

Virginia Challenge





Friday, April 19, 2024

Running Events		
3:50 PM	W 100m Prelim	
4:20 PM	M 100m Prelim	
4:50 PM	W 400m	
5:10 PM	M 400m	
5:30 PM	W 1500m	
5:45 PM	M 1500m	
6:00 PM	W 3000m Steeplechase	
6:15 PM	M 3000m Steeplechase	
6:30 PM	M 3000m Steeplechase Invitational	
6:45 PM	W 3000m Steeplechase Invitational	
7:00 PM	W 100m Final	
7:05 PM	M 100m Final	
7:10 PM	W 800m Invitational	
7:25 PM	M 800m Invitational	
7:40 PM	W 1500m Invitational	
7:55 PM	M 1500m Invitational	
8:10 PM	M 5000m Invitational	
8:30 PM	W 5000m Invitational	
8:50 PM	M 10,000m Invitational	
9:20 PM	W 10,000m Invitational	
9:55 PM	M 5000m B	
10:15 PM	W 5000m	

Field Events	
1:45 PM	W Discus Throw
2:00 PM	M Pole Vault
2:30 PM	W Pole Vault
4:00 PM	M Discus Throw
4:00 PM	W Triple Jump
4:00 PM	M Triple Jump
6:00 PM	M Javelin
6:00 PM	M Pole Vault Invitational
7:00 PM	W Pole Vault Invitational
8:00 PM	W Javelin

Saturday, April 20, 2024

Runnning Events

W 100m Hurdles
M 110m Hurdles
W 4x100m Relay
M 4x100m Relay
W 400m Hurdles
M 400m Hurdles
W 200m
M 200m
W 800m
M 800m
W 4x400m Relay
M 4x400m Relay
Senior Recognition & Reception

rield Events		
11:00 AM	W Hammer Throw	
To Follow	M Hammer Throw	
2:15 PM	M Shot Put	
2:15 PM	M Long Jump	
2:30 PM	W Shot Put	
2:30 PM	W Long Jump	
2:50 PM	M High Jump	
3:30 PM	W High Jump	

* As of 3/1/24