOT PUT

1.	Filip Mihaljevic	19.56m (64' 2.25")	'14
2.	Oghenakpobo Efekoro	19.53m (64' 1")	'16
3.	Nick Vena	19.51m (64' 0.25")	'12
4.	Claudio Romero	18.47m (60' 7.25")	'21
5.	**Alex Jackson**	**17.41m (57' 1.5")**	**'26**

DISCUS

1.	Claudio Romero	65.78m (215' 10")	'21
2.	Filip Mihaljevic	60.41m (198' 2")	'14
3.	Jacob Lemmon	58.54m (191' 1")	'21
4.	Larry Wilson	55.45m (181' 11")	'96
5.	Nick Vena	54.84m (179' 11")	'12

HAMMER THROW

1.	Hilmar Jonsson	71.52m (234' 8")	'16
2.	Jacob Lemmon	66.16m (217' 0")	'21
3.	**Mark Cyr**	**63.04m (206' 9.75")**	**'25**
4.	Bill Johnston	57.89m (189' 11")	'00
5.	John Fay	55.78m (183' 0")	'22

JAVELIN

1.	Ethan Dabbs	76.04m (249'6")	'19
2.	Brian Kollar	68.53m (224' 10")	'99
3.	Steve Kessling	68.25m (223' 11")	'90
4.	Tyler Zawatski	64.70m (212'3")	'23
5.	Thomas Dickinson	61.22m (200'10")	'22

DECATHLON

1.	Jack Lint	7,179	'15
2.	Sean Sullivan	6,847	'96
3.	Stephen Dunphy	6,711	'90
4.	John Brian	6,626	'78
5.	Cam Collins	6,485	'15

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NON-NCAA EVENT RECORDS

INDOOR - WOMEN

55 Meters		
6.82	Sonja Fridy	1986
55m Hurdles		
7.90	Michele Johnson	1986
60 Yards		
6.9h	Brenda Brown	1981
60y Hurdles		
7.8h	Susan Brownell	1982
300 Meters		
38.84	**Ariel Fletcher**	**2026**
440 Yards		
54.0h	Lisa Garrett	1981
500 Meters		
1:09.89	Sonja Fridy	1987
600 Yards		
1:24.67	Phyllis Buber	1985
600 Meters		
1:31.58	Keara Seasholtz	2021
880 Yards		
2:10.27	Kim Kelly	1985
1,000 Meters		
2:44.40	Sandy Schuler	1985
1,000 Yards		
2:30.43	Kim Kelly	1985
1,500 Meters		
4:08.33	Margot Appleton	2025
Two-Mile		
9:52.3h	Margaret Groos	1980
Three-Mile		
15:25.25	Martha White	1982
4x800m Relay		
8:55.19	Fabrizio, Weatherly, Gnade, Garcia	2011

INDOOR - MEN

55 Meters		
6.21	Bruce Randolph	1984
55m Hurdles		
7.33	Robert Archer	1984
60 Yards		
6.0h	Kent Merritt	1972
300 Meters		
33.62	Jordan Willis	2020
440 Yards		
49.9h	John Morris	1970
500 Meters		
1:02.44	Paul Ereng	1988
500 Yards		
1:02.79	David Revelle	1983
600 Meters		
1.11.99	Dwayne Brake	1983
600 Yards		
109.8h	David Revelle	1983
880 Yards		
1:56.1h	James Wood	1973
1,000 Meters		
2:20.57	Ray Brown	1984
1,000 Yards		
2.07.31	Ray Brown	1984
1,500 Meters		
3:33.41	**Gary Martin**	**2025**
Two-Mile		
8:40.49	Kris Herdt	1987
Three-Mile		
13:43.03	Colin Peddie	1985
Pentathlon		
3,915	Stephen Dunphy	1991
4x800m Relay		
7:26.49	Vrhovac, A. Bowman, Taye, Andrews	2010

OUTDOOR - WOMEN

3,000 Meters		
9:07.84	Margaret Groos	1979
2,000m Steeplechase		
6:59.52	Sara Sargent	2014
Old Javelin		
55.98m (183' 8")	Julia Solo	1989
4x200m Relay		
1:36.25	Chaney, McKenzie, Wright, Lavender	2015
4x800m Relay		
8:32.13	Bryant, Nicholson, Welch, Haworth	1982
4x1,500m Relay		
17:08.05	**Appleton, David,** Seeland, Workman	**2024**
Distance Medley Relay		
10:42.16	**David, Fletcher**, Jackson, Appleton	**2025**

OUTDOOR - MEN

100 Yards		
9.3h	Kent Merritt	1973
220 Yards		
20.6s	Tony Sepp	1960
440 Yards		
47.7h	John Morris	1970
120y Hurdles		
13.8h	Kevin Williams	1977
400y Hurdles		
50.9h	Karl Williams	1977
3,000 Meters		
8:14.33	Brent Demarest	2015
Old Javelin		
72.24m (237' 0")	Ed Mikula	1978
4x200m Relay		
1:25.30	Virginia	2002
4x800m Relay		
7:12.15	Johnson, Roller, Kostelac, Andrews	2011
4x1,500m Relay		
15:09.34	Sullivan, Brown, Hodge, Draddy	1981
4xMile Relay		
15:52.30	**Anthony, Martin,** Sado, Porter	**2024**
Distance Medley Relay		
9:25.56	Revelle, Hinton, Brown, Draddy	1983
Shuttle Hurdle Relay		
57.10	Abidin, Wilks, Word, Archer	1982
Sprint Medley Relay		
3:15.20	Palmer, Archer, E. Brown, R. Brown	1984

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LANNIGAN FIELD WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Ka'Tia Seymour	Florida State	11.14	2019
200 meters	Rochelle Stevens	Morgan State	22.84	1987
400 meters	Marlena Wesh	Clemson	51.43	2012
800 meters	Makayla Paige	North Carolina	2:01.10	2026
1,500 meters	Hayley Kitching	Penn State	4:05.81	2026
3,000 meters	Betty Springs	NC State	9:01.6	1983
5,000 meters	Katelyn Tuohy	NC State	15:14.61	2022
10,000 meters	Amanda Vestri	Syracuse	32:43.15	2021
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Hoffman, Brown-Soler Crean, Aveni	Duke	3:32.92	2021
High Jump	Nicole Green	North Carolina	1.88m (6' 2")	2019
Pole Vault	Maddie Gardner	West Virginia	4.47m (14-8)	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63'11")	2019
Discus Throw	Katelyn Daniels	Michigan State	59.07m (193' 9")	2016
Hammer Throw	Brooke Andersen	United States	79.80m (261'10")	2023
Javelin Throw	Alexandra Roberts	Wake Forest	56.32m (184' 9")	2021
Heptathlon	Chelsea Carrier-Eades	United States	5,930 points	2016

LANNIGAN FIELD MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Andre Ewers	Florida State	10.06	2019
200 meters	Andre Ewers	Florida State	20.31	2019
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
	Tinoda Matsatsa	Georgetown	1:45.12	2026
1,500 meters	Cooper Teare	USA	3:32.16	2024
Mile	Jack Salisbury	Georgetown	3:56.22	2021
3,000 meters	Roan Kelly	Virginia Tech	8:06.29	2026
5,000 meters	**Gary Martin**	**Virginia**	**13:16.82**	**2025**
10,000 meters	Adriaan Wildschutt	Florida State	28:25.11	2021
110-meter hurdles	Devon Hill	Miami	13.35	2012
400-meter hurdles	Bershawn Jackson	Nike	48.76	2014
3,000-meter steeplechase	**Nate Mountain**	**Virginia**	**8:11.92**	**2026**
4x100-meter relay	Hyman, Williams, Mitchell, Ambler	Florida State	39.08	2012
4x400-meter relay	Villanova	Villanova	3:05.01	1985
High Jump	Brenton Foster	Virginia	2.24m (7' 4.25")	2021
	Samuel Shoultz	Maryland	2.24m (7' 4.25")	2018
Pole Vault	Deakin Volz	Virginia Tech	5.62m (18' 5.25")	2019
Long Jump	Queshun Watson-Riggins	FIU	7.93m (26'0.25")	2022
Triple Jump	Jordan Scott	Virginia	17.08m (56'0.5")	2019
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Sam Mattis	Penn	65.12m (213' 8")	2016
Hammer Throw	Rudy Winkler	NYAC	78.27m (256' 9")	2025

VIRGINIA CHALLENGE WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Alicia Burnet	Missouri	11.23	2025
200 meters	Patchnalie Compere	Ole Miss	22.94	2026
400 meters	Mary Wineberg	NYAC	52.06	2012
800 meters	Makayla Paige	North Carolina	2:01.10	2026
1,500 meters	Hayley Kitching	Penn State	4:05.81	2026
5,000 meters	Katelyn Tuohy	NC State	15:14.61	2022
10,000 meters	Amanda Vestri	Syracuse	32:43.15	2021
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Hoffman, Brown-Soler, Crean, Aveni	Duke	3:32.92	2021
High Jump	**Celia Rifaterra**	**Virginia**	**1.84m (6' 0.5")**	**2025**
Pole Vault	Maddie Gardner	West Virginia	4.47m (14' 8.0")	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63' 10.9")	2019
Discus Throw	Ashley Anumba	Virginia	58.92m (193'4")	2023
Hammer Throw	Brooke Andersen	United States	79.80m (261'10")	2023
Javelin Throw	Alexandra Roberts	Wake Forest	56.32m (184' 9")	2021
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

VIRGINIA CHALLENGE MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Jordan Urrutia	Ole Miss	10.19	2026
200 meters	Ibrahim Ayorinde	Princeton	20.51	2022
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
	Tinoda Matsatsa	Georgetown	1:45.12	2026
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
5,000 meters	**Gary Martin**	**Virginia**	**13:16.82**	**2025**
10,000 meters	Adriaan Wildschutt	Florida State	28:25.11	2021
110-meter hurdles	Ahmad Young	Ole Miss	13.54	2023
400-meter hurdles	Bershawn Jackson	USA	48.76	2014
3,000-meter steeplechase	**Nate Mountain**	**Virginia**	**8:11.92**	**2026**
4x100-meter relay	Ndhlovu, Ayorinde, Duncan, Sholars	Princeton	39.36	2022
4x400-meter relay	Bruton, Page, Faust, Blanks	Ohio State	3:05.91	2015
High Jump	Brenton Foster	Virginia	2.24m (7' 4.25")	2021
Pole Vault	Scott Houston	Vaulthouse Elite	5.50m (18' 0.5)	2021/23
Long Jump	Queshun Watson-Riggins	FIU	7.93m (26'0.25")	2022
Triple Jump	Jordan Scott	Virginia	17.07m (56' 0.05")	2019
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Claudio Romero	Virginia	64.79m (212' 6")	2022
Hammer Throw	Daniel Haugh	Kennesaw State	74.78m (245' 4.1")	2019
Javelin Throw	Ethan Dabbs	Virginia	80.82m (265'2")	2023
Decathlon	Tim Ehrhardt	Michigan State	8,044 points	2018

VIRGINIA CUP WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Peyton Chaney	Virginia	11.68	2015
200 meters	Le'Quisha Parker	Hampton	23.72	2014
400 meters	Ciarra Morris	James Madison	55.42	2013
800 meters	Ce'aira Brown	Hampton	2:11.45	2014
1,500 meters	Iona Lake	Virginia	4:27.10	2015
3,000 meters	Kathleen Stevens	Virginia	10:05.92	2014
100-meter hurdles	Breana Norman	Hampton	13.60	2014
400-meter hurdles	Ansley Gebben	Liberty	1:01.25	2014
2,000-meter steeplechase	Sara Sargent	Virginia	6:59.52	2014
3,000-meter steeplechase	Betel Yosef	Liberty	11:15.39	2013
4x100-meter relay	Rose, Wright, Chaney, Lavender	Virginia	45.19	2014
4x400-meter relay	Ezumah, Fabrizio, Brickhill, Smith	Virginia	3:43.20	2014
High Jump	Moira Cronin	Virginia	1.70m (5' 7")	2013
Pole Vault	Bridget Guy	Virginia	3.80m (12' 5.5")	2015
Long Jump	Edy Ndem	Virginia	6.01m (19' 8.75")	2014
Triple Jump	Dallas Rose	Virginia	12.93m (42' 5.25")	2014
Shot Put	Christine Bohan	Virginia	15.96m (52' 4.5")	2015
Discus Throw	Mychelle Cumings	Liberty	49.92m (163' 9")	2015
Hammer Throw	Jennifer Nicholson Smith	Liberty	50.76m (166' 6")	2015
Javelin Throw	Abbey Karin	Virginia	45.63m (149' 8")	2014

VIRGINIA CUP MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	ConRoy Smith	Liberty	10.57	2014
200 meters	ConRoy Smith	Liberty	21.37	2014
400 meters	Stephen Racanelli	Liberty	48.09	2015
800 meters	John Sherret	Liberty	1:52.52	2015
1,500 meters	Drew Paisley	Virginia	3:57.00	2013
3,000 meters	Thomas Porter	Virginia	8:35.23	2014
110-meter hurdles	Vincent Wyatt	Radford	13.72	2014
400-meter hurdles	Andre Washington	Liberty	53.95	2013
	Ryan Davis	Liberty	53.95	2015
3,000-meter steeplechase	Sam Hush	VCU	9:30.88	2013
4x100-meter relay	Spruel, Washington, Williams, Robbins	Liberty	41.12	2013
4x400-meter relay	Black, Okezie, Ibadin, Hutchison	Hampton	3:12.40	2014
High Jump	Tommy DeVita	Virginia	2.05m (6' 8.75")	2013
Pole Vault	Cody Bingham	Liberty	4.90m (16' 0.75")	2013
	Ken Ritchey	Liberty	4.90m (16' 0.75")	2015
Long Jump	Aklesso Agama	Liberty	7.32m (24' 0.25")	2015
Triple Jump	Ryan Satchell	Virginia	15.71m (51' 6.5")	2014
Shot Put	Jordan Young	Virginia	18.64m (61' 2")	2015
Discus Throw	Filip Mihaljevic	Virginia	60.11m (197' 2")	2014
Hammer Throw	Ryan Smith	Liberty	54.75m (179' 7")	2013
Javelin Throw	Steve Feister	Liberty	67.65m (221' 11")	2015

VIRGINIA GRAND PRIX WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Kate Hall	Georgia	11.36	2017
200 meters	Paris Daniels	United States	23.18	2014
400 meters	Mary Wineberg	NYAC	52.06	2012
800 meters	Michaela Meyer	Virginia	2:01.82	2021
1,500 meters	Nicole Sifuentes	Saucony	4:09.35	2015
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Tara Jameson	Iona	33:38.50	2016
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Walker, Barnes, Hannan, Cavin	Ohio State	3:34.00	2015
High Jump	Moira Cronin/Madeline Fagan	Virginia/Georgia	1.83m (6' 0")	2013/2017
Pole Vault	Bridget Guy	Virginia	4.46m (14' 7.5")	2018
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Nikki Okwelogu	Harvard	16.78m (55' 0.75")	2015
Discus Throw	Ashley Anumba	Virginia	58.00m (190' 3")	2023
Hammer Throw	Jill Shippee	United States	73.01m (239' 6")	2023
Javelin Throw	Irena Sediva	Virginia Tech	55.96m (183' 7")	2016
Heptathlon	Chelsea Carrier-Eades	United States	5,930 points	2016

VIRGINIA GRAND PRIX MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Mark Jelks	United States	10.20	2014
200 meters	Segun Makinde	Ottawa	20.56	2014
	Rondell Sorrillo	Nike	20.56	2016
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
Mile	Jack Salisbury	Georgetown	3:56.22	2021
5,000 meters	Chartt Miller	Iona	13:49.60	2017
10,000 meters	Arsene Guillorel	Samford	29:00.69	2018
110-meter hurdles	Vincent Wyatt	Radford	13.65	2014
400-meter hurdles	Bershawn Jackson	United States	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Moffett, Smith, Chisena, Kowalchuk	Penn State	39.49	2017
4x400-meter relay	Bruton, Page, Faust, Blanks	Ohio State	3:05.91	2015
High Jump	Ryan Lockard	Minnesota	2.20m (7' 2.5")	2016
Pole Vault	Noah Gary	Michigan State	5.35m (17-6.5)	2017
Long Jump	Luca Wieland	Minnesota	7.91m (25' 11.5")	2016
Triple Jump	Olu Olamigoke	Nigeria	16.73m (54' 10.75")	2014
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Eshan Hadadi	Iran	64.01m (210' 0")	2013
Hammer Throw	Sean Donnelly	Minnesota	73.31m (240' 6")	2016
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013